

Trinity Community Mental Health Foundation SCIO

Scotland · Charity number SC055463

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2026-07-01
Register	View on the OSCR register

Contact

Address	29 Ireland Street Carnoustie DD7 6AS
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

Beneficiaries: 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: The organisation's purposes are: For the benefit of the public, a) To advance health and relieve sickness, in particular mental and emotional health and wellbeing, by providing accessible, confidential, and inclusive complementary mental health support to individuals, couples, families, and groups experiencing mild to moderate mental or emotional difficulties. b) To relieve those in need by reason of mental ill-health, emotional distress, or social circumstances, by offering safe, supportive spaces where beneficiaries can explore feelings, develop coping strategies, set personal goals, and make positive and sustainable changes to improve their mental wellbeing and quality of life.

Geography

- **Main operating location:** Angus
- **Geographical spread:** A specific local point, community or neighbourhood