

My Life

Scotland · Charity number SC054672

Details

Status	Active
Legal form	CIO (Charitable Incorporated Organisation, E&W;)
Registered	2025-10-24
Register	View on the OSCR register

Contact

Address 48 Alnesbourn Crescent
Ipswich
Suffolk
IP3 9GD

Website mylifeorg.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health'

Beneficiaries: 'Other defined groups'

Objectives: For the public benefit, the promotion of good mental health, in particular but not exclusively, to those within schools, prisons and young offender institutions by providing services such as mental health awareness training, mental health ambassador programmes, and the production of films about mental health.

Geography

- **Main operating location:** Outwith Scotland
- **Geographical spread:** Scotland and other parts of the UK