

Happy Place Workshop

Scotland · Charity number SC054186

Details

Known as	HPW
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2025-04-25
Register	View on the OSCR register

Contact

Address	1 Whiteloans Bothwell G71 8QW
Website	https://happyplaceworkshop.co.uk/

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of the arts, heritage, culture or science', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

Beneficiaries: 'Children or young people', 'Other defined groups'

Objectives: 5 The organisation's purposes are: 5.1 to advance education 5.2 to advance arts and culture 5.3 to promote social inclusion 5.4 to provide recreational facilities and/or the organization of recreational activities: through the provision of Happy Place Workshop sessions throughout schools, communities and family-friendly events across Scotland, directed to engage, educate and empower children and young people through the provision of therapeutic workshops, resources and interactive experiences, encompassing music writing and art-focused activities to ● engage with children through music, art, mindfulness practices, creative activities and community support initiatives to promote mental, emotional, and physical well-being and artistic expression and promote discussion around mental health and grief and provide safe and inspiring spaces where children can explore music, art, and storytelling to escape, grow, and find joy. ● educate children about mental health, emotional expression, and the power of creativity. ● ensure that all children, regardless of socio-economic background or personal challenges (particularly those experiencing social isolation or mental health challenges) have equal access to Happy Place Workshop and creative opportunities and activities that empower and inspire them and build confidence and community. Resulting in positive and happy children who have an increased understanding about mental health, grief, the power of positive thinking and the therapeutic benefits of artistic expression, challenging perceptions and the stigma related to

mental health and delivering social change in Scotland.

Geography

- **Main operating location:** South Lanarkshire
- **Geographical spread:** Scotland and other parts of the UK