



TAYSIDE EQUALITY
& EMPOWERMENT NETWORK

TEEN Annual Report – December 2024 – December 2025

Our Vision and Mission

- Our Mission: To create equal opportunities for everyone in Scotland.
- Our Goal: To improve the health and wellbeing of people in Tayside and across Scotland.
- Our Aim: To work collaboratively with public, private, and third-sector organisations to enhance the health, social circumstances, and equality of ethnic minority groups.

Structure, Governance, and Management

TEEN operates under a formal constitution. Our leadership consists of five Trustees and two Non-Trustee Board Members. Together, these seven members strategically oversee TEEN's governance and management activities.

Our operational structure includes:

- An Executive Group
- TEEN Boys and TEEN Girls groups

All members contribute their time and support to TEEN activities on a voluntary basis.

Key Activities (December 2024 – December 2025)

During our first year, we successfully delivered several initiatives:

- Leadership: Established the TEEN Board and developed our first Annual Plan.
- Health: Conducted mental health and wellbeing awareness sessions.
- Prevention: Delivered a Type 2 Diabetes awareness and remission programme.
- Youth Support: Provided educational guidance and work experience opportunities for children and young people.



These activities were primarily hosted in free community venues, including local mosques and community centres. *Detailed reports for these activities are available upon request.*

NA

Financial Report



As a newly established charity in its first year of operation, our primary focus was on community impact rather than fundraising.

- Status: We have successfully opened a dedicated bank account.
- Donations: To date, we have received a single donation of £50 from one of our Trustees.

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teencharity@outlook.com



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Trustees and Board Members

| Name | Role | Signature (agreed with the all the Trusttes) |
|-----------------------|-------------------------|---|
| Bilal Sadiq | Chair of the Board | Bilal Sadqi, 09/04/26 |
| Imran Arain | Lead Trustee & Director | Imran Arain 15/04/26 |
| Allama M. Adeel Qasmi | Trustee | Allama M. Adeel Qasmi 09/04/26 |
| Yusra Mumtaz | Trustee | Yusra Mumtaz 15/04/26 |
| Sajida Parveen | Trustee | Sajida Parveen, 09/04/26 |

For more detail , please contact, TEEN email: teencharity@outlook.com

Thank you

Imran Arain

Lead Trustee and Director



NA



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