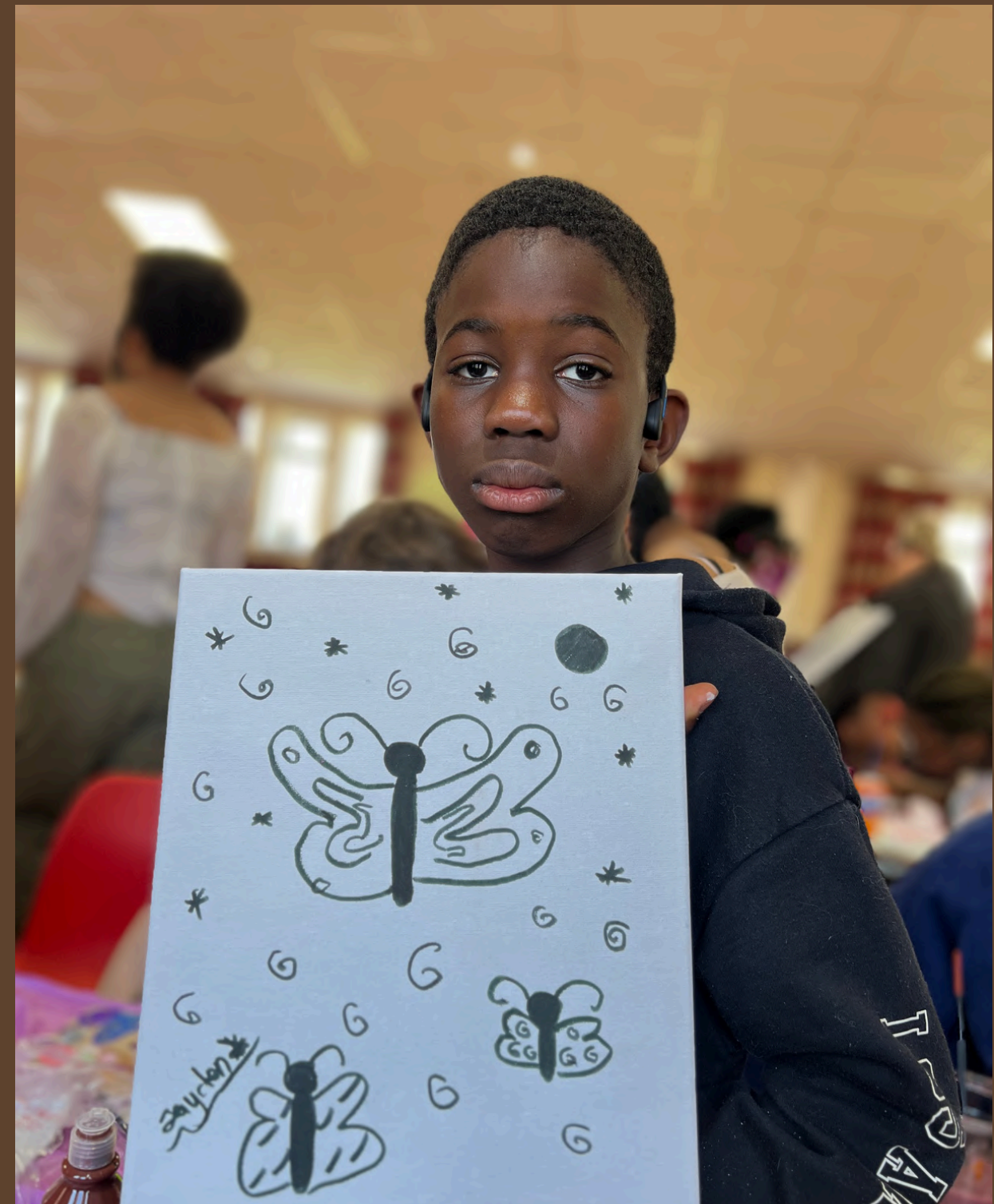




HOPE FOR FAMILIES

Annual Report & Impact Review

2024 - 2025





Hope For Families
SC053715

A charity founded on giving hope,
empowering families and
strengthening communities

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Family Community Event 2025

We are Hope For Families





Hope For Families
SC053715

We are Hope For Families

Our Vision

A future where every family thrives and every young individual reaches their full potential.

Our Mission

To tackle isolation, empower young people and families, strengthen communities while bridging the gap between African and ethnic minority communities and the wider Scottish community through practical support, creative development, and inclusive events.

Our Core Focus Areas

- Youth Empowerment
- Mental Health & wellbeing
- Community Connection
- Cultural Celebration
- Poverty Relief & Food Support
- Family & Community Support





Community is at the heart of all we do

We appreciate every family who has found Hope For Families as their go to safe haven, every child who has grown in confidence and found a true sense of belonging, every new immigrant who has been made to feel at home, even when far away and all our volunteers who have generously given their time and dedication to the charity.

Equality, Diversity and Inclusion



Who we are

Hope for families is a charity organisation aimed at empowering families and strengthening communities. Hope for Families exists to reduce isolation, empower young people, and strengthen communities through inclusive, culturally responsive initiatives especially for Africans and ethnic minorities across Dundee and its environs.

We welcome people with empathy, respect and understanding, providing help when it matters most. We are grounded in the heart of the community, driven by a genuine commitment to valuing every individual.



Our Trustees & Leadership



Kelechi Raphael

Family and Community
Development Director



Geraldine Nwobilo

Trustee



Raphael Okwaraugo

Trustee



**Phillip Richardson-
Adebawale**

Trustee



Christabel Joseph

Equality and Diversity
Manager



Maureen Ayre

Corporate Development
Manager



St Andrews Erhahon

Grassroot Coordinator

Trustee Message

2025 has been a defining year for Hope for Families.

In a time where many families particularly those from ethnic minority and migrant backgrounds continue to face isolation, cultural displacement, and financial pressure, our mission has never been more important.

This year, we did more than deliver programmes. We created safe spaces;

Safe spaces where young people discovered confidence.

Safe spaces where mothers rediscovered joy.

Safe spaces where families felt seen, valued, and connected.

Through the Adolescent Development Initiative, community wellbeing sessions, cultural celebrations, and inclusive events, we have witnessed transformation not just in individuals, but across households.

We have seen timid young girls stand tall with new skills and confidence.

We have seen isolated mothers form supportive friendships.

We have seen families who once felt invisible and now being able to identify with a community where they feel seen and included.

This impact has only been possible because of our volunteers, partners, supporters, and community members who believe in our vision. As Chairperson, I extend my deepest gratitude and enduring optimism. The work continues, but so does our commitment to ensuring every family has the opportunity to thrive.

Together, we are building more than programmes.

We are building belonging.

With Gratitude,

Geraldine Nwobilo

Chairperson, Hope for Families



Adolescent Development Initiative (ADI)

Launched in May 2025

“Creating a future where every young person thrives”

350+ ADI teens supported since inception

Through ADI, we delivered a range of structured youth-focused sessions designed to develop essential life skills, confidence, personal development and creativity. These programmes provided young people with opportunities to:

- Build communication, teamwork, and leadership skills
- Improve emotional wellbeing and self-confidence
- Engage in positive activities that reduce isolation and risk of anti-social behaviour
- Develop a stronger sense of identity, purpose, and belonging

Our youth work continues to create a supportive environment where young people feel heard, valued, and empowered to thrive.



Basic Sewing Workshop 2025

The programme introduced young people to foundational sewing techniques, including the use of sewing machines, fabric handling, stitching methods, and basic garment construction. For many attendees, this was their first experience of working with textiles and learning a structured creative skill.

Beyond technical ability, the workshop was designed to promote patience, focus, and problem-solving. Participants were encouraged to work both independently and collaboratively, helping to build confidence and communication skills.



Hair Braiding Academy 2025

The Hair Braiding Academy provided young participants with the opportunity to learn a culturally significant and practical skill in a supportive environment. The programme introduced various braiding techniques while promoting patience, creativity, and attention to detail.

Beyond skill development, the sessions encouraged cultural pride and self-expression, helping participants build confidence and connect with their identity.

Importantly, the academy has led to tangible economic outcomes, with some participants progressing to offer braiding services and begin earning income. This highlights the programme's role not only in skills development, but also in creating pathways towards entrepreneurship and financial independence.



Glam Academy 2025



The Glam Academy provided young participants with practical skills in makeup artistry and personal grooming within a supportive and confidence-building environment. The programme encouraged self-expression, improved self-esteem, and promoted positive self-image.

As a result of the training, some participants have gone on to offer beauty services within their communities, generating income and taking early steps into entrepreneurship. This reflects the programme's success in not only developing skills, but also creating pathways towards financial independence.

One to One Mentoring

The One-to-One Mentoring programme offered tailored support to young people, providing a safe and confidential space to discuss personal challenges, aspirations, and goals. Through consistent guidance and positive role modelling, participants were supported to build confidence, improve communication skills, and make informed decisions about their future.

The programme contributed to improved emotional wellbeing, increased self-awareness, and a stronger sense of direction among participants, empowering them to navigate life's challenges with greater resilience and clarity.



Community Mental Health & Wellbeing Initiative

Promoting Physical and Mental Health Through Movement

We delivered inclusive aerobic sessions and group wellbeing conversations to address physical inactivity and mental health challenges within our community.

Activities Included:

- Aerobic sessions
- Group wellbeing discussions
- Informal peer support networks

Outcomes:

- Reduced stress and loneliness
- Increased physical activity
- Stronger peer relationships
- Greater openness about mental health

Participants reported feeling energised, supported, and more socially connected.



Community Mental Health & Wellbeing Initiative

Participation and Engagement

- Over 180 attendance with our mental health sessions throughout the year
- Participants represented 8 countries, reflecting the diversity and richness of Scotland’s growing communities
- Attendance increased by 32% demonstrating growing trust and visibility

Participant Testimony:

“These sessions gave me a reason to leave my house and feel alive again.”

88%

of participants reported an improvement in their overall wellbeing and reported reduced feelings of stress and anxiety after attending sessions

80%

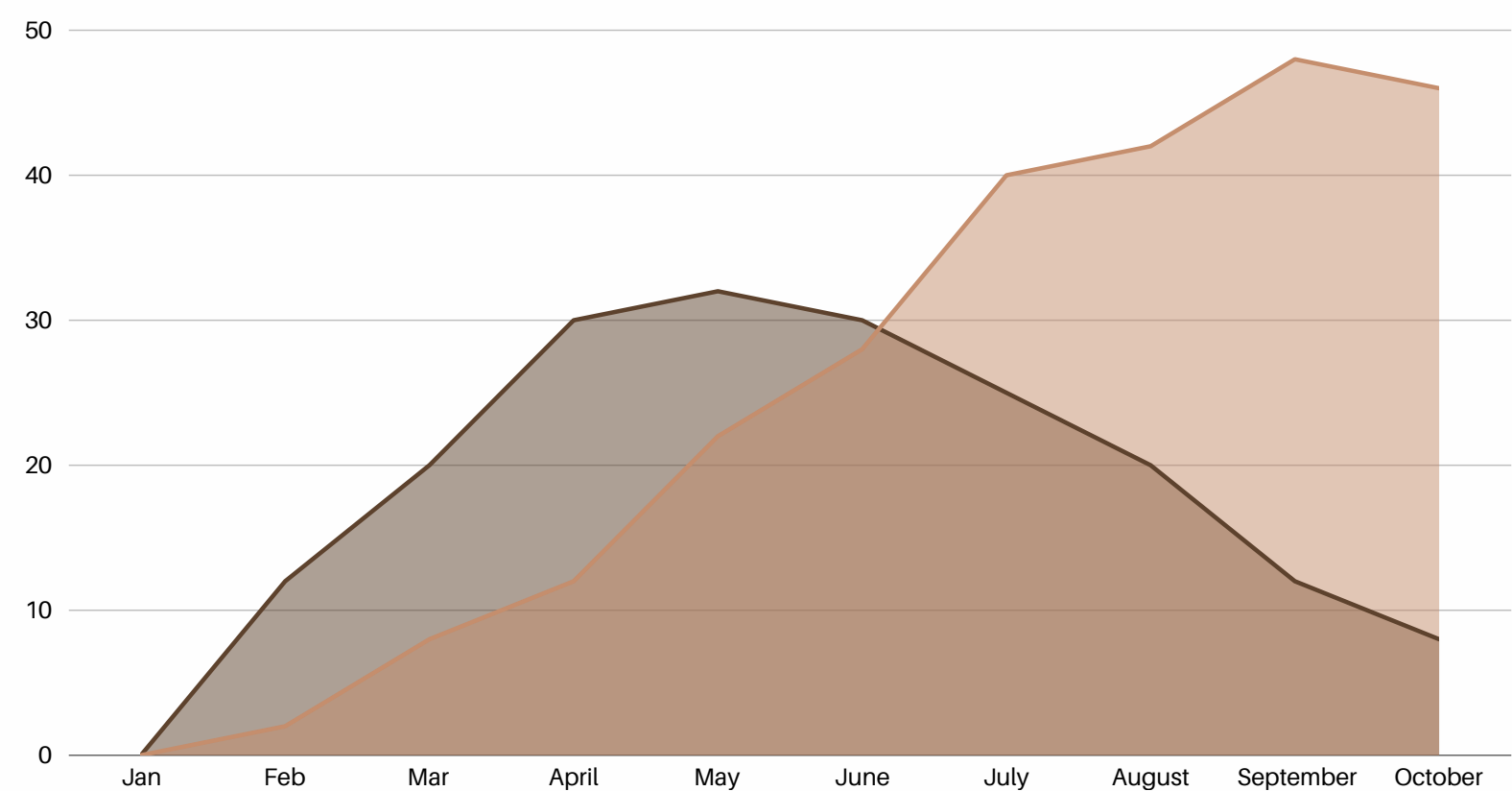
reported increased levels of physical activity and indicated they would continue engaging in wellbeing activities independently

83%

experienced a decrease in feelings of isolation and loneliness

85%

said they felt more socially connected, supported and improved confidence in discussing mental health and wellbeing



Community Clothing Drive

The Community Clothing Drive was delivered to support individuals and families experiencing financial hardship by providing access to essential clothing in a dignified and inclusive environment. The initiative enabled community members to access quality items free of charge, helping to reduce financial pressure while promoting wellbeing and confidence.

Beyond meeting immediate needs, the clothing drive fostered a spirit of generosity and community support, encouraging donations, engagement, and connection among participants. The initiative contributed to reducing hardship and strengthening a sense of belonging within the community.

DONATED ITEMS WORTH
£12,000



Community Clothing Drive



Family and Community Engagement Events

In response to rising loneliness and social exclusion, we delivered community-building events and series of inclusive family events aimed at bringing communities together and strengthening social connections. Key events included:

- Easter Celebration
- Families Summer BBQ
- Cake Picnic and much more

These events welcomed families from diverse cultural backgrounds, creating opportunities to:

- Celebrate culture, diversity, and shared experiences
- Encourage community integration and inclusion
- Build meaningful relationships and reduce social isolation
- Provide safe, joyful spaces for families to connect and create lasting memories



Easter Family Celebration 2025



Easter Family Celebration 2025



Families Summer BBQ

In response to rising isolation and social exclusion, we delivered community-building events.

These events provided safe, welcoming environments where families connected across cultures and generations.

The Families Summer BBQ provided a vibrant and inclusive space for families to come together, socialise, and build meaningful connections within the community. The event created opportunities for individuals from diverse backgrounds to engage in a relaxed and welcoming environment.

Through shared food, activities, and conversations, the BBQ helped reduce feelings of isolation, strengthen relationships, and promote a sense of belonging. The event also encouraged continued participation in community initiatives, reinforcing the importance of connection and support networks.



Families Summer BBQ



Families Summer BBQ



Families Summer BBQ



First Cake Picnic In Dundee

The inaugural Cake Picnic brought families from diverse communities together in a celebration of culture, food, and joy. The event encouraged sharing, storytelling, and cross-cultural connection.

Impact:

- Increased cultural exchange
- Intergenerational bonding
- Strengthened community identity



Cake Picnic



Stories of Change

Story 1 – Finding Confidence Through Skills

“F” joined the Hair Braiding Academy timid and withdrawn. Over the course of the programme, she not only developed technical skills but began mentoring her peers. Her mother reported a noticeable increase in confidence and pride in her cultural identity.

Today, “F” is exploring small business opportunities within her school community.

Story 2 – From Isolation to Belonging

After relocating to Dundee, “G” struggled with loneliness and depression. Attending the Community Mental Health & Wellbeing sessions gave her structure and connection.

She shared: “This is the first place I felt understood.”

She now volunteers at community events and has built lasting friendships.

Story 3 – A Safe Space to Dream

Through one-to-one mentoring, “D” gained clarity around his career goals and improved his communication skills. His engagement in school improved, and he now speaks confidently about his aspirations.



Achievements and Performance

During 2025, Hope For Families successfully delivered youth empowerment programmes, community wellbeing sessions, and inclusive cultural events, directly advancing its charitable purposes of relieving isolation, advancing education, and promoting equality and community development

Adolescent Development Initiative

We successfully delivered youth programmes that supported personal growth, confidence, and skill development. As a result:

- 90%+ of young people reported increased confidence
- 85% developed new skills including leadership, teamwork, and communication
- 88% reported improved emotional wellbeing
- 80% felt less isolated and more connected to their community
- 75% said they are more likely to contribute positively to their community
- Many participants reported feeling more supported, understood, and motivated

These outcomes demonstrate our commitment to equipping young people with the tools they need to thrive and make positive contributions to society.



Achievements and Performance

Reducing Isolation and Promoting Inclusion

Our programmes created safe and inclusive spaces where young people and families could connect and feel a sense of belonging.

- 80% of participants reported feeling less isolated
- Young people showed increased engagement in positive activities, helping to reduce the risk of anti-social behaviour
- Families reported stronger connections within their local community

Successful Community Events

We delivered a range of well-attended family events, including our Easter Celebration, Summer Barbecue, and Cake Picnic, bringing together families from diverse backgrounds. These events:

- Promoted cultural celebration and community integration
- Encouraged positive relationships between families
- Provided safe, welcoming environments for shared experiences and enjoyment

Feedback showed that:

- 92% of families felt more connected to their community
- 89% felt welcomed and included
- Many families valued the opportunity to celebrate diversity and build friendships



Achievements and Performance

Strong Community Engagement

We expanded our reach and engagement across the community:

- Increased participation in youth programmes and family events
- Strengthened relationships with families from diverse cultural backgrounds
- Built trust within the community as a reliable and supportive organisation

Evidence-Based Impact

Our work aligns with national research demonstrating that youth work:

- Improves confidence, wellbeing, and social skills
- Supports positive behaviour and reduces isolation
- Strengthens community cohesion and inclusion

These outcomes reflect wider findings across Scotland, reinforcing the importance of community-based youth and family support initiatives.



Achievements and Performance

Engagement & Reach

- 350+ young people engaged in youth programmes
- 1400+ families supported through events and services
- 25 community events delivered throughout the year

Performance Overview

Our performance this year reflects both strong delivery and meaningful outcomes:

- Consistent programme delivery aligned with our objectives
- High levels of participant satisfaction and engagement
- Measurable improvements in confidence, wellbeing, and social connection
- Positive feedback from young people, families, and community stakeholders

We have demonstrated the ability to deliver high-impact, community-led services, even in the face of increasing demand and social challenges.



Thank you for your trust and commitment

Gratitude to Our Funders, Partners, Volunteers, Families, Young People, and Community Members

At Hope for Families, our work is only possible because of the people and organisations who stand with us. This year has been one of growth, resilience, and deep community connection, and we want to express our sincere appreciation to everyone who helped make it happen.

To Our Funders

Your belief in our mission has allowed us to deliver lifechanging support to families, young people, and individuals across our community. Your investment has helped us expand our wellbeing programmes, strengthen our outreach, and provide safe, culturally sensitive spaces for New Scots and local families alike. Thank you for trusting us, championing our work, and enabling us to reach those who need us most.

To Our Volunteers

You are the heart of Hope for Families. Your time, compassion, and dedication have created welcoming spaces where people feel safe, valued, and supported. Whether you were facilitating groups, organising events, offering translation support, or simply being a friendly face, your contribution has made a real difference. We appreciate every hour, every conversation, and every act of kindness.



Thank you for your trust and commitment

To Families

Thank you for trusting us with your stories, your challenges, and your hopes. Your strength inspires our work every day. We are honoured to walk alongside you as you build new futures, navigate change, and support one another. Your resilience is at the centre of everything we do.

To Young People

Your energy, creativity, and honesty have shaped our programmes in powerful ways. You remind us why safe spaces, positive role models, and opportunities for growth matter. Thank you for showing up, speaking up, and helping us build a community where young people feel seen and supported.

To Every Individual Who Connected With Us This Year

Whether you attended a session, volunteered your time, shared your experience, or supported someone else, thank you. Hope for Families is stronger because of you. Your presence helps create a community where everyone belongs and where well being is a shared priority.

Looking Ahead

2025 has shown what is possible when families are supported and young people are empowered. As we move into the next year, we remain committed to expanding our support, strengthening partnerships, and continuing to uplift families and individuals across our community. With your continued support, we will keep building hope, connection, and opportunity for all.



The Journey Continues

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	21	10	2024	To	31	10	2025

Reference and administration details

Charity name	Hope For Families
Other names charity is known by	
Registered charity number	SC053715
Charity's principal address	St Leonard's Place
	Dundee
	Postcode DD3 9HD

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Geraldine Nwobilo	Chief Officer	Whole Year	
2	Raphael Okwaraugo	Treasurer	Whole Year	
3	Philip Adebawale-Richardson	Secretary	Whole Year	
4				
5				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Hope For Families is a registered Scottish charity governed by a two-tier constitution.

Trustee recruitment and appointment

Trustees are appointed in accordance with the charity's constitution. Recruitment seeks to ensure that the Board has an appropriate balance of skills, experience, and lived understanding of the communities the charity serves.

New trustees are provided with an induction covering the charity's purposes, governance structure, safeguarding responsibilities, and regulatory obligations. Ongoing support and guidance are provided to enable trustees to effectively fulfil their duties under charity law.

Under the revised two-tier structure, trustees retain ultimate responsibility for the strategic direction, financial oversight, and governance of the charity.

Objectives and activities

Charitable purposes

Hope for Families is established for the public benefit, with a focus on supporting children, young people, and families particularly those from ethnic minority and migrant backgrounds who may experience social isolation, disadvantage, and barriers to opportunity.

The charity's purposes are consistent with the recognised charitable purposes under Scottish charity law, including:

- The advancement of education
- The advancement of health
- The relief of those in need by reason of age, ill-health, disability, financial hardship, or other disadvantage
- The advancement of citizenship and community development
- The promotion of equality and diversity

Summary of the main activities in relation to these objects

Objectives

The key objectives of Hope for Families during the financial period were to:

- Reduce social isolation and loneliness among families and individuals
- Improve mental health and overall wellbeing within the community
- Empower young people through skills development, mentoring, and personal growth opportunities
- Promote cultural awareness, inclusion, and community cohesion
- Provide safe, supportive, and inclusive environments for engagement and participation

The Trustees have had due regard to the public benefit guidance issued by Office of the Scottish Charity Regulator (OSCR) and are satisfied that all activities undertaken during the financial period have been in furtherance of the charity's purposes and have provided clear and measurable benefit to the public.

Achievements and performance

Summary of the main achievements of the charity during the financial period

During the 2025 financial period, Hope for Families made significant progress in delivering its charitable objectives of reducing social isolation, advancing education, promoting mental wellbeing, and strengthening community cohesion.

The charity successfully designed and delivered a range of targeted programmes and inclusive events, responding directly to the needs of ethnic minority families and young people within the community.

Youth Development and Education

Through the Adolescent Development Initiative, the charity delivered structured programmes aimed at equipping young people with practical skills, confidence, and personal development opportunities.

Key achievements included:

- Delivery of the Hair Braiding Academy, promoting cultural identity and vocational skills
- Delivery of a Basic Sewing Workshop, introducing creative and income-generating skills
- Implementation of the Glam Academy, supporting self-esteem and personal development
- Provision of one-to-one mentoring, offering tailored emotional and developmental support

These programmes contributed to:

- Improved confidence and self-esteem among participants
- Increased engagement in positive activities
- Development of practical and transferable skills

Promotion of Health and Wellbeing

The charity delivered Community Rhythm and Wellbeing Sessions, focused on improving both physical and mental health.

Activities included:

- Aerobic fitness sessions
- Informal mental health support discussions
- Peer support engagement opportunities

Outcomes included:

- Increased physical activity levels among participants
- Reduced feelings of stress and isolation
- Improved social interaction and peer connection

Tackling Isolation and Strengthening Community Cohesion

A key priority during the year was addressing loneliness and social exclusion through inclusive community events.

The charity successfully delivered:

- An Easter Community Event
- A Summer BBQ Event

These events provided safe and welcoming spaces for families to connect, resulting in:

- Increased community participation
- Strengthened relationships across diverse cultural groups
- Enhanced sense of belonging among attendees

Cultural and Community Engagement

The charity hosted its first Cake Picnic in Dundee, creating an innovative platform for cultural exchange and social interaction.

Additionally, the Christmas Afroball served as a flagship end-of-year celebration, recognising community achievements and promoting cultural pride.

These initiatives:

- Celebrated diversity and cultural identity
- Encouraged intergenerational engagement
- Strengthened community unity

Overall Impact

Across all programmes and activities, Hope for Families:

- Engaged children, young people, and families in meaningful community participation
- Created safe and inclusive environments for personal development and social connection
- Delivered activities aligned with its charitable purposes
- Responded effectively to identified community needs

The Trustees are satisfied that the charity has made strong progress during the financial period and continues to deliver measurable positive outcomes for its beneficiaries

Financial review

Brief statement of the charity's policy on reserves

The trustees recognise the importance of maintaining an appropriate level of reserves to ensure the charity's ongoing financial stability and ability to respond to unforeseen events.

Hope For Families aims to hold free reserves sufficient to cover essential running costs for a short period, while ensuring that the majority of funds received are applied directly to charitable activities.

Due to the high level of demand for the charity's services and its reliance on restricted grant funding, reserves are kept under regular review. Trustees consider the current level of reserves to be appropriate in light of the charity's size, operating model, and commitment to delivering immediate support to the communities it serves.

Details of any deficit

Donated facilities and services (if any)

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	GN	
Full name(s)	Geraldine Nwobilo	
Position:	Chair	
Date:	06/03/2026	

Receipts and Payments Accounts

	Enter charity name below	Enter SC No. below					
	Hope For Families	SC053715					
	Receipts and payments accounts						
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	24	October	2024		31	October	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	50				50	
Legacies					-	
Grants	1,000	19,500			20,500	-
Receipts from fundraising activities	-				-	-
Gross trading receipts					-	-
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	1,050	19,500	-	-	20,550	-
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
A2 Sub total	-	-	-	-	-	-
Total receipts	1,050	19,500	-	-	20,550	-
A3 Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	737	12,163			12,899	-
Grants and donations						
Governance costs:					-	
Audit / independent examination					-	-
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	737	12,163	-	-	12,899	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	737	12,163	-	-	12,899	-
Net receipts / (payments)	313	7,337	-	-	7,650	-
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	313	7,337	-	-	7,650	-

Hope For Families						SC053715	
Section B Statement of balances							
Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	-	-			-	-
	Surplus / (deficit) shown on receipts and payments account	313	7,337			7,650	-
						-	
						-	
	Cash and bank balances at end of year	313	7,337	-	-	7,650	-

**Report to the
trustees/members of
Registered charity
number**
**On the accounts of the
charity for the period**

Set out on pages

Independent examiner's report on the accounts

**Hope For Families
SC053715**

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
21	10	2024	to	31	10	2025

6-7

(remember to include the page numbers of additional sheets)

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether matters have come to my attention.

**Basis of independent
examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's
statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

09 April 2026

Name:

Ibrahim Yohanna – B.Sc., M.Sc., MBA, ACA, ACCA, FCCA, FFA, CIA, CFE

**Relevant professional
qualification(s) or body
(if any):**

Association of Certified Chartered Accountants (ACCA)
Institute of Financial Accountants (FFA)
Institute of Chartered Internal Auditor of UK & Ireland (CMIIA)
Certified Fraud Examiner (CFE)

Address:

14,
Valentine Crescent,
Danestone
AB22 8DB
Scotland, UK

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details
of any items that
the examiner
wishes to
disclose