



Insch, Leslie & District Men's Shed

Trustees' Annual Report

1st July 2024 to 30th June 2025

Charity Contact Information



Insch Leslie and District Men's Shed

Scottish Charity Number: SC053609

The Old School, Leslie, Insch AB52 6PE

Charity Trustees

1. [REDACTED]

[REDACTED]
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May 2025

[REDACTED]

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3. [REDACTED]

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[REDACTED]

Objectives and Activities

It is often said that men in our society don't talk about feelings and emotions. Many do not take an interest in their own health and well-being. Unlike women, men are often reluctant to talk about their emotions, which mean that they can have great difficulty in asking for help. Possibly because of this, many men are less healthy than women of a similar age, drink more alcohol, take greater risks and suffer more from isolation, loneliness and depression. Marriage breakdown, widowhood, redundancy or retirement from a job, loss of contact with children following divorce, physical or mental illness are just some of the problems that men may find difficult to deal with on their own.

Good health is based on many factors including feeling good about yourself, being productive, contributing to your community, connecting with friends and maintaining an active body and mind. Being in our shed will give you a safe environment where you will find an atmosphere of supportive camaraderie. There is no pressure. You can just come and have a yarn and a cuppa if that is all you're looking for. Members of our Shed come from all walks of life. The bond that unites us is that is men with time on their hands and would like something positive and meaningful to do with that time.

Vision

- To address the issues of men's health, physical, emotional and social,
- To engage men of all ages 18 to 90 years of age and beyond,
- To support the social interaction of men in times of transition, non-judgmentally,
- To share, disseminate and preserve the skills, abilities and interests of our members.

Mission

- Be a place for nurturing friendship and creating a feeling of belonging,
- Have developed a positive and co-operative culture among its members,
- Meet the needs of members and their families as appropriate,
- Be supported by the families of members,
- Be a valuable, well connected and respected, community asset,
- Have appropriate activities supported by safe working practices,
- Have effective partnerships within the community,

- Be a place for learning new skills and improving existing ones,
- Be inclusive.

Values

- To be sincere and dedicated to improving men's health
- To be honest and understanding in all our activities
- To be responsive to the needs of men, their families and the community
- To be wise in applying technology and innovation
- To be respectful for the values added by teamwork and participation in life-long learning
- To be appreciative of the value of contributions by partners and sponsors
- To be responsible and generous in giving back to the community.

Structure, Governance and Management

Type of Governing Document

The governing document for Inch, Leslie and District Men's Shed (ILDMS) is its Constitution, which is based on the standard form from the Scottish Association of Men's Sheds. This covers:-

- Type of organisation, Scottish principal office, name, purposes, powers, liability, general structure.
- Qualifications for membership, application, subscription, register of members, withdrawal, transfer, re-registration, expulsion.
- Members' meetings, power to request members' meeting, notice, procedure at members' meetings, voting at members' meetings, written resolutions, minutes.
- Number, eligibility, initial trustees, election, retiral, re-election, termination of office, register of charity trustees, office bearers, powers, general duties, code of conduct.
- Notice of meetings, procedure at board meetings, minutes.
- Sub-committees, operation of accounts, accounting records and annual accounts.
- Winding up, alterations to the constitution, interpretation.

Trustee Recruitment and Appointment

The first trustees were elected at a public meeting arranged to discuss the possibility of setting up a Men's Shed in the Inch area, following the discovery that Aberdeenshire Council had a disused school building they wished to dispose of to save money. Part of the school had been used by a wood-turning group several years previously, and it was some of the members of this group who formed the initial core of the Shed membership.

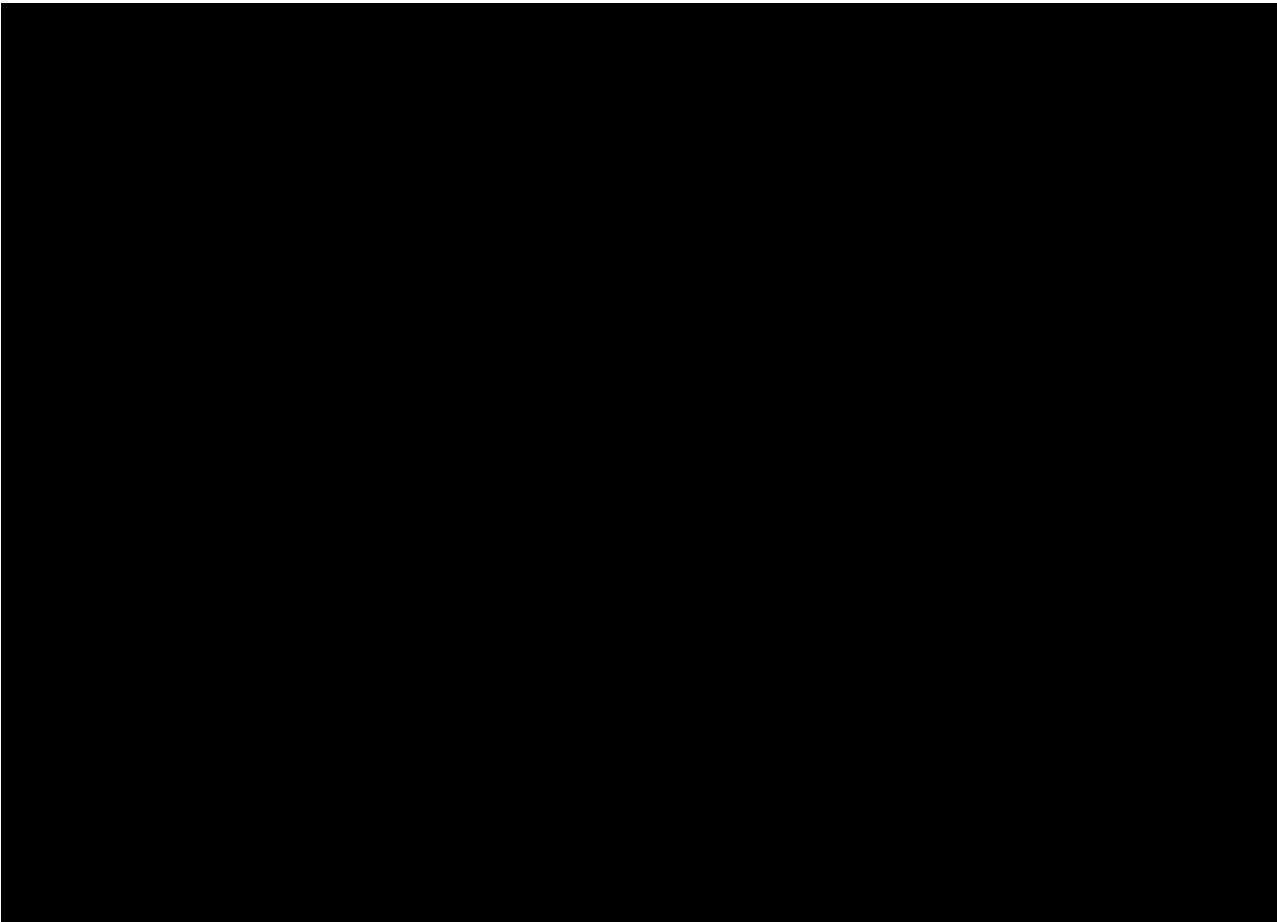
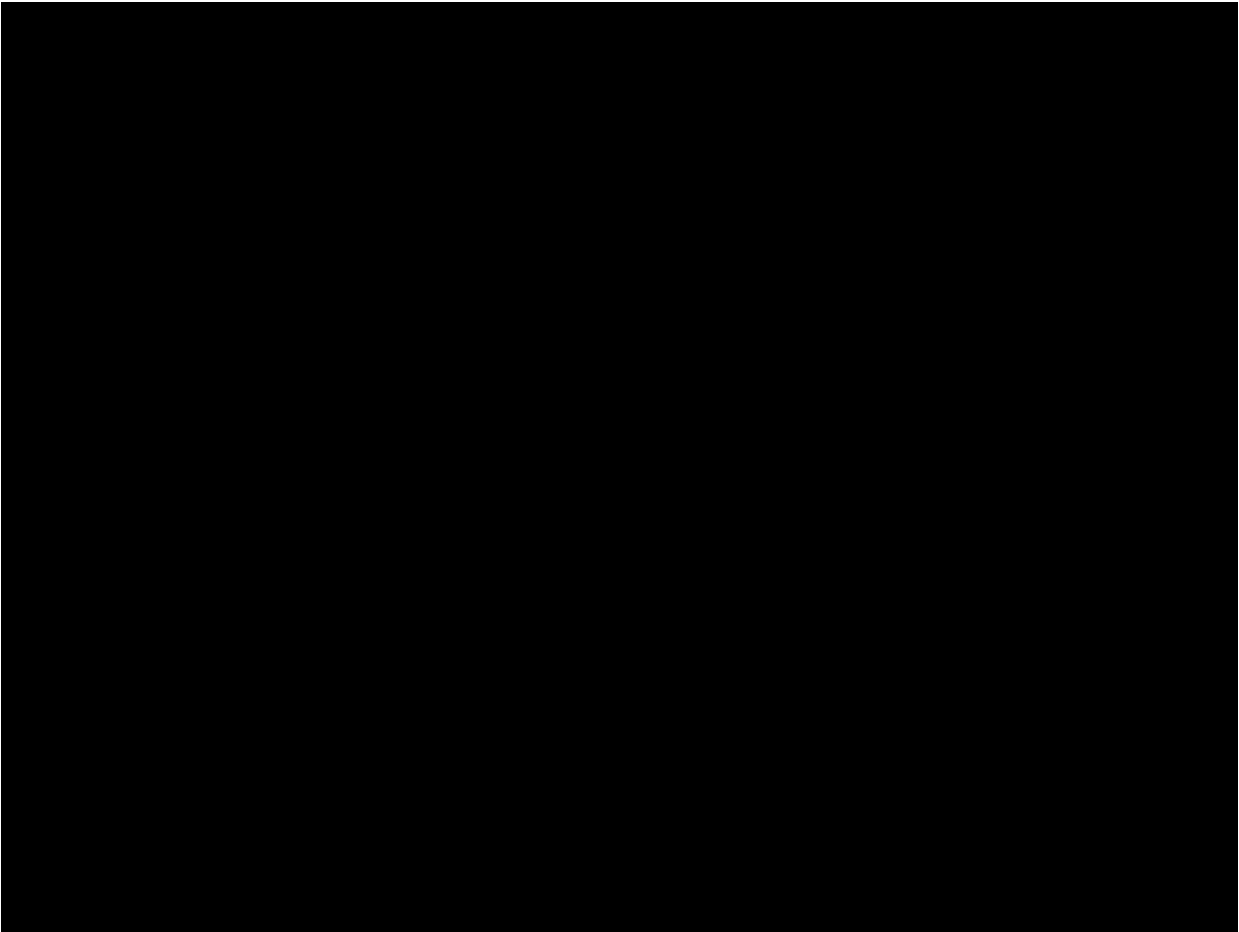
The initial trustees were essentially volunteers, who were approved by those present at the first meetings. As the first year of the Shed progressed some of the original trustees resigned, and replacement and additional trustees invited to join the Board from the membership, based on their known skills and experience in similar roles elsewhere. These new trustees were approved by other members during regular, if informal, meetings. Their continued membership of the Board will be voted on at the Annual General Meeting.

No external organisations have been involved in the appointment of trustees.

The current Board of Trustees comprises a wide range of skills and experience. There are former professional engineers with experience of managing small companies and projects; builders and carpenters with not only their trade skills but also experience in organising how jobs should be safely and effectively performed and the operation of powered machinery. There are also members with experience in applying for grants and similar funding to help the Shed progress and develop its capabilities; people experience in working in other charitable organisations who "know the ropes" regarding our legal obligations.

Achievements and Performance

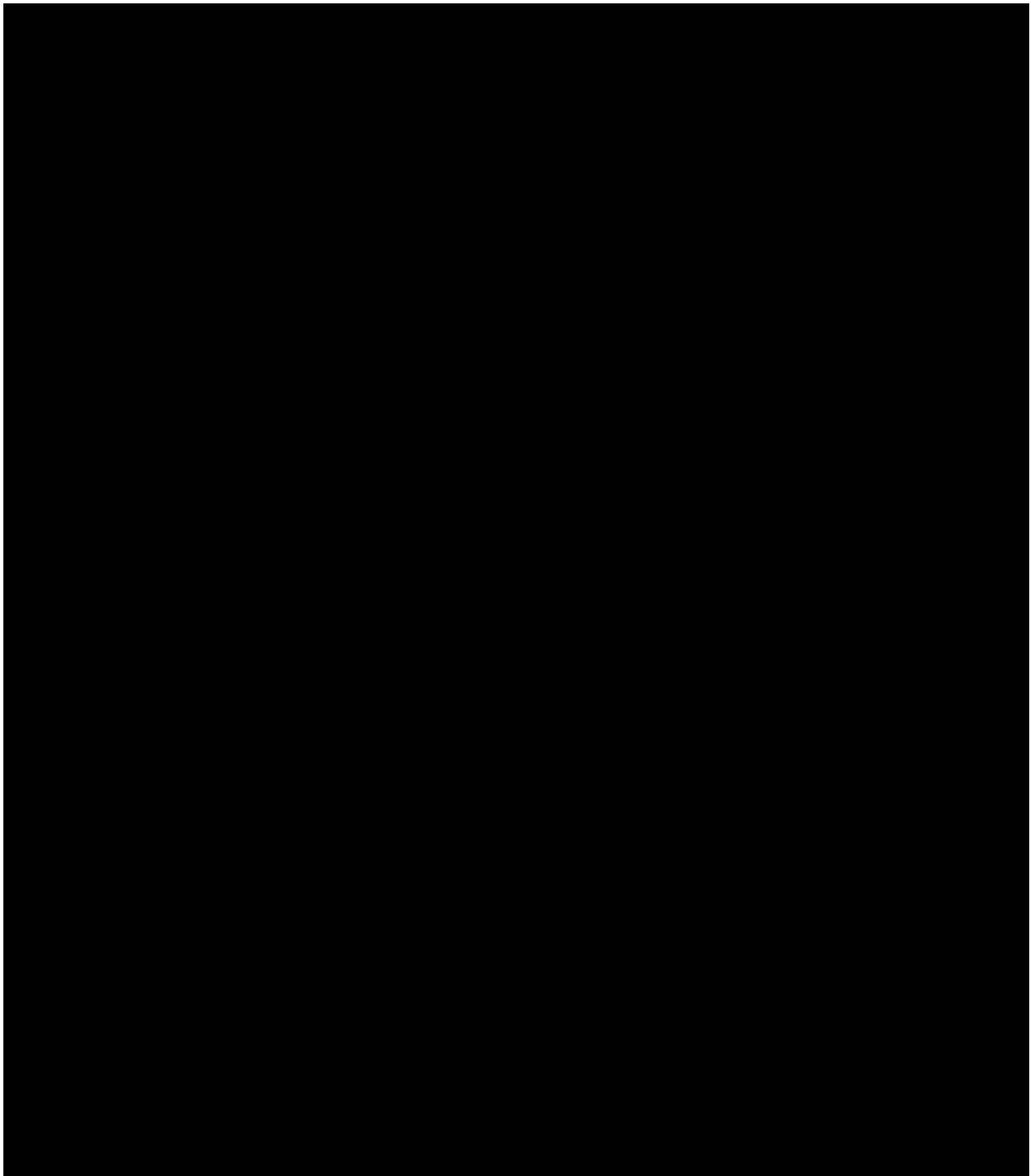
Inch Leslie and District Men's Shed have held weekly sessions to allow our members to meet. These meetings have served many strategic purposes: they have allowed all members steer the trustee board in the way they would like the shed to operate; allowed safe spaces to discuss issues impacting or affecting members; given members a reason to get out of their home and meet others. For many of our members, this is their only activity away from their home, with many members particularly looking forward to their weekly gathering.



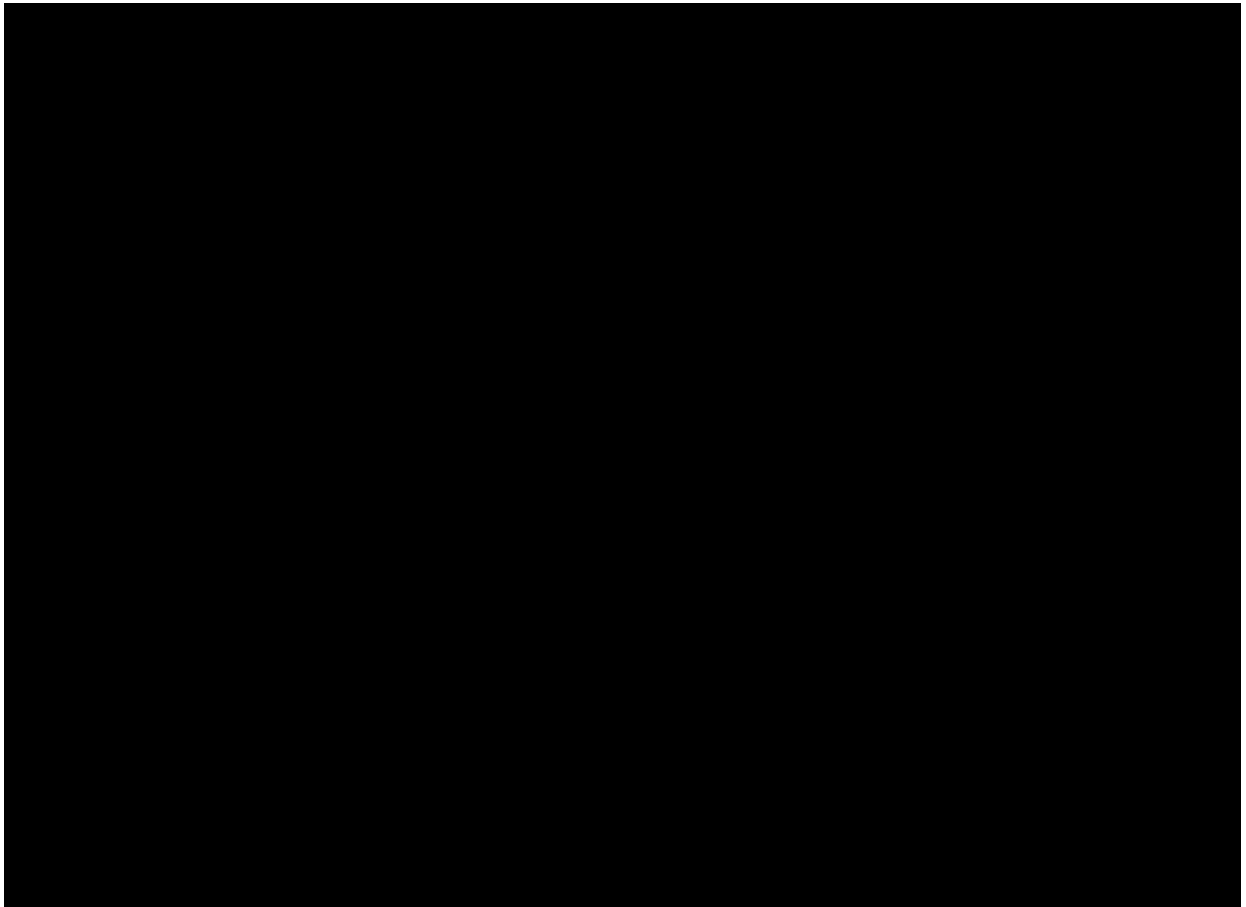
We also have organised several other sessions out-with the normal weekly sessions, especially when performing project work.

Some of the activities we have completed are:

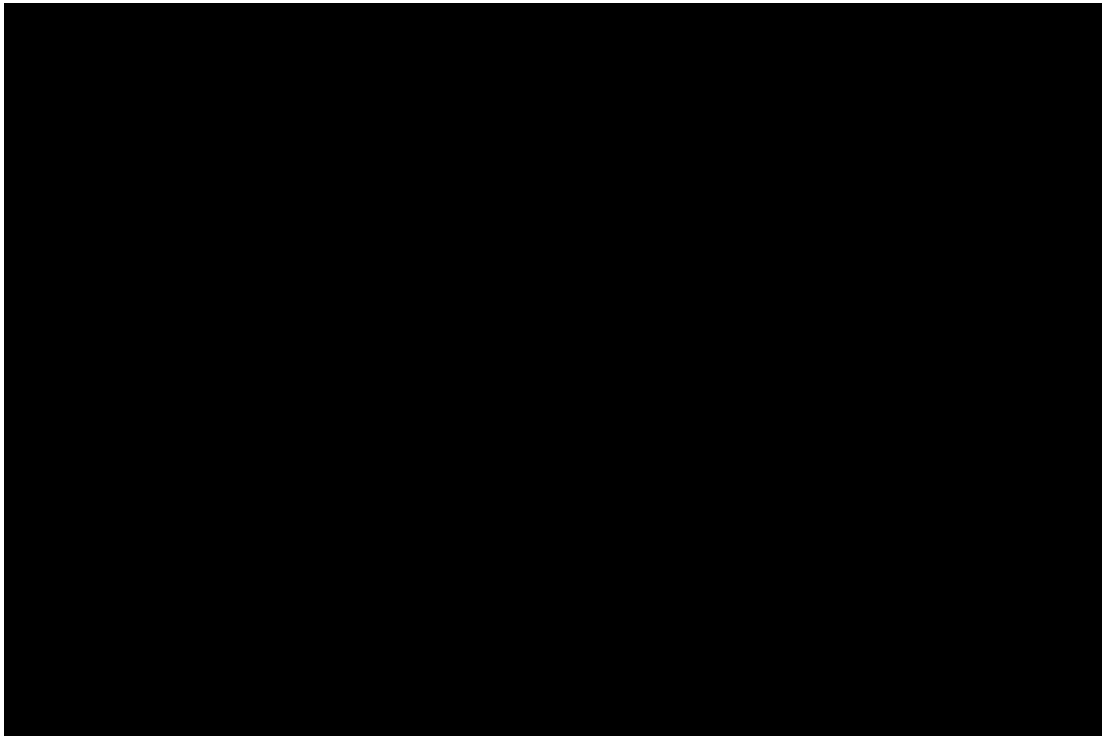
- A new coffee bar manufactured, delivered and installed at the Bennachie Leisure Centre (also a charity). Feedback comments have been “WOW; Exactly what we required”; “a professional service”. This bar was manufactured with recycled materials, the only ‘new’ items were screws, varnish and sealant. This drives our agenda in the re-use of materials whenever possible.



- Design, manufacture and deliver a 'mud kitchen' for the Inch Nursery. Again, recycled materials were used to manufacture this item. The feedback from the nursery leaders is very complimentary and the new facility is allowing much more interaction between those using it.



- We also assembled and weatherproofed a large summer house from a kit for the Inch Nursery, providing them with considerable additional "activity space" for the children attending the nursery. We had to do some quick design and improvisation work to produce an additional support structure for the building as the location required by the manager of the nursery was on a slope. We then enclosed the gap under the building to prevent balls (and children) from going underneath.



- We have, at the request of the executors, cleared large quantities of rubbish, materials and equipment from a farm after the former owner's estate had been settled. This has provided us with substantial stocks of wood that we are using in other projects, storage shelving for use at the Old School, plus goods and materials we have been able to sell to raise funds both directly and through a local auction house (which is also a charity) and a local antiques shop.
- We've helped several families in tidying up their properties, clearing out sheds, etc.
- We've acquired several woodworking machines which were deemed obsolete and we plan to utilise these in our Shed once we take ownership of the building and can upgrade the electrical system.
- Each of the above activities have been led by different members of the shed and it allows them to 'project manage' activities, giving them a sense of purpose and achievement.

Financial Review

Starting from nothing, ILDMS has been successful during its first year of existence in generating more than sufficient funds to allow it to operate to the benefit and enjoyment of its members. This has been achieved by a variety of means: -

- Small donations by the members attending the weekly meetings.
- A very successful raffle, based in the Co-op Store in Insch.
- Project work for the local community, in return for which they have made donations above the costs incurred.

- The sale of goods made by members.
- The sale of goods, equipment and materials that have been donated to the Shed by companies and members of the local community, or brought from the farm (as above).
- Grants and other donations made to the Shed by charitable organisations who wish to support our endeavours.
- Sponsorship through a scheme called “Buy a Brick”, in which sponsors will get a plaque on the wall of the Shed of a given size relating to the amount they donate.

These means we have raised a total £7,932 during the financial year 1/7/24 to 30/6/25.

Expenditure has been relatively low to date, with the purchase of tools, safety equipment and materials (some of which was reimbursed through project work), together with insurance being the major items. The total was £1,614, resulting in a surplus for the year of £6,318.

We are working towards acquiring the Old School building that is our meeting place through a Community Asset Transfer (CAT), which will involve us in considerable expense for Structural Survey, legal fees and repairs and improvements to what is an old and somewhat neglected building. We also need to buy a range of equipment to allow us to work in a healthier and more comfortable and energy efficient environment. Such activities will all involve considerable expenditure, so any current surplus and future fundraising will be essential.

Statement of the Charity’s Policy on Reserves

Our policy on holding cash reserves is that substantial expenditure will be required in the future, especially when we get ownership of the building, so the accumulation of a suitable reserve now is highly desirable. This will allow us to pay for e.g. a structural survey of the building before we get too far along the CAT process, so that if something catastrophic is discovered we can avoid being irretrievably committed to taking ownership. A suitable reserve also allows us to take advantage of “special offers” or other discounts on some of the machinery we wish to purchase.

More specifically, our reserves policy in the first 3 years of operation is to be 6 months of operating costs. Within 5 year we plan to have 12 months of operating costs in reserve. We also plan to eventually build an additional “restricted fund” to the value of 2 years of operating costs for emergency repairs due to the age of the building, the location of the road and Gadie Burn, and the trees around the site.

At some future date, we hope to obtain major funding for modifications to the building, e.g. replacing all of the windows, installing a more efficient and effective heating system and a centralised dust extraction system. If such funds are provided in advance of the work, and the work runs beyond a single financial year,

consideration will be given to setting up a Reserve account at our bank so that specifically assigned funds can be kept separate from general funds, and gain some interest.

Details of any Deficit

To date, there has not been any deficit in the Shed's funds. It is an agreed policy amongst the trustees that we do not purchase anything unless we have sufficient funds in hand to pay for it outright.

There may come a time at some future date that we wish to make a large purchase which would exceed available funds, e.g. additional land or another building. This would have to involve a structured loan or mortgage, and no doubt the lender would have to be assured that we would have sufficient steady income to repay such a loan. However, such is pure speculation at this point in time.

Donated Facilities and Services

During the first year of ILDMS operation, we have been allowed free use of the Old School building by Aberdeenshire Council, and have not been charged for electricity or water. The building has a septic tank, so there would be no charge for sewerage.

Considerable amounts of materials, equipment and other goods have been donated to ILDMS over the year. These range across timber, furniture, old mowers and other garden equipment, woodworking machinery, paint, old farm equipment, electrical goods, steel frames and shelving, luggage scales, tools antique and modern and whiskey barrels (empty). Some of this material has been put to use in the Shed (once we ensured that it is safe), or used to make things we can use or sell. Some have been purchased by members or sold out-with our membership, having been repaired or checked for safety, as appropriate.

The only services that have been donated are those of a local accountant verifying the trustees at the time when we were setting up our bank account, and someone examining our accounts at the end of the financial year.

Future Plans

We plan to consolidate and grow our membership base and enhance the experience we offer to our members at our regular sessions, both in the Shed environment and the range of activities we offer them to partake in.

We will continue to offer our skills and services to the community through local organisations, be it helping youth organisations, community organisations or individuals.

Our Community Asset Transfer (CAT) will be progressed and submitted to Aberdeenshire Council to allow us to take ownership of the Old School,

Leslie. Once we have control of the building, we will be in a position to start meaningful repair and maintenance and enhancement of the facility. A priority item will be rewiring and upgrading the electrical distribution system in the building.

We currently have a number of projects for the local community either in progress or waiting to be started. These include:-

- Building an outside bar shack for a local nursing home, using reclaimed timber.
- Refurbishing benches for the Inch Bowling Club.
- Supplying logs and kindling to pensioners around the Inch area using scrap or storm-damaged timber and demolished fencing (respectively).
- Clearing several sheds/garages of their contents for widows about to move house.
- Making house signs.
- Helping the local Cubs make bird boxes for their Handyman Badges.

Additional information

At our first Annual General Meeting, the Chairman expressed his sincere thanks to the Trustees in achieving the above objectives. In this, our start-up year, we have developed into a team having had little previous experience of organising a Men's Shed at the outset. Team spirit and expertise have developed hugely over the period, in particular with the increase in the number of Trustees to share duties.

Declaration

Signed on behalf of the charity trustees:

[Redacted Signature]

Print name

[Redacted Name]

Designation

Chairman

Date

19th November 2025



Insch Leslie and District Men's Shed

SC 053609

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	1	July	2024		30	June	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	943				943	-
Meetings	611				611	-
Grants	3,000				3,000	-
Receipts from fundraising activities	960				960	-
Donated goods sold	637				637	-
Produced items sold	269				269	-
Construction Projects	1,509				1,509	-
Bank cashback	3				3	-
					-	-
A1 Sub total	7,932	-	-	-	7,932	-
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	
Proceeds from sale of investments	-				-	
A2 Sub total	-	-	-	-	-	-
Total receipts	7,932	-	-	-	7,932	-
A3 Payments						
Expenses for fundraising activities	50				50	
Project materials	353				353	
Tools purchased	374				374	
Trailer ramps	150				150	
Safety & first aid equipment	285				285	
Insurance	312				312	
Repairs to path	15				15	
Refreshments	75				75	
					-	
					-	
					-	
A3 Sub total	1,614	-	-	-	1,614	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	
Purchase of investments	-				-	
A4 Sub total	-	-	-	-	-	-
Total payments	1,614	-	-	-	1,614	-
Net receipts / (payments)	6,318	-	-	-	6,318	-
A5 Transfers to / (from) funds	-	-	-	-	-	-
Surplus / (deficit) for year	6,318	-	-	-	6,318	-

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	-	-	-	-	-	-
	Surplus / (deficit) shown on receipts and payments account	6,318	-	-	-	6,318	-
						-	
						-	
	Cash and bank balances at end of year	6,318	-	-	-	6,318	-
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

Categories	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
B2 Investments	None		-	
	Total		-	-

Categories	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
B3 Other assets	None		-	-	-
	Total		-	-	-

Categories	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
B4 Liabilities	None		-	-
	Total		-	-

Categories	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
B5 Contingent liabilities	None		0	0
	Total		-	-

Signed by one or two trustees on behalf of all the trustees

Signature*

Print Name

Date of approval

			16 November 2025
			16 November 2025

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

All funds (cash in hand and in Bank current account) are for the support of all activities undertaken at the Insch Leslie and District Men's Shed, including working towards ultimately obtaining a Community Asset Transfer of the building we currently use into our ownership.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
General start-up costs, including materials, equipment and tools.	Institution	1	3,000
Total			3,000

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
--	---

Authority under which paid

C3b Trustee remuneration - details

	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
---	---

C4b Trustee expenses - details

	Number of trustees	£
None		

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
None			

C6 Other information

Nothing

Insch Leslie and District Men's Shed

SC 053609

Additional analysis (1)**Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	943	-	-	-	943	-
Meetings	611	-	-	-	611	-
Donated goods sold	637	-	-	-	637	-
					-	
Total	2,191	-	-	-	2,191	-
	reference	-	-	-	reference	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £			Total current period to nearest £	Total last period to nearest £
Glens of Foundland Windfarm Community Trust	3,000	-			3,000	-
					-	
					-	
					-	
Total	3,000	-			3,000	-
	-	-			-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Buy a Brick	240	-	-	-	240	-
Raffle	720	-	-	-	720	-
Produced items sold	269	-	-	-	269	-
Projects	1,510	-	-	-	1,510	-
Bank cashback	3	-	-	-	3	-
					-	
					-	
					-	
Total	2,742	-	-	-	2,742	-
	reference error	-	-	-	reference error	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Table at Strawberry Fair	50	-	-	-	50	-
Project materials	353	-	-	-	353	-
Tools purchased	374	-	-	-	374	-
Trailer ramps	150	-	-	-	150	-
Safety & first aid equipment	285	-	-	-	285	-
Insurance	312	-	-	-	312	-
Repairs to path	15	-	-	-	15	-
Refreshments	75	-	-	-	75	-
					-	
					-	
Total	1,614	-	-	-	1,614	-
	reference error	-	-	-	reference error	-

Insch, Leslie District Mens Shed
Summary Sheet
Year ending 30 June 2025

Receipts

Meetings/Committee		611.35
<u>Grants-</u>		
Glens of Foundland Windfarm CT		3000.00
<u>Donations</u>		
Leslie Annual Events	420.16	
	160.00	
Neos book sales	26.75	
	50.00	
	96.00	
Others	190.00	942.91
Sale donated items		637.00
Sale of produced items		268.75
<u>Fundraising</u>		
Buy a Brick	240.00	
Raffle	719.55	959.55
<u>Projects -</u>		
Mud Kitchen	550.00	
Summer house	893.90	
Equipment - PAT testing	66.00	1509.90
Bank Cashback		2.83
		7932.29

Payments

Meetings/kitchen		74.59
<u>Fundraising Expenses</u>		
Strawberry Fair table		50.00
<u>Projects-</u>		
Summerhouse materials		353.50
<u>Equipment</u>		
Tools purchased		373.84
Trailer Ramp		150.00
Repairs - track		15.47
Misc - Safety & First Aid		285.00
Insurance		311.97
		1614.37

Surplus 6317.92

BALANCE SHEET

Opening balance	0.00
Surplus	6317.92
Closing balance 30/6/25	6317.92
Bank a/c 30/6/25	6053.11
Cash in hand	264.81
	6317.92

Approved at a Committee meeting held on 11 Dec /2025 by

Examined and found correct from books and information supplied

Date 19/12 /2025

APPENDIX 3



Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Respective responsibilities of trustees and examiner

Basis of independent examiner's statement

Independent examiner's statement

Relevant professional qualification(s) or body (if any):

Address:

Independent examiner's report on the accounts

v2

Charity name

Insch Leslie and District Men's Shed

SC SC053609

Period start date

Period end date

Day

Month

Year

Day

Month

Year

1

July

2024

to

30

June

2025

Trustees Annual Report Part 2, pages 1- 6

(remember to include the page numbers of additional sheets)

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed**:

Name:

Date: 3/12/2025

Relevant professional qualification(s) or body (if any):

INDEPENDANT EXAMINER

Address:

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**



Insch Leslie and District Men's Shed

SC 053609

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
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					-	-
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Proceeds from sale of investments	-				-	
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Insurance	312				312	
Repairs to path	15				15	
Refreshments	75				75	
					-	
					-	
					-	
A3 Sub total	1,614	-	-	-	1,614	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	
Purchase of investments	-				-	
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Net receipts / (payments)	6,318	-	-	-	6,318	-
A5 Transfers to / (from) funds	-	-	-	-	-	-
Surplus / (deficit) for year	6,318	-	-	-	6,318	-

SC 053609

Additional analysis (2)**5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below General	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	943				943	-
Meetings	611				611	-
Grants	3,000				3,000	-
Receipts from fundraising activities	960				960	-
Donated goods sold	637				637	-
Produced items sold	269				269	-
Construction Projects	1,509				1,509	-
Bank cashback	3				3	-
Sub total	7,932	-	-	-	7,932	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	
Proceeds from sale of investments	-				-	
Sub total	-	-	-	-	-	-
Total receipts	7,932	-	-	-	7,932	-
Payments						
Expenses for fundraising activities	50				50	
Project materials	353				353	
Tools purchased	374				374	
Trailer ramps	150				150	
Safety & first aid equipment	285				285	
Insurance	312				312	
Repairs to path	15				15	
Refreshments	75				75	
					-	
					-	
Sub total	1,614	-	-	-	1,614	-
Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	
Purchase of investments	-				-	
Sub total	-	-	-	-	-	-
Total payments	1,614	-	-	-	1,614	-
Net receipts / (payments)	6,318	-	-	-	6,318	-
Transfers to / (from) funds	-	-	-	-	-	-
Surplus / (deficit) for year	6,318	-	-	-	6,318	-

Nature and purpose of funds

General funds (cash in hand and in Bank current account) are for the support of all activities undertaken at the Inch Leslie and District Mens Shed, including ultimately obtaining a Community Asset Transfer of the building we currently use into our ownership.