

# Runforever SCIO

Scotland · Charity number SC053581

## Details

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Known as	Runforever
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2024-08-20
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	Fionnshiel Ramsay Road Banchory AB31 5TS
Website	<a href="http://www.runforever.org.uk">www.runforever.org.uk</a>

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of education', 'the advancement of health', 'the advancement of public participation in sport'

**What the charity does:** Runforever was founded as a non-profit organisation in March 2023 and became a SCIO in August 2024. It promotes educational projects based on marathon running and the Feldenkrais method (awareness through movement) for humanising health care within prison environment and the community towards a future society fostering difference and variation including addressing issues of reoffending and stigmatisation. It offers small beautiful actions participating in wider systemic change. Runforever began a collaboration with HMP Grampian in February 2023 helping set up a running club and more recently (May 2024) a Feldenkrais group welcoming participants from inside and outside, to address underlying health inequalities, inequities and stigmatisation which affect the prisoner population in Scotland. These activities aim to tackle the underlying causes of reoffending by fostering a community of support which works as a bridge between inside and outside the prison.

**Beneficiaries:** 'No specific group, or for the benefit of the community'

**Objectives:** The organisation's purposes are to: a) Promote health and well-being by humanising prison care and more generally health care (Humanising Health Care, Margaret Hannah, IFF - 2014) towards an inclusive future society fostering difference and variation, including by addressing issues of reoffending and stigmatization. b) Promote running, including marathons and park runs in Scottish prisons and the wider society thereby improving both individual fitness and resilience as well as social interaction between diverse

groups. c) Provide educational and research opportunities and propose community projects fostering individual and social transformation, including through offering the Feldenkrais method® as an educational practice of awareness.

## Geography

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- **Main operating location:** Aberdeenshire
- **Geographical spread:** Wider, but within one local authority area

## Finances

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Period end	Income	Expenditure	Assets	Employees
2026-03-31	£11,919	£17,811	-	2
2025-03-31	£23,808	£16,629	-	1

**Runforever SCIO**

Scotland - Charity number SC053581

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# Accounts

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## Independent Examiner's Report to the Trustees of Runforever SCIO

I report on the accounts of the charity for the year ended 31<sup>st</sup> March 2026 which are set out below.

**Respective responsibilities of trustees and examiner** The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement** My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement** In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations , and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as a true record:



Norma Makin, Independent Examiner

Stone House, Rosehill Crescent, Banchory AB31 5SQ

Date:- 20<sup>th</sup> April 2026

## RUNFOREVER

### Statement of Receipts and Payments for the year ended 31 March 2026

	Unrestricted Funds	Restricted Funds	Year ending 31/03/2026
<b>Receipts</b>			<b>Total</b>
Grants	0	9,919	9,919
Donations	2,000	0	2,000
<b>Total Receipts</b>	<b>2,000</b>	<b>9,919</b>	<b>11,919</b>

#### Payments

Cost of Charitable activities	17,811
<b>Total Payments</b>	<b>17,811</b>

#### Statement of Balances – at 31<sup>st</sup> March 2026

	Unrestricted Funds	Restricted Funds	Total 2026
Opening cash at bank	2,688	6,129	8,817
Surplus for the year	(2,682)	(3,210)	(5,892)
<b>Closing cash at bank</b>	<b>6</b>	<b>2919</b>	<b>2,925</b>

Signed as a true record:-

