

SATH Community Health Project

Scotland · Charity number SC053458

Details

Known as	SATH
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2024-06-20
Register	View on the OSCR register

Contact

Address	c/o F A Siddiqui &co Unit 2 Carlton Court G5 9JP
Website	sathcommunity.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health','the saving of lives','the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended','the promotion of equality and diversity','the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Provides culturally sensitive mental health and well-being support for BAME communities, set in Govanhill.

Beneficiaries: 'People with disabilities or health problems','People with a particular ethnic or racial origin','No specific group, or for the benefit of the community'

Objectives: 4 The organisation's purposes are: (a) The advancement of health through the provision of a bespoke counselling service. (b) The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended. (c) The Saving of Lives through counselling and signposting activities aimed at those who seek to self-harm. (d) The promotion of equality and diversity through the provision of a safe space which is culturally sensitive to the needs of community members. (e) The relief of those in need by reason of age, ill-health, disability, financial hardship or any other disadvantage through the facilitation of a befriending service to offer support and reassurance to underrepresented groups in the community.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-06-30	£0	£0	-	0
2025-06-30	£0	£0	-	0

Accounts



04/05/26

As requested this is the report for SATH Community Health Project

Trustees' Annual Report ending June 2025

SATH Community Health Project (SCIO)

Charity Number: SC053458

Company Number: CS006949

Trustees

Syeda Ismat Hussain

Nuzhat Waqas

Salma Mohammed

New trustee added this year – Zenib Ali

Charity was officially started in

June 2024, we achieved our very first lot of funding 01/08/25.

The work could only have started when we had access to funds, hence the delay and nothing to report for report year end June 2025. However, this year we will have a report at the end of June 2026.

The Sath Community Health Project is a charity focused on improving both mental and physical health, particularly for Black, Asian, and Ethnic Minority communities. Its main purpose is to provide culturally sensitive and accessible support that helps people overcome barriers such as stigma, language differences, and lack of access to care. The organisation works to create safe and inclusive spaces where individuals can receive 1-2-1 counselling, group therapy, and emotional support, while also promoting wellbeing through community programmes, workshops, and peer support networks. Overall, the charity aims to reduce health inequalities, empower communities, and ensure that everyone has the opportunity to achieve better wellbeing and live healthier lives.

Following are the links for our social media pages for further information.

Website: sathcommunity.org.uk

Instagram: [sath.chp](https://www.instagram.com/sath.chp)

Facebook: SATH Community Health Project

Syeda Ismat Hussain

NUZHAT WAQAS

DATE - 19-5-26.