

**Forres Community First Responders
Annual Report and Financial Statements
Period ended 31 March 2025**

Charity Number SC053403

**Forres Community First Responders
Trustees' Report
Year ended 31 March 2025**

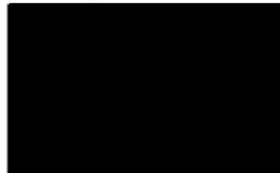
The Trustees of Forres Community First Responders have pleasure in presenting their report together with the financial statements of the charity for the period ended 31 March 2025.

Reference and Administrative Information

Charity name Forres Community First Responders

Charity number SC053403

Principal Address



Trustees



Independent Examiner [REDACTED] CA
Ritsons Chartered Accountants
103 High Street
Elgin
IV30 1EB

Forres Community First Responders Trustees' Annual Report Period ended 31 March 2025

Structure, governance and management

Governing document

Forres Community First Responders is a Scottish Charitable Incorporated Organisation (SCIO), its activities are governed by its constitution and regulated by the Office of the Scottish Charity Regulator (OSCR).

Recruitment and appointment of Trustees

Trustees with appropriate experience and background are appointed in accordance with the terms of the Constitution. There must be minimum of three and a maximum of five trustees.

Objectives and activities

Charitable purposes

The organisation's purpose is the saving of lives. In furtherance of this purpose, the organisation will:

1. Provide prompt and appropriate medical care for persons in distress or suffering life threatening
2. Provide CPR and AED assistance when required.
3. Train members of the public in CPR, (in line with the Scottish Government out of hospital Cardiac Arrest Strategy), thus helping to increase the chances of someone surviving an out of hospital cardiac arrest.
4. Promote Public Access Defibrillators in local communities.
5. Promote Community Resilience.
6. Provide pre-planned community resilience in times of emergency.

Activities and achievements

The Forres Community First Responders received a grant totalling £5,000 on 16th Aug 2024. This funding has been spent on equipment that facilitated the functioning of the group. The number of call outs, hours logged and team growth could not have been achieved without this funding.

The Forres Community First Responders (FCFR) was formed in early 2024 by [REDACTED] [REDACTED] has 10 years Coastguard experience and is actively involved in Ardersier Community First Responders. He is ex-military and still works for the Ministry of Defence at Lossiemouth Airfield. As such, he has an excellent view of the demographics and geography of the Moray area along with a strong ability to motivate both ex-military and civilian persons of all backgrounds.

The Scottish Ambulance Service trains first responders to attend emergencies ahead of the ambulance. This ensures care can be received quicker and that a defibrillator and oxygen arrives at the point of care as quickly as possible. The Scottish Ambulance Service provides of basic equipment and zero defibrillators. The area covered by the FCFR is as far as Duffus up to Nairn. The purpose of the FCFR is to provide emergency care until the ambulance arrives.

The ongoing training is facilitated by a qualified First Aid trainer who utilises the team's experience. The team has a diverse group of people including a former high dependency unity nurse, an ex-military paramedic, a policewoman and a former ambulance technician. The organisation also provides talks on basic life support to other community organisations.

The responsibility for ongoing training and equipment lies with the community first responding group. Each first responding group is expected to achieve charitable status and to fundraise to continue their work. This ensures a level of commitment and cohesion that is consistent with the values of the Scottish Ambulance Service. The administrative responsibilities also lie with the group including ongoing fundraising.

Forres Community First Responders Trustees' Annual Report (cont) Period ended 31 March 2025

Milestones

The Forres Community First Responders put forward 6 responders in their first phase of training in May 2024; 5 responders in their second phase of training in June 2025 with a further 3 responders in their third phase of training in Aug 2025 and 4/5 responders awaiting training in 2026. The organisation is projected to have 18+ responders active and on call by July 2026.

Charitable status was achieved on 3 June 2024. The first batch of equipment was received in July 2024 donated by another scheme in Ardersier as they didn't have the numbers in their team to use it. The first Forres Community First Responder log in for call happened on 12 July 2024 on launch day. The charity received the £5,000 grant from Newbold Legacy Trust on 16 August 2024. Throughout the next 12 months the grant was used to purchase:

- 2 x specialist training manikins
- 2 x training AEDS
- 1 x live AED for a responder bag
- spare pads for AEDs
- batteries for AED's,
- 1 x new responder bag
- 1 x thermometer
- 1x blood pressure monitor, and
- 20 x new uniform polo tops

There have been 16 training sessions held at K's Café on the Grantown Road in Forres. Every community first responder (CFR) is expected to attend 75% of sessions. The FCFR provided Basic Life Support talks to The Gaff, at the James Milne Institute, Findhorn and at Rafford Village Hall.

The CFRs also provide support to the Scottish Ambulance Service by being patients during the CFR assessments at Dr Gray's hospital. FCFRs have provided this support 4 times.

Forres Community First Responders hit 2000 hours of log-ins in May 2025. The FCFR have achieved over 80 call outs during the first 12 months where they have attended patients and provided vital care prior to an ambulance arriving.

The FCFRs have achieved £5000 from new bold trust legacy. With some additional minor funds from interest on the account.

Project activities

The feedback from the Scottish Ambulance Service on the quality and helpfulness of FCFR has been positive. The community feedback has been overall excellent with local groups expressing a need for more defibrillators and training. The project activities include creating social media profile, fundraising, call outs, community outreach and training.

Results and impact

All 79 call outs have had positive feedback. The rapport has built with the Scottish Ambulance Service making them keener to use FCFR. The area has expanded to cover more rural areas where it is challenging to provide care quickly.

The social media profile and fundraising have raised awareness of the project and has attracted both funding and more CFRs.

The organisation has grown and the varying roles within the organisation have been successfully filled.

**Forres Community First Responders
Trustees' Annual Report (cont)
Period ended 31 March 2025**

Lessons learned

- The team lost 3 responders in the first year. One of these was an incredibly active responder who was logging a lot of hours. The team learned that an initial wave of enthusiasm was common among newly trained responders but to plan sustainably for this in terms of equipment and projected hours.
- Responders availability for call outs were reduced by commitments to work, education, family and due to illness. Some responders have found other useful roles within the organisation whilst taking a break from call outs.
- The skills base of the CFR group has been utilised at almost every opportunity. The group is included as FCFR does not have a top down/ trustees decide everything approach. Everyone is valued. The administration of FCFR is mainly provided by an experienced former emergency call centre operator.
- The training facility at Ks Cafe was initially provided for free but this was unsustainable and a small charge is made. The CFRs also purchase teas, coffees and cakes from the café to help sustain this local business. Overall this has worked well, ensuring a strong, consistent relationship between the business
- The team needed more bags quickly because of the amount of responders on call at one time. This was a challenge. Keirans Legacy were excellent in guiding the team as regards training equipment and on call equipment and purchases were made through their organisation. This helped to save time and money.
- FCFR are in the process of purchasing warm winter wear. FCFR are aware that we need to attract more donations as this adds a cost of over £50 per responder.

Financial Review

Income for the period amounted to £5,004. Expenditure totalled £2,586. This left a surplus of £2,418 at the period end.

Reserves

Total reserves at 31st March 2025 amounted to £2,418. This is made up of restricted funds of £2,414 and unrestricted funds of £4.

Trustee remuneration and expenses

The Trustees did not receive any remuneration.

**Forres Community First Responders
Trustees' Annual Report (cont)
Period ended 31 March 2025**

Financial Review

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Plans for the Future

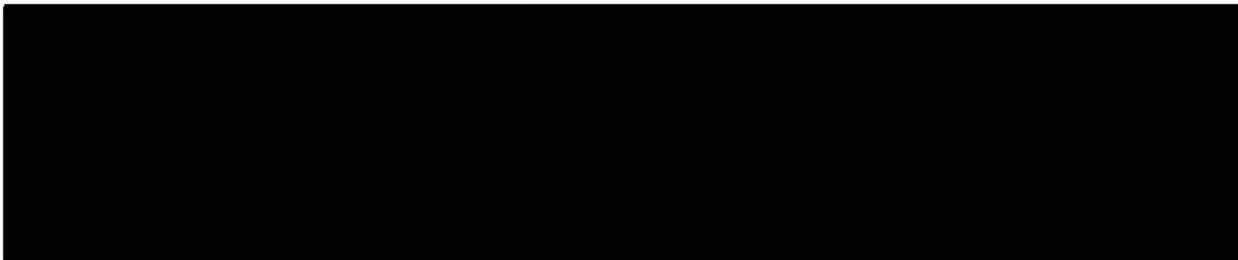
The charity is growing. The plans are to carry on with outreach work and to apply for grants to maintain funding. FCFR are working on a sponsor a responder scheme to attract local businesses to fund future activities. The fundraising group are applying to wind farms for community funding.

There are no issues anticipated with attracting new responders. The challenge will be maintaining and providing enough equipment. Each set of equipment costs approximately £2,500. When the geographical area is widened by a CFR's location there is a requirement for more equipment. Dallas area is the latest of these expansions.

The team are growing the fundraising and administration arm in order to strengthen it in case of unavailability and larger workloads.

Approved by the Trustees on 23rd December 2025

and signed on their behalf by:



**Forres Community First Responders
Independent Examiner's Report
Period ended 31 March 2025**

Independent Examiner's Report to the Trustees of Forres Community First Responders

I report on the financial statements of the charity for the Period ended 31 March 2025 which are set out on pages 7 to 9.

Respective responsibilities of Trustees and Examiner

The Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The Trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under 44(1)(c) of the Act and state whether particular matters have come to my attention.

Basis of Independent Examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's statement

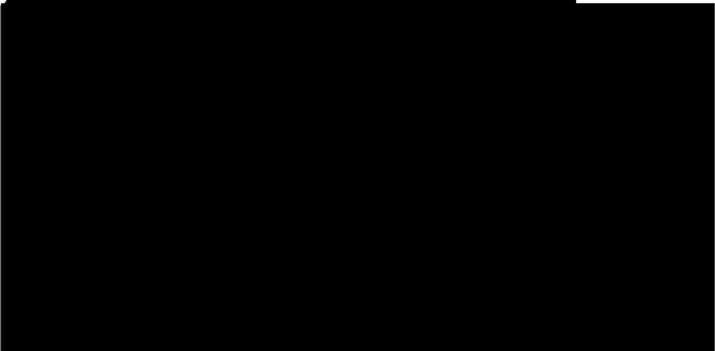
In the course of my examination no matter has come to my attention

(1) which gives me reasonable cause to believe that in any material respect the requirements

(a) to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended) and

(b) to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations (as amended) have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 23/12/25

Forres Community First Responders
Statement of Receipts and Payments
Period ended 31 March 2025

		Unrestricted 2025 £	Restricted 2025 £	Total Funds 2025 £
	Note			
RECEIPTS				
Grant income		-	5,000	5,000
Bank interest		4	-	4
Total receipts		<u>4</u>	<u>5,000</u>	<u>5,004</u>
PAYMENTS				
Cost of charitable activities	3	-	906	906
Subtotal		<u>-</u>	<u>906</u>	<u>906</u>
Payments relating to asset movements				
Purchases of fixed assets		-	1,680	1,680
Total payments		<u>-</u>	<u>2,586</u>	<u>2,586</u>
Net Receipts		<u>4</u>	<u>2,414</u>	<u>2,418</u>
Surplus for year		<u>4</u>	<u>2,414</u>	<u>2,418</u>

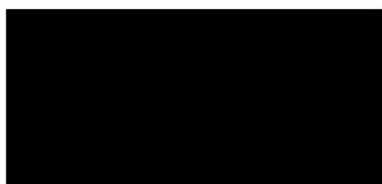
Forres Community First Responders
Statement of Balances as at 31 March 2025

	Unrestricted 2025 £	Restricted 2025 £	Total 2025 £
Cash funds			
Cash & bank balances at start of year	-	-	-
Surplus for the period	4	2,414	2,418
Cash & bank balances at end of year	<u>4</u>	<u>2,414</u>	<u>2,418</u>

Other assets at cost

	Fund	Cost 2025
2x defibrillators & pads, 2x brayden manikins	Restricted	1,680
		<u>1,680</u>

Approved by the Trustees on *23rd December 2025* and signed on their behalf by:



Forres Community First Responders
Notes to the Financial Statements
Period ended 31 March 2025

1. Basis of Accounting

The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investments (Scotland) Act 2005 and the charities Accounts (Scotland) Regulations 2006 (as amended).

2. Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the aims and objectives of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The restricted funds are detailed in a separate note to the accounts.

3. Payments relating directly to charitable activities

	Unrestricted Funds £	Restricted Funds	Total 2025
Entertainment and outings	-	130	130
Equipment and repairs	-	116	116
Uniforms	-	660	660
Total	-	906	906

4. Trustee remuneration and expenses

The trustees were not remunerated during the year.

5. Restricted funds

	Opening balance £	Receipts £	Payments £	Closing Balance 31/03/2025 £
Newbold Legacy Trust Grant	-	5,000	(2,586)	2,414
	-	5,000	(2,586)	2,414

Newbold Legacy Trust Grant - grant awarded to assist with the charity's initial set up costs.