

Kaizen Youth Empowerment

Scotland · Charity number SC053105

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2024-02-06
Register	View on the OSCR register

Contact

Address 1 Sullivan Way
Holmhead
Cumnock
KA18 1UH

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of citizenship or community development'

What the charity does: Life skills and coaching

Beneficiaries: 'Children or young people', 'Other defined groups'

Objectives: The organisation's purposes are: the advancement of education the advancement of citizenship or community development We aim to empower young people and the key adults in their lives, to lift their lives, increase confidence, self-belief, resilience and improve their mental, emotional, physical and social wellbeing that enables them to showcase their talents and fulfil their potential. We will deliver our work within communities across Scotland and throughout the UK. Young people, key adults, family members and communities will be the beneficiaries of our work. We will provide a range of leadership and life coaching programmes alongside holistic therapeutic work that serves group and 1-1 needs. Our programmes will be group/person centred to meet the diverse needs of our intended clients.

Geography

- **Main operating location:** East Ayrshire
- **Geographical spread:** One or a few bases or facilities serving people who come from a broad area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-02-28	£0	£0	-	0
2025-02-28	£20,352	£4,887	-	0

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Period 6 February 2024 to 28 February 2025
for
Kaizen Youth Empowerment (SCIO)

Contents of the Financial Statements
for the Period 6 February 2024 to 28 February 2025

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Report of the Trustees
for the Period 6 February 2024 to 28 February 2025

The trustees present their report with the financial statements of the charity for the period 6 February 2024 to 28 February 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Kaizen Youth Empowerment exists to equip young people and the key adults in their lives with the skills, mindset, and support they need to thrive. Through youth impact coaching, therapeutic interventions, and leadership development programmes, we empower individuals to overcome barriers, increase self-belief, and unlock their full potential.

Significant activities

Over the past year, we've developed and delivered targeted interventions that equip young people and key adults—particularly those facing disadvantage, disconnection, or marginalisation—with the life skills, confidence, and leadership capacity to thrive. We also invested in building partnerships, strengthening community engagement, and positioning Kaizen Youth Empowerment as a credible and values-led organisation within the youth development sector.

This report marks a major milestone in our journey. What began as a grassroots initiative driven by a deep belief in the power and potential of young people has now become a formally recognised charity with clear governance, strategy, and measurable impact. This foundational year has been dedicated to laying the groundwork for long-term success: establishing strong organisational systems, clarifying our mission and vision, and launching pilot programmes to meet the urgent and evolving needs of the young people we serve.

Volunteers

To ensure the objectives and aims of the charity are carried out, it is vitally important that the charity recruits a substantial number of volunteers who can provide varied skills that will be essential to the project.

It is the charity's aim to work with their volunteers and build on their existing skills and provide them with new skills where appropriate.

The charity aims to recruit a diverse range of volunteers using material and methods that are inclusive of a wide range of individuals from different backgrounds and abilities.

FINANCIAL REVIEW

Investment policy and objectives

The company only holds cash funds and does not invest in any higher-risk investments. The funds are required for both short and long term strategies and therefore are not invested in longer-term investments

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to the trustees estimate of the occasional administration expense that will arise over the next year. This level of reserves has been maintained throughout the year.

The trustees consider that the company's funds should have no exposure to risk. Accordingly, the company does not have any investments other than funds held on bank deposit from time to time, to allow ready access to monies as and when required.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Induction and training of new trustees

New trustees are requested to familiarise themselves with the requirements from OSCR and the company policies in place.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Key management remuneration

Management remuneration are set by the Trustees . The trustees will use benchmark information from sectors similar to the objective and scope of Kaizen Youth Empowerment and will set levels accordingly.

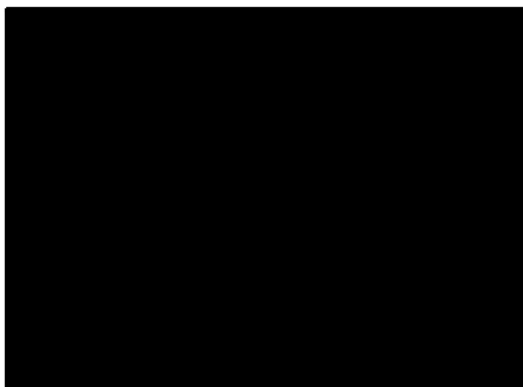
Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

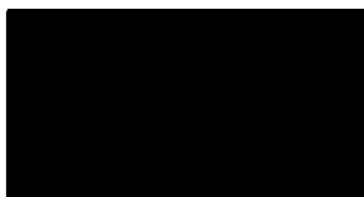
REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

SC053105



Approved by order of the board of trustees on 12 October 2025 and signed on its behalf by:



Independent Examiner's Report to the Trustees of
Kaizen Youth Empowerment (SCIO)

Independent examiner's report to the trustees of Kaizen Youth Empowerment (SCIO)

I report to the charity trustees on my examination of the accounts of Kaizen Youth Empowerment (SCIO) (the Trust) for the period 6 February 2024 to 28 February 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



12 October 2025

Kaizen Youth Empowerment (SCIO)

Statement of Financial Activities
for the Period 6 February 2024 to 28 February 2025

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		20,352
EXPENDITURE ON		
Raising funds		4,887
NET INCOME		15,465
TOTAL FUNDS CARRIED FORWARD		15,465

The notes form part of these financial statements

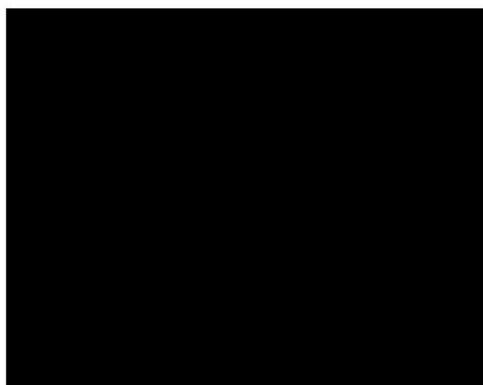
Kaizen Youth Empowerment (SCIO)

Balance Sheet

28 February 2025

	Notes	Unrestricted fund £
CURRENT ASSETS		
Cash at bank		15,465
NET CURRENT ASSETS		<u>15,465</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>15,465</u>
NET ASSETS		<u>15,465</u>
FUNDS	3	
Unrestricted funds		<u>15,465</u>
TOTAL FUNDS		<u>15,465</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12 October 2025 and were signed on its behalf by:



1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 28 February 2025.

Trustees' expenses

There were no trustees' expenses paid for the period ended 28 February 2025.

3. MOVEMENT IN FUNDS

	Net movement in funds £	At 28.2.25 £
Unrestricted funds		
General fund	15,465	15,465
TOTAL FUNDS	<u>15,465</u>	<u>15,465</u>

3. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	20,352	(4,887)	15,465
TOTAL FUNDS	<u>20,352</u>	<u>(4,887)</u>	<u>15,465</u>

4. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 28 February 2025.

Kaizen Youth Empowerment (SCIO)

Detailed Statement of Financial Activities
for the Period 6 February 2024 to 28 February 2025

£

INCOME AND ENDOWMENTS

Donations and legacies

Gifts	(1)
Donations	53
Provision of services	20,300

20,352

Total incoming resources

20,352

EXPENDITURE

Raising donations and legacies

Wages	4,887
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Total resources expended

4,887

Net income

15,465