

Sakoorn Mind

Scotland · Charity number SC052896

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2023-10-18
Register	View on the OSCR register

Contact

Address Unit 19 Coatbridge Business Centre
204 Main Street
Coatbridge
ML5 3RB

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended'

What the charity does: Sakoorn Mind is a charity dedicated to improving mental health and wellness, particularly within the South Asian community. Our charity was founded by a group of passionate mental health advocates who share a vision of a society where mental health is a priority and accessible to everyone. We are committed to providing culturally sensitive and language-specific mental health support to individuals and families. Through advocacy, education, and support programs, we strive to create a stigma-free environment where individuals feel comfortable seeking help for their mental health concerns. At Sakoorn Mind, we are committed to destigmatizing mental health issues and providing accessible resources for individuals and families. We believe in creating a supportive and inclusive environment where everyone can seek help without fear of judgment.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The organisations purposes are: a. The advancement of health. b. The provision of recreational facilities, or the organisation of recreational activities.

Geography

- **Main operating location:** North Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£0	£0	-	0
2024-10-31	£18,200	£14,061	-	0