

Trustees Report FY 23-24

It has been another busy year for the club and it is our pleasure to update you on the various activities that have taken place.

Membership

	2023-24			2022-23
	Male	Female	Total	Total
Adult	22	23	45	14
Junior	24	23	47	31
Total	46	46	92	45*

With 92 active members it has been great to see the club grow with the court being used more often and becoming a much busier place. 36 of our juniors participate in coaching sessions on a Friday afternoon and a Saturday morning and it has been fantastic to watch their progress. The club continues to have one of the largest junior sections in Scotland.

Finances

The club now has a new bank account set and secured a new electricity provider. Despite work being done in and around the club we are still in good financial health with no debt and robust cash reserves.

Building

Despite its age and the amount of use it is now getting, the building continues to perform its function. A feasibility study was completed by CRGP Architects for upgrading the building so there are now plans to work towards upgrading the building in the future. We have started to make improvement in the interior and exterior of the building which include the following:

- Improving the parking area at the front of the building and started to claim back the area at the back from the weeds.
- Painting the upstairs viewing area
- Installing a new token machine for the lights.
- Cleaning the walls of ball and racket marks..
- Repairing and sanding the floor.repairs to the floor.



We will be looking to raise funds for future projects so any ideas will be very welcome.

Acknowledgements

We are very lucky to have a number of people give up their time and expertise to help keep the club running and improve the facilities . A huge thank you to everyone who has helped us out, it would be very difficult to achieve what we have without it. Our thanks go to all the volunteers and contributors that gave their time and resources to carry out the following:

- Upgrading the parking area and clearing the back of the building.
- Carrying out the monthly legionnaire water check.
- Painting the upstairs viewing area
- Repairing the shower outlet pipes
- Raking and planting wildflowers at the back of the building.
- Spraying the weeds out the front and back of the building
- Preparation of the annual accounts.

We have also received funding from the following sources:

- Royal Dornoch Golf Community Fund: £500
- Aldi Sports Fund: £2500
- Arnold Clark Community Fund £200.

Junior Coaching

There are 36 juniors regularly attending coaching sessions on a Friday afternoon and Saturday morning. Despite having a full day at school or starting pretty early on a Saturday the juniors always show up full of energy, enthusiasm and lots of noise! It has been mentioned by all visiting coaches the improvements they have all made in the last year and all should be proud of what they have achieved.

The club has now two no Level 2 coaches and one Level 1 coach, all licensed and registered with Scottish Squash.

The weekend coaching sessions are shared among the coaches however they have been ably helped throughout the year by:

- [REDACTED] (Inverness club) who took regular coaching sessions
- [REDACTED] led a Saturday morning coaching session
- [REDACTED] (Inverness club) assisted some Saturday sessions sharing her expertise and sense of fun.

The juniors have also taken part in a number of events over the year. Again the trustees would like to congratulate them on their excellent sense of fun mixed with a competitive edge along with their excellent conduct. They have been involved in a HISA training day, bronze competition and Scottish Squash held a Girls development day all taking place in Inverness.

The highlight of the year was a day trip to Orkney, organised by the club with 20 juniors taking part. It was a long day with journeys in cars, buses and ferries but everyone enjoyed themselves and the standard of play was excellent. A big thank you goes out to all those involved for planning the entire day and the parents that helped get the juniors to the ferry terminal and beyond.

The junior season is now in full swing and we were delighted to have [REDACTED], Scottish no 1 and World no 16, start us off by coaching all the Juniors and then playing an exhibition match with [REDACTED] (Nairn) the Scottish under 15 champion. [REDACTED] was very complimentary as to how far the juniors had progressed since he last visited us so well done juniors!



H//T Session

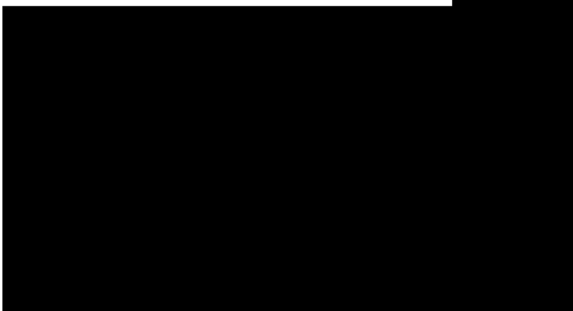
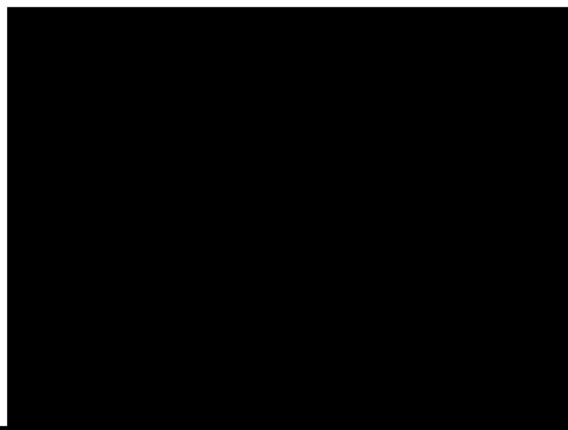
H//T is a Scottish Squash initiative to increase female participation in cardio activity and squash. The club now have 2 members trained by Scottish Squash as H//T leaders. These sessions were in high demand and have been very successful with a regular ladies session now running on a Tuesday evening. A huge thank you to all members involved for running these sessions but for also introducing people to the game of squash!

HISA League

For the first time Sutherland Squash Club entered a team into Division 2 of the HISA squash league. This involves playing 5 other teams from around the HISA area with games taking place most Thursday evenings during the squash season. We had 3 players from Nairn help us to meet the number of players required and we would like to thank them for helping us get up and running. Our home games were played in Inverness as the Sutherland club at the time was not quite set up for home games but that is no longer the case. It was a successful first year, the team survived, had a good laugh and didn't finish bottom of the league!

For the 24/25 season we have a SSC team established with 3 juniors playing from the club. Our aim is to play home games at Dornoch, as we are now able to host, and it would be great to see members come along and give us your support.

As the club starts a new season we would like to thank everyone involved in the club for all their hard work, expertise and time over the last year. The growth we have seen in the membership, the increased use of the building and the progression seen in the juniors is down to everyone being committed to making Sutherland Squash Club as successful as possible.



Sutherland Squash Club

Income and expenditure for year ended 31 July 2024

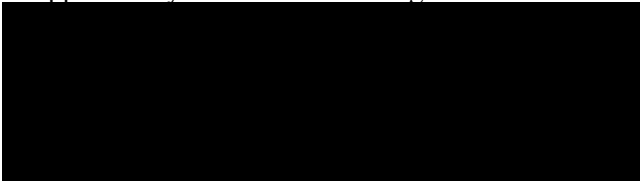
	2024 £	2023 £
Income		
Donations	7,030	5,581
Tokens	1,156	854
Membership	2,850	1,630
HIT Sessions	230	-
Interest	91	-
Income	<u>11,357</u>	<u>8,065</u>
Expenditure		
Electricity	519	917
Insurance	547	479
Repairs	1,957	335
Coaching	871	1,570
Clothing	635	1,744
Squash equipment	680	25
Subscriptions	334	250
Social event	-	364
Travel & club trips	778	-
Other	-	99
Professional fees	2,000	-
	<u>8,321</u>	<u>5,783</u>
Surplus/(Deficit) for year	3,036	2,282
Opening reserve	20,116	17,834
Closing reserve	<u>23,152</u>	<u>20,116</u>
All funds are unrestricted		

Sutherland Squash Club

Statement of Balances as at 31 July 2024

	2024	2023
	£	£
Bank and cash in hand		
Bank of Scotland	23,152	21,978
Accruals		
Expenses	-	(1,862)
Net Assets	<u>23,152</u>	<u>20,116</u>
Funds		
Unrestricted funds	<u>23,152</u>	<u>20,116</u>

Approved by the Trustees and signed on their behalf on 27 September 2024



Sutherland Squash Club

Notes as at 31 July 2024

	2024	2023
	£	£
Reserves		
Opening balance	20,116	17,834
Surplus/(Deficit) for year	3,036	2,282
Closing balance	<u>23,152</u>	<u>20,116</u>