

Sutherland Squash Club

Scotland · Charity number SC052879

Details

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2023-10-10

Register [View on the OSCR register](#)

Contact

Address Arvika
Birchwood
Dornoch
IV25 3PW

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of public participation in sport'

What the charity does: Sutherland Squash club principal objective is to promote the public participation in the sport of squash. We have done this by organising and delivering regular coaching sessions for juniors. Promoting and participating in junior events in Inverness and Orkney. Providing all equipment free of charge making the sport accessible to all. Promoting and delivering club sessions for adults and a specific regular weekly session for women and girls. Encouraging all to participate in competitive team squash by entering a team in the HISA Division 2 league. Allowing non-members access to the club and sport for a nominal fee.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: 4 The club will operate as a non-profit distributing charity whose principal objective is: (a) The advancement of public participation in the sport of squash.

Geography

- **Main operating location:** Highland
- **Geographical spread:** A specific local point, community or neighbourhood

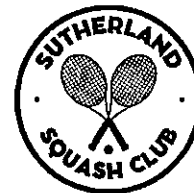
Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£8,117	£4,466	-	0
2024-07-31	£11,357	£8,321	-	0

Accounts

**Sutherland Squash Club - SCIO
SC052879**

**Trustees Annual Report and Accounts for the year ended
31 July 2025**



Sutherland Squash Club - SCIO

Trustees Annual Report and Accounts for the year ended 31 July 2025

Scottish Charity Number SC052879

Trustees

Frank MacCulloch
Catherine MacCulloch
Craig Phillips
Rachel Cameron
Ben Hallam
David Diracles

Chairperson's Report

It has been another busy year for the club and it is my pleasure to update you on the various activities that have taken place.

Membership

	2024-25			2023-24
	Male	Female	Total	Total
Adult	23	27	50	45
Junior	27	30	57	47
Total	50	57	107	92

Finances

At our AGM our treasurer, Ben Hallam will provide the annual accounts and provide more information on the clubs finances but the accounts are looking healthy.

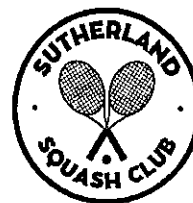
Acknowledgements

We are very lucky to have a number of people give up their time and expertise to help keep the club running and improve the facilities we have available. A huge thank you to everyone who has helped us out.

Frank did a great job of raising £1200 with his cross country skiing challenge in Sweden.

A Year in Squash

It has been another busy and rewarding year for the club, with plenty of activity on and off the court. From exciting exhibition matches to league competition, coaching sessions, and



individual successes, there has been a lot to celebrate. Below are some of the highlights that really showcase the progress within our club.

We kicked off the season with a memorable exhibition match between Greg Lobban and Zac Paton, which was made even more special by the enthusiastic support of our junior players, who filled the gallery with cheers and encouragement. Events like this not only inspire our juniors but also remind us all of the fun and excitement that squash brings.

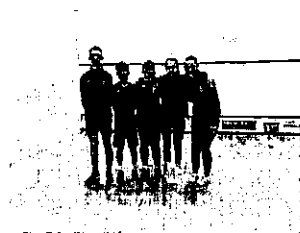


Although it arrived a little later than expected, we were proud to be named Club of the Year 2023/24. This recognition is a testament to the hard work and commitment of everyone involved in running, coaching, playing, and supporting the club. Thank you to all who contributed towards this achievement—it really is a shared award.



On the competitive front, Fynn and Evie both shone by winning their respective categories at the recent event in Inverness. Alongside them, several other juniors put in excellent performances, demonstrating not only how much they have developed but also the depth of emerging talent we have within the club.

We are also delighted that Max and Evie have been selected to represent HISA at the Inter-Regionals in Edinburgh (20–21 September). This is a fantastic opportunity for them to compete at a higher level and to showcase the strength of our junior programme.



Another real highlight of the year came when Fynn and Evie had the chance to step on court with two of the sport's very best, Mohamed ElShorbagy and Paul Coll, ahead of an exhibition match in Inverness. From all reports they even managed to take a few points off them, which is no mean feat!

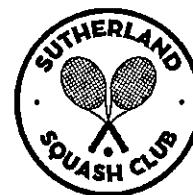


Our senior teams have also continued to grow in confidence and ability. The HISA league squad showed excellent progress, hosting matches at home for the first time, travelling to venues such as Gordonstoun, and building a strong team spirit. The success of last season has led to us entering two teams in this year's league, which is a fantastic milestone. We encourage as much home support as possible to cheer our players on.

Our H/T sessions remain popular, thanks to the continued commitment of Rachel and Gillian. These sessions play an important role in helping players of all abilities improve their game, stay fit, and enjoy regular squash.



It has also been great to see our members representing the club further afield. Rachel, Gillian, Maisie, Evie, and Archie all travelled to compete in the Orkney Open, once again putting our club firmly on the map.



Junior coaching remains at the heart of what we do. It is fantastic to see so many juniors progressing through competitions and, in several cases, stepping up to represent us in the HISA league. Their enthusiasm and improvement give us great confidence in the future of the club.

None of these achievements would have been possible without the dedication of our coaches, volunteers, committee members, parents, and supporters. Your commitment ensures the smooth running of the club and provides our players with the opportunities to develop and thrive.

Looking ahead, we remain focused on building on this momentum, making sure we seize every opportunity to strengthen the club, support our players, and continue growing squash within the community.

Objectives and activities:

Sutherland Squash operates as a non-profit distributing charity whose principal objective is that advancement of public participation in the sport of squash .

The club achieved our objectives by:

- Organising external coaches to lead sessions with club juniors.
- Organising and delivering regular coaching sessions with club coaches for junior members
- Promoting and participating in junior events held in Inverness and Orkney
- Participating in the HISA Division 2 Competitive Squash League.
- Organising and leading Women and Girls only sessions, promoting and helping women into sport.
- Leading club sessions which are open to all members
- Providing rackets, safety glasses, shoes and balls available free of charge to make the sport accessible to all.
- Allowing non-members access to the club for a nominal fee.

Structure Governance and management :

- The club is a Scottish Charitable Incorporated Club (SCIO)
- The members- who have the right to participate in members meetings and have important powers under the constitution and elect people to serve on the board and take decisions on changes to the constitution itself
- The BOARD- who hold regular meetings and generally control the activities of the club and is responsible for monitoring and controlling the financial position of the club.
- The people serving on the board are Charity Trustees of the club.

Achievements and performance

During the reporting period the club achieved the following:

- Awarded Scottish Squash Club of the Year 23/24.
- Member numbers increased from 92 – 107, with a noted increase in the number of women and girls now playing squash.
- Started the year with coaching session led by Greg Lobban, (world no 16) followed by an exhibition match with Zac Paton.



- 2 junior members won their respective divisions in a competitive competition in Inverness
- 2 junior members selected to represent Highland and Islands in a Scottish National event.
- Junior Coaching events are well supported by approximately 40 juniors regularly attending sessions.
- Successful participation in the competitive HISA Division 2 squash league

Financial review

This covers the period 1/8/2024 – 31/7/2025. Sutherland Squash Club's annual source of income is from:

- Membership subscriptions:
 - These are up on the previous year
- Payments for court lights (via tokens)
 - Payments are similar to previous year. Although membership numbers have increased this is not replicated is an increase with court booking.
- Donations and Grants
 - This is reduced from the previous year due to a lack of opportunity and 2 unsuccessful grant applications. Local initiatives raised a small amount of funding.
- Payments for Junior coaching
 - This is increasing as parents and club members recognize the value of our internal coaches.
- Payments for Club Sessions (H//T and Club sessions)
 - Club sessions are well attended and supported.
- Savings Account Interest
 - The club's Deposit account provided a good return for the year.

Approved on behalf of the Trustees:

A handwritten signature in black ink, appearing to read "Frank MacCulloch", written over a horizontal line.

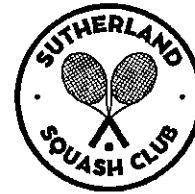
Frank MacCulloch

Date: 25/9/2025

Independent examiner's report on the accounts of Sutherland Squash Club - SCIO

Report to the trustees of Sutherland Squash Club - SCIO, Registered Charity Number SC052879 on the accounts of the charity for the year ended 31 July 2025.

Respective responsibilities of trustees and examiner



The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Dated: 9/4/26

Name: James Cameron

Relevant professional qualification: Chartered Accountant

Address: Cameron Consulting (Scotland) Ltd, 7 Poles Road, Dornoch, IV25 3HP

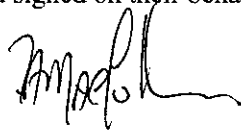
Sutherland Squash Club

Statement of Balances as at 31 July 2025

	2025	2024
	£	£
Bank and cash in hand		
Bank of Scotland	26,920	23,152
Accruals		
Expenses	(117)	-
Net Assets	<u>26,803</u>	<u>23,152</u>
Funds		
Unrestricted funds	<u>26,803</u>	<u>23,152</u>

Approved by the Trustees and signed on their behalf on 25 September 2025

Frank MacCulloch
Secretary



Sutherland Squash Club

Income and expenditure for year ended 31 July 2025

	2025	2024
	£	£
Income		
Donations	1,896	7,030
Tokens	1,205	1,156
Membership	3,327	2,850
HIT Sessions	1,158	230
Interest	531	91
Income	<u>8,117</u>	<u>11,357</u>
Expenditure		
Electricity	580	519
Insurance	567	547
Repairs & maintenance	2,064	1,957
Coaching	900	871
Clothing	-	635
Squash equipment	-	680
Subscriptions	305	334
Social event	-	-
Travel & club trips	-	778
Other	50	-
Professional fees	-	2,000
	<u>4,466</u>	<u>8,321</u>
Surplus/(Deficit) for year	3,651	3,036
Opening reserve	23,152	20,116
Closing reserve	<u>26,803</u>	<u>23,152</u>
All funds are unrestricted		

Sutherland Squash Club

Notes as at 31 July 2025

	2025	2024
	£	£
Reserves		
Opening balance	23,152	20,116
Surplus/(Deficit) for year	3,651	3,036
Closing balance	<u>26,803</u>	<u>23,152</u>

Accounts

Trustees Report FY 23-24

It has been another busy year for the club and it is our pleasure to update you on the various activities that have taken place.

Membership

	2023-24			2022-23
	Male	Female	Total	Total
Adult	22	23	45	14
Junior	24	23	47	31
Total	46	46	92	45*

With 92 active members it has been great to see the club grow with the court being used more often and becoming a much busier place. 36 of our juniors participate in coaching sessions on a Friday afternoon and a Saturday morning and it has been fantastic to watch their progress. The club continues to have one of the largest junior sections in Scotland.

Finances

The club now has a new bank account set and secured a new electricity provider. Despite work being done in and around the club we are still in good financial health with no debt and robust cash reserves.

Building

Despite its age and the amount of use it is now getting, the building continues to perform its function. A feasibility study was completed by CRGP Architects for upgrading the building so there are now plans to work towards upgrading the building in the future. We have started to make improvement in the interior and exterior of the building which include the following:

- Improving the parking area at the front of the building and started to claim back the area at the back from the weeds.
- Painting the upstairs viewing area
- Installing a new token machine for the lights.
- Cleaning the walls of ball and racket marks..
- Repairing and sanding the floor.repairs to the floor.



We will be looking to raise funds for future projects so any ideas will be very welcome.

Acknowledgements

We are very lucky to have a number of people give up their time and expertise to help keep the club running and improve the facilities . A huge thank you to everyone who has helped us out, it would be very difficult to achieve what we have without it. Our thanks go to all the volunteers and contributors that gave their time and resources to carry out the following:

- Upgrading the parking area and clearing the back of the building.
- Carrying out the monthly legionnaire water check.
- Painting the upstairs viewing area
- Repairing the shower outlet pipes
- Raking and planting wildflowers at the back of the building.
- Spraying the weeds out the front and back of the building
- Preparation of the annual accounts.

We have also received funding from the following sources:

- Royal Dornoch Golf Community Fund: £500
- Aldi Sports Fund: £2500
- Arnold Clark Community Fund £200.

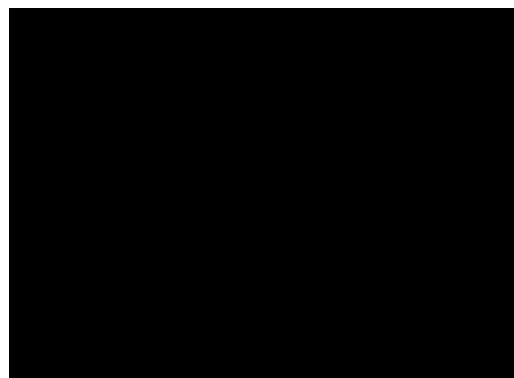
Junior Coaching

There are 36 juniors regularly attending coaching sessions on a Friday afternoon and Saturday morning. Despite having a full day at school or starting pretty early on a Saturday the juniors always show up full of energy, enthusiasm and lots of noise! It has been mentioned by all visiting coaches the improvements they have all made in the last year and all should be proud of what they have achieved.

The club has now two no Level 2 coaches and one Level 1 coach, all licensed and registered with Scottish Squash.

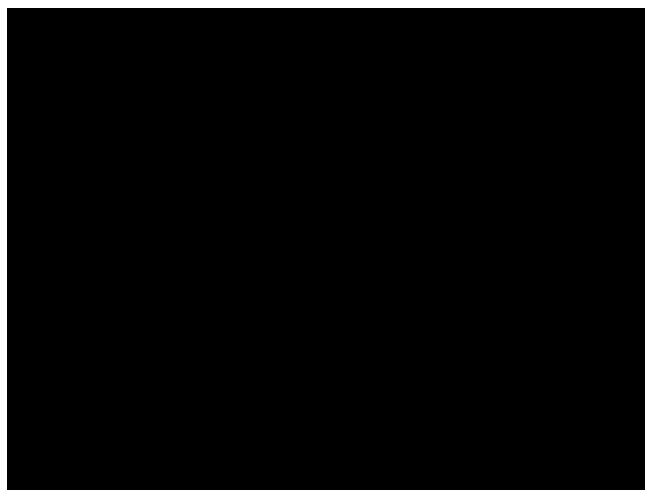
The weekend coaching sessions are shared among the coaches however they have been ably helped throughout the year by:

- [REDACTED] (Inverness club) who took regular coaching sessions
- [REDACTED] led a Saturday morning coaching session
- [REDACTED] (Inverness club) assisted some Saturday sessions sharing her expertise and sense of fun.



The juniors have also taken part in a number of events over the year. Again the trustees would like to congratulate them on their excellent sense of fun mixed with a competitive edge along with their excellent conduct. They have been involved in a HISA training day, bronze competition and Scottish Squash held a Girls development day all taking place in Inverness.

The highlight of the year was a day trip to Orkney, organised by the club with 20 juniors taking part. It was a long day with journeys in cars, buses and ferries but everyone enjoyed themselves and the standard of play was excellent. A big thank you goes out to all those involved for planning the entire day and the parents that helped get the juniors to the ferry terminal and beyond.



The junior season is now in full swing and we were delighted to have [REDACTED], Scottish no 1 and World no 16, start us off by coaching all the Juniors and then playing an exhibition match with [REDACTED] (Nairn) the Scottish under 15 champion. [REDACTED] was very complimentary as to how far the juniors had progressed since he last visited us so well done juniors!



H//T Session

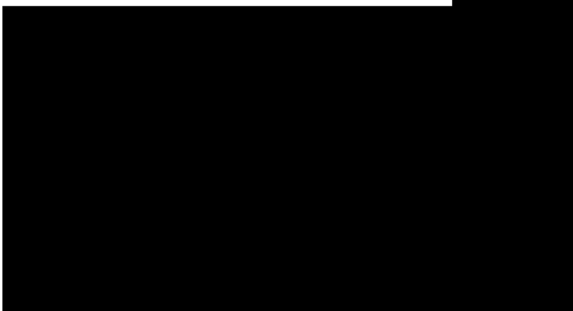
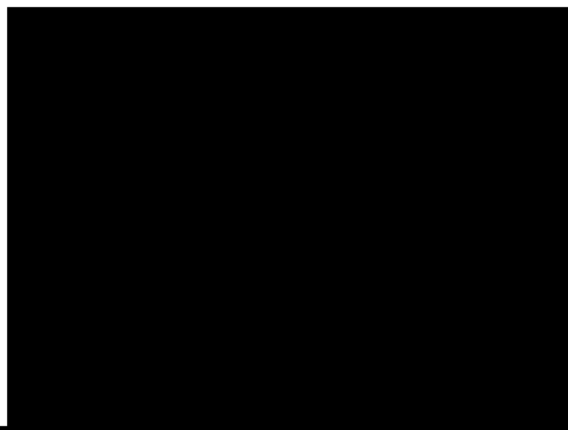
H//T is a Scottish Squash initiative to increase female participation in cardio activity and squash. The club now have 2 members trained by Scottish Squash as H//T leaders. These sessions were in high demand and have been very successful with a regular ladies session now running on a Tuesday evening. A huge thank you to all members involved for running these sessions but for also introducing people to the game of squash!

HISA League

For the first time Sutherland Squash Club entered a team into Division 2 of the HISA squash league. This involves playing 5 other teams from around the HISA area with games taking place most Thursday evenings during the squash season. We had 3 players from Nairn help us to meet the number of players required and we would like to thank them for helping us get up and running. Our home games were played in Inverness as the Sutherland club at the time was not quite set up for home games but that is no longer the case. It was a successful first year, the team survived, had a good laugh and didn't finish bottom of the league!

For the 24/25 season we have a SSC team established with 3 juniors playing from the club. Our aim is to play home games at Dornoch, as we are now able to host, and it would be great to see members come along and give us your support.

As the club starts a new season we would like to thank everyone involved in the club for all their hard work, expertise and time over the last year. The growth we have seen in the membership, the increased use of the building and the progression seen in the juniors is down to everyone being committed to making Sutherland Squash Club as successful as possible.



Sutherland Squash Club

Income and expenditure for year ended 31 July 2024

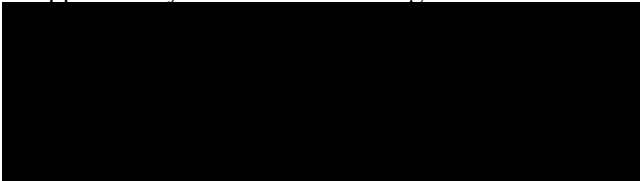
	2024 £	2023 £
Income		
Donations	7,030	5,581
Tokens	1,156	854
Membership	2,850	1,630
HIT Sessions	230	-
Interest	91	-
Income	<u>11,357</u>	<u>8,065</u>
Expenditure		
Electricity	519	917
Insurance	547	479
Repairs	1,957	335
Coaching	871	1,570
Clothing	635	1,744
Squash equipment	680	25
Subscriptions	334	250
Social event	-	364
Travel & club trips	778	-
Other	-	99
Professional fees	2,000	-
	<u>8,321</u>	<u>5,783</u>
Surplus/(Deficit) for year	3,036	2,282
Opening reserve	20,116	17,834
Closing reserve	<u>23,152</u>	<u>20,116</u>
All funds are unrestricted		

Sutherland Squash Club

Statement of Balances as at 31 July 2024

	2024	2023
	£	£
Bank and cash in hand		
Bank of Scotland	23,152	21,978
Accruals		
Expenses	-	(1,862)
Net Assets	<u>23,152</u>	<u>20,116</u>
Funds		
Unrestricted funds	<u>23,152</u>	<u>20,116</u>

Approved by the Trustees and signed on their behalf on 27 September 2024



Sutherland Squash Club

Notes as at 31 July 2024

	2024	2023
	£	£
Reserves		
Opening balance	20,116	17,834
Surplus/(Deficit) for year	3,036	2,282
Closing balance	<u>23,152</u>	<u>20,116</u>