

Tarang Art & Wellbeing Association of Scotland, SC052836

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 March 2025

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FOR THE YEAR ENDED 30 March 2025

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Tarang Art & Wellbeing Association of Scotland, SC052836
COMPANY INFORMATION
FOR THE YEAR ENDED 30 March 2025

Chairperson [REDACTED]

Vice Chairperson [REDACTED]

Trustees [REDACTED]
[REDACTED]
[REDACTED]

Treasurer [REDACTED]

Address 204 Whiteacres Road
Glasgow
G53 7ZP

Accountant AccounTax Zone Limited
20-22 Wenlock Road
London, England
N1 7GU

Tarang Art & Wellbeing Association of Scotland, SC052836
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 March 2025

£
Upto Mar 25

INCOME

Funding received for Art & Wellbeing work	32,100
Online Ticket Sales and others	5,009

TOTAL IN COMING:

37,109

EXPENSES

Material	1,580
Printing	238
Insurance	123
Consumables	6,436
Office expenses	35
Hall Hiring	1,196
Accountancy Fee	820
Travelling	141

TOTAL EXPENDITURE:

10,569

Profit/Loss for the year

26,540

Tarang Art & Wellbeing Association of Scotland, SC052836
BALANCE SHEET
AS AT 30 MARCH 2025

	£ 2025
CURRENT ASSETS	
Cash at bank and in hand	26,540
CREDITORS: Amounts falling due within one period	-
NET CURRENT ASSETS	<u>26,540</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	
NET ASSETS	<u><u>26,540</u></u>
FUNDS	
Income funds	<u>26,540</u>
TOTAL FUNDS	<u><u>26,540</u></u>

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

Approved by:



Chairperson

Date

06/10/2025

Tarang Art & Wellbeing Association of Scotland, SC052836
ACCOUNTANTS REPORT
FOR THE YEAR ENDED 30 March 2025

We have prepared for your approval the financial statements of Tarang Art & Wellbeing Association of Scotland, SC052836 for the year ended 30th March 2025 from the clubs accounting records and from information and explanations you have provided to us.

The report is made solely for the members of the Tarang Art & Wellbeing Association of Scotland, SC052836, as a body, in accordance with the terms of our engagement letter. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the Tarang Art & Wellbeing Association of Scotland, SC052836 and its committee members as a body of our work or for this report.

It is your duty to ensure that Tarang Art & Wellbeing Association of Scotland, SC052836 has kept adequate accounting records and to prepare Profit and Loss Account that give a true and fair view of Tarang Art & Wellbeing Association of Scotland, SC052836. We have not been instructed to carry out an audit or a review of the Profit and Loss Accounts of Tarang Art & Wellbeing Association of Scotland, SC052836. For this reason we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the Profit and Loss Accounts.

AccounTax Zone Limited
20-22 Wenlock Road
London, England
N1 7GU

Date

06/10/2025

Trustees' Annual Report

Tarang Art & Wellbeing Society of Scotland (TAWAS)

Charity Number: SCO52836

Reporting Period: April 2024 – March 2025

Approved by Trustees on: 03/12/2025

1. Objectives and Activities

Mission Statement

Tarang Art & Wellbeing Association of Scotland (TAWAS) is a charitable organisation dedicated to enhancing the mental, emotional, and physical wellbeing of communities across Scotland. Our work centres on inclusive, culturally-sensitive, and creative programming that addresses health inequalities and promotes social connection through art, movement, and education.

TAWAS aims to:

- Promote mental and emotional wellbeing through the arts
 - Provide inclusive and accessible creative therapies for all age groups
 - Raise awareness about dementia and reduce stigma in ethnic minority communities
 - Engage carers, families, and communities in shared wellbeing activities
-

2. Activities and Achievements: April 2024 – March 2025

A. Major Cultural and Wellbeing Events

Glasgow Garba 2024 – 5th & 6th October 2024, Clarkston Hall

A vibrant two-day cultural celebration attended by over 500 participants. It promoted physical activity, intergenerational bonding, and cultural pride through dance, music, and shared community meals.

B. Dementia Awareness & Engagement Programme

Throughout the year, TAWAS led nine Dementia Awareness Sessions in collaboration with community and care organisations:

1. Ekta Group Glasgow – 30 August 2024
2. Alzheimer Scotland Renfrewshire – 29 November 2024
3. Alzheimer Scotland Glasgow – 6 December 2024
4. Bangla Centre – 25 January 2025
5. Ekta Group (follow-up) – 10 February 2025
6. Fairweather Drop-In Centre – 27 February 2025
7. ASRA Group – 27 April 2025
8. Fairweather Drop-In Centre (2nd session) – 15 May 2025
9. David Cargill Centre – 29 May 2025

These sessions combined dementia education, creative art activities, and caregiver support.

They successfully:

- Engaged over 150 participants
- Fostered greater understanding of dementia in minority communities
- Provided emotional relief and connection through music and art

C. Dance & Dementia Project (*Launched March 2025*)

This innovative project used rhythm and movement as tools for memory support, emotional wellbeing, and carer-patient bonding. Sessions included culturally resonant music and accessible dance.

Dance & Dementia sessions delivered:

1. Ekta Group – 24 March 2025
2. ASRA Group – 10 April 2025
3. Ekta Group (2nd) – 27 April 2025

4. Dixon Community – 4 June 2025
5. David Cargill Centre – 27 June 2025
6. Mother Earth Hindu Temple – 9 July 2025

Feedback highlighted improvements in participant mood, responsiveness, and community engagement.

D. Weekly Art Therapy Workshops

Ongoing creative sessions were provided for:

- Neurodiverse youth
- Adults with learning disabilities
- Individuals living with anxiety, isolation, or depression

E. Community Art Showcase – *March 2025*

An exhibition of participant artwork from all programmes. Over 150 attendees celebrated the power of creativity in health and healing.

3. Groups Benefited

TAWAS programmes directly supported over **400 individuals**, including:

- Older adults with dementia or early cognitive decline
 - Ethnic minority elders and carers
 - Neurodiverse children and young adults
 - Mental health service users
 - Socially isolated women and caregivers
 - General public through inclusive community events
-

4. Community Engagement and Impact

Highlights:

- 92% of surveyed participants reported improved wellbeing
- Increased confidence, communication, and joy among dementia participants
- Carers expressed relief and gratitude for safe, creative, and respectful engagement spaces
- Community groups reported stronger cultural connection and emotional wellbeing in participants

Quotes:

“We saw Mum smile and connect in a way we hadn’t seen in months.”

“This was not just dance. It was healing through joy.”

5. Financial Review

Income: £37,109

Expenditure: £10,569

Reserves carried forward: £26,540

TAWAS remained financially prudent, prioritising frontline delivery. Most sessions were grant-funded or supported by in-kind resources.

6. Future Plans

For 2025–26, TAWAS aims to:

- Expand Dance & Dementia to care homes and day centres
- Introduce mobile creative therapy in rural areas
- Develop a youth-focused mental wellbeing programme
- Secure multi-year funding to strengthen sustainability

7. Governance and Trusteeship

Legal Structure: Scottish Charitable Incorporated Organisation (SCIO)

Current Trustees: [List full names and roles: Chair, Treasurer, Secretary, etc.]

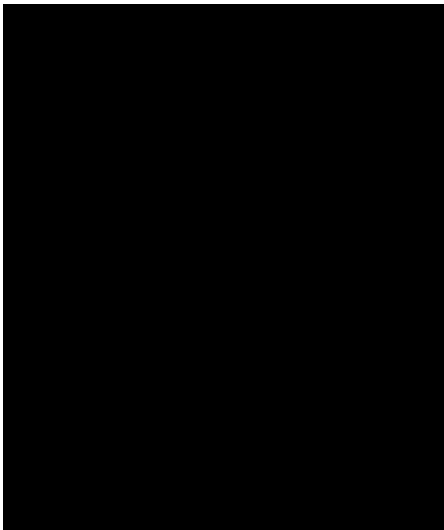
Trustees meet regularly to ensure the charity fulfils its mission and complies with OSCR regulations.

8. Acknowledgements

The Board wishes to thank:

- All our participants and their families
 - Partner organisations including Ekta Group, Alzheimer Scotland, ASRA, Bangla Centre, Dixon Community, and Mother Earth Temple
 - Volunteers and community artists
 - Funders and donors who made our work possible
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Approved by the Board of Trustees on: 03/12/2025



Role: Chair of the Board

Date: 03/12/2025