

Tarang Art & Wellbeing Association of Scotland

Scotland · Charity number SC052836

Details

Known as TAWAS

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2023-09-21

Register [View on the OSCR register](#)

Contact

Address 204 whitacres road
Glasgow
G53 7ZP

Website tarangart.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of citizenship or community development', 'the advancement of the arts, heritage, culture or science'

What the charity does: Tarang Art & Wellbeing Association of Scotland (TAWAS) is a charitable organisation dedicated to enhancing the mental, emotional, and physical wellbeing of communities across Scotland. Our work centres on inclusive, culturally-sensitive, and creative programming that addresses health inequalities and promotes social connection through art, movement, and education. TAWAS aims to: ? Promote mental and emotional wellbeing through the arts ? Provide inclusive and accessible creative therapies for all age groups ? Raise awareness about dementia and reduce stigma in ethnic minority communities ? Engage carers, families, and communities in shared wellbeing activities

Beneficiaries: 'People with a particular ethnic or racial origin'

Objectives: 4 The organisation?s purposes are: 4.1 TAWAS will work in partnership with all local and national groups, statutory bodies and relevant stakeholders to engage members of the diverse communities, in particular the diverse ethnic minority women and young people in creative arts, dance, music and health & wellbeing therapy initiatives. Through the catalyst of Arts and Dance TAWAS will be able to promote greater integration, advance community cohesion and create pathways to active citizenship for members of the diverse ethnic minority and cultural Community in Scotland. promoting equality and diversity through celebrating cultural heritage and community cohesion via culture. 4.2 The advancement of the arts, heritage,

and culture, through promoting and delivering educational and learning activities on health and wellbeing through dance that celebrate diverse cultures. through organizing and delivering exhibitions and festivals, musical and otherwise. through the creation of Dance and Art for all ages. 4.3 The advancement of citizenship or community development through organizing and delivering community, local events, exhibitions and festivals aimed at creating and strengthening community ties, contributing to the broader cultural landscape.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-30	£7,413	£27,719	-	8
2025-03-30	£37,109	£10,569	-	0
2024-03-30	£0	£0	-	0

Accounts

Tarang Art & Wellbeing Association of Scotland, SC052836
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 March 2026

CONTENT	PAGES
Club Information	1
Profit & Loss Account	2
Balance Sheet	3
Accountant's Report	4

Tarang Art & Wellbeing Association of Scotland, SC052836
COMPANY INFORMATION
FOR THE YEAR ENDED 30 March 2026

Chairperson	Dr. Geetika Sharma
Vice Chairperson	Sudakshina Kundu
Trustees	Dr Sindhuja Singha Reema Nayak Ajmiri Alam
Treasurer	Sudakshina Kundu
Address	204 Whiteacres Road Glasgow G53 7ZP
Accountant	AccounTax Zone Limited 20-22 Wenlock Road London, England N1 7GU

Tarang Art & Wellbeing Association of Scotland, SC052836
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 March 2026

	£ Upto Mar 26	£ Upto Mar 25
INCOME		
Funding received for Art & Wellbeing work	800	32,100
Online Ticket Sales and others	6,613	5,009
TOTAL IN COMING:	<u>7,413</u>	<u>37,109</u>
EXPENSES		
Material	1,680	1,580
Printing	886	238
Insurance	123	123
Consumables	9,366	6,436
Office expenses	3,002	35
Hall Hiring	1,590	1,196
Accountancy Fee	200	820
Travelling	500	141
Staff	7,373	
Workshop Tools	3,000	
TOTAL EXPENDITURE:	<u>27,719</u>	<u>10,569</u>
Profit/Loss for the year	<u>- 20,306</u>	<u>26,540</u>

Tarang Art & Wellbeing Association of Scotland, SC052836
BALANCE SHEET
AS AT 30 MARCH 2026

	£ 2026	£ 2025
CURRENT ASSETS		
Cash at bank and in hand	6,233	26,540
CREDITORS: Amounts falling due within one period	-	-
NET CURRENT ASSETS	<u>6,233</u>	<u>26,540</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		
NET ASSETS	<u><u>6,233</u></u>	<u><u>26,540</u></u>
FUNDS		
Opening Fund	26,540	26,540
During the Year Movement	- 20,306	-
Total Funds	<u><u>6,233</u></u>	<u><u>26,540</u></u>

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

RECONCILIATION OF FUNDS

Fund Category	March 2025 Balance	Movement / Loss	March 2026 Balance
Unrestricted	5,009	1,181	6,190
Restricted	32,100	- 32,057	43
Total			
Funds c/f	<u><u>26,539.70</u></u>	<u><u>- 20,306.21</u></u>	<u><u>6,233.00</u></u>

Approved by:

Sudakshina Kundu
Vice Chairperson

Sudakshina Kundu

Date

4/16/2026

Tarang Art & Wellbeing Association of Scotland, SC052836
ACCOUNTANTS REPORT
FOR THE YEAR ENDED 30 March 2026

We have prepared for your approval the financial statements of Tarang Art & Wellbeing Association of Scotland, SC052836 for the year ended 30th March 2026 from the clubs accounting records and from information and explanations you have provided to us.

The report is made solely for the members of the Tarang Art & Wellbeing Association of Scotland, SC052836, as a body, in accordance with the terms of our engagement letter. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the Tarang Art & Wellbeing Association of Scotland, SC052836 and its committee members as a body of our work or for this report.

It is your duty to ensure that Tarang Art & Wellbeing Association of Scotland, SC052836 has kept adequate accounting records and to prepare Profit and Loss Account that give a true and fair view of Tarang Art & Wellbeing Association of Scotland, SC052836. We have not been instructed to carry out an audit or a review of the Profit and Loss Accounts of Tarang Art & Wellbeing Association of Scotland, SC052836. For this reason we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the Profit and Loss Accounts.

AccountTax Zone Limited
20-22 Wenlock Road
London, England
N1 7GU

Date 4/16/2026

Trustees' Annual Report

Tarang Art & Wellbeing Society of Scotland (TAWAS)

Charity Number: SCO52836

Reporting Period: April 2025 – March 2026

Approved by Trustees on: 19.03.2026

1. Objectives and Activities

Mission Statement

Tarang Art & Wellbeing Association of Scotland (TAWAS) is a charitable organisation dedicated to enhancing the mental, emotional, and physical wellbeing of communities across Scotland. Our work centres on inclusive, culturally-sensitive, and creative programming that addresses health inequalities and promotes social connection through art, movement, and education.

TAWAS aims to:

- Promote mental and emotional wellbeing through the arts
 - Provide inclusive and accessible creative therapies for all age groups
 - Raise awareness about dementia and reduce stigma in ethnic minority communities
 - Engage carers, families, and communities in shared wellbeing activities
-

2. Activities and Achievements: April 2025– March 2026

A. Major Cultural and Wellbeing Events

Glasgow Garba 2025 – 25st September at Pollockshaws Burgh Hall. Glasgow

A vibrant two-day cultural celebration attended by over 200 participants. It promoted physical activity, intergenerational bonding, and cultural pride through dance, music, and shared community meals.

B. Dementia Awareness & Engagement Programme

Throughout the year, TAWAS led nine Dementia Awareness Sessions in collaboration with community and care organisations:

1. With Asra Group on 17.04.2025
2. With fair weather drop centre on 15.05.2025
3. With David Cargill centre on 29.05.2025
4. With Sangam (Club for elderly) on 11.06.2025
5. With Dixon community on 03.07.2025
6. With common Thread Vision on 4.09.2025
7. With Glendale Women Café on 08.10.2025
8. With Centre of Oneness on 25.01.2026

These sessions combined dementia education, creative art activities, and caregiver support.

They successfully:

- Engaged over 250 above participants
- Fostered greater understanding of dementia in minority communities
- Provided emotional relief and connection through music and art

C. Dance & Dementia Project (*Launched March 2025*)

This innovative project used rhythm and movement as tools for memory support, emotional wellbeing, and carer-patient bonding. Sessions included culturally resonant music and accessible dance.

Dance & Dementia sessions delivered:

1. With Ekta group on 24.03.2025
2. With ASRA Group on 10.04.2025
3. With Ekta Group (2nd) – 27.04.2025

4. With Dixon Community on 04.06.2025
5. With David Cargill Centre on 27.06.2025
6. With Mother Earth Hindu Temple on 09.07.2025
7. With fair weather drop centre on 21.07.2025
8. With Dixon community on 27.07.2025
9. With common Thread for Vision on 18.09.2025
10. With Glendale Women's Café on 19.11.2025
11. With fair weather drop Centre 18.12.2025 (request to do again from organisation)
12. With Asra Group on 02.04.2026

Feedback highlighted improvements in participant mood, responsiveness, and community engagement.

D. Weekly Art Therapy Workshops

Ongoing creative sessions were provided for:

- Neurodiverse youth
- Adults with learning disabilities
- Individuals living with anxiety, isolation, or depression

E. Community Art Showcase – *Melodies for Memory Community Wellbeing event on 08.11.2025*

An exhibition of participant artwork from all programmes. Over 150 attendees celebrated the power of creativity in health and healing.

3. Groups Benefited

TAWAS programmes directly supported over **400 individuals**, including:

- Older adults with dementia or early cognitive decline
- Ethnic minority elders and carers

- Neurodiverse children and young adults
 - Mental health service users
 - Socially isolated women and caregivers
 - General public through inclusive community events
-

4. Community Engagement and Impact

Highlights:

- 92% of surveyed participants reported improved wellbeing
- Increased confidence, communication, and joy among dementia participants
- Carers expressed relief and gratitude for safe, creative, and respectful engagement spaces
- Community groups reported stronger cultural connection and emotional wellbeing in participants

Quotes:

“We saw Mum smile and connect in a way we hadn’t seen in months.”

“This was not just dance. It was healing through joy.”

5. Financial Review

Income: £7,413

Expenditure: £27,719

Reserves carried forward: £6,233

TAWAS remained financially prudent, prioritising frontline delivery. Most sessions were grant-funded or supported by in-kind resources.

Reserves Policy: The charity maintains sufficient unrestricted reserves to ensure stability and continuity of services.

6. Future Plans

For 2026–27, TAWAS aims to:

- Wellbeing activity and workshops with Unpaid carers and family members.
- Expand Dance & Dementia to care homes and day centres
- Introduce mobile creative therapy in rural areas
- Develop a youth-focused mental wellbeing programme
- Secure multi-year funding to strengthen sustainability

7. Governance and Trusteeship

Legal Structure: Scottish Charitable Incorporated Organisation (SCIO)

Current Trustees: Dr Sindhuja Singha, Ms Reema Nayak, Ms Ajmiri Alam

Trustees meet regularly to ensure the charity fulfils its mission and complies with OSCR regulations.

9. Acknowledgements

- **Tawas Received the Award for best Project Of the year 2025 by SEMSA a well known Charitable organisation In Glasgow.**

The Board wishes to thank:

- All our participants and their families
 - Partner organisations including Ekta Group, Alzheimer Scotland, ASRA, Bangla Centre, Dixon Community, and Mother Earth Temple
 - Volunteers and community artists
 - Funders and donors who made our work possible
-

Approved by the Board of Trustees on: 19.03.2026

Ajmeri Alam

Signed: 

Reema Nayak

Signed: 

Sindhuja Sinha

Signed: 

Name: Sudakshina Kundu *Sudakshina Kundu*

Role: vice Chair of the Board

Date: 23.04.2026



Audit Trail

Document Details

Title	Tarang Art & Wellbeing Association of Scotland March 2026
File Name	0.Accounts 2026 - Tarang Art and welbeing association of Scotland.pdf, 1.TAWAS Annual Trustee Report.pdf
Document ID	ede6758fb8aa464cb6f3f61ba8c96bba
Fingerprint	69f5007b9924daa56a4260e7c55ad742
Status	Completed

Document History

Document Created	Document Created by AccountTax Zone (staff@accountaxzone.com) Fingerprint: 8300c4544ba6b0e2efe788b5b8d62a08	22 Apr 2026 11:58AM UTC
Document Sent	Document Sent to Sudakshina Kundu (reeneuk2007@hotmail.com)	22 Apr 2026 11:58AM UTC
Document Viewed	Document Viewed by Sudakshina Kundu (reeneuk2007@hotmail.com) IP: 85.255.233.103	22 Apr 2026 12:45PM UTC
Document Signed	Document Signed by Sudakshina Kundu (reeneuk2007@hotmail.com) IP: 85.255.233.103 <i>Sudakshina Kundu</i>	22 Apr 2026 12:47PM UTC
Document Completed	This document has been completed. Fingerprint: 69f5007b9924daa56a4260e7c55ad742	22 Apr 2026 12:47PM UTC

Accounts

Tarang Art & Wellbeing Association of Scotland, SC052836

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 March 2025

Tarang Art & Wellbeing Association of Scotland, SC052836
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 March 2025

CONTENT	PAGES
Club Information	1
Profit & Loss Account	2
Balance Sheet	3
Accountant's Report	4

Tarang Art & Wellbeing Association of Scotland, SC052836
COMPANY INFORMATION
FOR THE YEAR ENDED 30 March 2025

Chairperson [REDACTED]

Vice Chairperson [REDACTED]

Trustees [REDACTED]
[REDACTED]
[REDACTED]

Treasurer [REDACTED]

Address 204 Whiteacres Road
Glasgow
G53 7ZP

Accountant AccounTax Zone Limited
20-22 Wenlock Road
London, England
N1 7GU

Tarang Art & Wellbeing Association of Scotland, SC052836
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 March 2025

£
Upto Mar 25

INCOME

Funding received for Art & Wellbeing work	32,100
Online Ticket Sales and others	5,009

TOTAL IN COMING:

37,109

EXPENSES

Material	1,580
Printing	238
Insurance	123
Consumables	6,436
Office expenses	35
Hall Hiring	1,196
Accountancy Fee	820
Travelling	141

TOTAL EXPENDITURE:

10,569

Profit/Loss for the year

26,540

Tarang Art & Wellbeing Association of Scotland, SC052836
BALANCE SHEET
AS AT 30 MARCH 2025

	£ 2025
CURRENT ASSETS	
Cash at bank and in hand	26,540
CREDITORS: Amounts falling due within one period	-
NET CURRENT ASSETS	<u>26,540</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	
NET ASSETS	<u><u>26,540</u></u>
FUNDS	
Income funds	<u>26,540</u>
TOTAL FUNDS	<u><u>26,540</u></u>

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

Approved by:



Chairperson

Date

06/10/2025

Tarang Art & Wellbeing Association of Scotland, SC052836
ACCOUNTANTS REPORT
FOR THE YEAR ENDED 30 March 2025

We have prepared for your approval the financial statements of Tarang Art & Wellbeing Association of Scotland, SC052836 for the year ended 30th March 2025 from the clubs accounting records and from information and explanations you have provided to us.

The report is made solely for the members of the Tarang Art & Wellbeing Association of Scotland, SC052836, as a body, in accordance with the terms of our engagement letter. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the Tarang Art & Wellbeing Association of Scotland, SC052836 and its committee members as a body of our work or for this report.

It is your duty to ensure that Tarang Art & Wellbeing Association of Scotland, SC052836 has kept adequate accounting records and to prepare Profit and Loss Account that give a true and fair view of Tarang Art & Wellbeing Association of Scotland, SC052836. We have not been instructed to carry out an audit or a review of the Profit and Loss Accounts of Tarang Art & Wellbeing Association of Scotland, SC052836. For this reason we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the Profit and Loss Accounts.

AccountTax Zone Limited
20-22 Wenlock Road
London, England
N1 7GU

Date

06/10/2025

Trustees' Annual Report

Tarang Art & Wellbeing Society of Scotland (TAWAS)

Charity Number: SCO52836

Reporting Period: April 2024 – March 2025

Approved by Trustees on: 03/12/2025

1. Objectives and Activities

Mission Statement

Tarang Art & Wellbeing Association of Scotland (TAWAS) is a charitable organisation dedicated to enhancing the mental, emotional, and physical wellbeing of communities across Scotland. Our work centres on inclusive, culturally-sensitive, and creative programming that addresses health inequalities and promotes social connection through art, movement, and education.

TAWAS aims to:

- Promote mental and emotional wellbeing through the arts
 - Provide inclusive and accessible creative therapies for all age groups
 - Raise awareness about dementia and reduce stigma in ethnic minority communities
 - Engage carers, families, and communities in shared wellbeing activities
-

2. Activities and Achievements: April 2024 – March 2025

A. Major Cultural and Wellbeing Events

Glasgow Garba 2024 – 5th & 6th October 2024, Clarkston Hall

A vibrant two-day cultural celebration attended by over 500 participants. It promoted physical activity, intergenerational bonding, and cultural pride through dance, music, and shared community meals.

B. Dementia Awareness & Engagement Programme

Throughout the year, TAWAS led nine Dementia Awareness Sessions in collaboration with community and care organisations:

1. Ekta Group Glasgow – 30 August 2024
2. Alzheimer Scotland Renfrewshire – 29 November 2024
3. Alzheimer Scotland Glasgow – 6 December 2024
4. Bangla Centre – 25 January 2025
5. Ekta Group (follow-up) – 10 February 2025
6. Fairweather Drop-In Centre – 27 February 2025
7. ASRA Group – 27 April 2025
8. Fairweather Drop-In Centre (2nd session) – 15 May 2025
9. David Cargill Centre – 29 May 2025

These sessions combined dementia education, creative art activities, and caregiver support.

They successfully:

- Engaged over 150 participants
- Fostered greater understanding of dementia in minority communities
- Provided emotional relief and connection through music and art

C. Dance & Dementia Project (*Launched March 2025*)

This innovative project used rhythm and movement as tools for memory support, emotional wellbeing, and carer-patient bonding. Sessions included culturally resonant music and accessible dance.

Dance & Dementia sessions delivered:

1. Ekta Group – 24 March 2025
2. ASRA Group – 10 April 2025
3. Ekta Group (2nd) – 27 April 2025

4. Dixon Community – 4 June 2025
5. David Cargill Centre – 27 June 2025
6. Mother Earth Hindu Temple – 9 July 2025

Feedback highlighted improvements in participant mood, responsiveness, and community engagement.

D. Weekly Art Therapy Workshops

Ongoing creative sessions were provided for:

- Neurodiverse youth
- Adults with learning disabilities
- Individuals living with anxiety, isolation, or depression

E. Community Art Showcase – *March 2025*

An exhibition of participant artwork from all programmes. Over 150 attendees celebrated the power of creativity in health and healing.

3. Groups Benefited

TAWAS programmes directly supported over **400 individuals**, including:

- Older adults with dementia or early cognitive decline
 - Ethnic minority elders and carers
 - Neurodiverse children and young adults
 - Mental health service users
 - Socially isolated women and caregivers
 - General public through inclusive community events
-

4. Community Engagement and Impact

Highlights:

- 92% of surveyed participants reported improved wellbeing
- Increased confidence, communication, and joy among dementia participants
- Carers expressed relief and gratitude for safe, creative, and respectful engagement spaces
- Community groups reported stronger cultural connection and emotional wellbeing in participants

Quotes:

“We saw Mum smile and connect in a way we hadn’t seen in months.”

“This was not just dance. It was healing through joy.”

5. Financial Review

Income: £37,109

Expenditure: £10,569

Reserves carried forward: £26,540

TAWAS remained financially prudent, prioritising frontline delivery. Most sessions were grant-funded or supported by in-kind resources.

6. Future Plans

For 2025–26, TAWAS aims to:

- Expand Dance & Dementia to care homes and day centres
- Introduce mobile creative therapy in rural areas
- Develop a youth-focused mental wellbeing programme
- Secure multi-year funding to strengthen sustainability

7. Governance and Trusteeship

Legal Structure: Scottish Charitable Incorporated Organisation (SCIO)

Current Trustees: [List full names and roles: Chair, Treasurer, Secretary, etc.]

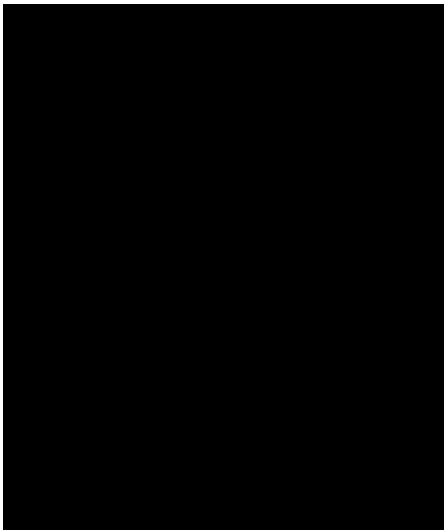
Trustees meet regularly to ensure the charity fulfils its mission and complies with OSCR regulations.

8. Acknowledgements

The Board wishes to thank:

- All our participants and their families
 - Partner organisations including Ekta Group, Alzheimer Scotland, ASRA, Bangla Centre, Dixon Community, and Mother Earth Temple
 - Volunteers and community artists
 - Funders and donors who made our work possible
-

Approved by the Board of Trustees on: 03/12/2025



Role: Chair of the Board

Date: 03/12/2025