

[Scottishasiancounsellingservices.org](http://Scottishasiancounsellingservices.org)

Charity No: SC052798



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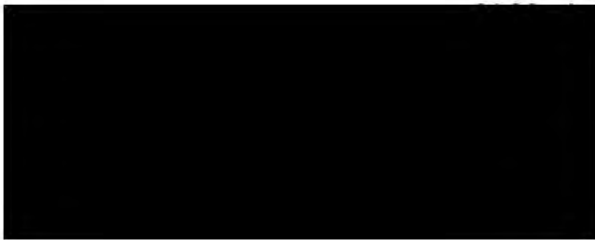
## SAC'S -Charity overview

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As we reflect on the past year, we are proud to see how the Scottish Asian Counselling Services Charity (SACS) has evolved into a strong, safe and culturally sensitive space for those in need. We have continued to provide individually tailored mental health support and services while expanding our reach and building stronger partnerships with other organisations.

Through our efforts, we have increased the number of people seeking support and expanded our service offerings, including multilingual therapies that reflect the diverse cultural backgrounds of those we serve. We have ensured continuity in our services, offering a steady and compassionate presence for individuals seeking healing and recovery. As co-founders, we feel deeply privileged to be part of this remarkable journey.

At SACS, our approach to community services is holistic and person-centred, always keeping the individual at the heart of what we do. We work closely with each person, developing personalised safety and support plans that cater to their unique needs and circumstances. This empowerment is especially critical for those who have experienced trauma, and we strive to walk alongside them on their often long and challenging road to recovery.

We work collaboratively with various stakeholders to ensure that the support provisions we offer are responsive, effective, and meet the needs of those we serve, always in alignment with social justice and equality frameworks.

We are incredibly proud of our work, and although the demand for our services continues to grow, we remain committed to providing high-quality care. In the past year alone, we have supported 160 young people through our workshops and 72 individual sessions with one-to-one counselling for children, young people and adults. This impact reflects our ongoing dedication to providing tailored, accessible support for those in need, and we continue to work tirelessly to meet the diverse needs of our community.

None of this would be possible without the dedication of our amazing team of therapists, volunteers, trustees and supporters. They are grounded in the belief that everyone deserves the opportunity to heal and reach their full potential. We are incredibly grateful for their commitment and for the generosity of our supporters, who make it all possible.

We are determined to continue growing in a thoughtful and values-driven way, ensuring that we remain responsive to the needs of those we serve. With sustained growth, strong governance and a clear commitment to empowering our beneficiaries, we will keep working to provide the highest quality of care and support to those who have experienced trauma and hardship.

Thank you for supporting SACS and being part of this important journey.



## Reference and administrative details

**Charity name** Scottish Asian Counselling Services

**Charity number** SC052798

**Principle Address** 5 Jean Armour Drive  
Kilmarnock  
KA1 2SD

**Secondary Address** 210 Glasgow Road  
Rutherglen  
Glasgow

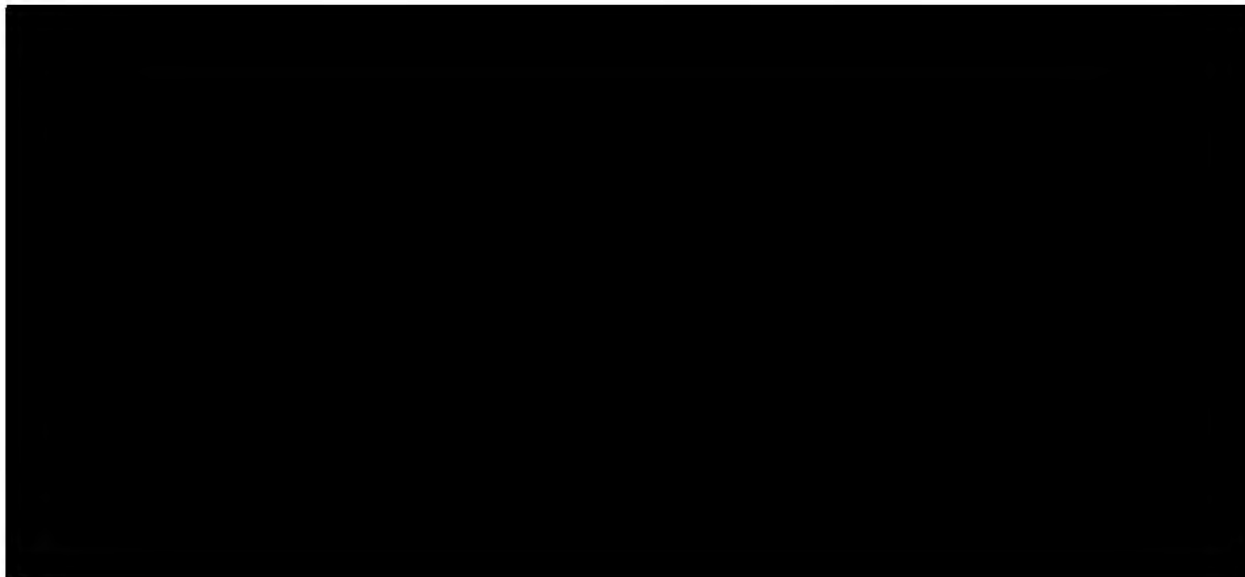
**Bankers** CAF Bank  
25 Kings Hill Avenue, King's Hill  
West Malling, Kent, ME19 4JQ  
Tel 03000123456  
cafbank@cafonline.org

**Independant Examiner**   
Dash Accounting Service  
House suite 11 - Calder  
8 S Caldeen Road  
Coatbridge  
ML5 4EG  
0796944009  
daniellebiggins@dashaccountingservices.com



## Trustees and Office Bearers

The Trustees who served during the year and to the date of this report are:



## Structure Governance and Management

The Trustees are pleased to present their report together with the financial statements of the Charity for the 12-month period ended 31st March 2025.

Scottish Asian Counselling Services (SACS) SCIO was established by the constitution and registered as a charity with the Office of the Scottish Charity Regulator (OSCR) on the 6th of September 2023. It is registered under No SC052798. The constitution defines the aims, objectives and the rules by which its trustees must operate.

SACS was formed in 2023 in response to address the growing need for culturally competent mental health services within South Asian and BIPOC (Black, Indigenous, and People of Colour) communities.

The trustees are responsible for the strategic direction and governance of the charity, whilst day-to-day running is delegated to the Co-Founders Raj Chima and Asma Khan.

The trustees are aware of their responsibilities for Supervision, Health and Safety, Service Safety and Quality. In addition to comprehensive insurance, all our staff, volunteers, placement students and therapists have disclosures under the Protection of Vulnerable Groups (PVG) Scheme.





## Achievements and Performance



In its first year, Scottish Asian Counselling Services (SACS) has achieved significant milestones, laying a strong foundation to support the mental health needs of the South Asian community.

Key accomplishments include:

**Policy Development:** Comprehensive guidelines were established to ensure ethical practices, confidentiality and cultural sensitivity. Policies on service delivery, data protection and safeguarding were tailored to the unique needs of the community.

**Recruitment:** A diverse team of 12 qualified associates and 7 student therapists was onboarded, all dedicated to culturally competent care. An associate meeting provided training to address specific community challenges effectively.

**Community Engagement:** Outreach initiatives raised awareness of available mental health resources, reducing stigma and encouraging help-seeking. Partnerships with organisations like KIP McGrath in Edinburgh, whose sponsorship has been invaluable, further strengthened these efforts.

**Strategic Collaborations:** On November 20th, we were thrilled to announce our partnership with ACT Counselling and Training Services, a distinguished provider of counselling courses and training within the field. As part of this collaboration, we have secured a dedicated space at ACT's Rutherglen location, a facility that offers workspaces, professional training rooms, meeting facilities, and specialised counselling rooms.

This partnership not only provides a stable operational foundation but also opens a wealth of opportunities to enhance our services and expand our impact. ACT has been a steadfast supporter throughout the establishment of the charity and is now an active partner in our mission. We are also collaborating with their students to further our shared commitment to supporting the mental health needs of the South Asian community.

We look forward to officially moving into this exceptional space in the coming year and embarking on this exciting new chapter for Scottish Asian Counselling Services.

These achievements highlight a year of growth and promise. With a solid base, a dedicated team and supportive community partnerships, SACS is well-positioned to continue making a meaningful difference in the lives of those we serve.





The Anxiety workshop was fun and engaging designed for South Asian children aged 8 to 11. Through creative activities, participants learned how to recognise and manage their anxiety. The workshop incorporated simple Cognitive Behavioural Therapy (CBT) techniques, helping kids feel more confident in handling their emotions.

The positive feedback from participants showed a strong desire for more workshops, emphasising the importance of ongoing mental health support. Overall, the initiative fostered a sense of community and resilience, laying a foundation for healthier emotional well-being.

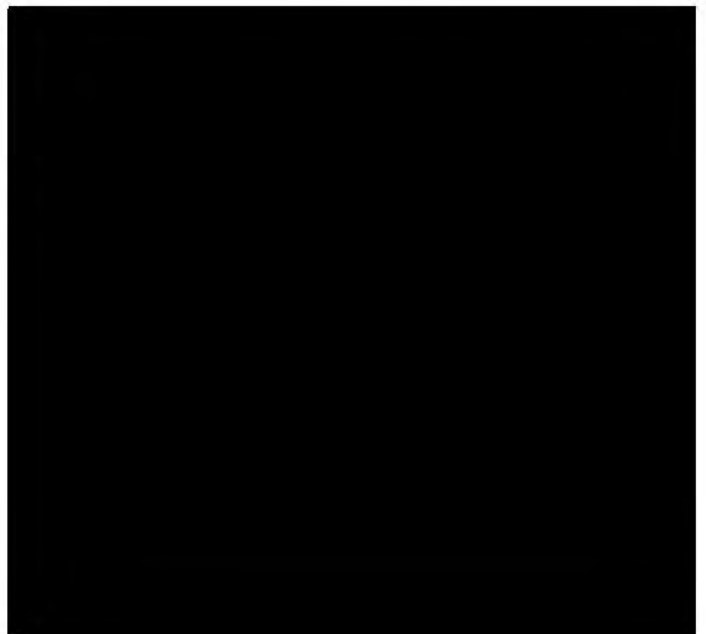
Both workshops were carefully adapted to be age and stage-appropriate, ensuring they matched participants' cognitive development and level of understanding.

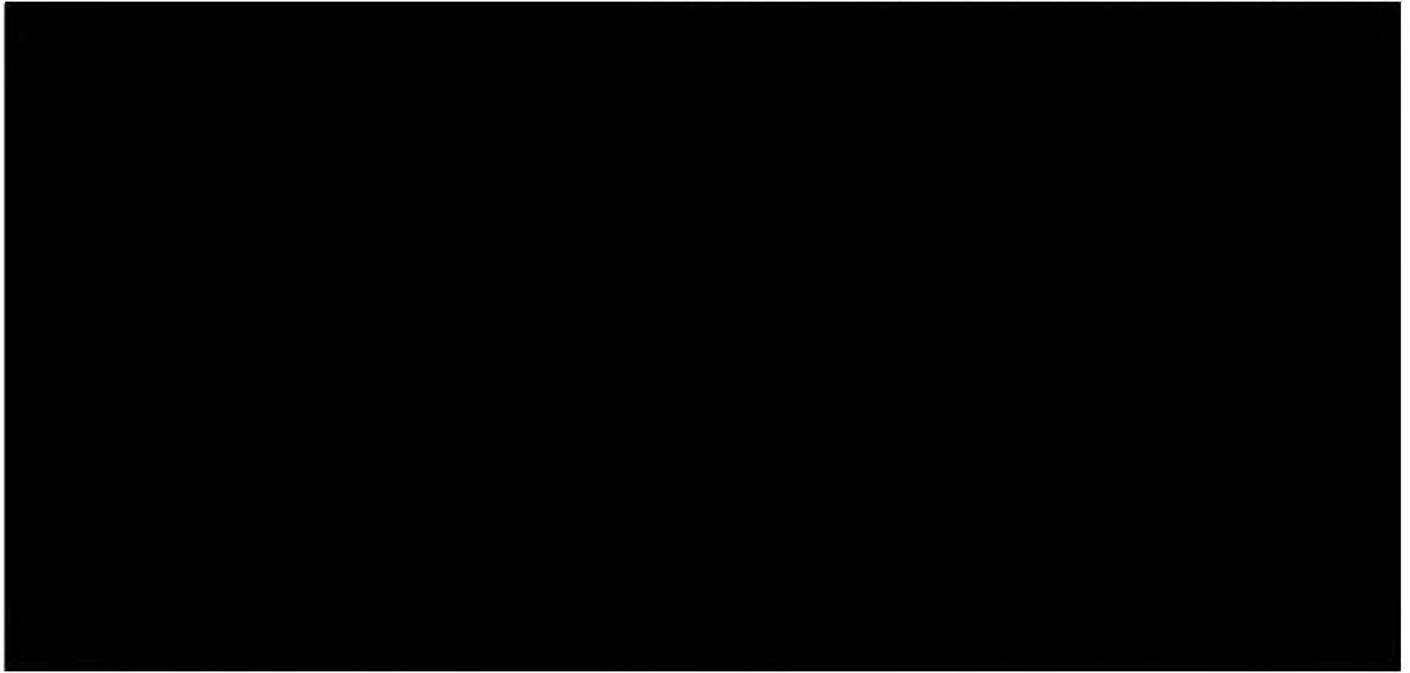
### **Sikhi Camp Anxiety Workshop 11-16 years 7th Aug 2024**



The Anxiety workshop provided an invaluable opportunity for South Asian youth aged 12 to 18 to explore anxiety management through engaging and relatable activities.

Participants learned about Cognitive Behavioural Therapy (CBT) strategies in a culturally relevant context, promoting a deeper understanding of their emotions.



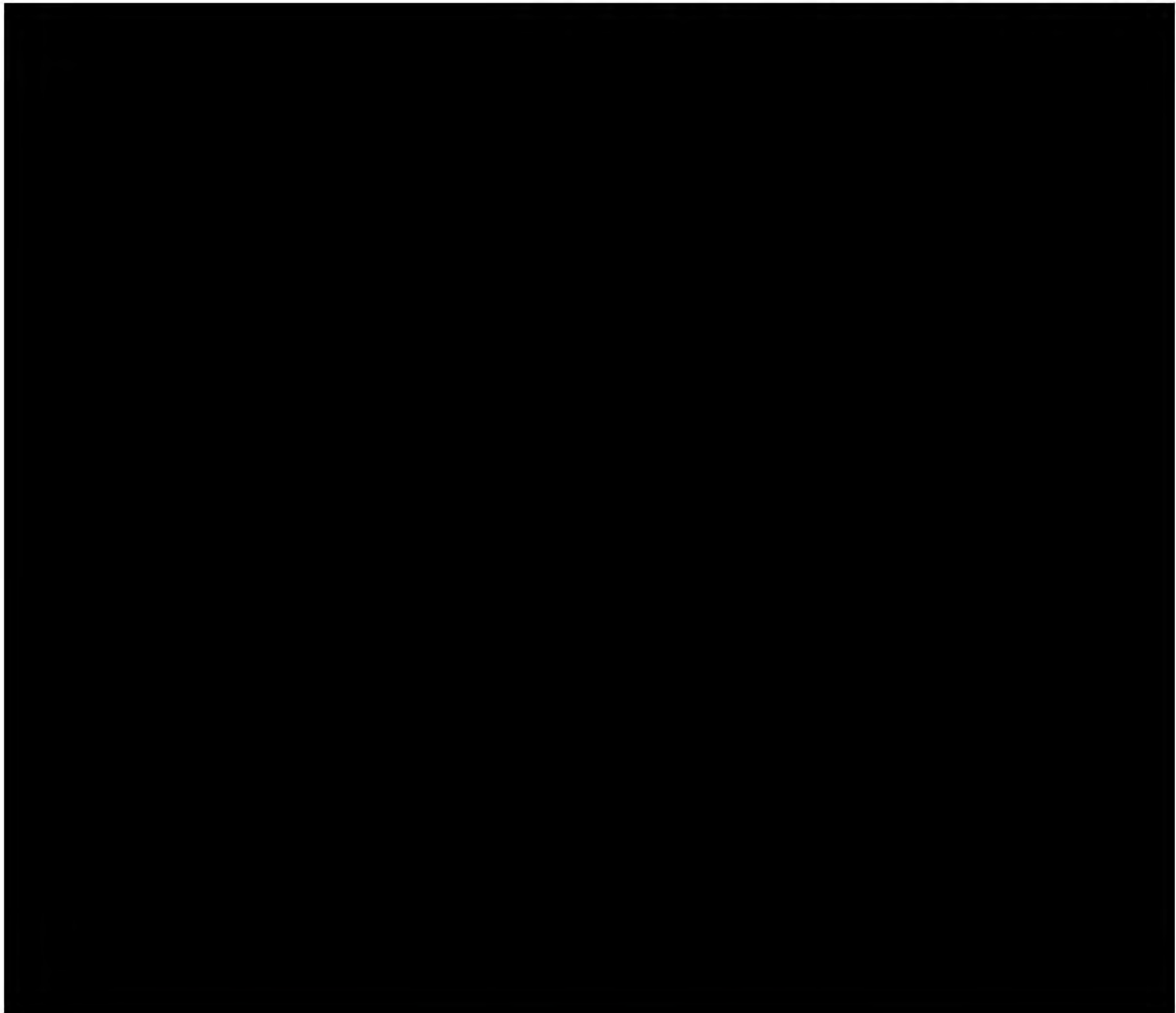


Interactive discussions and group exercises encouraged connection and sharing among peers, highlighting the importance of community support.

Feedback indicated a strong interest in additional workshops, reflecting the ongoing need for mental health resources in this demographic. This initiative significantly enhanced mental health awareness and resilience among young people, paving the way for future programs aimed at supporting their emotional well-being.





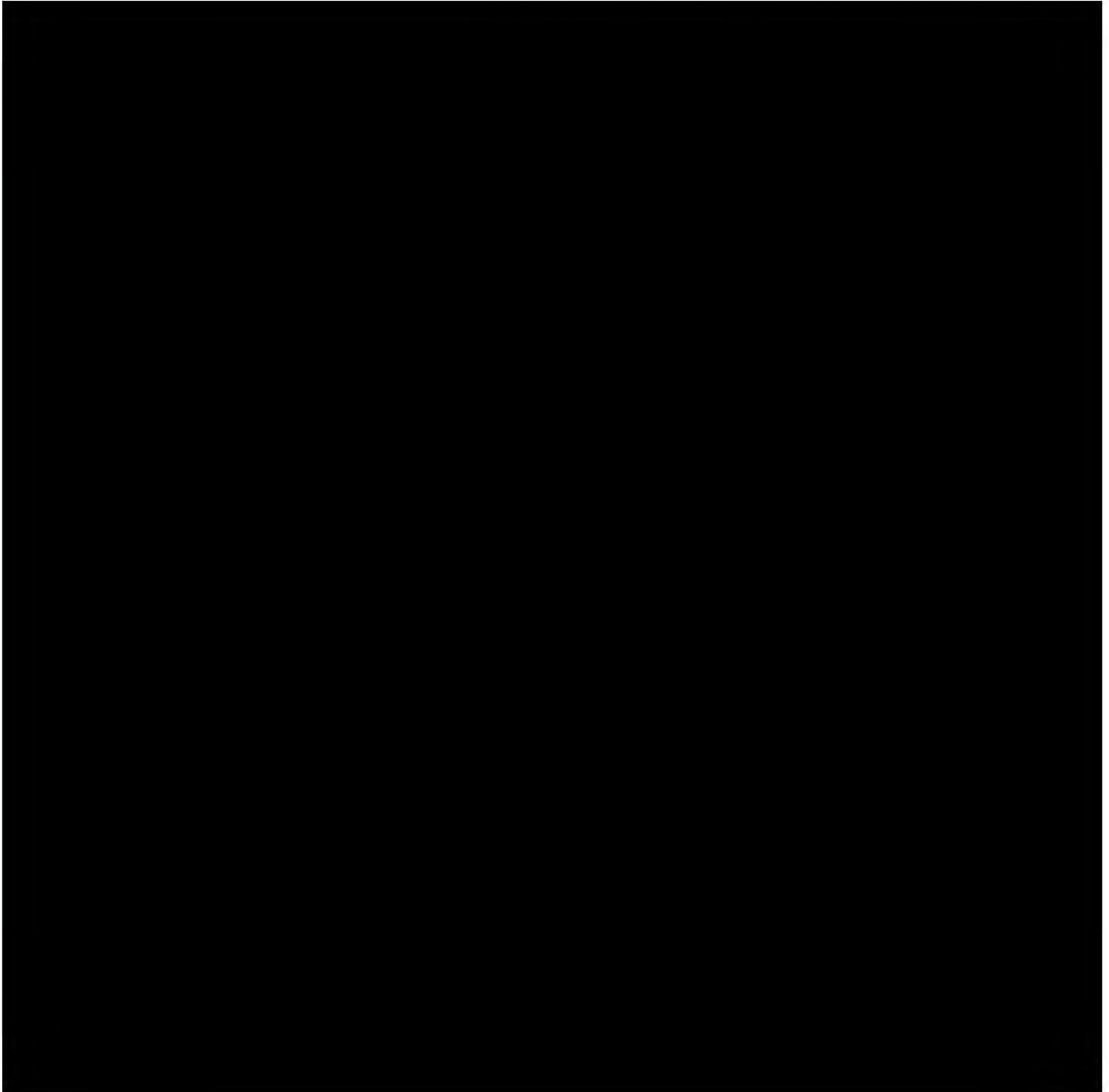


### **Al Meezan Anxiety Workshop 12 - 18 years 23rd October 2024**

To further our commitment to community support, we partnered with Al Meezan, an established teaching organization within the Muslim community dedicated to empowering women and children, to deliver a specialised anxiety workshop.



The session welcomed 30 girls aged 12-18, and we carefully designed the content to align with their developmental needs, creating a safe and nurturing space. Through open discussions, participants bravely shared their experiences, learned from one another, and explored practical strategies to manage anxiety effectively.



The feedback was overwhelmingly positive, with both students and teachers praising the workshop for addressing critical issues that are often overlooked. Teachers appreciated the opportunity to provide their students with a platform to engage in meaningful conversations about mental health, fostering connection and understanding.

We are thrilled to have been invited back to present to other age groups, deepening our collaboration with Al Meezan and continuing to strengthen our shared mission of supporting mental health in the community.



## **Working in collaboration with institutions, community organisations, religious leaders to promote diversity & inclusion in therapy.**

### **Community Engagement:**

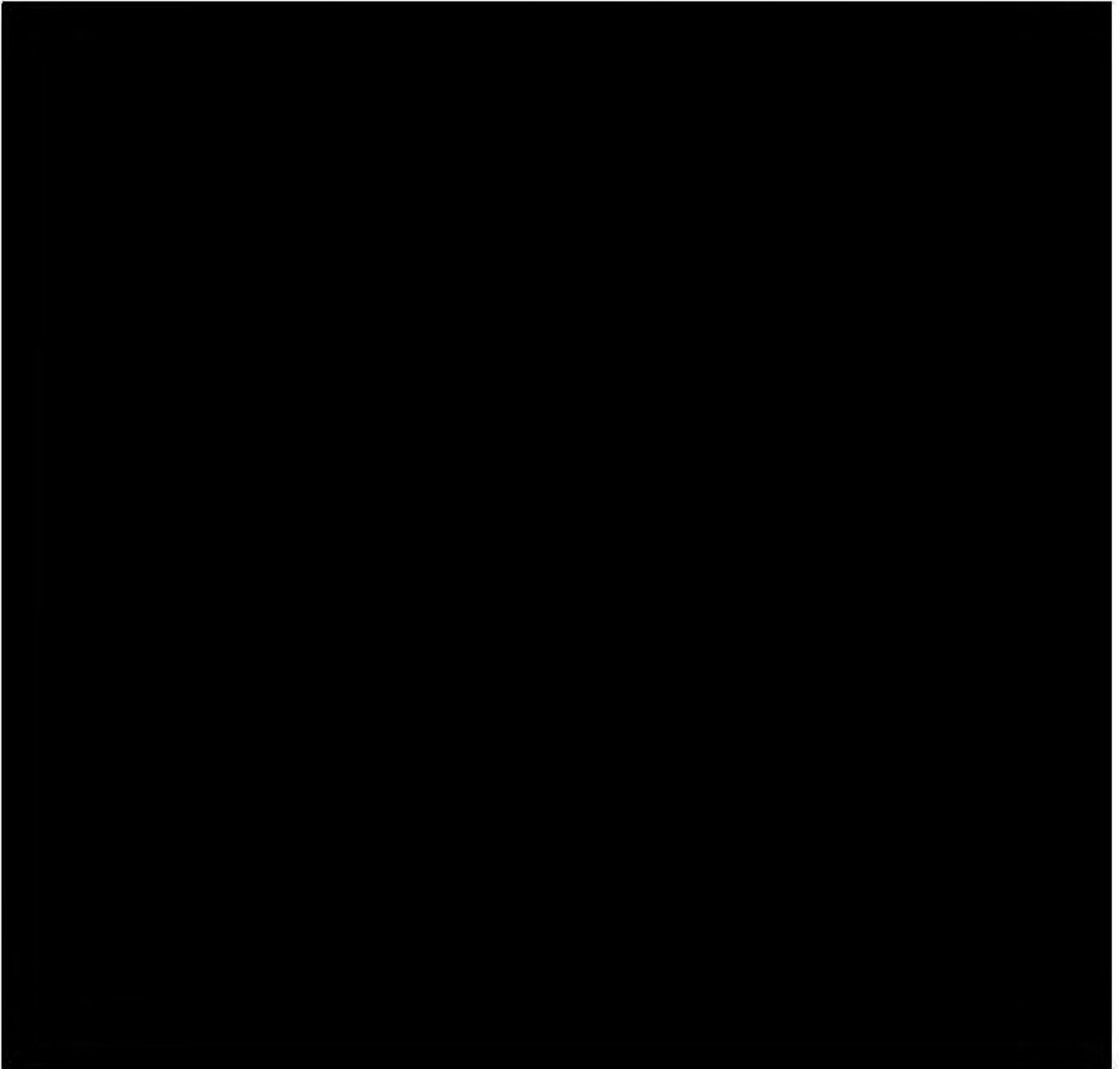
- Partnered with Glasgow Gurdwara (Sept 2023) for a mental health awareness event. Feedback identified youth anxiety as a critical issue, guiding future initiatives.
- Collaborated with 13 Community Clinic (July 2024) to provide access to mental health resources and signposting services during a well-being clinic.
- Collaborated with Pollokshields Primary School to provide safe spaces for young people seeking culturally sensitive therapy.
- We are proud to partner with LCCC to enhance culturally sensitive mental health support for the South Asian community in North Lanarkshire.
- By working within the safe environment of Pollokshields Primary, we provided tailored support to a young individual, ensuring their emotional well-being.
- Our visit to Chris's House fostered a shared commitment to inclusive mental health support and future collaboration.

### **Glasgow Gurdwara – Albert Drive**

In September 2023, we collaborated with Glasgow Gurdwara Albert Drive to support a mental health awareness event. During this event, we engaged with the community and gathered valuable insights through a completed questionnaire regarding their views on mental health. The feedback revealed a significant need for support focused on young people, particularly about anxiety. This information helped guide our future initiatives to better serve the community's needs.

## Community Clinic

In July 2024, we collaborated with 13 community clinic to support a well-being clinic aimed at providing the community with access to mental health resources. During this event, community members were encouraged to seek support for their mental health concerns. We offered valuable resources and signposting services to connect individuals with appropriate support, reinforcing our commitment to promoting mental well-being within the community.







## Testimonials

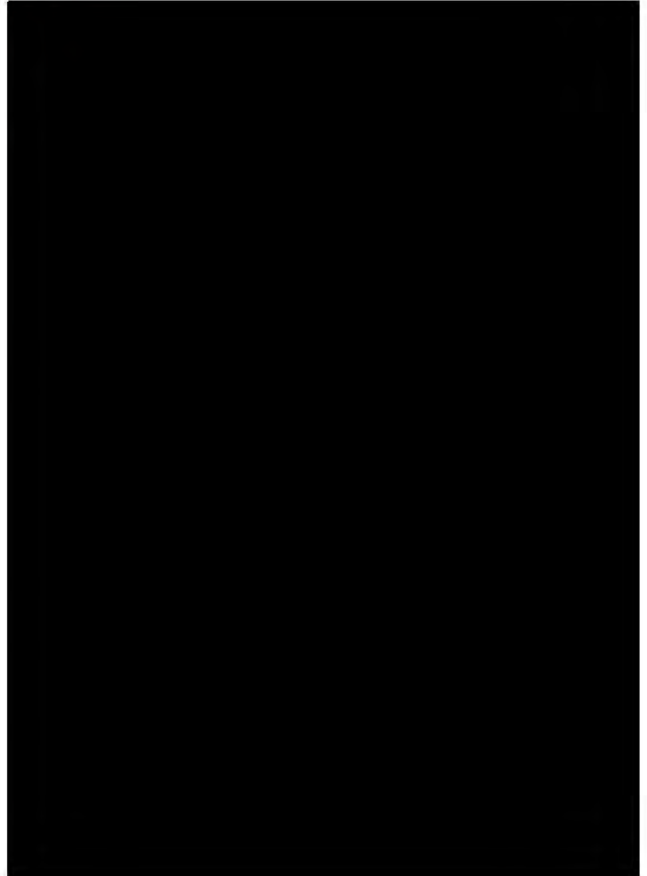




## North Lanarkshire Counselling and CBT Centre

On November 11, 2024, we are pleased to announce our partnership with North Lanarkshire Counselling and CBT Centre (LCCC), established to enhance mental health support for the South Asian community in the North Lanarkshire area. This collaboration will enable us to utilise LCCC's resources to deliver one-on-one counselling sessions, group work, and workshops specifically tailored to meet the needs of this community.

In the past year, we received two referrals from LCCC, underscoring the demand for culturally sensitive mental health services. By working together, we aim to expand our reach and provide comprehensive support, fostering a safe and inclusive environment for individuals seeking assistance. We look forward to the positive impact this partnership will have on the mental well-being of the South Asian community in North Lanarkshire and are excited to share updates on our initiatives in the coming year.



## Pollokshields Primary school

SACS has been instrumental in supporting a young person referred through our business partners LCCC at Pollokshields Primary school. Recognising that the school environment is perceived as a safe space by the client, SACS worked closely with both the young person and school staff to facilitate access to the necessary support.

This collaborative approach not only helped the young person feel comfortable but also ensured that their specific needs were addressed within the familiar surroundings of the school. By fostering a supportive atmosphere, SACS has played a vital role in empowering the young individual to engage in their emotional and mental health journey while reinforcing the school as a place of safety and support.



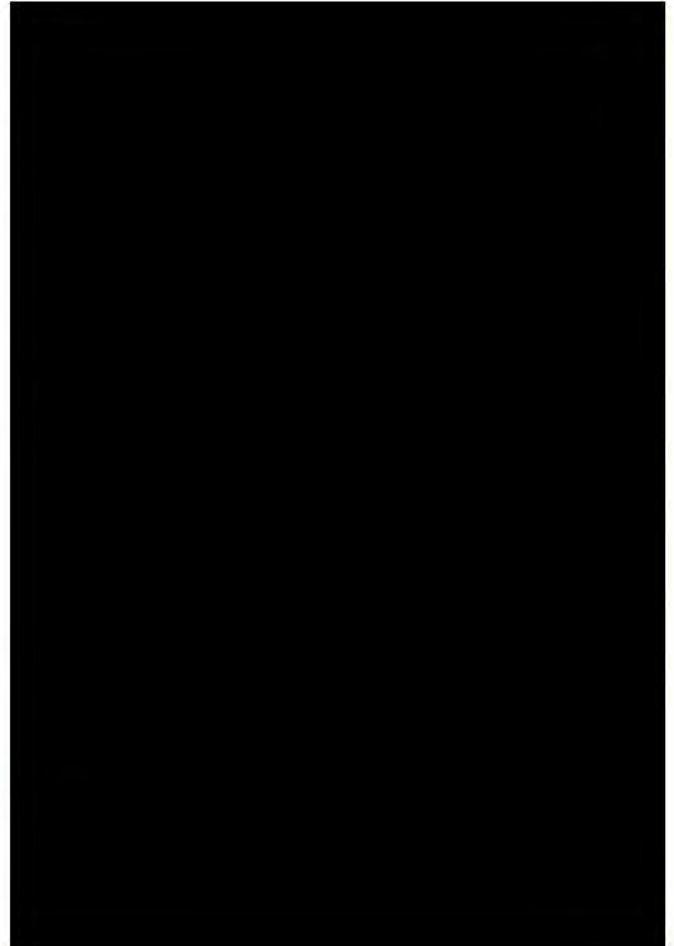


## Chris's House

Scottish Asian Counselling Services had the privilege of connecting with **Chris's House** in November, an organisation whose values and mission align closely with our own. During a productive and heartfelt visit, we had the opportunity to meet with their leadership and team, gaining valuable insight into their inspiring work and impact on the community.

The welcoming and compassionate environment at Chris's House highlighted the essential nature of their services, reinforcing our shared commitment to supporting mental health and well-being. The discussions explored avenues for collaboration, with a focus on integrating Scottish Asian Counselling Services into their referral network to enhance the support available to diverse communities.

This engagement represents a significant step towards building partnerships that ensure accessible, inclusive, and effective mental health care for all. We are deeply inspired by Chris's House and look forward to fostering this relationship in the coming year.



## Associates Meeting and Team Development

This year, we held our first associates meeting, marking an important step in fostering a collaborative and supportive environment within Scottish Asian Counselling Services. Our newly appointed Resource Coordinator, who will play a pivotal role in creating our first-ever resource library, was introduced during the meeting.

Our team is a diverse mix of experienced therapists and newly qualified professionals, bringing a wealth of knowledge and fresh perspectives to the charity. During the meeting, we had meaningful discussions about their roles, the support they need, and how we can create an inclusive environment. We focused on ensuring that every associate feels valued and has the opportunity to contribute their ideas to the growth and development of the charity.

By encouraging open communication and collective input, we are building a culture where everyone feels they are a part of the SACS family. This collaborative approach strengthens our mission and ensures we continue to grow as a united and innovative organisation.

## **Working Group**

On Thursday 21st, the charity established a working group of individuals aged 20-40 to specifically tackle the stigma surrounding mental health.

This dynamic group serves as a platform for open dialogue, peer-led discussions, and sharing personal experiences to help normalise conversations about mental well-being. The working group also plays a key role in advising the charity on culturally sensitive outreach strategies, designing workshops that resonate with younger generations, and creating content for social media campaigns to raise awareness



Additionally, they organise community events, such as panel discussions and storytelling sessions, that aim to reduce stigma and foster a more supportive environment. By engaging directly with the community and leveraging the perspectives of younger members, this group ensures that the charity's initiatives remain relevant and impactful.



## Expanding Educational Opportunities and Welcoming Trainees

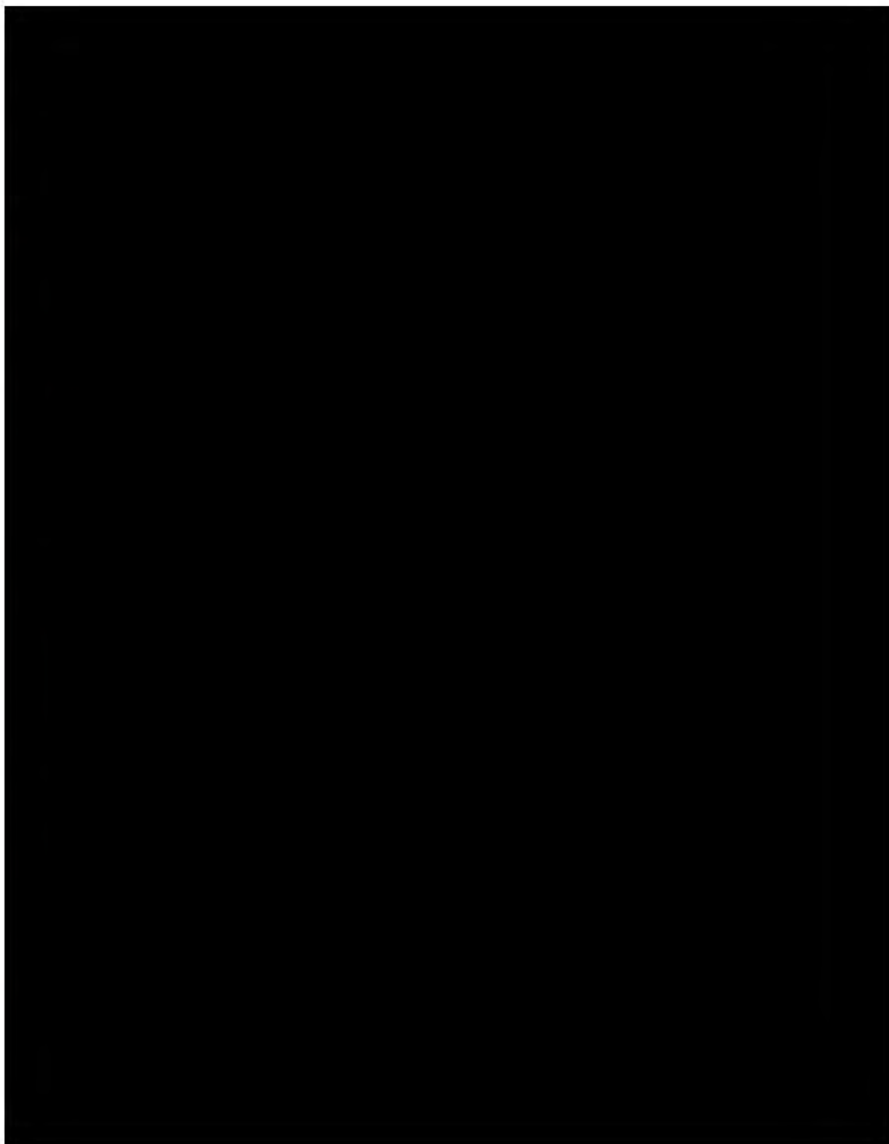
Scottish Asian Counselling Services (SACS) is committed to providing educational opportunities that equip trainee therapists with the knowledge and skills necessary to demonstrate professional competence in equality, diversity, and inclusion.

Recently, the charity expanded its capacity by welcoming five student therapists. To ensure a seamless onboarding process, the team developed a robust framework, including safeguarding materials, an assessment framework, a therapist handbook, and all necessary placement paperwork. These initiatives ensure high standards of care while offering meaningful learning opportunities to the students.

## Community Partnerships

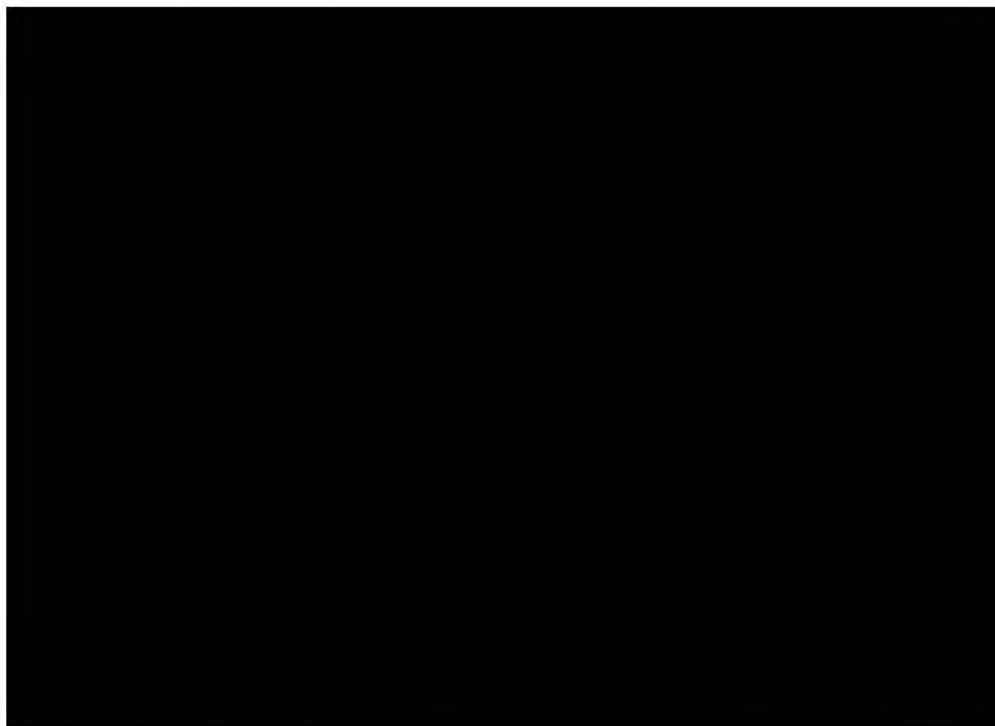
We were invited by [REDACTED] to connect with Smile, and their incredible work supporting children and young people truly inspired us. Partnering with organisations like Smile strengthens our mission and amplifies our impact in the community.

We were delighted to meet **Lord Dean of Guild,** [REDACTED] at the Merchants of House Glasgow. Our discussions focused on the stigma surrounding mental health in the South Asian community. It was inspiring to connect on the diverse needs of our community and how our missions align.



Funding Socials, facilitated by [REDACTED] of Dechomai Ltd, hosted an excellent evening of networking and showcasing the work of Scottish Asian Counselling Services. The event provided opportunities to connect with industry leaders, gain insights from expert speakers, and explore new investment opportunities. It was a valuable experience, and we are grateful for the chance to engage with peers and funders supporting our growth.

Meeting such inspiring individuals has greatly expanded our knowledge and provided valuable insights that will inform and enhance the work we do.



We had the pleasure of meeting with [REDACTED] where we shared our vision for addressing mental health stigma in the south Asian community.

Our conversation was both inspiring and productive, as we discussed the mission of our charities to create open dialogues and foster understanding around mental health issues.

It was an uplifting meeting that left us motivated to continue our work with renewed energy and purpose.

**Glasgow  
Wellbeing  
Fund**

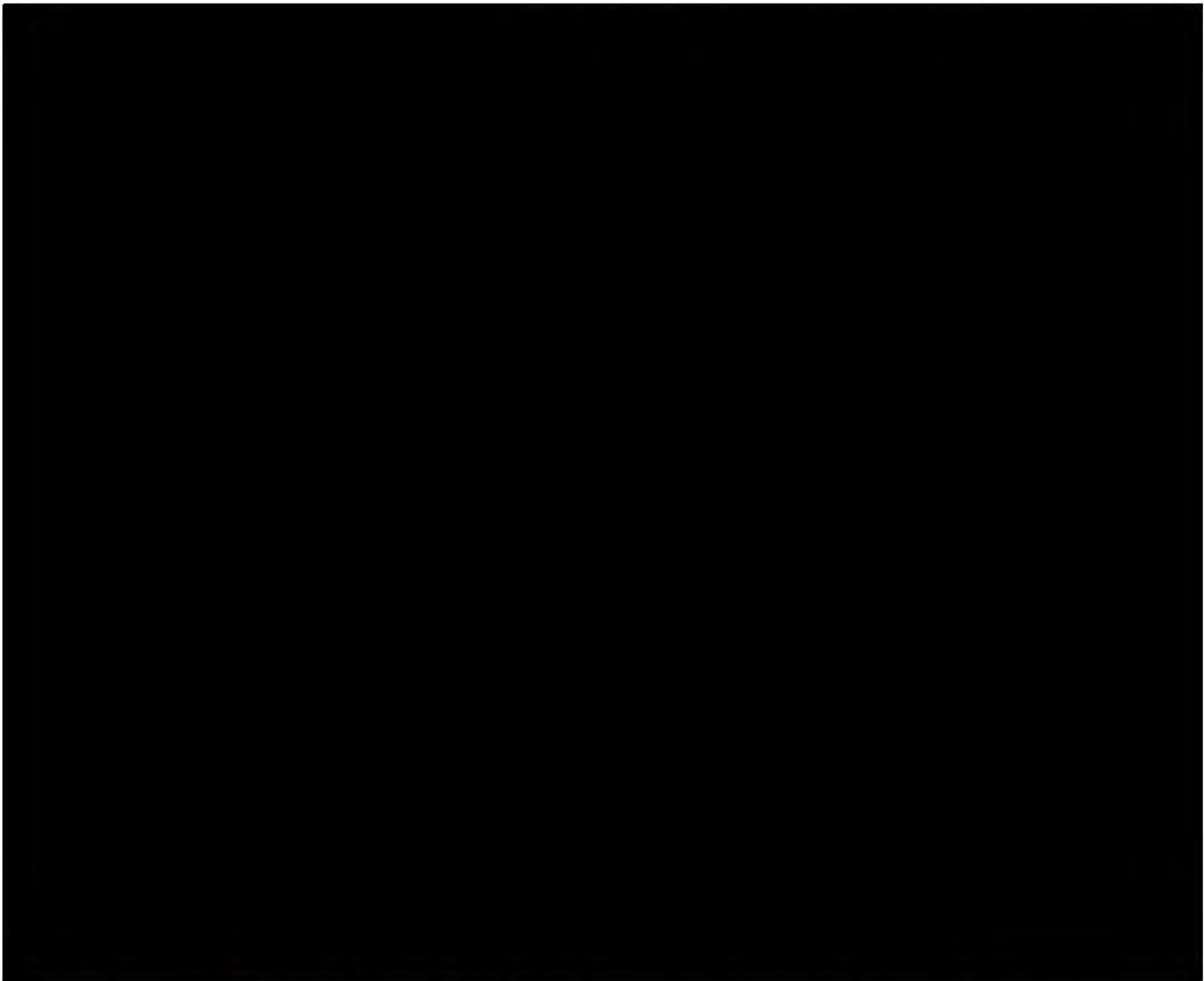
**Funding**

**CORRA**  
FOUNDATION  
voice • power • change

We are thrilled to share that Scottish Asian Counselling Services has been awarded funding from the **Glasgow Wellbeing Fund** and **Corra Foundation**!

This funding will allow us to expand our work, ensuring that culturally inclusive mental health support reaches those who need it most. We are incredibly grateful for this opportunity and look forward to making a meaningful impact in the community.



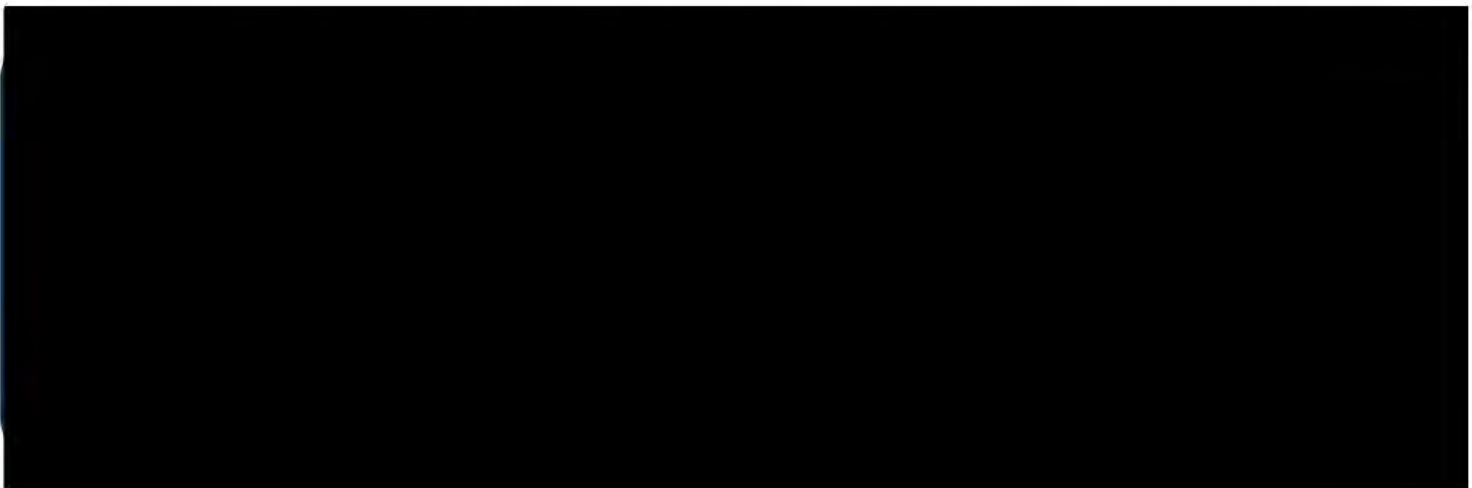


### **Exciting News from Our Teen Brain In-House Training!**

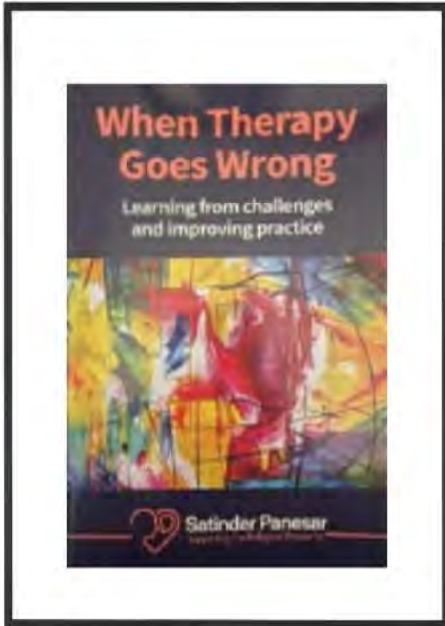
Our in-house training on the Teen Brain was an absolute hit, delivered by the brilliant [REDACTED] We explored the fascinating world of adolescent brain development, gaining valuable insights into how teenagers think, feel, and behave.

The session was both enlightening and engaging, offering knowledge that is essential for parents, educators, and professionals alike.

We're excited to be hosting more of these trainings on a range of topics in the future!



## Book Launch



We were thrilled to attend the book launch of “When Therapy Goes Wrong,” authored by our esteemed Clinical Consultant (Guidance & Good Practice), [REDACTED]

The event was nothing short of inspiring, celebrating not only Satinder's remarkable work but also the invaluable contributions from various collaborators, including the talented [REDACTED] one of our SACS Associates.

We extend our heartfelt congratulations to Satinder Panesar and all contributors for this significant achievement!



## IWD

We were honoured to be invited by the Scottish Asian Business Association to celebrate International Women's Day, recognising the incredible Christina Jandu.

The evening, hosted by [REDACTED] featured inspiring talks from [REDACTED] and [REDACTED] on resilience and success.

We also highlighted our work at Scottish Asian Counselling services, continuing our mission to break mental health stigma's within the South Asian community. A truly inspiring event!



## Sponsorship

A huge thank you to Kip McGrath [REDACTED] for generously sponsoring Scottish Asian Counselling Services. Her support helps us provide essential mental health services, particularly for those facing academic pressures.

With high expectations often impacting mental well-being in the South Asian community, this partnership ensures that both education and emotional health are prioritised.

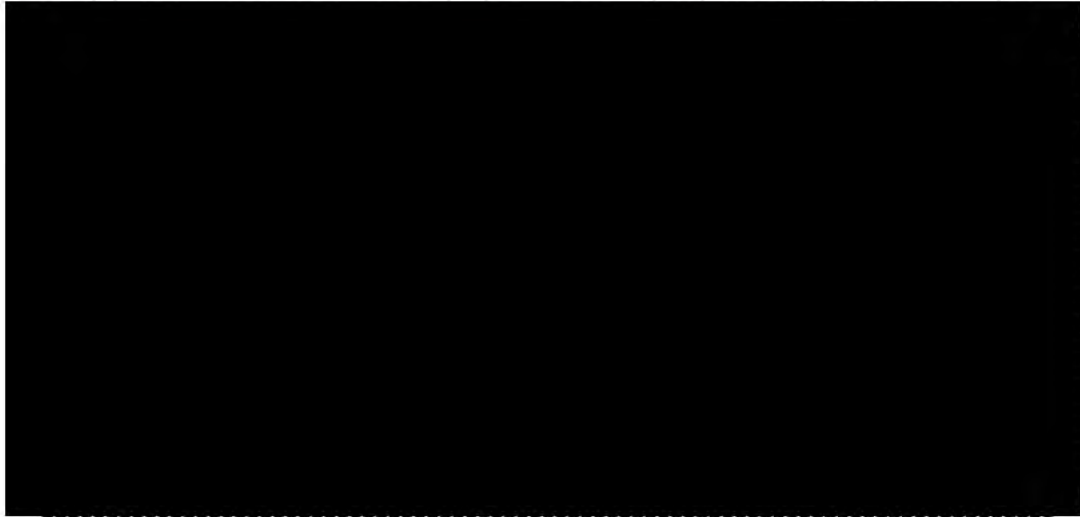
Together, we're creating a supportive environment where students can thrive.

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We are delighted to share a significant milestone in our work at Scottish Asian Counselling Services. This month, we were honored to be invited to Cumbernauld Mosque to deliver a workshop on anxiety for their weekly youth group : a first for both us and the mosque!

We were joined for the first time by one of our associate therapists, [REDACTED] who co-facilitated the workshop. She did an incredible job and we are so proud to see our associates bringing the same level of passion and commitment to our mission. Their dedication to making a real difference reinforces the collective impact we strive for.

The workshop was a resounding success—interactive, engaging, and full of energy. The young girls in attendance demonstrated genuine interest, approaching serious discussions with both maturity and humor. Their willingness to open up, share their thoughts, and participate so enthusiastically highlights the importance of creating safe spaces for young people to explore mental health topics.



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## Future Plans

SACS is dedicated to expanding its services and impact through the following initiatives:

- **Expanding Services:** Increasing the number of therapists and diversifying services, such as group therapy sessions, workshops, and mental health-focused community events.
- **Community Outreach:** Strengthening engagement with the South Asian community through schools, religious organisations, and community centres to promote mental health resources.
- **Training Programs:** Offering training for community leaders, teachers and parents to recognise and address mental health challenges, fostering a more informed and supportive community.
- **Research and Advocacy:** Conducting research to assess service effectiveness and inform future programming while working to influence mental health policy in Scotland to better address diverse community needs.
- **Collaborations:** Building partnerships with health organisations, charities, and local government to enhance support networks for clients.
- **Cultural Competence Training:** Providing training for other mental health professionals to improve the quality of care available to South Asian individuals.

## Looking Ahead

In its first year, Scottish Asian Counselling Services SCIO has established itself as a vital resource for culturally competent mental health services in Scotland.

With a dedicated team and a community-focused approach, SACS is well-positioned to break down barriers and foster resilience within South Asian and BIPOC communities.

This early success sets the stage for a transformative impact on mental health awareness and care across Scotland.

Entity's statutory name below:

SACS

GVA/2017 No. 00000

SC

**Receipts and payments accounts**

For the period from	Financial year ends			to	Period ends date		
	Day	Month	Year		Day	Month	Year
	01	02	2024		31	03	2025

**Section A Statement of receipts and payments**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	1270.89				-	
Legacies					-	
Grants	23500				-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings	15.97				-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	243.53				-	
					-	
<b>A1 Sub total</b>	25030.39	-	-	-	-	-
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Subtotal</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	-
<b>A3 Payments</b>						
Expenses for fundraising activities	7746.71				-	
Gross trading payments	3780				-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other	70				-	
<b>A3 Sub total</b>	8838.71	-	-	-	-	-
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets	2776				-	
Purchase of investments					-	
<b>A4 Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	11614.71	-	-	-	-	-
<b>Net receipts / (payments)</b>	13415.68	-	-	-	-	-
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	13415.68	-	-	-	-	-



**Section B Statement of balances**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
<b>B1 Cash funds</b>	Cash and bank balances at start of year	0				-	0
	Surplus / (deficit) shown on receipts and payments account	13411				-	13411
						-	
						-	
	<b>Cash and bank balances at end of year</b>					-	-
	(Agree balances with receipts and payments account(s))	13411					

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
<b>B2 Investments</b>				
		<b>Total</b>	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
<b>B3 Other assets</b>	Laptops	Unrestricted	1129		
	Equipment -Currys	Unrestricted	1647		
		<b>Total</b>	2776	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
<b>B4 Liabilities</b>				
		<b>Total</b>	-	-

	Details	Fund to which liability relates	Amount due (estimated) to nearest £	Last year to nearest £
<b>B5 Contingent liabilities</b>				
		<b>Total</b>	-	-

Signed by one or two trustees  
on behalf of all the trustees

Signature\*

Print Name

Date of  
approval


\* Please note - OSCR will accept digital or typed signatures

**Section C Notes to the Accounts**

**C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)**


**C2 Grants**

Type of activity or project supported	Individual / institution	Number of grants made	£
<b>Total</b>			-

**C3a Trustee remuneration**

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	
--	--

*Authority under which paid*

£

**C3b Trustee remuneration - details**


**C4a Trustee expenses**

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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*Number of trustees*

£

**C4b Trustee expenses - details**


**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

**C6 Other information**




- SC

**Additional analysis (1)****Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
<b>Total</b>					-	-

**2 Grants**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Awards for all - lottery comm	10000		-	
Cobra foundation	3000		-	
Grant	10500		-	
<b>Total</b>	23500-	-	-	-

**3 Gross receipts from other charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Client fees	1113					
Interest received	16					
Stripe	149					
Just giving	244					
<b>Total</b>	1521	-	-	-	-	-

**4 Payments relating directly to charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Client fees	3780				-	
Expenses	7747				-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	11527-	-	-	-	-	-

### Additional analysis (2)

### 5 Breakdown of unrestricted funds

[illegible]

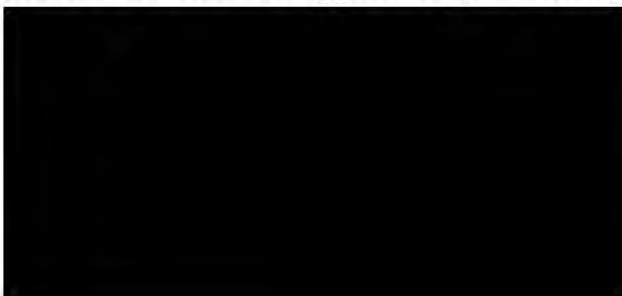


- SC

**Additional analysis (3)****6 Breakdown of restricted funds**

	RESTRICTED FUNDS Income from charitable activities Fund & Income	RESTRICTED FUNDS Income from charitable activities Fund & Income	RESTRICTED FUNDS Income from charitable activities Fund & Income	RESTRICTED FUNDS Income from charitable activities Fund & Income	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations Legacies Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
					-	
<b>Sub total</b>					-	
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>					-	
<b>Total receipts</b>					-	
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
<b>Sub total</b>					-	
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>					-	
<b>Total payments</b>					-	
<b>Net receipts / (payments)</b>					-	
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>					-	
<b>Nature and purpose of funds</b>						

The financial statements approved by the Trustees on 15<sup>th</sup> October 2025 and signed on their behalf by:





## **Independent Examiner's Report to the Trustees of Scottish Asian Counselling Services Trust**

I report on the accounts of the charity for the year ended 31st March 2025.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's qualified statement**

DashAccountingServices Limited  
Calder House, Suite 11, 8 South Caldeen road  
Coatbridge  
ML5 4EG



In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Relevant Professional qualification/professional body: Association of Accounting Technicians (AAT)

Address: Suite 11, Calder House, 8 South Caldeen Road, ML5 4EG

Date: 25th September 2025