

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	September	2023	To	31	August	2024

Reference and administration details

Charity name  
Other names charity is known by  
Registered charity number  
Charity's principal address

Go Flourish [SCIO]
SC052791
c/o Old Allangrange House
Old Allangrange
Munlochy
Postcode IV8 8NZ

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Trustee	Appointed 18 Nov 2024	The board
2	Trustee	Appointed 18 Nov 2024	The board
3	Trustee	Appointed 3 Aug 2023	The board
4	Trustee	Appointed 3 Aug 2023	The board
5	Trustee	Appointed 18 Nov 2024	The board
6			
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16			
17			
18			
19			
20			

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
	Appointed 3 Aug 23 – 10 Feb 25
	Appointed 3 Aug 23 – 18 Nov 24
	Appointed 3 Aug 23 – 24 Jan 24

## Structure, governance and management

Type of governing document	Constitution as a Scottish Charitable Incorporated Organisation [SCIO]
Trustee recruitment and appointment	<p>The board may at any time appoint any person to be a charity trustee - by way of a resolution passed by majority vote at a board meeting.</p> <p>All new trustees must sign a trustee declaration and provide the necessary paperwork. They will already be familiar with the charity before being appointed and [REDACTED] ensures that each trustee is familiar with the aims and mission of the charity. All trustees during this accounting period followed the OSCR process through Ritsons.</p>

## Objectives and activities

Charitable purposes	<ol style="list-style-type: none"> <li>1. To integrate horticulture into the core curricula of primary and secondary schools</li> <li>2. To ensure that children will take the social, economic and ecological benefits of horticulture into their adult life.</li> <li>3. To improve mental health through a sense of purpose and achievement</li> <li>4. To help children acquire new skills to improve the chances of finding employment</li> </ol>
Summary of the main activities in relation to these objects	<ul style="list-style-type: none"> <li>• A Go Flourish garden has been designed and installed at North Kessock Primary School.</li> <li>• A full-time Liaison teacher is in place at the school and works with all classes to teach curriculum-based learning in the garden.</li> <li>• Research is being carried out in partnership with St Andrews school of psychology and neuroscience to gather the data on the impact of these gardens on the children's mental and physical wellbeing.</li> </ul>

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### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

- Go Flourish becoming a registered charity in September 2023 with a board of trustees in place.
- Successful fundraising through private donors, trusts and public funding has resulted in the installation of a well-designed and beautiful garden at North Kessock Primary School.
- Go Flourish employed fully qualified teacher [REDACTED] to work alongside [REDACTED] (Go Flourish founder), the staff at North Kessock Primary School and Highland Council to implement the garden. As of Sep 24, the garden has been used as a curriculum-learning space for all classes at the school.
- Working alongside St Andrews school of Psychology & Neuroscience to develop the research project. First round of data collection began at North Kessock Primary School and Kirkhill Primary School (control school) in Sep 24.

### Financial review

#### Brief statement of the charity's policy on reserves

The charity targets 6 months' reserves to be always maintained. The 6 months of reserves is an estimate of the anticipated wages and operating costs for the period. This target has been met in the period to 31 August 2024.

#### Details of any deficit

None

#### Donated facilities and services (if any)

As well as a volunteer board of trustees, Go Flourish has several volunteers that donate their time by helping out with gardening, at events, with social media and as teaching assistants at the school.

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Other optional information

Intentionally Blank

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)		
Position (e.g. Chair)	Founder & Trustee	
Date	21.05.25	

Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	September	2023		31	August	2024

## Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	150,364	-	-	-	150,364	-
Legacies	-	-	-	-	-	-
Grants	-	-	-	-	-	-
Receipts from fundraising activities	-	-	-	-	-	-
Gross trading receipts	-	-	-	-	-	-
Income from investments other than land and buildings	-	-	-	-	-	-
Rents from land & buildings	-	-	-	-	-	-
Gross receipts from other charitable activities	-	-	-	-	-	-
<b>A1 Sub total</b>	<b>150,364</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>150,364</b>	<b>-</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets	-	-	-	-	-	-
Proceeds from sale of investments	-	-	-	-	-	-
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>150,364</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>150,364</b>	<b>-</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	1,870	-	-	-	1,870	-
Gross trading payments	-	-	-	-	-	-
Investment management costs	-	-	-	-	-	-
Payments relating directly to charitable activities	49,610	-	-	-	49,610	-
Grants and donations	-	-	-	-	-	-
Governance costs:	-	-	-	-	-	-
Audit / independent examination	-	-	-	-	-	-
Preparation of annual accounts	-	-	-	-	-	-
Legal costs	2,274	-	-	-	2,274	-
Other	-	-	-	-	-	-
<b>A3 Sub total</b>	<b>53,754</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>53,754</b>	<b>-</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets	36,743	-	-	-	36,743	-
Purchase of investments	-	-	-	-	-	-
<b>A4 Sub total</b>	<b>36,743</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,743</b>	<b>-</b>
<b>Total payments</b>	<b>90,497</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>90,497</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>59,867</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>59,867</b>	<b>-</b>
<b>A5 Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	<b>59,867</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>59,867</b>	<b>-</b>

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	-	-	-	-	-	-
	Surplus / (deficit) shown on receipts and payments account	59,867	-	-	-	59,867	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Cash and bank balances at end of year	59,867	-	-	-	59,867	-
	(Agree balances with receipts and payments account(s))	- 0	-	-	-	- 0	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Property	Unrestricted	43,312	43,312	-
		Total	43,312	43,312	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Creditors Control Account	Unrestricted	10,157	-
	P.A.Y.E	Unrestricted	(4,899)	-
	Net Wages	Unrestricted	5,132	-
	Pension Fund	Unrestricted	1,093	-
		Unrestricted		-
		Total	11,483	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees  
on behalf of all the trustees

Signature\*

Print Name

Date of  
approval


## Section C Notes to the Accounts

**C1 Nature and purpose of funds** (may be stated on analysis of funds worksheets)

Unrestricted general funds represent funds arising from past events that may be expended on any of the charity's objects.

**C2 Grants**

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

**C3a Trustee remuneration**

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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Authority under which paid

£

**C3b Trustee remuneration - details**


**C4a Trustee expenses**

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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Number of trustees

£

**C4b Trustee expenses - details**


**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
Trustee	Donation	20	0
Trustee	Donation	1,670	0
Trustee	Donation	47	0
Trustee	Donation	100	0
Trustee	Donation	160	0
Trustee	Donation	2,000	0

**C6 Other information**

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## Go Flourish

SC052791

**Additional analysis (1)****Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	150,364	-	-	-	150,364	-
Total	150,364	-	-	-	150,364	-
	-	-	-	-	-	-

**2 Grants**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
Total	-	-	-	-
	-	-	-	-

**3 Gross receipts from other charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
Total	-	-	-	-	-	-
	-	-	-	-	-	-

**4 Payments relating directly to charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Materials purchased	959				959	
Advertising	7,609				7,609	
PR (Literature & Brochures)	2,272				2,272	
Website development	3,825				3,825	
Miscellaneous purchases	300				300	
Computer and software	1,082				1,082	
Equipment hire	420				420	
Insurance	774				774	
Licences	170				170	
Bank charges and interest	48				48	
Gross Wages	28,691				28,691	
Employers NI	2,992				2,992	
Employers pensions	468				468	
Total	49,610	-	-	-	49,610	-
	-	-	-	-	-	-



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**Additional analysis (2)****5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	General Fund	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations				150,364	150,364	-
<b>Sub total</b>	-	-	-	150,364	150,364	-
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets				-	-	-
Proceeds from sale of investments				-	-	-
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	150,364	150,364	-
<b>Payments</b>						
Expenses for fundraising activities				1,870	1,870	-
Payments relating directly to charitable activities				49,610	49,610	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs				2,274	2,274	-
Other					-	-
<b>Sub total</b>	-	-	-	53,754	53,754	-
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets				36,743	36,743	-
Purchase of investments				-	-	-
<b>Sub total</b>	-	-	-	36,743	36,743	-
<b>Total payments</b>	-	-	-	90,497	90,497	-
<b>Net receipts / (payments)</b>	-	-	-	59,867	59,867	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	-	-	-	59,867	59,867	-
<b>Nature and purpose of funds</b>	Unrestricted general funds represent funds arising from past events and may be expended on any of the charity's objects.					

## APPENDIX 3



		Independent examiner's report on the accounts						v2
<b>Report to the trustees/members of</b>	Go Flourish [SCIO]							
<b>Registered charity number</b>	SC052791							
<b>On the accounts of the charity for the period</b>	Period start date				Period end date			
	Day	Month	Year		Day	Month	Year	
	01	September	2023	to	31	August	2024	
<b>Set out on pages</b>	Appendix 1 and appendix 2							
<b>Respective responsibilities of trustees and examiner</b>	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>							
<b>Basis of independent examiner's statement</b>	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>							
<b>Independent examiner's statement</b>	<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> <li>which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> <li>to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> </li> </ol> <p>have not been met, or</p> <ol style="list-style-type: none"> <li>to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol>							
<b>Signed:</b>				<b>Date:</b>				
<b>Name:</b>								
<b>Relevant professional qualification(s) or body (if any):</b>								
<b>Address:</b>								