

Aruka

Scotland · Charity number SC052595

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2023-06-06
Register	View on the OSCR register

Contact

Address	6 St Mungo's Road Cumbernauld Glasgow G67 1QR
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of religion', 'the advancement of health', 'the advancement of citizenship or community development'

What the charity does: The purpose of Aruka is to provide better pathways in, through and out of rehab by supporting individuals in addiction with consistent relational support in their recovery. This includes 121 sessions, group work, advocacy support. We help people to identify the best rehab program for them, and then we work closely with them to help find the right blend of either community or recovery support to best suit their needs. We work closely with 2 church partners (Freedom City Church) and (Motherwell Baptist)- we work along with their drop in's where we engage with people in need of support during this sessions and look to engage them in support. Our support for individuals includes rehab preparation, support during rehab and aftercare support. As well as addiction recovery we also support individuals with wider advocacy needs (e.g housing, benefits etc), and provide much needed emotional and relational support and links into wider community support via our support groups.

Beneficiaries: 'Other defined groups'

Objectives: The organisation's purposes are: (a) The advancement of health or the saving of lives by providing community addiction recovery support, advocacy, residential care and aftercare. (b) The advancement of the Christian Faith by offering the opportunity to engage in bible studies, worship and conversations around faith. The provision of spiritual as well as practical support (c) the prevention or relief of poverty by working closely with individuals to support them to escape the cycles of addiction, poverty and crime. (d) the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage (e) the advancement of citizenship or community development by facilitating rehabilitation and restoring participation in the community

Geography

- **Main operating location:** North Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	-	2
2025-03-31	£53,414	£36,177	-	2
2024-03-31	£27,715	£15,187	-	0

Aruka

Scotland - Charity number SC052595

Accounts

Trustees Annual Report



Summary

What a year it's been for Aruka!, and we're so grateful for every life that's been touched, changed, and set on a new path.

This past year has been a successful one for our partnership. Together, Aruka, Freedom City Church and Motherwell Baptist Church, operating in both Cumbernauld and Motherwell have supported Men and Women affected by addiction to take big steps forward in their lives. We've seen real change in people getting clean, reconnecting with family, building community, and staying out of prison. This report shows what we've done together, what's worked, and how lives are being transformed, through our group work sessions, one to one key work sessions and rehab intakes.

We've had so many men and women go into rehab, proving that the need is real and growing, some have completed programs, many are still on programs, some have lapsed, but we continue to journey with each of them supporting them as effectively as we can. We've been blessed to work alongside some amazing partners – from local agencies, particularly criminal justice and Tony's Safe Place. Together, we've been able to support people far more effectively.

Our relationships with our church partners, Freedom City Church and Motherwell Baptist Church, continue to go well, both playing a vital role supporting the work of Aruka and the individuals we serve and support. The group work that is happening at Freedom City on Thursdays is thriving, the numbers are generally 30 to 40 people each week, not only are the guys able to attend the groups on Thursdays to seek support for addiction issues, the guys are also integrated into Church at Freedom City and other groups within to support them with exploring their faith further. The pastors of both churches have been invaluable partners in walking alongside the men and women in support of Aruka, offering encouragement, fellowship, and a sense of belonging. We are grateful for the partnership we share with Freedom City Church and Motherwell Baptist Church, and we look forward to continuing to work together to make a lasting impact in the lives of the Men and Women we support.

We have supported three individuals from the moment they were referred to us, through their time in rehab, and into safe aftercare accommodation. 2 of the individuals are moving into Street Connect aftercare accommodation and one has been supported into accommodation with the council. This shows how Aruka's vision of long-term recovery support works in real life. It also shows how important aftercare accommodation is, because without it, these individuals could have ended up back where they started. Having a safe place to live after rehab makes a big difference in helping people stay on track.

Training & Development:

Andy completed refresher safeguarding training with Thirty-One: Eight, Thirty-One: Eight is a UK-based organization that specializes in safeguarding, providing support and training to protect individuals, particularly children and vulnerable adults, from harm. They offer a range of services, including safeguarding training, advice, and resources for churches, charities, and other organizations.

Andy completed a 6-day Introduction to Christian Counseling course. This course is designed to provide foundational knowledge and practical skills in offering Christian-based counseling, focusing on supporting individuals through faith-driven guidance. This will help Andy be more effective supporting the men in recovery.

Andy has started a two-year course in integrative counselling, with a Christian perspective. After completion, he will become a qualified counsellor. This would be a great step forward in helping him support others even more effectively in their recovery and personal journeys.

All volunteers have completed safeguarding and outreach training.

All volunteers have had Naloxone training.

All volunteers have now been signed up with the Scottish Drugs Forum (SDF) e-learning platform.

This platform provides a range of high-quality, evidence-based training modules that will support our volunteers in developing their knowledge and understanding of substance use, harm reduction, and related issues.

Organizational Performance

Financial Performance:

Revenue: We're making progress with fundraising, with successful outcomes in several funding applications. This is a result of a lot of hard work behind the scenes, and we want to honour Esther for the time, effort, and dedication she's put into preparing and submitting these bids. Her work has played a key role in helping us move forward financially.

Key Metrics: Below is a breakdown of frontline work since July 1 2024

- Rehab Referrals - 41
- Rehab intakes - 25
- One-to-one key work sessions - 450
- Outreach Significant conversions - 1850
- In partnership with Freedom City Church and MBC , around 400 separate people have attended group work sessions, attending groups 2413 times between them.
- Aftercare Accommodation referrals: 3
- Aftercare Accommodation intakes: 2

Human Resources:

• **Staffing Levels:** We currently have [REDACTED] working full time as CEO and Pathways development worker, [REDACTED] serving as COO, working one day per week, and 3 active volunteers.

• **Employee Engagement:** [REDACTED] have a great working relationship. Both are managed by [REDACTED] the Chair of the board. Engagement to this point has been very good, with both developing a good, healthy working relationship with [REDACTED]

Strategic Initiatives:

• **New Initiatives:** Andy hasn't had the time to fully look into the aftercare flats yet, as he's been busy with other parts of the work that needed his attention. However, he plans to make this more of a focus in the next quarter. We're seeing a real need for aftercare housing, especially for the men and women coming out of residential rehab, and it's clear it would be good to put a little focus on this moving forward.

• **Fundraising:** [REDACTED] continues to set aside time each week to focus on funding applications. Her efforts have already helped bring in important funding, and this plays a big part in keeping the work going. By staying on top of things and putting in the hard work behind the scenes, [REDACTED] is helping to make sure we have the resources we need to support our projects and grow.

Risk Management:

Risk Register is up to date and is reviewed at each quarterly board meeting
There are no current safeguarding concerns.

Client/Customer Relations:

[REDACTED] continue to build strong and positive relationships with our church partners. They've been meeting regularly to discuss progress, share updates, and make sure everyone is on the same page. .There is consistent communication and mutual trust being built is laying a

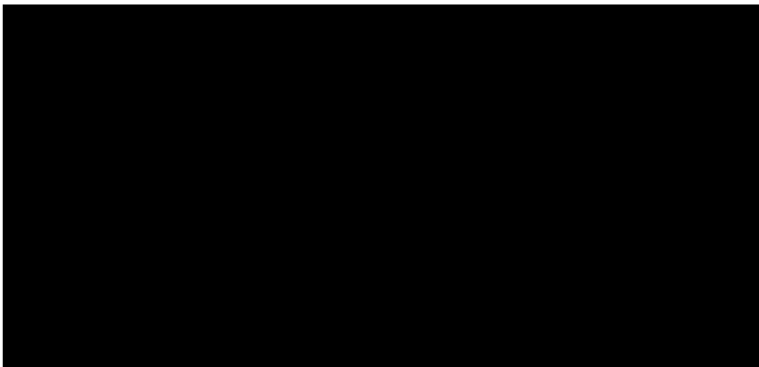
solid foundation for God willing a long-term partnership and shared impact. A key part of this has been the support [REDACTED] has received from the team at Freedom City, where he has been based. Their consistent encouragement, practical help, and shared heart for the work have made a real difference, providing a stable and supportive environment.

Challenges:

Support Needs: With an increasing caseload, it's clear that bringing in a support worker would really help [REDACTED] manage the load. The cases coming through are not only more in number, but also more complex, with men in crisis, which is becoming harder for one person to handle everything well. Taking on another staff member would ease the pressure, make sure every person gets the right support on time, and help keep the quality of care high. It would also give Andy space to focus on other parts of the charity that need attention so we can keep moving forward. It's important we make this step now to keep up with the growing demand and support the team properly.

Looking Ahead, Key Priorities:

- Continue seeking further funding to develop the team in Cumbernauld and Motherwell.
- Continue to develop a strong volunteer base of support workers.
- Continue to develop good working relationships with church partners.
- Continue to network and build strong relationships with local services, which will promote Aruka's work and more effectively support service users
- Continue to research into Aftercare accommodation for Aruka.
- Seek to employ one part time men's worker (15hours) and one part time women's worker. (7.5 hours)



Receipts and payments accounts						
For the period from				to		
	01	April	2024		31	03

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	6,523				6,523	11,097
Legacies					-	
Grants	12,000	30,550			42,550	14,400
Receipts from fundraising activities	3,232				3,232	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	1,109				1,109	2,218
					-	
A1 Sub total	22,864	30,550	-	-	53,414	27,715
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	22,864	30,550	-	-	53,414	27,715
A3 Payments						
Expenses for fundraising activities					-	62
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4,830	30,942			35,772	15,125
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	300				300	
Preparation of annual accounts					-	
Legal costs					-	
Other	105				105	
					-	
A3 Sub total	5,235	30,942	-	-	36,177	15,187
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	5,235	30,942	-	-	36,177	15,187
Net receipts / (payments)	17,629	(392)	-	-	17,237	12,528
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	17,629	(392)	-	-	17,237	12,528

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

See information on restricted funds at Additional notes (3)

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants				
			Total	-

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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		Number of trustees	£
C4b Trustee expenses - details			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons	Spouse	salary	9,508	

C6 Other information

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Individuals and churches	6,523				6,523	
					-	
					-	
Total	6,523	-	-	-	6,523	-

reference

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
Total	-	-	-	-

reference

reference

reference

reference

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Freedom City Church	1,109				1,109	2,218
					-	
					-	
					-	
					-	
Total	1,109	-	-	-	1,109	2,218

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Staff costs	3,345	28,050			31,395	
Running and support costs	1,485	2,892			4,377	
					-	
					-	
					-	
					-	
					-	
Total	4,830	30,942	-	-	35,772	-

reference error

Additional analysis (2)

5 Breakdown of unrestricted funds

					Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
					cross ref error	
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
					cross ref error	
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
					cross ref error	
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
					cross ref error	
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds						
Surplus / (deficit) for year	-	-	-	-	-	-
					cross ref error	

Nature and purpose of funds

Aruka

SC052595

Additional analysis (3)

6 Breakdown of restricted funds

	CORRA	Scottish Recovery Consortium	Mary Brown Memorial		Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants	18,050	2,500	10,000		30,550	2,500
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	18,050	2,500	10,000	-	30,550	2,500
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	18,050	2,500	10,000	-	30,550	2,500
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	18,050	2,892	10,000		30,942	2,108
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	18,050	2,892	10,000	-	30,942	2,108
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	18,050	2,892	10,000	-	30,942	2,108
Net receipts / (payments)	-	(392)	-	-	(392)	392
Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	(392)	-	-	(392)	392

Nature and purpose of funds

Corra Foundation grant - to establish the charity's work in Motherwell and Cumbernauld by employing a Recovery Pathways Development Worker.
Scottish Recovery Consortium - recovery seed fund - for running costs; for example - phones, transport costs to rehab, IT costs and website, facilitating group work, clothing.
Mary Brown Memorial - for salary costs



40 Westdale Drive
Moodiesburn
Glasgow, G69 0NR

26 September 2025

Dear Trustees,

I report on the accounts of the charity for the year ended 31 March 2025.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

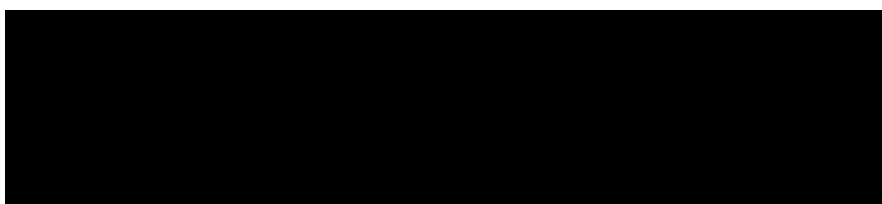
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention,

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations have not been met.





*40 Westdale Drive
Moodiesburn
Glasgow, G69 0NR*