

ENDO SoS [SCIO]

Scotland · Charity number SC052580

Details

Known as	Endometriosis South of Scotland
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2023-06-01
Register	View on the OSCR register

Contact

Address	39 Scott Crescent Selkirk Scottish Borders TD7 4EG
Website	www.endosos.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Endo SoS was set up to raise awareness of Endometriosis as a chronic health condition and to provide peer-based support to help people living with Endometriosis better understand and more easily manage the condition. We do this by hosting regular online webinars with medical experts, facilitating mutual support through social media and face-to-face networking, providing informal counselling and support in group sessions and one-to-one guidance sessions and by producing and disseminating promotional materials highlighting the condition.

Beneficiaries: 'People with disabilities or health problems'

Objectives: 4 The organisation's purposes are to: (a) Raise awareness in the South of Scotland of the medical condition Endometriosis among health professionals and the general public by: • Hosting regular online webinars • Producing promotional materials highlighting the condition – e.g., leaflets and press articles (b) Help sufferers of Endometriosis in the South of Scotland to maintain or improve their health by: • Increasing sufferers' knowledge of and ability to manage their condition through access to webinars / talks by professional experts • Facilitating mutual support among sufferers through social media and face-to-face networking among members (c) Provide access to informal counselling and support for Endometriosis sufferers through regular online virtual networking, face-to-face support group sessions and one-to-one guidance. (d) Work in partnership with other similar organisations to support activities that promote the health

and wellbeing of Endometriosis sufferers.

Geography

- **Main operating location:** Scottish Borders
- **Geographical spread:** Wider, but within one local authority area

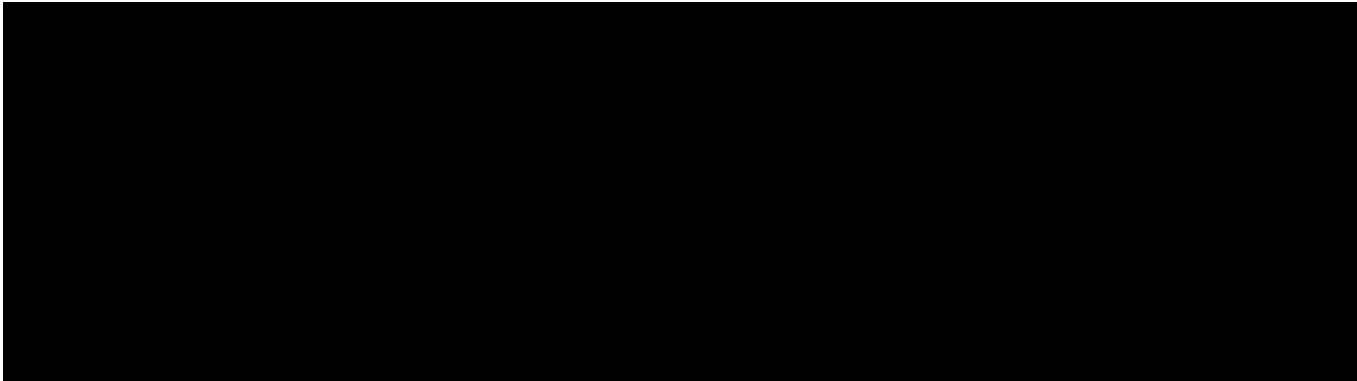
Finances

Period end	Income	Expenditure	Assets	Employees
2026-04-05	£0	£0	-	0
2025-04-05	£5,773	£2,359	-	0
2024-04-05	£22,310	£20,516	-	0

Accounts

Annual Report

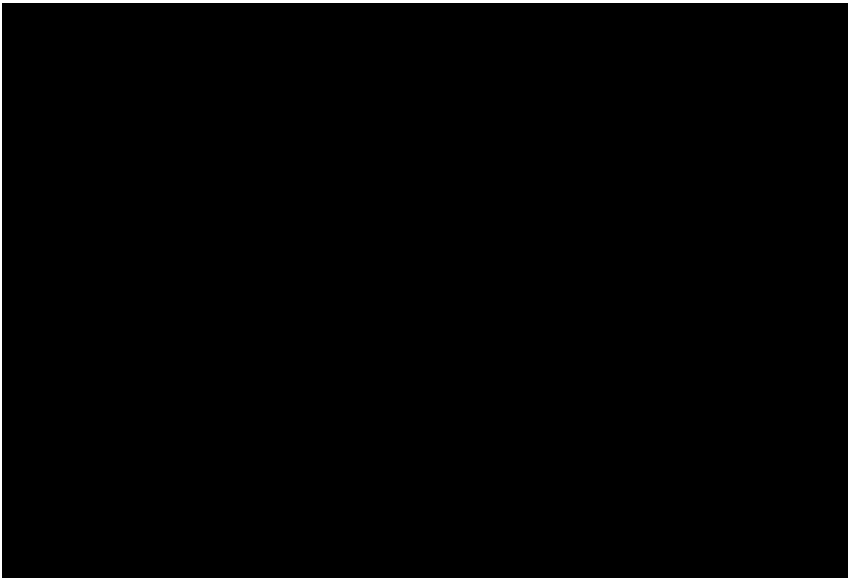
ENDO SOS - 2024/2025



Contents

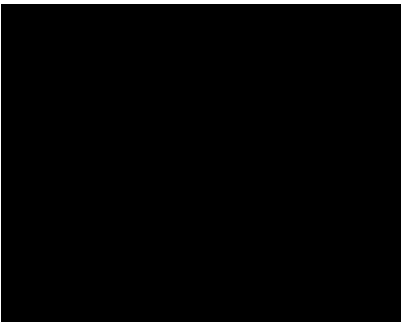
Foreword.....	3
Vision and Purpose	8
Our Values	9
Strategic Goals & Objectives.....	11
Governance & Management	14
What We Do	16
Achievements	17
Future Plans	20
Financial Report	21
Receipts & Payments Account Summary 1 st April 2024 – 31 st March 2025	23
Appendix: Excerpt of R & P Accounts	1

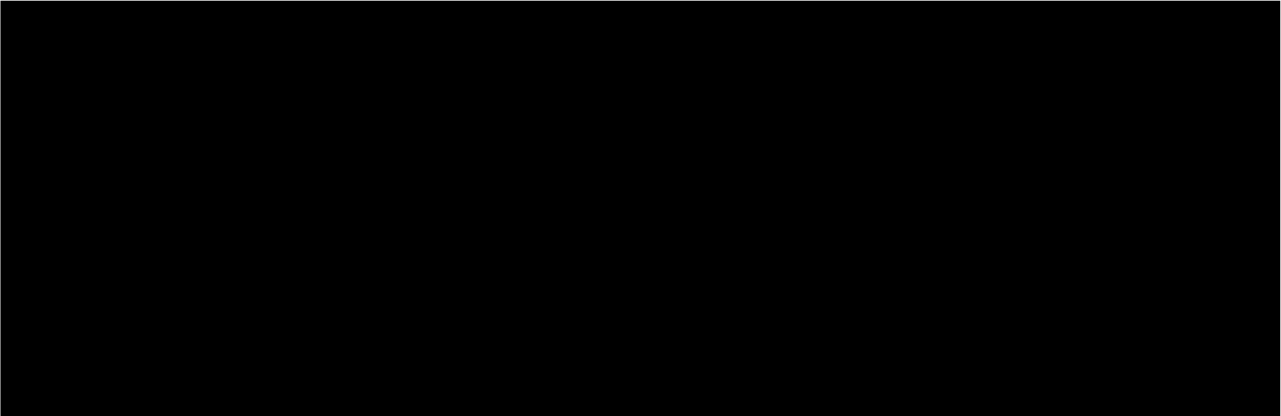
Trustees:



Charity Registration Number: SC052580

Registered Office and Principal Address:





Foreword

This year has been quite unique for me on a personal level. I made the decision to step back from my endometriosis work to prioritise my family and my own well-being. In December 2024, I welcomed my second miracle baby, this time a beautiful baby girl. We chose the name [REDACTED] for her.

Celebrating Another Successful Year for Endo SOS

Last year proved to be another remarkable year for the charity, Endo SOS, starting with our fantastic event at the Scottish Parliament in April, hosted by our ambassador, [REDACTED]. The evening featured delightful Scottish cuisine and beverages. Attendees engaged in heartfelt conversations, ending with a fun game put together by [REDACTED]. We had the opportunity to hear from experts in endometriosis, who provided insights into the condition, including the latest research and personal experiences.

We were fortunate to have advocacy stands from all the support groups across Scotland. My favourite part was mingling with fellow endometriosis warriors. A heartfelt thank you to all the MSPs and everyone who came to show their support.

Updates on Our Activities and Future Plans

This year, Endo SOS was selected as the charity of choice on the inform.gov website for those seeking support in Scotland. This marks a significant achievement for the charity. As we continue to expand our reach and impact, we are incredibly grateful for this recognition. Being featured on inform.gov allows us to connect with a broader audience, providing crucial support and resources to those affected by endometriosis throughout Scotland. This opportunity will enable us to further our mission of raising awareness, advocating for better treatment options, and supporting individuals on their journey with endometriosis.

While I've been away, our team has dedicated their efforts to engaging and participating in events at various universities and hospitals across Scotland with our stall. We have also maintained pressure on SBC to provide free period products throughout the borough, and they have finally made these available at all SBC offices across the borders, along with the "Pick Up My Period" app. With Glen from Little Valley Website Designs, we have continued to enhance our website, offering Scottish-based information for individuals with endometriosis and their supporters.

Website Resources

Our website serves as a rich resource on various topics related to endometriosis, providing:

- Webinars featuring medical experts
- Information on support sessions for our members
- Valuable guidance for coping pre- and post-diagnosis

Our webinars have remained successful, featuring specialists from diverse fields, including nutrition, research opportunities in Scotland, and pelvic floor health. All these resources are available free of charge on our website for anyone to access.

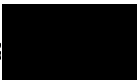
Volunteer Contributions

Our volunteers are the backbone of our charity. Last year, we secured funding that enabled our volunteers to complete the Endometriosis Wellness Practitioner Course, equipping them with certificates, new skills, and heightened confidence when addressing members' questions about endometriosis. This initiative has also contributed to an increase in our membership by fostering meaningful and thoughtful conversations for advice and support.

GoFundMe page now live

We are thrilled to announce that we have launched our very own [JustGiving](#) page, which is now open for donations to support the charity. All funds raised will be dedicated to the care and awareness of endometriosis in Scotland.

Mental Health Awareness

One of our volunteers and trustees  developed an entire week focused on mental health, including a questionnaire on how endometriosis affects mental well-being. This initiative helped us understand our members' needs and the personal, physical, and emotional impacts of the condition. Our volunteers, drawing from their own experiences, have proven to be valuable sources of information and relatable advice.

Through our volunteer efforts, we created a presentation detailing how endometriosis can impact a person's ability to work, get promoted, and maintain employment for Police Scotland. This has fostered a deeper understanding within the police force regarding the need for work-based practices concerning all female-related conditions, not just endometriosis.

Research and Insights

We developed the “Endo Thru the Ages” questionnaires to explore how endometriosis affects individuals throughout their lives. This insight has revealed changing attitudes over time, the condition's impact on various life aspects, and personal transformations.

This understanding enables us to better target our advice, identify suitable specialists to address member inquiries, and provide practical guidance for living with endometriosis.

Looking Ahead

As we look to the year ahead, our goal is to expand into other areas in the South of Scotland. We aim to connect with members we have yet to reach and support them on their journeys.

We will continue our outreach to local hospitals and more MSPs in the South of Scotland to raise our profile as a Scottish charity. Our commitment includes providing a blend of face-to-face and online support groups, along with educational webinars for both the endometriosis community and the medical field to bridge the gap between doctors and patients.

We are dedicated to delivering resources that empower individuals to lead happier and healthier lives. However, we recognize that addressing this issue requires a collective effort. It is crucial for medical professionals and the general public to gain a better understanding of endometriosis, which is why we will continue to raise awareness locally.

Thank you to everyone who has supported Endo SOS in reaching this milestone. Your contributions and encouragement have been invaluable, and we look forward to achieving even greater things together in the future. We will continue share our resources, such as informative webinars, support sessions, and community meetups, with even more people who need them. Our dedicated volunteers and team members are excited to embark on this new chapter, working tirelessly to ensure that no one feels alone in their battle with endometriosis.

We **urgently** need to find a new chairperson and treasurer; otherwise, the charity may cease operations, impacting our mission to support those affected by endometriosis in Scotland. We invite individuals passionate about advocacy to join our board of directors to help maintain our vital work. Your involvement can significantly impact many lives and shape our organisation's future. For more information, please contact us at enquiries@endosos.org.

Thank you for your continued support.



Founder/Chair



Vision and Purpose

Vision

Endo SoS envisions a world where endometriosis is widely recognised and understood—a world where quick diagnosis and effective management are standard. In this world, every person affected by endometriosis feels supported in their journey. Our vision is a community where knowledge leads to empowerment, and empowerment leads to a better quality of life. And ultimately, a world where a cure exists for this debilitating condition.

Purpose

Endo SOS is dedicated to supporting individuals living with endometriosis and their carers and supporters in South Scotland. We strive to be a dependable source of information, blending scientific accuracy with lived experience. Our aim is not just to spread awareness but to offer tools and strategies for managing this condition in everyday life.

Our Values

Inclusivity

Endometriosis affects individuals from all walks of life. We are committed to creating an inclusive environment where everyone's experience is valued and respected.

Empathy

We're in this together. Our directors and volunteers have first-hand experience with living with endometriosis, either personally or through someone close to them.

Community

We believe in the power of community. By working together, sharing experiences, and supporting one another, we can make a greater impact in the fight against endometriosis.

Self-determination:

We are committed to advocating on behalf of those living with Endometriosis to ensure they get the best support possible from the medical profession and from their peers.

Holistic:

We take an approach that sees the importance of the whole person and recognise that there are different dimensions to well-being, including physical, emotional, social, spiritual and mental health.

Strategic Goals & Objectives

Strategic Goals:

Endo SOS pursues the following broad strategic goals to make a meaningful difference in the lives of those affected by endometriosis and their families across South Scotland:

Educate and inform

We believe in the power of knowledge. We aim to make comprehensive, up to date information about endometriosis accessible to all.

Action and Advocacy

We're proactive in our approach, leading awareness campaigns and fundraising events. We empower individuals and communities to take action for change.

Support and Understanding

Living with endometriosis can be challenging. We're here to offer support, understanding, and practical advice for those affected and their carers.

Ensure Accessibility

Our resources are designed with the needs of our community in mind, ensuring they are user-friendly and easily accessible to everyone, regardless of their situation.

Objectives

Endo SoS aims to improve the lives of people living with Endometriosis through the following objectives, as outlined in our constitution:

- a) Raise awareness in the South of Scotland of the medical condition Endometriosis among health professionals and the general public by:
 - Hosting regular online webinars.
 - Producing promotional materials highlighting the condition.
- b) Help sufferers of Endometriosis in the South of Scotland to maintain or improve their health by:
 - Increasing sufferers' knowledge of and ability to manage their condition through access to webinars / talks by professional experts.
 - Facilitating mutual support among sufferers through social media and face-to-face networking among members.
- c) Provide access to informal counselling and support for Endometriosis sufferers through regular online virtual networking, face-to-face support group sessions and one-to-one guidance.

- d) Work in partnership with other similar organisations to support activities that promote the health and wellbeing of Endometriosis sufferers.



Governance & Management

Constitution:

Endo SoS is a Scottish Charitable Incorporated Organisation (SCIO), registered with the Office of the Scottish Charity Regulator (OSCR) on 1st June 2023. We are a two-tier organisation, with a membership body and board of trustees. Endo SoS is run solely by volunteers and is fully accountable to its members, funders and regulators.

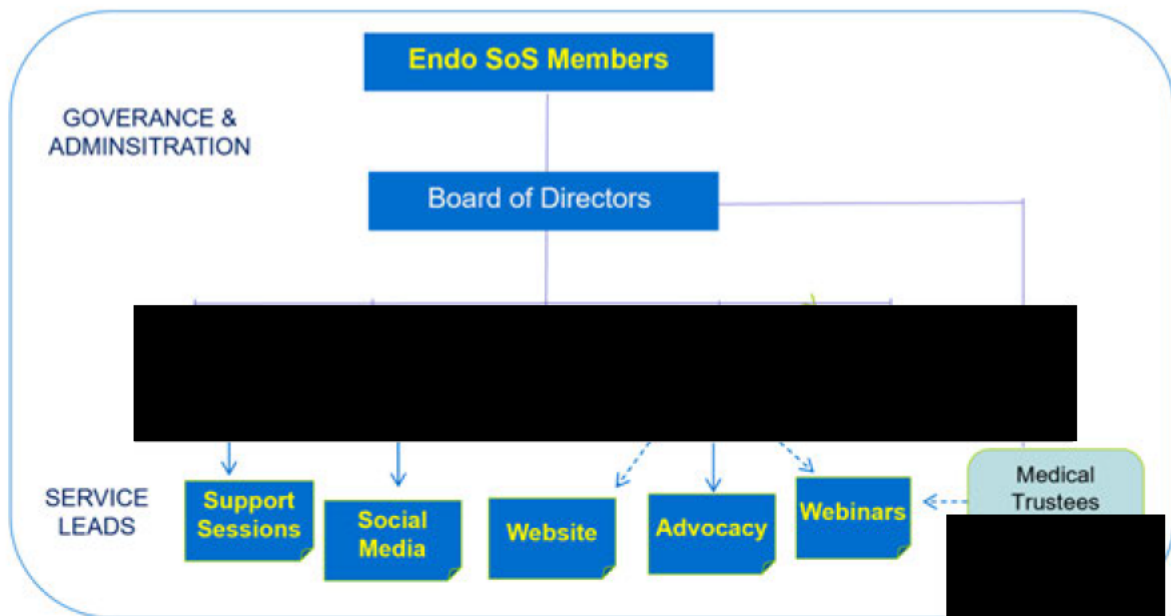
Board of Trustees:

The Endo SoS board is made up of 8 trustees. Most of our trustees are elected at the annual general meeting which is held in September each year. We have two non-member advisory trustees positions to which individuals are appointed based on their medical expertise and specialist knowledge of Endometriosis. Overall, we have provision for a minimum of five and maximum of ten trustees.

Organisational Structure

Endo SoS is a membership-based organisation that is entirely run by volunteers. We put our members in the driving seat. Our members live the experience of Endometriosis, and our elected trustees are drawn from our membership.

ENDO SOS ORGANISATION CHART – NOVEMBER 2025





What We Do

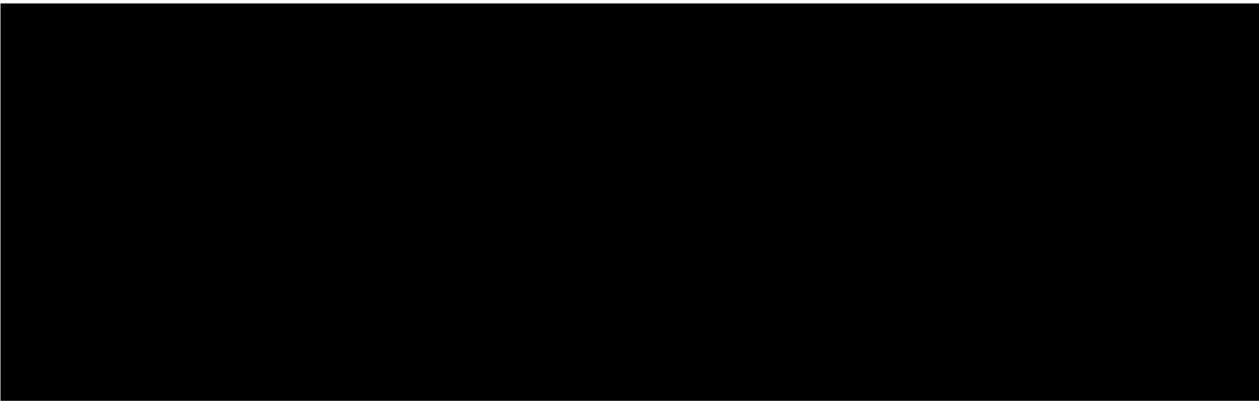
Activities

- We provide support, advocacy and information
- We bring the Endometriosis community in the South of Scotland together in mutual support
- We train our volunteers to be excellent 'Lived Experience Practitioners'

We provide a range of service:

- Endometriosis Information
- Support Groups
- Individual support sessions
- Webinars
- Advocacy

Our ambition is guided by what is best for our members and what is needed for the Endometriosis community in the South of Scotland.



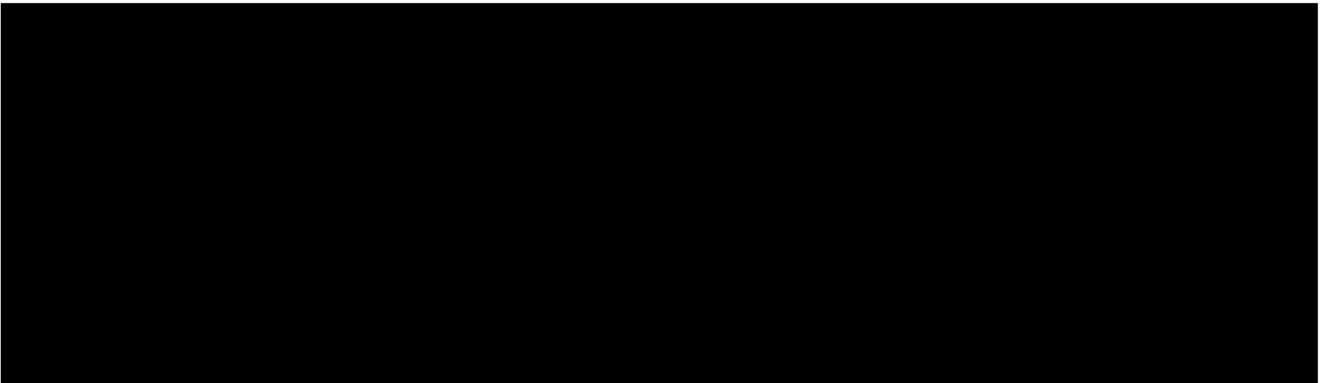
Achievements

This section highlights our key achievements during our second year of running the charity:

Free Webinars	Our webinars continue to thrive, showcasing experts from various domains such as nutrition, research opportunities in Scotland, and pelvic floor health. All of these valuable resources are freely accessible on our website for everyone to enjoy.
Free Yoga Classes	We provided a free, 6-week programme of yoga classes for individuals with endometriosis in the South of Scotland. Classes took place in Selkirk and Dumfries

	between mid-February and the end of March. We ran five 1-hour classes with capacity for ten participants in each area.
Provided free period products across the Scottish Borders.	We maintained advocacy for SBC to offer free period products throughout the borough has resulted in their availability at all SBC offices across the region. Additionally, they have introduced the "Pick Up My Period" app.
Scottish Parliament	We held a very successful promotional event at the Scottish parliament to advocate and raise awareness of Endometriosis
GoFundMe	We were awarded gift aid status and were able to create a GoFundMe page which will help us to growing Endo SoS sustainably

Fundraising Guarantee	We have adopted the Code of Fundraising Practice which outlines the standards expected of all charitable fundraising across the UK.
Accredited training for volunteers	We provided online, accredited training for volunteers. This included the Endometriosis Wellness Practitioners course and the COSCA Certificate in Counselling Skills



Future Plans

This section outlines how the charity aims to develop its services in the future and consolidate its organisation as a charity:

- Use our new website to engage with more members
- Continue to build and strengthen our new webchat service
- Develop our information provision
- Expanding our support network
- Increasing our campaigning and awareness work

Endometriosis is a long-term condition for which there is no known cure, however, the research field is becoming more established and new medical treatments could be on the horizon. We aim to continue providing a sustainable service to our members for as long as it is required.

We are a voluntary run organisation, and our people are our most valuable asset. A key priority for the next year is to recruit and train new volunteers and maintain a large pool of skilled volunteers to help ensure sustainability of Endo SoS and the services.

Financial Report

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and for ensuring that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005.

The main sources of Endo SoS funds are Donations, Fundraising activities and applications for grant funding. Last year, we were fortunate to receive a generous grant from the Scottish Government which enabled us to establish a brand new website and host an Endometriosis Awareness Event at the Scottish Parliament. These activities positioned us well to continue providing high quality information, peer-to-peer support and advocacy services for our members.

We run local fundraisers in March each year (Endometriosis week) and supporters also help us to raise funds throughout the year through sponsored activities. and generally promoting the work of Endo SoS.

As a very young charity that operates mainly online, we have few liabilities and limited resources. Our main asset is our people – our Members, Volunteers, Ambassadors, and Trustees. Irrespective of the scope of our current funding we aim to manage our charity's finances responsibly, keeping expenditure within budget and ensuring effective financial controls to protect the charities monies.

At present, our reserves policy is to have at least three month's operating costs in the form of unrestricted and available funding. We consider £1,500 in reserves to be sufficient to cover the general running costs (e.g. volunteer expenses, postage etc.) for Endo SoS as a charity that operates mainly online.

At the end of the financial year for this report we had a surplus of £3,415. We raised £2,993 in Donations, £2,100 in grant awards and £681 through our fundraising activities.

Our Receipts and Payments Accounts have been verified by an independent examiner and are summarised in the following pages.

Receipts & Payments Account Summary 1st April 2024 – 31st March 2025

Date	Description	Amount
Receipts		
Individual Donations		
09/04/24		£630.00
21/06/24		£862.50
02/09/24		£1,500.00
Sub total		£2,992.50
Grants		
02/09/24	The Stevenson Trust	£500.00
19/09/24	Buccleuch Charitable Foundation	£100.00
28/11/24	Charitable Giving	£1,500.00
Sub total		£2,100.00
Fundraising Activities		
02/10/24	Coffee Morning Fundraiser	£681.00
Total Gross Income		£5,773.50
Payments		
Printing & Stationary		
07/05/24	Canva (trifolds, A4 prints etc)	£203.54
11/06/24	Lemon Digital Design	£426.00
Sub total		£629.54
Administration		
28/05/24	The Scottish Parliament	£1,185.46
02/12/24	St John's Church (Hall Hire)	£74.25
Sub total		£1,259.71
Volunteer Expenses		
11/06/24	Re-imbursement of Training Deposit	£200.00
13/02/25	Re-imbursement of Postage Costs	£30.45
18/11/24	Etsy.com (Volunteer Appreciation Gifts)	£33.91
06/03/25	Asda Info Board Photo	£22.55
06/03/25	SoloPress Flyers & Leaflets	£22.50
Sub total		£309.41
Audit/Independent Examination		
22/10/24	Charity Finance Office	£160.00
Total Expenditure		£2,358.66
Surplus/(Deficit) for the year		£3,414.84
Cash and bank		£5,208.84

The trustees declare that they have approved the trustees' report above.

Trustee Name	Trustee Position	Trustee Signature	Date
			10/09/2025
			10/09/2025
			10/09/2025

Appendix: Excerpt of R & P Accounts Sent to OSCR For the period 1st April 2024 to 31st March 2025

Section A: Receipts and Payments Account

	Unrestricted funds	Restricted funds	Expendable endowment	Permanent endowment funds	Total funds current period	Total funds last period
A1 Receipts						
Donations	2,993				2,993	65
Legacies					-	-
Grants	2,100				2,100	19,000
Receipts from fundraising activities	681				681	3,245
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
A1 Sub total	5,774	-	-	-	5,774	22,310
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	2,359				2,359	20,516
A3 Sub total	2,359	-	-	-	2,359	20,516
Total payments	2,359	-	-	-	2,359	20,516
Net receipts / (payments)	3,415	-	-	-	3,415	1,794
Surplus / (deficit) for year	3,415	-	-	-	3,415	1,794

Section B: Statement of Balances:

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	1,794				1,794	-
	Surplus / (deficit) shown on receipts and payments account	3,415	-			3,415	1,794
	Cash and bank balances at end of year	5,209	-	-	-	5,209	1,794
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation	Last year
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due	Last year
B4 Liabilities				
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

10 September 2025

10 September 2025

Section C: Statement of Balances:

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

Endo SoS raises funds from the general public through fundraising activities, especially during Endometriosis Awareness Month in March each year, and through its ambassadors taking part in sponsored activities. These funds are for the most part unrestricted, although on occasion we will commit funds raised by ambassadors as a contribution to Endometriosis Research prior to the funds being raised and in agreement with the ambassadors. In practical terms, the purpose of our fundraising activity is to support the general running of Endo SoS in areas such as volunteer expenses, marketing and administration. We also aim to attract grant funding from Trusts, Foundations and other sources.

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants	General running costs (unrestricted).	The Stevenson Trust	1	500
	General running costs (unrestricted).	Buccleuch Charitable Foundation	1	100
	General running costs (unrestricted).	Charitable Giving [REDACTED]	1	1,500
			Total	2,100

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
--	---

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
---	--

C4b Trustee expenses - details

	Number of trustees	£
Re-imbursement of training deposit	1	200
Purchase of gifts to reward volunteer effort	1	34
Re-imbursement of Asda Photo costs	1	22.55
Re-imbursement of postage costs	1	22.50

C6 Other information

* Reimbursing genuine out-of-pocket expenses to volunteers is very important to Endo SoS. Re-imbursement of training deposit to Trustee was required to secure training place as opening of Charity's bank account took much longer than expected.
 *Endo SoS operates mainly online and does not own or rent any property or equipment. Trustees use their own laptops and phones for communication and to carry out administrative tasks.

Independent Examiner Report



	Independent examiner's report on the accounts						
Report to the trustees/members of	Endo SoS						
Registered charity number	SC052580						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024	to	31	03	2025
Set out on pages							
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention 1. which gives me reasonable cause to believe that in any material respect the requirements: • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations						
Signed:					Date:	24 / 09 / 2025	
Name:							
Relevant professional qualification(s) or body (if any):							
Address:							

SC052580



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	2,993				2,993	65
Legacies					-	-
Grants	2,100				2,100	19,000
Receipts from fundraising activities	681				681	3,245
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	5,774	-	-	-	5,774	22,310
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	5,774	-	-	-	5,774	22,310
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	2,359				2,359	20,516
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	2,359	-	-	-	2,359	20,516
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	2,359	-	-	-	2,359	20,516
Net receipts / (payments)	3,415	-	-	-	3,415	1,794
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	3,415	-	-	-	3,415	1,794

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	1,794				1,794	-
	Surplus / (deficit) shown on receipts and payments account	3,415	-			3,415	1,794
						-	
						-	
	Cash and bank balances at end of year	5,209	-	-	-	5,209	1,794
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

B2 Investments	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
		Total	-	-

B3 Other assets	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
		Total	-	-	-

B4 Liabilities	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
		Total	-	-

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
		Total	-	-

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
			10 September 2025
			10 September 2025

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

Endo SoS raises funds from the general public through fundraising activities, especially during Endometriosis Awareness Month in March each year, and through its ambassadors taking part in sponsored activities. These funds are for the most part unrestricted, although on occasion we will commit funds raised by ambassadors as a contribution to Endometriosis Research prior to the funds being raised and in agreement with the ambassadors. In practical terms, the purpose of our fundraising activity is to support the general running of Endo SoS in areas such as volunteer expenses, marketing and administration. We also aim to attract grant funding from Trusts, Foundations and other sources.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
General running costs (unrestricted).	The Stevenson Trust	1	500
General running costs (unrestricted).	Charitable Foundation	1	100
General running costs (unrestricted).	Giving VA		1,500
		Total	2,100

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
--	----------

Authority under which paid

C3b Trustee remuneration - details

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
---	--

C4b Trustee expenses - details

	Number of trustees	£
Re-imburement of training deposit	1	200
Purchase of gifts to reward volunteer effort	1	34
Re-imburement of Asda Photo costs	1	23
Re-imburement of postage costs	1	23

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

* Reimbursing genuine out-of-pocket expenses to volunteers is very important to Endo SoS. Re-imburement of training deposit to Trustee was required to secure training place as opening of Charity's bank account took much longer than expected.

*Endo SoS operates mainly online and does not own or rent any property or equipment. Trustees use their own laptops and phones for communication and to carry out administrative tasks.

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	630				630	15
STV Studios Ltd (	863				863	50
LFC Fundraising (	1,500				1,500	
					-	
Total	2,993	-	-	-	2,993	65

- - - - -

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
The Stevenson Trust	500		500	18,000
Buccleuch Charitable Foundation	100		100	1,000
Charitable Giving	1,500		1,500	
			-	
Total	2,100	-	2,100	19,000

- - - - -

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Coffee Morning Fundraiser	681				681	100
						145
						3,000
					-	
					-	
					-	
					-	
					-	
Total	681	-	-	-	681	3,245

reference error - - - reference error reference error

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Canva (stickers, trifolds, A4 prints)	204				204	2,300
The Scottish Parliament	1,185				1,185	9,600
Re-imburse, Training Deposit	200				200	2,880
Lemon Digital Design (Business Cards etc)	426				426	2,736
Charity Finance Office	160				160	3,000
Etsy.com (Appreciation Gifts Volunteer Team)	34				34	
St John's Church (Hall Hire)	74				74	
Re-imbursement of Postage Costs	30				30	
Asda Info Board Photo	23				23	
SoloPress Flyers & Leaflets	23				23	
					-	
Total	2,359	-	-	-	2,359	20,516

- - - - -

SC052580

Additional analysis (2)**5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below Ambassador Fundraising and Sponsorship	Unrestricted fund 2 - enter name of fund below Unrestricted Grants	Unrestricted fund 3 - enter name of fund below Team Fundraising Activities	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	2,993				2,993	65
Legacies					-	-
Grants		2,100			2,100	1,000
Receipts from fundraising activities			681		681	245
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	2,993	2,100	681	-	5,774	1,310
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	2,993	2,100	681	-	5,774	1,310
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	1,223	698	278		2,199	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination		160			160	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	1,223	858	278	-	2,359	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	1,223	858	278	-	2,359	-
Net receipts / (payments)	1,770	1,242	403	-	3,415	1,310
Transfers to / (from) funds					-	
Surplus / (deficit) for year	1,770	1,242	403	-	3,415	1,310

537.92

Nature and purpose of funds

As C1.

Please note, all payments for the accounting period (1st April 2024 to 31st March 2025) are related to the use of unrestricted funding. Payments have been apportioned across the named unrestricted funding sources based on the proportion of overall funding coming from each source.

- SC052580

Additional analysis (3)**6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants						18,000
Receipts from fundraising activities						3,000
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	21,000
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	21,000
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities						20,516
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	-	-	-	-	-	20,516
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	20,516
Net receipts / (payments)	-	-	-	-	-	484
Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	-	-	-	-	484

Nature and purpose of funds

As C1



**Report to the
trustees/members of**

**Registered charity
number**

**On the accounts of the
charity for the period**

Set out on pages

Independent examiner's report on the accounts						
Endo SoS						
SC052580						
Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	04	2024	to	31	03	2025

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's
statement**

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

Signed:

Name:

**Relevant professional
qualification(s) or body
(if any):**

Address:

	Date:	24 / 09 / 2025

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose

The current accounts satisfy the requirements set out in the regulations.