



Horizons Recovery Café SCIO

Scottish Charity No. SC052508

Report and Financial Statements

For the year ended 31 March 2025

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	April	2024	To	31	March	2025

Reference and administration details

Charity name	Horizons Recovery Café SCIO
Other names charity is known by	
Registered charity number	SC052508
Charity's principal address	

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Publicity Director	Chair from 30 th June 2024 until present date	
2	Finance Director	Chair from 1 April 2024 to 29 th June 2024, then Finance Director	
3	Secretary	Appointed 3 September 2025	
4	Catering Coordinator	Appointed 5 February 2025	
5	Café Development Manager	Appointed 3 September 2025	

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
	1 April 2024 to 23 February 2025
	1 April 2024 to 5 February 2025
	1 April 2024 to 5 February 2025
	1 April 2024 to 5 February 2025
	5 February 2025 to 6 July 2025

Structure, governance and management

Type of governing document	SCIO Constitution. Governed by a board of trustees
Trustee recruitment and appointment	Trustees are identified by recommendation, via association with the café or advertised via facebook page and appointed either by members' vote at AGM or co-opted by Board of Trustees

Objectives and activities

Charitable purposes	The organisation's main purpose is the advancement of physical and mental health in Midlothian Scotland and championing addiction recovery helping individuals and families to thrive
Summary of the main activities in relation to these objects	<p>The organisation's main activities to achieve its purpose is done through: -</p> <ul style="list-style-type: none"> • Creating a safe environment free from alcohol and non-prescribed drugs for vulnerable people to get some food and the necessary help, support and advice they need to stay on the road to recovery. • Promoting recovery from substance misuse • Providing recovery orientated activities and volunteering opportunities • Providing opportunities for voluntary work and help people work towards getting paid employment. • Making recovery visible, reducing stigma and preventing suicide

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Achievements and performance

Summary of the main achievements of the charity during the financial period

Summary of Main Achievements

Recovery / Community Café

Horizons Recovery Café is open every Monday and Friday (at Dalkeith Baptist Church) funded by MELDAP (Mid and East Lothian Drug and Alcohol Partnership) and the National Lottery Community Fund.

The café is run by people recovering from substance misuse / addictions as well as volunteers.

The café is a welcoming and supportive place for vulnerable and marginalised people to come together and get much needed help and support to overcome addiction and stay on the road to recovery.

We opened in 2013 as a constituted community group and have a proven track record over 10 years of providing a safe place – free from alcohol and illicit substances to help people recover reduce stigma and show recovery happens. Typically, 80-100 people come to the café on a weekly basis.

In April 2023 we were successful in becoming a Scottish Charitable Incorporated Organisation (SCIO) to enable us to explore new opportunities to expand the café further.

Citizens Advice Bureau Drop-in Service

During the café hours on a Friday, we are providing a weekly drop-in Citizens Advice Service (a project run by the Citizens Advice Bureau) which we were able to do from funding secured from the Midlothian Communities Mental Health and Wellbeing Fund and from the National Lottery Community Fund.

This service greatly benefits many vulnerable and marginalised people at times of great need and difficulty in their lives.

These vulnerable people are able to speak in confidence with the Citizens Advice Bureau adviser for assistance with issues including benefits, debt, housing, employment, home energy supply, consumer issues and/or immigration and get the necessary help and advice on matters that often cause so much stress and anxiety in their lives which can act as triggers to continue addiction or contribute to relapse. At times these difficulties can lead to extreme stress and even to an increased risk of suicide.

Here are the statistics for the Citizens Advice Bureau clinic run during café hours on a Friday for year ending 31 March 2025

Client contacts: 77

Female clients: 52%

Male clients: 46%

Client Financial Gains: £81,000

Most common issues: Benefits, Emergency Support, Debt and Housing

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Summary of the main achievements of the charity during the financial period

Summary of Main Achievements continued

Support Group Meetings

During the year the following support groups / meetings were held on a Monday or Friday at the café:

- SMART Recovery Meetings
- Lothians & Edinburgh Abstinence Programme (LEAP) Aftercare Meetings
- Access to Industry Drop-in Meetings
- Men's Support Group
- Creative Writing

Challenges / Areas for Improvement

During the year we managed to add one additional member of staff which has helped with staffing the café but still have more to do and the plan is to secure more funding for paid staff and carry out more publicity and initiatives for volunteers.

Financial review

Brief statement of the charity's policy on reserves

The charity holds unrestricted reserves to enable it to meet its future service commitments and as a contingency fund. The balance on the reserve is mostly due to the transfer of the bank balance held by the café prior to becoming a SCIO and funds for the Citizens Advice Bureau services provided.

It also has a restricted Benefits Advice Fund reserve representing the balance of a grant which will be spent in future periods.

Details of any deficit

Not applicable

Donated facilities and services (if any)

Volunteers are key to the running and success of the café, and we heavily rely on a core set of volunteers who put in many hours week after week to help and support the charity for which we are very much grateful for.

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Other optional information

There are plans in the coming year to apply for further funding in order to maintain the current services being provided and add to them in due course for the purpose of advancing the physical and mental health of people in Midlothian Scotland and championing recovery helping individuals and families to thrive.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Finance Director

Date

08th October 2025

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		Independent examiner's report on the accounts v2							
Report to the trustees/members of	Registered charity number	Charity name Horizons Recovery Café SCIO							
On the accounts of the charity for the period		SC052508							
		Period start date				Period end date			
		Day	Month	Year		Day	Month	Year	
		01	April	2024	to	31	March	2025	
Set out on pages		7 to 10						(remember to include the page numbers of additional sheets)	
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.								
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.								
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention -</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 								
Signed**:						Date:	8 October 2025		
Name:									
Relevant professional qualification(s) or body (if any):									
Address:	James Anderson & Co Pentland Estate Loanhead EH20 9QH								

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

** OSCR will accept digital or typed signatures

Horizons Recovery Café SCIO

SC052508



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations					-	-
Legacies					-	-
Grants	18,264				18,264	31,401
Receipts from fundraising activities					-	-
Gross trading receipts	12,056				12,056	11,143
Income from investments other than land and buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
Transfer of cash and bank held by café prior to becoming a SCIO					-	36,193
A1 Sub total	30,320	-	-	-	30,320	78,737
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	30,320	-	-	-	30,320	78,737
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments	23,834				23,834	30,495
Investment management costs					-	-
Payments relating directly to charitable activities		8,518			8,518	8,568
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination	840				840	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
A3 Sub total	24,674	8,518	-	-	33,192	39,063
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-
Total payments	24,674	8,518	-	-	33,192	39,063
Net receipts / (payments)	5,646	(8,518)	-	-	(2,872)	39,674
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	5,646	(8,518)	-	-	(2,872)	39,674

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	21,816	17,858			39,674	-
	Surplus / (deficit) shown on receipts and payments account	5,646	(8,518)			(2,872)	39,674
						-	
						-	
	Cash and bank balances at end of year	27,462	9,340	-	-	36,802	39,674
(Agree balances with receipts and payments account(s))							
B2 Investments	Details	Fund to which asset belongs		Market valuation to nearest £		Last year to nearest £	
	None						
Total				-		-	
B3 Other assets	Details	Fund to which asset belongs		Cost (if available) to nearest £		Current value (if available) to nearest £	
	Van			11,000		4,800	
Total				11,000		4,800	
B4 Liabilities	Details	Fund to which liability relates		Amount due to nearest £		Last year to nearest £	
	Independent examiner's fee	Unrestricted		858		840	
	Accruals	Unrestricted		152		152	
Total				1,010		992	
B5 Contingent liabilities	Details	Fund to which liability relates		Amount due (estimate) to nearest £		Last year to nearest £	
	None						
Total				-		-	

Signed by one or two trustees on behalf of all the trustees	Signature*	Print Name	Date of approval
			8 October 2025

* Please note - OSCR will accept digital or typed signatures

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

The charity has an unrestricted Operations Fund which represents funds that the charity is free to use in accordance with its charitable objectives. It also has a restricted Benefits Advice Fund to provide a drop in service to assist service users with accessing benefits.

Type of activity or project supported

Individual /
institutionNumber of grants
made

£

No grants were paid by the charity

Total

al	
----	--

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

x

Authority under which paid

£

No remuneration paid to trustees

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

x

No expenses reimbursed to trustees

Number of trustees

f

Nature of relationship

Nature of transaction

Transaction
amount (£)

Balance
outstanding at
period end (£)

No transactions

period end (€)

C6 Other information

Horizons Recovery Café SCIO

SC052508

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Midlothian Council	16,114	-	16,114	11,401
Midlothian Voluntary Action	2,150	-	2,150	-
National Lottery Community Fund	-	-	-	20,000
			-	
Total	18,264	-	18,264	31,401

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Café takings	12,056				12,056	11,143
					-	
					-	
					-	
					-	
					-	
					-	
Total	12,056	-	-	-	12,056	11,143

reference error

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-

-

reference error

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4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Café operating costs	23,834	-			23,834	30,495
Benefits advice service	-	8,518			8,518	8,568
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	23,834	8,518	-	-	32,352	39,063