

# Active Seniors SCIO

Scotland · Charity number SC052357

## Details

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Known as	Active Seniors Glasgow
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2023-02-27
Register	<a href="#">View on the OSCR register</a>

## Contact

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**Address** c/o Kingsway Community Connections  
50 Kingsway Court  
Glasgow  
G14 9SR

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of citizenship or community development', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended'

**What the charity does:** Active Seniors is set up to improve the physical and mental wellbeing of seniors, we do this by providing opportunities for seniors to be active, socialise with old and new friends and participate in their community.

**Beneficiaries:** 'Older People'

**Objectives:** Purposes The organisation's purposes are: To provide recreational activities which will further the mental and physical health of people who are over the age of 50 and reside within North West Glasgow to improve their conditions of life. To advance community development and community integration for people who are over the age of 50 and reside within North West Glasgow.

## Geography

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- **Main operating location:** Glasgow City
- **Geographical spread:** Wider, but within one local authority area

## Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	-	1
2025-03-31	£28,972	£25,049	-	1
2024-03-31	£31,770	£26,827	-	1

**Active Seniors SCIO**

Scotland - Charity number SC052357

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# Accounts

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# Active Seniors SCIO

Report of the trustees and unaudited financial statements  
for the year ended 31 March 2025

Scottish charity number: SC052357



**ACTIVE SENIORS GLASGOW WEST**

BK Plus Ltd  
Gordon Chambers  
90 Mitchell Street  
Glasgow  
G1 3NQ

# Active Seniors

Contents of the financial statements  
For the year ended 31 March 2025

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# Active Seniors SCIO

Reference and Administration Details  
For the year ended 31 March 2025

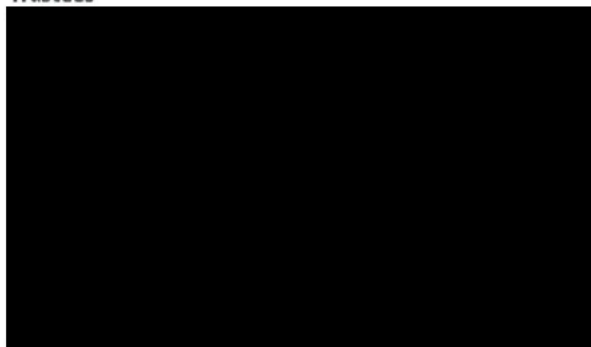
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**Registered Charity number**

SC052357

**Principal Address**

c/o Kingsway Community Connections  
50 Kingsway Court  
Glasgow  
G13 2EU

**Trustees****Independent examiner**

BK Plus Ltd  
Gordon Chambers  
90 Mitchell Street  
Glasgow  
G1 3NQ

**Bankers**

Bank of Scotland  
PO Box 1000  
BX2 1LB

# Active Seniors SCIO

## Reference and Administration Details

For the year ended 31 March 2025

### STRUCTURE, GOVERNANCE AND MANAGEMENT

Active Seniors was formed in February 2004 and was recognized as a Scottish Charity with effect from 19<sup>th</sup> August 2008 and the charity is governed by its constitution. On the 28<sup>th</sup> February 2023 Active Seniors' application to OSCR to become a Scottish Charitable Incorporated Organisation (SCIO) was successful. All assets were transferred from the existing charity Active Seniors SC039798 to the new one Active Seniors SCIO SC052357. In November 2023 OSCR acknowledged the dissolution of Active Seniors – SC039798.

Trustees are appointed under the terms of the constitution by the members at the AGM. There were eleven trustees in 24-25.

### OBJECTIVES AND ACTIVITIES

The objects of the Association shall be to promote the benefit of the inhabitants of The North West Community Health Partnership Area without distinction of sex, sexuality, political, religious or other opinions by associating the local statutory authorities, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities, or assist in the provision of facilities, in the interest of social welfare for recreation and other leisure-time occupation so that their conditions of life may be improved.

In furtherance of the above object the Association shall have the following aims:

- a) To promote events for seniors in the North West Area Community Health Partnership Area of Glasgow.
- b) To consult with seniors on service provision and their needs.
- c) To promote and encourage development opportunities for educational, physical and social activities for seniors.
- d) To consult on representative structures for seniors in the North West Area of the City

### KEY MANAGEMENT REMUNERATION

In the opinion of the trustees, there is one member of management, the Development Officer. During the year total employer costs were £12,694 (2024: £12,585), the current member of staff is employed p/t at 16 hours per week.

### ACHIEVEMENT AND PERFORMANCE

During 2024/25 1605 seniors attended our events, our monthly social attracted an average of 80 people and our day trips an average of 48.

We have 160 regular members; 20 men and 140 women aged from 63 to 95. In addition to the 160 we have many non-members who come to our monthly free access socials where we have live music and dancing. Many of our members have health issues such as arthritis, diabetes as well as heart and respiratory conditions, so getting out of the house and keeping active helps keep them healthy and active.

Managing access to some events through membership enables us to keep in touch with people on a regular basis, maximise our limited resources, and book and plan events. The majority of our events are free, unless we feel the cost per person is over what we would normally budget, in these cases we ask for a small contribution per person towards the cost.

### HIGHLIGHTS FROM ACTIVITIES IN 2024/25

**Intergenerational Project** – the project we were taking part in over the year with Generations Working Together ended with the Insight and Learning Report - Exploring Intergenerational Connections & Community Safety as well as stakeholder event to showcase of the Community Knowledge Fund Research. We were very proud to have contributed to the results and our committee member [REDACTED] spoke at the event. We followed this up by showing the exploratory drama videos that had been created to our members.

We are keen to look at areas where we can improve external services to our members and as part of this, we asked

# Active Seniors SCIO

Reference and Administration Details  
For the year ended 31 March 2025

SPG Energy (wholesale energy provider) to give a talk on how SPG are able to prioritise services for those who need it. Most members attending signed up for free energy assessments and received free power cut lightbulbs and torches. In July 2024 our member's consultation highlighted great interest in having a formal afternoon tea. We had a memorable trip to Troon to see the beach (some with feet in water) ending up with a delicious high tea in Alloway the birthplace of Burns.

In 2024/25 we noticed members especially enjoyed themed larger events – this triggered the introduction of our first Burns Supper afternoon. This was very successful with a 112 person turnout. Knightswood Connects kindly paid for a piper who set the scene, and the Partick Pluckers led the singing after an address to the haggis. Other great cultural events included two amazing trips to Kelvingrove Museum led by the very knowledgeable staff at the museum where our chosen themes were explored Egyptians and ceramics; and a trip to the theatre to see an afternoon play.

We have been supported this year by The National Lottery Community Fund, Age Scotland, and Glasgow City Council Local Area Partnership Funds.

## FINANCIAL REVIEW

Income for the period was £28,972 (2024: £31,770) and expenditure was £25,049 (2024: £26,827) leaving a surplus of £3,923 (2024: £4,943).

As at 31 March 2025 the charity held funds of £52,550 (2024: £48,627).

## Reserves policy

The reserves of the charity comprise unrestricted funds, which are available to use in furtherance of achieving the charity's objectives and restricted funds that may be applied only as directed by the funder.

In the year ended 31 March 2025, the charity had a surplus of funds of £52,550 (2024: £48,627) made up of a surplus on unrestricted funds of £10,784 (2024: £6,388) and restricted funds of £41,766 (2024: £42,239).

## APPROVAL OF THE REPORT

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 10/7/25 and signed on its behalf by:



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
Active Seniors SCIO**

I report on the accounts for the year ended 31 March 2025 set out on pages 7 to 8.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply; neither are the accounts required to be audited under Part 16 of the Companies Act 2006. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended); and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations (as amended).

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



BK Plus Ltd  
Gordon Chambers  
90 Mitchell Street  
Glasgow  
G1 3NQ

10<sup>th</sup> July 2025

	Note	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
<b>Income and endowments from:</b>					
Donation and legacies	3	590	-	590	-
Other trading activities	4	1,306	-	1,306	1,060
Charitable activities	5	2,500	24,576	27,076	30,770
<b>Total income and endowments</b>		<b>4,396</b>	<b>24,576</b>	<b>28,972</b>	<b>31,770</b>
<b>Expenditure on:</b>					
Charitable activities	6	473	24,576	25,049	25,049
<b>Net (expenditure)/income</b>		<b>3,923</b>	<b>-</b>	<b>3,923</b>	<b>4,943</b>
<b>Total funds at 1 April 2024</b>		<b>6,388</b>	<b>42,239</b>	<b>48,627</b>	<b>43,684</b>
<b>Total funds at 31 March 2025</b>		<b>10,311</b>	<b>42,239</b>	<b>52,550</b>	<b>48,627</b>

# Active Seniors SCIO

Statement of cashflows

For the year ended 31 March 2025

	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds (£)		2024 Total (£)
Opening cash and bank balances	6,388	42,239	48,627		43,684
<i>Surplus/-deficit for the year</i>	4,396	(473)	3,923		4,943
<b>Closing cash and bank balances</b>	<b><u>10,784</u></b>	<b><u>41,766</u></b>	<b><u>52,550</u></b>		<b><u>48,627</u></b>

# Active Seniors SCIO

Notes to the Accounts

For the year ended 31 March 2025

## 1. GENERAL INFORMATION

Active Seniors ("the charity") is a Scottish charitable Incorporated organisation governed by its constitution dated 19 August 2008. It was registered as a charity in Scotland (registered number SC039798) on 19 August 2008 and converted to a SCIO (registered number SC052357) on 27 February 2023. It's registered address is c/o Kingsway Community Connections, 50 Kingsway Court, Glasgow, G13 2EU.

## 2. BASIS OF PREPARATION

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

## 3. DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	2025 Total	2024 Total
	£	£	£	£
Donation and legacies	590	-	590	-
	=====	=====	=====	=====

## 4. OTHER TRADING INCOME

	Unrestricted Funds	Restricted Funds	2025 Total	2024 Total
	£	£	£	£
Fundraising	1,306	-	1,306	1,060
	=====	=====	=====	=====

## 5. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2025 Total	2024 Total
	£	£	£	£
<b>Grants from</b>				
National Lottery Comm Fund	-	21,406	21,406	27,710
Age Scotland	-	1,810	1,810	500
Generations Working Together	2,500	-	2,500	2,500
Glasgow City Council	-	1,360	1,360	-
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	2,500	24,576	27,076	30,710
	=====	=====	=====	=====

# Active Seniors SCIO

Notes to the Accounts

For the year ended 31 March 2025

## 6. CHARITABLE ACTIVITIES COSTS

	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Accountancy – IE Fee	-	780	780	780
Bus trips, Travel, Catering	-	5,935	5,935	5,530
IT Costs	-	-	-	-
Postage and stationery	-	-	-	477
General	-	211	211	-
Insurance	-	547	547	476
Donations	-	160	160	150
Staff costs	-	12,694	12,694	12,585
Socials	-	4,707	4,707	5,717
Telephone	-	-	-	110
Travel	-	15	15	76
Training	-	-	-	926
	-	25,049	25,049	26,827

## 7. MOVEMENT IN FUNDS

	At 1 Apr 24 £	Income £	Expenditure £	At 31 Mar 25 £
<b>Unrestricted funds</b>	6,388	4,396	-	10,784
<b>Restricted funds</b>				
National Lottery	27,710	21,406	(21,879)	27,237
Big Lottery	14,529	-	-	14,529
Age Scotland	-	1,810	(1,810)	-
Glasgow City Council	-	1,360	(1,360)	-
	42,239	24,576	(25,049)	41,766
	48,627	28,972	(25,049)	52,550

### Purpose of restricted funds:

Glasgow City Council – funding for carrying out core activities.

Age Scotland – funding to be used for Panto and Christmas social.

National Lottery – Community Fund – Funding for staff costs and carrying out core activities.