

The Holding Space SCIO

Scotland · Charity number SC052309

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2023-02-06
Register	View on the OSCR register

Contact

Address	Unit 1 5 main road Condorrat Cumbernauld North Lanarkshire G67 4BT
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of health', 'the advancement of citizenship or community development', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: The Holding Space is a charity organisation created with the aim of providing early intervention and preventative services to support the mental health and well-being of children, young people, and families. Our approach is centred around relationship-based and trauma-informed practices while utilising a holistic approach. We believe that by addressing the root causes of issues facing children, young people, and families, we can create lasting positive change in their lives. Our services will focus on early intervention and preventative measures, giving families and individuals the tools that they need to overcome challenges and build resilience. We believe that investing in the well-being of children and young people will create a positive ripple effect in society, leading to healthier and more prosperous communities. The Holding Space is committed to providing high-quality, evidence-based support services, rooted in compassion and understanding.

Beneficiaries: 'Children or young people'

Objectives: 4 The organisation's purposes in relation to charitable purposes stated in the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act 4.1 the prevention or relief of poverty, The Holding space provide a service which supports children, young people and families who maybe experiencing hardships, adversities and poverty. within the principal office we will provide food and drink for our young

people while they attend. we can also sign post families to supportive services such as food banks benefit maximisation officers to ensure that each family have access to all supports that are available. We also aim to work with children and families to provide emotional support within a therapeutic relationship in order to work through any barriers that maybe holding them back from attending school, further education or training or employment. This would support families with vocational destination improvement supporting prevention or relief of poverty. the purpose of the charity is to support young people to explore their developmental potential, gifts and talents in order to pursue a vocation that could support them physically, emotionally, socially and financially

4.2 the advancement of education, The Holding Space will work alongside schools to work with children on their emotional well-being as well as any supports that are needed within the family home to ensure that children and young people are in the best position to meet the national curriculum for excellence. As identified in the national policy of 'the promise' trauma informed work practice is the most beneficial way to work with children and young people in order to support them to fully engage in the education system. Research shows that working with children and young people within a therapeutic relationship best supports positive outcomes which is the underpinning of our charity. we aim to identify what barriers children and young people face in relation to school attendance and working with families and supports in relation to this.

4.3 the advancement of health, The Holding Space will work with children, young people and families in a therapeutic way to support emotional well being and positive mental health. We also aim to combat social isolation by providing a service where young people can engage with their peer group, removing social isolation also has a positive impact on emotional wellbeing. The program also aims to provide physical health benefits with programs including yoga and Pilates allowing children and young people to engage in physical exercise. we are also including a program of cooking and learning about foods and exploring a healthy balanced diet as well as ensuring that children received a healthy meal while attending the service.

4.4 the advancement of citizenship or community development, The children and young people that we aim to work with will be involved in the development of the services providing their contribution to the service will support community development. We want to provide a service where children and young people can spend time building relationships with the workers as well as their peer group which will provide positive outcomes for community development. The services outlined such as 8 week program will cover areas such as emotional and physical well being as well as learning skills such as cooking food, learning make up, holistic services such as meditation, mindfulness, crystal healing and reiki, these are skills that can be used throughout their lives and contribute to the their surrounding community and promote positive engagement. We have also found there is not a lot of activities for young people to do that does not cost money which can lead to disruptive behaviours in the community, this space within our Chairty will provide somewhere where young people can social interact in a positive way with theme nights, movie nights and a space where they can come and talk with someone when they may be struggling ensuring that they are not isolated. The therapeutic space is to promote connectedness for young people and explore their talents and gifts as an individual and develop these in a positive way.

4.5 the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended, The development of the programs and activities within the program will be built with the input for the children, young people and families that we intend to work with in recognising what is needed to improve the lives of all families that we work with. the charity will provide activities that ensure that each child is having fun and enjoyment as well as working within a trusted relationship that will promote positive outcomes. there will be cooking classes, make up tutorial, Pilates, yoga, cinema nights, outings all of which we have consulted young people..

Geography

- **Main operating location:** North Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-02-28	£0	£0	-	1
2025-02-28	£51,699	£50,869	-	1
2024-02-28	£27,576	£24,605	-	1

Accounts



The Holding Space SCIO Trustees' Annual Report and Accounts As at 28th February 2025



GOVERNING DOCUMENT

The Holding Space is a (SCIO) an Incorporated Scottish charitable organisation (number SC052309), governed by its constitution, established on 6th February 2023

MEMBERSHIP AND MANAGEMENT

The structure of the organisation consists of the BOARD – The maximum number of charity trustees is 7, the minimum number of charity trustees is 3. Currently there are 5 trustees who meet every 6 weeks due to working with children and young people. The board of trustees are responsible for the strategic direction and policies of the charity and generally control the activities of the organisation; the board is responsible for monitoring and controlling the financial position of the organisation. The board also appoints charity trustees to fill vacancies, and the people serving on the board (in their capacity as members of the organisation - see clauses 11 and 13) have power to make changes to the constitution itself. All have a diverse range of professional backgrounds relevant to the work of the charity. This includes social work, social care, 2 business owners with over 15 years' experience.

Due to the nature of making decisions in relation to the services that the charity provides for children and young people all trustees have a PVG.

The day-to-day responsibility for the provision of the services rest with the Charity Chief Executive Officer. The CEO is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met and has responsibility for the day-to-day operational management of the Charity.

The Charity has a team of self employed practitioners that deliver the services of the charity and is managed by the CEO. The CEO relays information to the Board of Trustees ensuring that the team continues to develop their skills and working practices in line with good practice. Responsibilities of the Trustees OSCR, the Charity Regulator, is required to monitor, encourage and facilitate charities' compliance with charity law and to increase public confidence in charities. It is a legal requirement for all charities to send a copy of their accounts to OSCR. The trustees have responsibility for preparing the Annual Accounts in accordance with applicable charities legislation. The CEO has created and implemented policies and procedures, which have then been passed by the Board of Trustees, in order to safeguard the charity against risks both operational and financial.

Accounts are either subject to independent examination or audit, in line with legislative requirements. For the 2024-2025 financial year the Accounts have been subject to independent examination.

CHARITY TRUSTEES



ADDRESS



CONTACT INFORMATION



CHARITABLE PURPOSES

"The prevention or relief of poverty", "the advancement of education", "the advancement of health", "the advancement of citizenship or community development", "the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended", "the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage"

OBJECTIVES AND ACTIVITIES

The Holding Space is a charity organisation created with the aim of providing early intervention and preventative services to support the well-being of children, young people, and families.

Our team members come from diverse backgrounds, each bringing unique knowledge and experience to support our objectives. Our approach is centred around relationship-based and trauma-informed practices while utilising a holistic approach. We believe that by addressing the root causes of issues facing children, young people, and families, we can create lasting positive change in their lives.

Our services will focus on early intervention and preventative measures, giving families and individuals the tools that they need to overcome challenges and build resilience. We believe that investing in the well-being of children and young people will create a positive ripple effect in society, leading to healthier and more prosperous communities.

The Holding Space is committed to providing high-quality, evidence-based support services, rooted in compassion and understanding. Our framework is based on five elements to enhance a child's secure base:

- Being available – supporting trust
- Respond sensitively – supporting emotional regulation
- Accept the child – builds self-esteem and promotes a sense of belonging
- Co-operative care giving – promotes self-efficacy
- Promote family membership – creating a sense of belonging and a coherent narrative

Our ultimate aim is to make a positive impact on the lives of those we serve and in turn, contribute to building a brighter future for all.

ACHIEVEMENTS AND PERFORMANCE

Here is a month-by-month summary of what the charity has achieved in its second year:

March & April 2024

In March 2024 we began working in 4 more schools and a cluster group delivering 6 “joining the dots” programs all together.

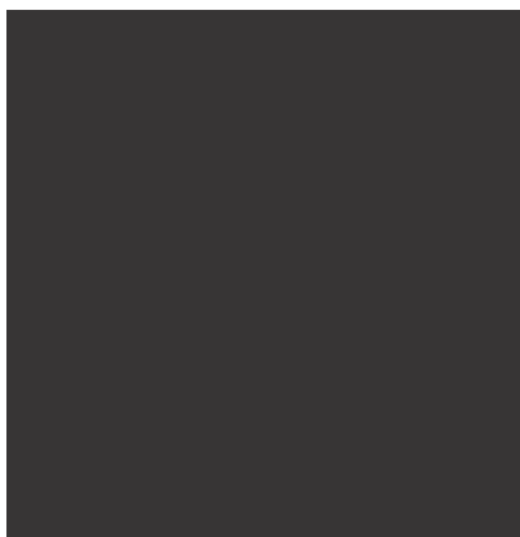
Our program consists of

- Therapeutic Art
- pet therapy
- Nurture By Nature
- Talking therapy
- mindfulness
- Connection To Self

The aim is to Help young people understand the connection between their emotions, thoughts and behaviours, while developing a deeper connection with themselves.

Our programmes focus on supporting children and young people in achieving their developmental potential through holistic therapies, and practical and academic skill support. We prioritise early intervention and prevention as part of the GIRFEC National Approach to supporting family wellbeing.

These programs were carried out in 2 primary schools, 3 programs in a SEN school and one of the programs was delivered to a cluster group of children. These children were identified as they were due to start primary school in the new school year and the purpose was to support the children with this transition. This was funded through the grant that we received from The Robertson Trust monies.



In April 2024 we continued with our 8 week “joining the dots” programs in schools. We also continued with our renovations of our purpose built premises, this included a full rewire of the building, rebuilding therapy rooms and a large space where our children and young people had space for movement and play.

We were also awarded £19,920 from the National Lottery awards for all. This was hugely beneficial to the charity in being funded to carry out “joining the dots” in the community delivering a service for children and young people in our premises outwith school hours.



May 2024 & June 2024

In May 2024 we completed the renovations of the premises and also completed 8 weeks of our programs in schools.

We also had a board meeting to plan our services moving forward.

We also had a meeting with the practitioners in order to plan our summer program. This included a 6 week creative summer sessions that was funded by Robertson Trust



July 2024

Our summer creative sessions were very popular and well received. Each session included various ways for our young people to express themselves in a creative way as well as build relationships with the practitioners and other young people and families who attended. This included

*creative and movement

*pots and plants week

*board game week

*book week

On the week that we held the book week a children's author came to the space and read her book to the young people and donated a copy of her book to the young people. She also had a Q & A session where the young people could ask her about the book, how she came up with the story and what her inspiration this was.

Each session we also provided food and snacks for our young people with an awareness of holiday hunger and ensured that each young person attending were given a meal.



We also delivered the first “joining the dots program” that was delivered from our premises. When we carried out our programs in schools some of the feed back that we received was that the kids wanted to attend the program outwith school hours. This was funded by the national lottery community fund, the grant would fund 4 of our “joining the dots” programs delivered from our premises.



August 2024

In August we had our open day in were we invited children, young people and families to join us in our premises were they could get more information about our services, meet the board members and practitioners and provide a space for families to socialise with each other also. On this day we provided food for our young people and families who attended. We also had a magician attended, face painter, glitter tattoos and beauty technician to provide services such as nail painting. This was a day full of fun and connection and provided a vital opportunity to grow awareness around our services and what supports we can provide within the community.



In August we delivered 121 sessions for our young people to provide support. Some of our young people who attended 121 sessions found it difficult to attend group work which created a barrier to attending the services we were providing. In order to combat this we consulted with parents, caregivers and young people as well as board members and practitioners and concluded that 121 sessions would work better. We carried this out with young people in need of additional support and also modified our “joining the dots” program to include 121 sessions also.

September 2024

We continued with “joining the dots” program

We launched our creative theatre school in Whitehill in South Lanarkshire. Half of our board members are from this area and had identified that this was an area of deprivation and socio-economic disadvantage. We wanted to provide a service where we could support young people to express themselves through the use of arts. When we consulted with young people some had voiced that a theatre school was something that they were interested in however found some aspects of this too overwhelming. In order to combat this we created a “creative theatre school” which included singing, dancing, acting but also included arts and crafts, making musical instruments and script writing. This was to ensure that we were creating a needs led service that was inclusive and mindful of some of the challenges that young people may face and looked to address this. Our young people have loved this aspect of our service and there is an attendance of 15+ young people who attend each week. Our children have various backgrounds and challenges including ASN, neurodiversity, socio-economic disadvantage and disabilities.



To continue to raise funds we also completed the Kiltwalk in Edinburgh, the monies that we raised were also match funded by William Grants and Sons.



We also launched our art sessions for children and young people. Kid art classes provide a safe space where children can express and communicate their creative voice through play. For children this can provide the additional benefits of holding their attention and developing important cognitive and sensorimotor skills.



The Holding Space received £596 from the local SPAR store to support the services that we deliver in the local area via their SPAR stars funding.

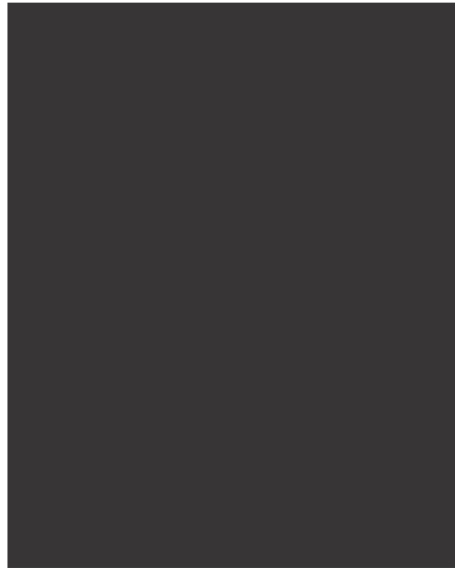


October 2024

In October we delivered more art sessions for children and young people. We also delivered a Halloween creative work shop. The Majority of our young people who attend our services are neurodivergent. When speaking with young people and caregivers they identified that it was sometimes difficult for them to attend mainstream recreational activities as there was not an option for their parent to stay with them. At the Holding Space we have a room that we provide for parents to stay on the premises so that they are nearby for their children and this also provides an opportunity for our parents and caregivers to connect with each other and build relationships serving to combat social isolation outwith our service deliver operating hours.



Our “joining the dots” program continued in October where we had Tommy our therapist golden retriever who attended on one of the sessions to engage with the young people attending the program.



The Holding Space continued to provide 121 sessions for young people with our practitioners the was funded by the grant that we received from The Robertson Trust.

In October the children who attend our creative theatre school put on a Halloween show for their parents, caregivers' families and friends from the local community, around 70 people attended this and the young people were overjoyed to show their families how hard they had been working. This event provided connection within the community and also a sense of pride within the young people.

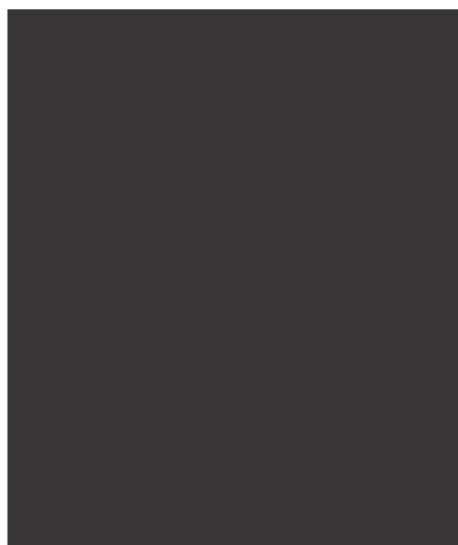


November 2024

Some of the feedback that we had from our young people and caregivers was that there was a need for services that our young people could continue to attend outwith workshops and programs. We sought to provide continuation of care and provide an opportunity for our young people to continue to access the therapeutic relationships that they had build with practitioners as well as the relationships that they had built with other young people. We then launched our youth group to address this need. Delivering this on a fortnightly basis with various activities such as arts and crafts, board games, movement and play



We hosted a drop in day in November providing an opportunity for the local community to attend our premises meet our practitioners and access support. This was also an opportunity to connect with each other serving to combat social isolation and create a space were everyone could attend and connect with each other.



We delivered some art sessions with our practitioners in a small group setting. Our young people use arts and crafts as a way of expressing themselves through creative play. This also provides an opportunity for our young people to build therapeutic relationships with our practitioners as well as build relationships with other young people.

We also had an evening where we had a visit from Skye the parrot, our young people were able to meet Skye as well as ask questions about her where her owner [REDACTED] gave us lots of information not just about Skye but all about her species. The young people loved this event and has asked that she return again to the Holding Space.



December 2024

In December we continued with our youth group which the kids loved attending. We also had our Christmas tree up and had Christmas activities such as making Christmas cards and Christmas baubles.

[REDACTED] attended Blochairn market to raise monies for The Holding Space and also to raise awareness about our services.

Our Theatre group attended a Christmas party night were The Holding Space funded 22 children to go to the cinema to see Moana 2. Each child was also given snacks and a Christmas present, monies from The Robertson Trust Foundation were used to fund this evening. The children who attended voiced that they really enjoyed their evening and had lots of fun spending time together during the period of Christmas festivities.

January 2025

The Holding space premises and service delivery was closed over the Christmas period and reopened in January 2025. The Holding Space Creative Theatre School relaunched on 15th January, our youth group on 24th January and the last program of “joining the dots” was also launched.

The Holding Space received a grant from North Lanarkshire Council of £2000 where we were able to launch our “sense of purpose” program

February 2025

When speaking with our young people they had voiced that they would like a program were they were able to build something that they had created from scratch. In development of this we incorporated the use of arts and crafts and a cricut machine. Our young people created images using arts and also using creative software on the cricut machine that allowed them to transfer their creations onto water bottles, pencil cases and other items. The young people were then able to take these away and use them in school or gift them to their friends and family. This supported our young people to build a sense of pride of seeing something that they had created imaginatively and bring it to life and something that they could use in school.



In February we also began work in 4 different schools delivering our “joining the dots” program via VANL funding that each school cluster could access. We delivered our program in 2 secondary schools, a cluster of 3 primary schools and also 1 ASN school.



FUTURE PLANS

The Holding Space will continue to provide services to support the mental health and well being of children, young people and families in Lanarkshire. This will be done in our premises and also within schools. In June 2025 [REDACTED] attended a networking meeting alongside other third sector organisations in Lanarkshire that was supported by VANL and North Lanarkshire council. From this event 15 Joining the Dots programs were requested to be delivered by various cluster leads. This is due to take place in the new school term in August 2025.

We have also been doing lots of networking with other organisations and have created links with other organisations such as Twechar health living and enterprise centre and Anam Alba. We have attended events that has been delivered by Anam Alba and understand how vital it is to create these links and work together to create change for our children young people and families. [REDACTED] continue to attend training events in order to ensure that we provide a needs led service and purposeful early intervention.

[REDACTED] has also created a training school called "use of Self", the vision for this is to provide accredited training events and workshops working alongside parents, caregivers and professionals to support those who support children. The training that [REDACTED] has developed has been assessed and accredited by the CPD group and are now recognised courses. [REDACTED] seeks to deliver these on a pilot basis at no cost in order to provide a service that can support those who are supporting children.

[REDACTED] is also due to attend book bug training in June 2025, the purpose of this training is to provide a service that can be accessed by preschool children and babies as the services that we currently offer are accessed by children aged 5 years plus.



FINANCIAL REVIEW

During the year, The Holding Space SCIO generated total receipts of **£51,699** (2024: £27,576), reflecting a significant increase in income, primarily due to successful grant awards received within restricted funds. Grant income rose to **£39,820**, compared with **£8,800** in the previous year. Unrestricted income totalled **£12,779**, with strong contributions from donations, income-generation activities, and other income.

Total payments for the year amounted to **£50,869** (2024: £25,306). The majority of expenditure related to charitable activities, which increased in line with the delivery of funded projects. Charitable payments totalled **£44,902**, including **£36,827** from restricted funds. Capital purchases amounted to **£4,128**, supporting improvements to the charity's facilities and equipment. Governance costs were **£1,840**, reflecting the charity's continued investment in robust oversight and compliance.

As a result, the charity achieved an overall **surplus of £829** (2024: £2,271). This comprised a surplus of **£86** in unrestricted funds and **£743** within restricted funds. These positive results strengthen the charity's financial position and help ensure continued support for core services and project delivery.

RESERVES POLICY

The charity aims to maintain unrestricted reserves equivalent to approximately three months of operating costs, in order to protect against unexpected shortfalls or urgent funding needs.

Restricted reserves relate to specific project commitments and currently cover £6,000 of salary, rent, partial running costs, and other project expenses. Reserves will not include any restricted or designated funds.

Any use of unrestricted reserves must be approved by the Trustees. This policy will be reviewed annually to ensure it remains appropriate.

As at 28 February, the closing balance for unrestricted funds increased to £1,558, providing a modest but stable level of freely available reserves. The current reserves target is £1,000, representing one month of running costs excluding refurbishment costs. The unrestricted reserves therefore exceed the current reserves target.

CLOSING BANK BALANCE	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
CASH IN HAND AND BANK				
The Holding Space SCIO	523	2,243	2,766	1,113
The Holding Space Credit Union	-	-	-	1,865
Cash in hand	1,035	-	1,035	(6)
CLOSING BALANCE 28.02.25	1,558	2,243	3,801	2,972

**THE HOLDING SPACE SCIO RECEIPTS AND PAYMENTS ACCOUNTS AND
STATEMENT OF BALANCES
FOR THE YEAR ENDED 28 FEBRUARY 2025**

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
RECEIPTS				
Donations	3,469	-	3,469	4,250
Income generation	7,587	-	7,587	14,525
Grant income	900	38,920	39,820	8,800
Other income	2,543	-	2,543	1
TOTAL RECEIPTS	12,779	38,920	51,699	27,576
PAYMENTS				
Fund raising Costs	-	-	-	288
Charitable Payments	8,075	36,827	44,902	24,317
Capital purchases	3,378	750	4,128	-
Governance	1,240	600	1,840	-
TOTAL PAYMENTS	12,692	38,177	50,869	24,605
SURPLUS/(DEFICIT)	86	743	829	2,272

STATEMENT OF BALANCES

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
OPENING BALANCES				
Opening balances (01.03.24)	1,472	1,500	2,972	-
Surplus/(Deficit) for the year	86	743	829	2,972
CLOSING BALANCES (28.02.25)	1,558	2,243	3,801	2,972
CASH IN HAND AND BANK				
The Holding Space SCIO	523	2,243	2,766	1,113
The Holding Space Credit Union	-	-	-	1,865
Cash in hand	1,035	-	1,035	(6)
CLOSING BALANCE (28.02.25)	1,558	2,243	3,801	2,972

1 BASIS OF ACCOUNTING

These accounts have been prepared on the receipts and Payments Basis in accordance with the charities and Trustee investment (Scotland) Act 2005 and the charities Accounts (Scotland), Regulations 2006(as amended)

2 NATURE AND PURPOSE OF FUNDS

Unrestricted Funds-Unrestricted funds come from donations, fundraising activities and rental income that is available for the general purposes of the charity. These funds may be used at the discretion of the Trustees to support the day-to-day operations of The Holding Space SCIO, including staffing, core running costs, service delivery, and any other activities that further the charity's objects. Unrestricted funds also include any donations or income not specifically designated by donors or funders for particular projects.

Restricted Funds-Restricted funds consist of grants and donations received for specific purposes as determined by the funder. These funds can only be used in accordance with the conditions attached to each award. During the year, restricted income supported project delivery, programme activities, and capital improvements aligned with funder requirements. Any unspent balances at the year-end are carried forward to be applied to the continuation of these restricted activities in the next financial period.

FUND BALANCES as at 28.02.25

	Opening Bal- 01.03.24 £	Receipts £	Payments £	Closing 28.02.25 £
Restricted, VANL-Portland	-	4,500	4,487	13
Restricted, VANL-St Marys	-	1,500	1,500	0
Restricted, VANL-St Andrews	1,500	-	751	749
Restricted, Robertson Trust	-	10,000	10,000	-
Restricted, NLC-Challenge Fund	-	1,000	994	6
NLC A Sense of Purpose	-	2,000	414	1,586
Restricted, Lotto- Awards for all	-	19,920	19,920	-
TOTAL RESTRICTED FUNDS	1,500	38,920	38,067	2,353
UNRESTRICTED, GENERAL FUND	1,472	12,779	12,802	1,449
TOTAL FUND	2,972	51,699	50,869	3,801

3 RELATED PARTY TRANSACTIONS

No remuneration has been paid to any trustees in accordance with section 67 of the Charities and Trustee investment (Scotland) Act 2005. There were no other salaries paid to any connected persons during the year. There were no expenses paid to trustees or connected persons during the year.

The sum of £1,825 was paid into the Chairperson's(CP) personal account and then £1,000 was transferred into the charity's bank account and can be seen in other income, the other £825 was used to pay for various refurbishing costs.

		25	24
1 Trustee	Out of pocket	2,466	£9,380

4 DONATIONS

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Donations-Non-Gift Aid	-	-	-	2,250
Donations Business	1,749	-	1,749	-
Speedo Mick Foundation	-	-	-	2,000
TOTAL	3,469	-	3,469	4,250

5 FUNDRAING

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Rental Income	1,720	-	1,720	-
Fundraising	5,867	-	5,867	14,525
TOTAL	7,587	-	7,587	14,525

6 GRANT INCOME

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
The National Lottery	-	19,920	19,920	-
Robertson Trust	-	10,000	10,000	7,000
North Lanarkshire Council	900	3,000	3,900	-
South Lanarkshire Council	-	-	-	300
Voluntary Action North Lanarkshire	-	6,000	6,000	1,500
TOTAL	900	38,920	39,820	8,800

7 OTHER INCOME

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Other Revenue	1,543	-	1,543	1
Trustee Repayment*	*1,000	-	*1,000	-
TOTAL	2,543	-	2,543	1

8 FUND RAISING COSTS

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Raffles	-	-	-	12
Fundraising costs	-	-	-	276
TOTAL	-	-	-	288

9 CHARITABLE PAYMENTS

Charitable Payments	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Salaries	-	6,000	6,000	1,500
Self-Employed Practitioners	220	10,848	11,068	350
Programme Administration	-	1,658	1,658	700
One to Ones	40	1,780	1,820	530
Training	-	264	264	
Admin Costs	-	1,900	1,900	797
Rent	-	11,006	11,006	6,290
Insurance	-	811	811	9
Factor Fees	355	1,063	1,418	-
Refurbishment	5,575	530	6,105	9,475
Signage	-	-	-	600
Light, Power, Heating	514	31	545	-
Cleaning	-	-	-	335
Storage Fees	325	-	325	374
Advertising and Marketing	-	-	-	375
Telephone & Internet	20	-	20	-
Printing & Stationery	114	145	259	85
Postage, Freight & Courier	2	-	2	20
IT Software and Consumables	40	77	117	-
Consulting	-	-	-	350
Food and Snacks	120	193	313	118
Motor Vehicle Expenses	40	-	40	-
Refreshments	-	4	4	-
Open day Costs	-	200	200	-
Dog therapy	-	305	305	1,946
Crystal Purchases	-	-	-	354
Welcome Packs	-	12	12	3
Subscriptions	586	-	586	-
Sundries	124	-	124	101
bank Fees	-	-	-	5
TOTAL	8,075	36,827	44,902	24,317

CAPITAL PURCHASES

10 LIABILITIES

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Capital purchases	3,378	750	4,128	-
TOTAL	3,378	750	4,128	-

11 GOVERNANCE

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Community Accounting Service	240	600	840	-
Trustee payments*	* 1,000	-	1,000	-
TOTAL	1,240	600	1,840	-

The £1,000 Trustee-related payment has been fully reimbursed to the charity and subsequently allocated to unrestricted general funds.”

12. FIXED ASSETS

The Holding Space Establishes £250 as the threshold amount for minimum before being added to Fixed asset register. All items of a capital nature are expensed in the Receipts and Payments accounts. Assets will be valued at historic cost.

	<u>2025 £</u>
Assets	4,128

12 LIABILITIES

The charity occupies premises leased from *The Braid Family Pension Scheme* under a non-cancellable operating lease agreement. The lease commenced on 19 June 2023 for a term of five years, ending 18 June 2028. A rent-free period was granted from 19 June 2023 to 30 November 2023.

The annual rent is £12,000 per annum, payable in instalments. The next rent review is scheduled for 18 December 2025.

As at 28 February 2025, the charity owed £1,000 in rent. During the period, the landlord agreed to offset rent of £1,000 in respect of radiators/heaters purchased directly by the charity for the premises, rather than reimbursing the charity. This transaction has been treated as a settlement of rent expense to reflect the economic substance.

Factor Fees	£228.19	Quarterly	Subject to repair and maintenance schedule
Property Insurance	£835.17	Annually	Payable each year

LEASING COSTS

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Rent*	-	11,006	11,006	6,290
Insurance	-	811	811	9
Factor Fees	355	1,063	1,418	-
TOTAL	355	12,880	13,235	6,299

The landlord provided a £1,000 rent reduction as a contribution towards substantial refurbishment costs.

The accounts for the year are attached on pages 1 to 11 and the notes to the accounts form an integral part of this report.

The report was approved by the trustees on

and signed on their behalf



Date 26 Nov 2025 (UTC)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE HOLDING SPACE

I report on the accounts of the charity for the year ended **28th February 2025** which are set out on pages 1 to 24

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Charities Accounts (Scotland) Regulations 2006 does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINERS' STATEMENT

In the course of my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signe

Finan

Professional Qualification : MAAT AATQB

Address: Voluntary Action North Lanarkshire
7 Scott Street
Motherwell
ML1 1PN

Date: ... 26 Nov 2025 (UTC) ..