

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	02	2024	To	31	01	2025

Reference and administration details

Charity name	RWM Education
Other names charity is known by	Real World Meditation
Registered charity number	SC052234
Charity's principal address	

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	Chair		
	Secretary		
		From January 15, 2025	

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

The charity was incorporated as a SCIO and received charitable status on 9 January 2023

Trustee recruitment and appointment

Trustees [REDACTED] formed the original trustees upon incorporation and agreed for [REDACTED] to take the lead as Chair and Treasurer, with [REDACTED] as Secretary. Sadly [REDACTED] died on 8th March 2023. [REDACTED] joined the board of trustees on January 15th, 2025.

Objectives and activities

Charitable purposes

To advance education about the practices of meditation and mindfulness with the goal of advancing health, happiness and self-healing for the general public.

Summary of the main activities in relation to these objects

In person courses at low or no-cost for the general public and for other non-commercial groups.

Websites with supporting materials, recordings and online courses.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

48 classes hosted in Edinburgh and in East Lothian with an average of between 25 and 35 attendees in Edinburgh and 10 to 20 in East Lothian.

All classes were offered free of charge.

Two series of classes was offered on behalf of the Eric Liddell Community Centre's Carers Program offering services to unpaid carers.

The websites were combined into a single site – www.realworldmeditation.org.uk – with a new design and entirely new construction. It contains numerous free recordings and courses for the public.

A 60 day online course, free to all, began in January 2025.

Financial review

Brief statement of the charity's policy on reserves

£3,255 was spent by the charity.

On this basis and thanks to a one off donation from a US charity there are currently around 3 years of reserves.

It is the intention of the charity to spend roughly what it takes in each year, but with the intention of holding 1-2 years of reserves if possible.

Details of any deficit

There was a deficit made within the year of £2,290

Donated facilities and services (if any)

The Eric Liddell Community Centre in Edinburgh and The Lamp of Lothian Trust have been donating teaching space for free to the charity.

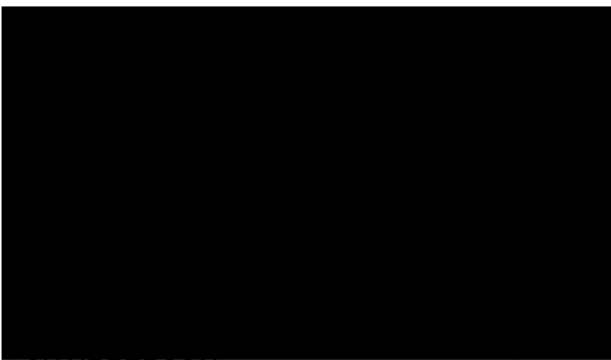
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Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (e.g. Chair)		
	CHAIRPERSON	
Date	9/10/2025	

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		Independent examiner's report on the accounts v2						
Report to the trustees/members of		RWM Education						
Registered charity number		SC052234						
On the accounts of the charity for the period		Period start date				Period end date		
		Day	Month	Year		Day	Month	Year
		01	February	2024	to	31	January	2025
Set out on pages		1-6						
		(remember to include the page numbers of additional sheets)						
Respective responsibilities of trustees and examiner		<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>						
Basis of independent examiner's statement		<p>My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.</p>						
Independent examiner's statement		<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:					Date:	09 October 2025		
Name:								
Relevant professional qualification(s) or body (if any):		Institute of Chartered Accountants of Scotland						
Address:		Whitelaw Wells						
		9 Ainslie Place						
		Edinburgh						
		EH3 6AS						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

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Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	02	February	2024		31	January	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	761				761	17,797
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts	204				204	90
Income from investments other than land and buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
A1 Sub total	965	-	-	-	965	17,887
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	965	-	-	-	965	17,887
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	3,255				3,255	6,079
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	3,255	-	-	-	3,255	6,079
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-
Total payments	3,255	-	-	-	3,255	6,079
Net receipts / (payments)	(2,290)	-	-	-	(2,290)	11,808
A5 Transfers to / (from) funds						
					-	-
Surplus / (deficit) for year	(2,290)	-	-	-	(2,290)	11,808

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	11,808	-	-	-	11,808	-
	Surplus / (deficit) shown on receipts and payments account	(2,290)				(2,290)	11,808
						-	-
						-	-
	Cash and bank balances at end of year	9,518	-	-	-	9,518	11,808
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Independent Examination		840	600
		Total	840	600

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of approval

09 October 2025

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

To advance education about the practices of meditation and mindfulness with the goal of advancing health, happiness and self-healing for the general public

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
Trustee	██████████ is not seeking reimbursement for expenses incurred on behalf of the charity totalling £741 (2024: £5,328).	741	

C6 Other information

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	741				741	5,671
RWM Education US	-				-	12,126
Other donations	20				20	
					-	
Other donations					-	
					-	
Total	761	-	-	-	761	17,887
	-	-	-	-	-	reference

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £		Total current period to nearest £	Total last period to nearest £
				-	
				-	
				-	
				-	
Total	-	-		-	-
	-	-		-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Book sales	201				201	90
Services	3				3	
					-	
					-	
					-	
					-	
Total	204	-	-	-	204	90
	- #	-	-	-	- #	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Charity Admin	744				744	664
Website	1,056				1,056	2,446
Software	210				210	102
Equipment	182				182	16
Marketing	311				311	1,446
Bank charges	18				18	2
Travel	124				124	803
Postage	10				10	-
Independent Examination Fee	600				600	600
					-	-
					-	-
Total	3,255	-	-	-	3,255	6,079
	-	-	-	-	-	-