

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	01	01	2023		31	12	2023

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Frame Running Scotland

SC052168

Names of the charity trustees on date of approval of Trustees' Annual Report

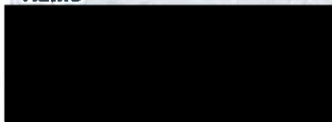
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint (if any)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name

Dates acted if not for whole year



Structure, governance and management

Type of governing document

The charity is a single tier Scottish Charitable Incorporated Organisation (SCIO), governed by its constitution.

The charity has no affiliation to an umbrella group or parent body.

Trustee recruitment and appointment

The Board appoints the Trustees.

Objectives and activities

Charitable purposes

- A. the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage (including relief given by the provision of accommodation or care)
- B. the advancement of public participation in sport (and sport means sport which involves physical skill and exertion)
- C. the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended

Summary of the main activities in relation to these objects

- a) raising awareness of Frame Running across communities and in particular with sport, education and health organisations
- b) increasing Frame Running participation in recreation and competition across Scotland. This may include organising events.
- c) supporting the development of Frame Running at international, national, club and individual levels
- d) supporting national (within Scotland) Frame Running startups/activities/come & tries where possible.
- e) fundraising to support the activities a, b, c and d above.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

The financial year ending December 31st 2023, was our first year and very much a start up year putting in place core communication foundations. Such as website, social media, distribution list and newsletter. This work was all undertaken by volunteers.

The most significant and exciting achievement for the year, was the launch of the Wooden Spoon Frame Running Equipment Hub. The hub is the first of its kind. The purpose of the hub is to provide clubs access to running frames and accessories and in doing so help remove the equipment barrier to clubs providing opportunity. The hub loans equipment to new and existing clubs. It also coordinates equipment interchange "swap shop" between clubs. The hub was formed by Frame Running Scotland through the following partnerships: Wooden Spoon Rugby Charity, Neils Wheels Charity, Queen Margaret University, Victoria Park Athletics Club, Scottish Athletics, Scottish Disability Sport and ACE Race Running Charity.

We delivered an Introduction to Frame Running course.

Financial review

Brief statement of the charity's policy on reserves

On commencing financial operation next year, the charity will maintain reasonable reserves as contingency.

Details of any deficit

None.

Donated facilities and services (if any)

Victoria Park Athletics Club provide a lockable container for storage of Equipment Hub equipment.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

TREASURER.

CHAIR

Date

16/9/24

17/9/24

SC052168



Receipts and payments accounts						
For the period from	2023			to	2023	
	01	01	2023		31	12

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
A1 Sub total	-	-	-	-	-	-
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	-	-	-	-	-	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	-	-	-	-	-

Section B Statement of balances

2023 Annual Report - Appendix 2 / Statement of balances

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity. This includes unrestricted funds for the day-to-day running of the club. Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor.

[illegible]

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
---------------------------------	--	---

	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
-----------------------------	---	----------

	Number of trustees	£
C4b Trustee expenses - details		

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C6 Transactions with trustees and connected persons				

C8 Other Information	No cash or funds transactions occurred during the calendar year 2023. In addition during the calendar year 2023 no funds were held by the charity and the charity did not have a bank account. A bank account will be created in calendar 2024 as the charity commences undertaking funds transactions.
----------------------	---

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
Total	-	-	-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

SC052168

Additional analysis (2)

5 Breakdown of unrestricted funds

	From unrestricted funds (2006-2007)	From restricted funds (2006-2007)	From restricted funds (2007-2008)	From restricted funds (2008-2009)	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations						
Legacies						
Grants						
Receipts from fundraising activities						
Gross trading receipts						
buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
Sub total						
Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
Sub total						
Total receipts						
Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities						
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Sub total						
Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
Sub total						
Total payments						
Net receipts / (payments)						
Transfers to / (from) funds						
Surplus / (deficit) for year						
Nature and purpose of funds						



Additional analysis (3)

6 Breakdown of restricted funds

					Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total						
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total						
Total receipts						
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total						
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total						
Total payments						
Net receipts / (payments)						
Transfers to / (from) funds						
Surplus / (deficit) for year						
Nature and purpose of funds						

APPENDIX 3

OSCR
Scottish Charity Regulator

		Independent examiner's report on the accounts						v2
Report to the trustees/members of	Charity name	Frame Running Scotland						
Registered charity number		SC052168						
On the accounts of the charity for the period	Period start date	Day	Month	Year	to	Day	Month	Year
		01	01	2013		31	12	2023
Set out on pages		(remember to include the page numbers of additional sheets)						
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>							
Basis of independent examiner's statement	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>							
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 							
Signed:								Date:
Name:								
Relevant professional qualification(s) or body (if any):								
Address:								

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose