

Addictions Recovery Cafe SCIO

Scotland · Charity number SC052066

Details

Known as	ARC
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2022-10-13
Register	View on the OSCR register

Contact

Address 83 Cowal Place
Dunoon
PA23 7PX

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Provide a safe place for Recoverists to meet, and access aid. We signpost to organizations that help people with drug and alcohol addictions, assisting them on their road to recovery and helping to maintain that recovery. Our primary days of opening are Wednesdays where we provide a welcoming environment with hot food (usually soups) and sandwiches, cakes etc. We offer food from Food-share and other donators plus any hot food remaining to take away. We have a number of both other charitable organizations (housing associations, Bute Advice, adult learning, home energy/warm home etc) and Govt agencies that attend on various Wednesdays and meet with the Recoverists in need. One of the big aims of our charity is the reduction of the stigma involved with addictions. We have a rough split of 40% each drug and alcohol Recoverists (although, often they have can have issues with both drugs and alcohol) with the remaining 20% what we call 'social' attendees.

Beneficiaries: 'People with disabilities or health problems'

Objectives: a) To provide a safe, welcoming and therapeutic environment that offers different models of recovery for individual affected by addiction b) To advance education by breaking down the stigma and barriers surrounding recovery and open a path for those suffering, back into the community c) To advance health by improve quality of life by offering peer support for those who need a helping hand d) To provide access to information, training and volunteer work to aid with career prospects e) To identify gaps in existing service provision and work in partnership to fill these areas with relevant organisations f) To inform and influence policy making at local and national level g) To advance education and raise awareness of the whole family dimensions of addiction and recovery and to reduce stigma

Geography

- **Main operating location:** Argyll And Bute
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	-	0
2025-03-31	£3,113	£14,737	-	0
2024-03-31	£85,526	£45,174	-	0

Addictions Recovery Cafe SCIO

Scotland - Charity number SC052066

Accounts



ARC Annual General Meeting

Wednesday 17th December 2025



AGENDA

1. Welcome, Introductions, Apologies
2. Trustees report & presentation - [REDACTED]
3. Treasurer's report - [REDACTED]
4. Discussion & acceptance of the Trustees and Treasury Reports,
5. All Trustees step down, Convenor asks for nominations for Trustees and Chair, Secretary and Treasurer.
6. Those nominated accepted if not contested, otherwise votes take place
7. Decisions recorded
8. AOB
9. Close



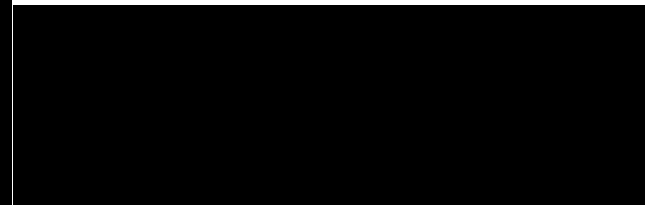
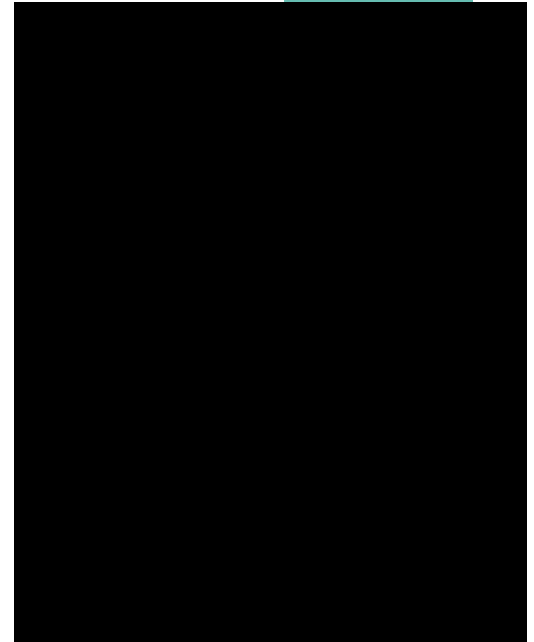
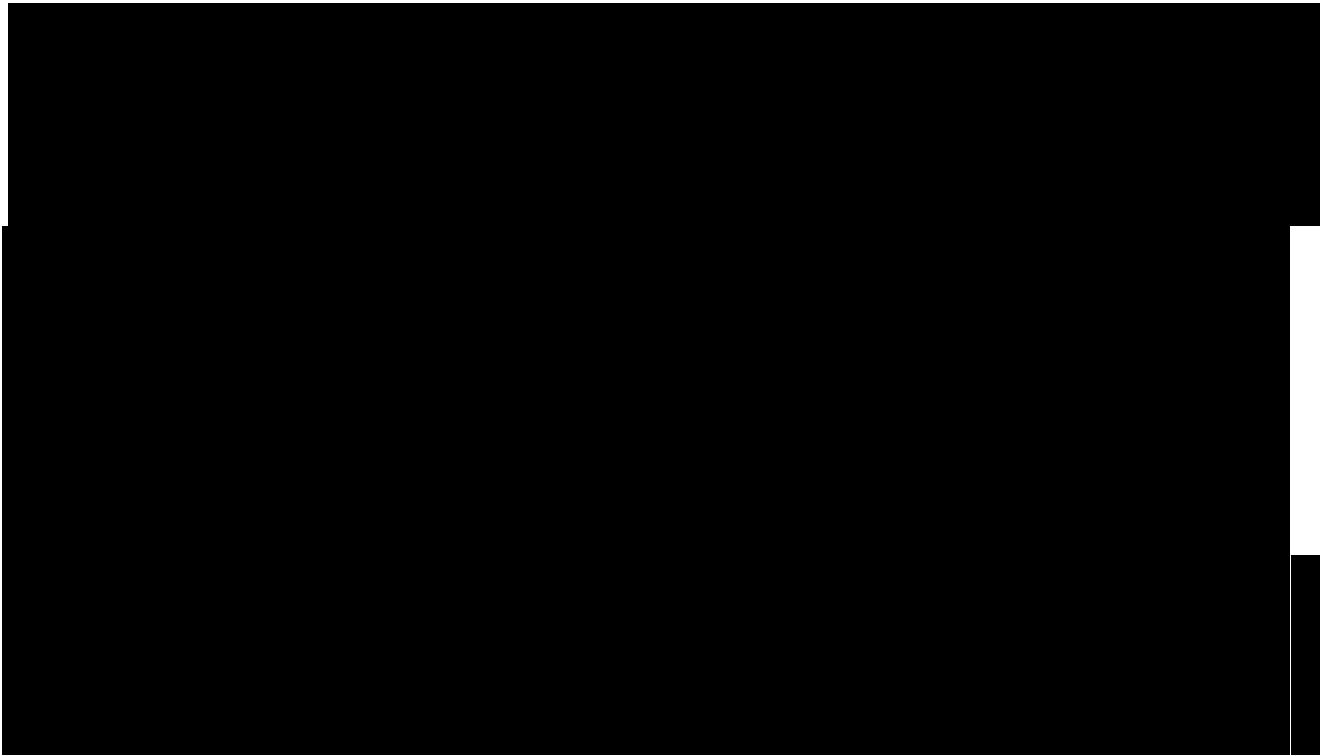
ARC – The Addictions Recovery Cafe

Trustees Annual Report and AGM

17th December 2025



ARC Charity number SC052066





ARC – The Addictions Recovery Cafe

Trustees Annual Report and AGM

17th December 2025



Reporting period 19th June 2024 to 17th December 2025

There have been various changes within the ARC since October 2024. Late in 2024, we were asked that we vacate our purpose built premises in John Street by Christmas. No particular reasons were given. We requested and were given an extension to allow us time to look for alternative premises

Initially we moved to the Queens Hall. The QH staff were incredibly welcoming and made our time there run smoothly. We used the Clyde Corner Cafe to provide excellent soups and sandwiches. We wish to thank both the QH and Clyde corner for helping us through this transitioning period.

Unfortunately, the environment at the QH didn't necessarily suit some of our recoverists. In such a public building, there is little privacy and this openness lead to attendance dropping sharply. We also had to consider the long term significant costs in staying there. We were then offered to have the ARC Wednesday hosted at the Food-Bank. We moved in May 2025 and have been successfully operating there since



ARC – The Addictions Recovery Cafe

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ARC has continued to be a success from the day it officially opened on the 17th May 2023. We still have an average of 25 to 35+ attending on the ARC Wednesdays. Mostly recoverists but we welcome members of the public.

We provide home-made soup, usually two choices, freshly made sandwiches, cakes and biscuits, hot and cool drinks. Most important are our efforts in listening and talking to everyone who attends, confidentiality is adhered to. We can provide advice although we generally refer (signpost) people to various professional services. Such as:

ACHA (Argyll Community Housing Association) – [REDACTED]

Bute Advice – [REDACTED] benefits, housing, gov. access

Live Argyll – [REDACTED] digital learning, Adult literacy, SVQs, Maths and English

LAAS = [REDACTED] (Lomond Argyll Advocacy Service)

AliEnergy (at the Foodbank on Fridays) – ARC has been handing out Winter Packs; socks, blankets, gloves and hot water bottles - supplied by AliEnergy. These have been gratefully received

Citizens Advice (via the Foodbank)

The family drop-in groups are now run by [REDACTED] at the Recovery Corner (The original Hub) in John Street



ARC – The Addictions Recovery Cafe

Trustees Annual Report and AGM

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We have developed a close relationship with With You in Dunoon over the last 2 ½ years and are developing a good relationship with the Food-Bank

The TahDah women's support group is an offshoot from the ARC, still going strong, meeting on Tuesdays at the Community Hub with a growing number of members – it is a very confidential time together, with much conversation, laughter and tears, where solutions and conclusions abound.

ARC have been providing funding for Gym and Swimming Pool memberships at Cove's Hunter Quay Village and for Yoga at the Queen's Hall in Dunoon. We intend to continue with the Swimming and Yoga through Christmas and as the gym there has now closed, we are in negotiations for gym access at a number of locations.

ARC took part in the annual Recovery March, this year in Stirling. We joined a coach load of Recoverists and supporters from Dunoon, providing ferry tickets for the event - for an enjoyable day

The ARC is involved with a new recovery group - the name is yet to be chosen. The first conference was held at the Recovery Corner with 25 people attending. The next meeting will be on Tuesday 11th February 2026. It was recognised that the ARC will play a significant role in this.



ARC – The Addictions Recovery Cafe

Trustees Annual Report and AGM

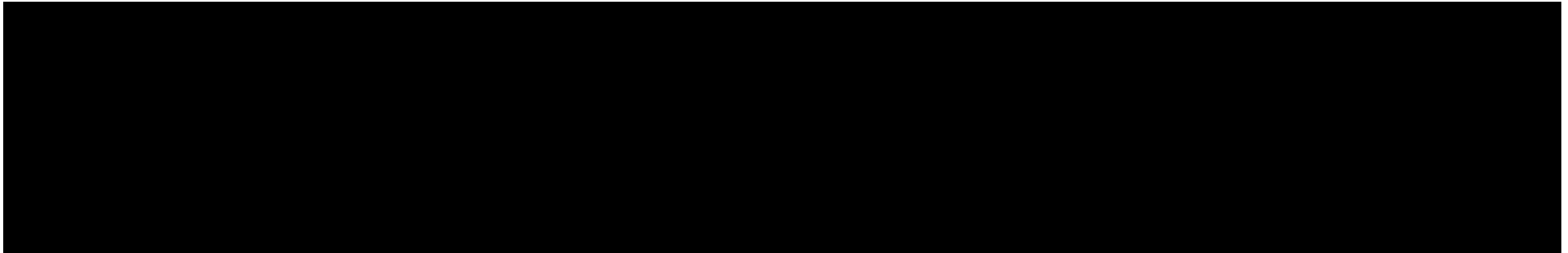
17th December 2025



The structure of ARC has changed in the last 8 months, some of the volunteers moving on for various reasons as have a few Trustees. We are actively looking for volunteers, office bearers and Trustees to allow the Charity to continue. Our intention is to obtain a self employed Co-ordinator to help in the day to day management of the ARC.

Certainly in Dunoon and the Cowal, there are not too many volunteers coming forward. ARC is not alone in this and our understanding is that most volunteer organisations are struggling as the pool of available people ages.

In conclusion, we are determined to keep the ARC up and running. With so many people attending weekly, there is such a good atmosphere in a warm and welcoming place. We would like to thank all the people and organisations in Dunoon along with our Trustees, Volunteers and recoverists, who make the ARC what it is.





ARC financial Summary

For the period 1st April 2024 to 31st March 2025.



Mrs Macs Books have prepared and signed off accounts for this period – now ready for submission to OSCR

	Unrestricted Funds	Restricted funds	Totals
Cash and bank balance start of year	£40,638.00		£40,638.00
Surplus/(deficit) shown on receipts and payments	-£2,521.00	-£9,103.00	-£11,624.00
Cash & Bank balances	£38,117.00	-£9,103.00	£29,014.00



ARC financial Summary

For the period 1st April 2024 to 31st March 2025.



Can Donations	Petty Cash	Bank	Totals
Balances start of year	£245.69	£40,391.90	£40,637.59
Donations/other income	£1,678.55	£1,462.49	£3,141.04
Transfers from bank	£0.00	£1,040.00	£1,040.00
Total Receipts	£1,924.24	£42,894.39	£44,818.63
Payments	-£569.24	-£14,195.53	-£14,764.77
Payments	-£569.24	-£14,195.53	-£14,764.77
Transfers to Bank	-£1,040.00	£0.00	-£1,040.00
Total Payments	-£1,609.24	-£14,195.53	-£15,804.77
Balance end of year	£315.00	£28,698.86	£29,013.86



ARC financial Summary

Operating Costs To Date - 17th December 2025



As of the 31 st December 2025	Petty Cash	Bank	Totals
Cash and bank balance to date	£328.23	£24,150.99	£24,479.22

ARC at the Queen's Hall	5 th March to 28 th May
Room Hire	£1,260.00
QH Beverages	£240.00
Clyde Food	£873.47
	£2,373.47
13 Wednesdays	£180/day

Cove Gym	£5,500.00
Rebate	-£576.92
(The Gym deal is now closed)	£4,923.08
Cove Swim	£1,950.00

Joni Yoga	£1,075.00
QH Yoga Room	£1,185.00
	£2,260.00
To End December	Yoga is continuing

Walkers Container	£1,287.00
£117/month x 11	With 5th Month Free

Foodbank	£1,250.00
to end December	(£50/Wednesday)

GRAND TOTAL	£18,966.63
not including food	

ARC - Addiction Recovery Café

SC052066



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	1	April	2024		31	March	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	2,650				2,650	8,789
Legacies						
Grants						56,927
Receipts from fundraising activities						2,200
Gross trading receipts						
Income from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities	463				463	17,610
A1 Sub total	3,113				3,113	85,526
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
A2 Sub total						
Total receipts	3,113				3,113	85,526
A3 Payments						
Expenses for fundraising activities	5,634	9,103			14,737	45,174
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities						
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Other						
A3 Sub total	5,634	9,103			14,737	45,174
A4 Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
A4 Sub total						
Total payments	5,634	9,103			14,737	45,174
Net receipts / (payments)	(2,521)	(9,103)	-	-	(11,624)	40,352
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	(2,521)	(9,103)	-	-	(11,624)	40,352

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	40,638					40,352
	Surplus / (deficit) shown on receipts and payments account	(2,521)	(9,103)			(11,624)	286
						-	
						-	
	Cash and bank balances at end of year	38,117	(9,103)	-	-	29,014	40,638
	(Agree balances with receipts and payments account(s))						40,066

B2 Investments	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
		Total		

B3 Other assets	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
		Total			

B4 Liabilities	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
		Total		

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
		Total		

Signed by one or two trustees on behalf of all the trustee

[Redacted Signature]

Date of

20/12/2025

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

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C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	2,650				2,650	8,789
Total	2,650				2,650	8,789

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
SRC Start Up Fund				5,000
Fund to Promote Crimestoppers				500
CLLD Fund				20,000
SFAD FRIF Grant				5,000
Grant Community Support				2,500
Personal Fund SWF				1,313
ADP Fund				7,615
Community Mental Health nd Wellbeing				5,000
TSI Fund				10,000
Total				56,928

reference

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Fundraising						2,200
Scot Gov Transport Initiative Fund						17,610
Other	462				462	
Total	462				462	19,810

reference error

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Charitable Activities	5,634	9,103			14,737	
Total	5,634	9,103			14,737	

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	2,650				2,650	8,789
Legacies						
Grants						11,812
Receipts from fundraising activities						2,200
Gross trading receipts						
Proceeds from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities	463				463	
Sub total	3,113	-	-	-	3,113	22,801
Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
Sub total	-	-	-	-	-	-
Total receipts	3,113	-	-	-	3,113	22,801
Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	5,634				5,634	22,478
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Sub total	5,634	-	-	-	5,634	22,478
Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
Sub total	-	-	-	-	-	-
Total payments	5,634	-	-	-	5,634	22,478
Net receipts / (payments)	(2,521)	-	-	-	(2,521)	323
Transfers to / (from) funds					-	
Surplus / (deficit) for year	(2,521)	-	-	-	(2,521)	323

Nature and purpose of funds						
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Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations						
Legacies						
Grants						45,115
Receipts from fundraising activities						
Gross trading receipts						
Income from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
Sub total	-	-	-	-	-	45,115
Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	45,115
Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	9,103				9,103	22,696
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Sub total	9,103	-	-	-	9,103	22,696
Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
Sub total	-	-	-	-	-	-
Total payments	9,103	-	-	-	9,103	22,696
Net receipts / (payments)	(9,103)	-	-	-	(9,103)	22,419
Transfers to / (from) funds					-	
Surplus / (deficit) for year	(9,103)	-	-	-	(9,103)	22,419

Nature and purpose of funds

APPENDIX 3



Independent examiner's report on the accounts v2						
Report to the trustees/members of	Charity name ARC – Addiction Recovery Café					
	Registered charity number SC052066					
On the accounts of the charity for the period	Period start date				Period end date	
	Day	Month	Year		Day	Month
	1	04	2024	to	31	03
Set out on pages						(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

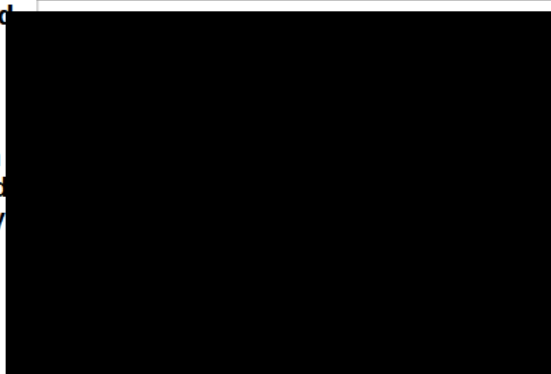
In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

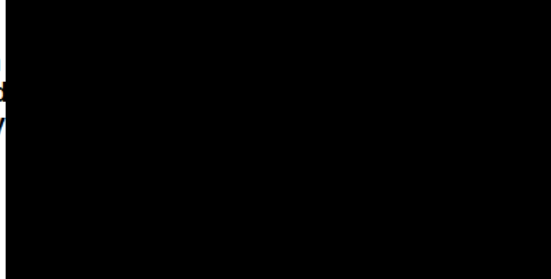
Signed



Date:

14 December 2025

Name
Relevant profession qualification(s) or body (if any)
Address



*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**