

The Calm Clydesdale Therapeutic Centre

Scotland · Charity number SC052034

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2022-09-27
Register	View on the OSCR register

Contact

Address	Corselet Bungalow Ochiltree Cumnock Ka18 2qj KA18 2QJ
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health', 'the advancement of the arts, heritage, culture or science'

What the charity does: The young people and families who attend are predominately neurodivergent and struggling in mainstream school or in society in general. They find it difficult to integrate and uncomfortable with people. The horses provide a safe way to learn, calm, socialize and build family dynamics. The referrals are related to PTSD, anxiety, social isolation, school refusal and neurodivergence. We have a similar target group accessing the service and that is one where young people and children are struggling with their mental health and wellbeing to the extent it is impacting their lives and their ability to thrive. We address lots of low self-confidence and poor self-esteem. Children are often struggling at school and are not able to sustain this on a full-time basis. We use the horses to help them to connect to something and then we begin to use the horses to help them understand thoughts, feelings, impact of emotions and behaviour

Beneficiaries: 'People with disabilities or health problems'

Objectives: 4 The organisation's purposes are: 4.1 To facilitate and advance the development of health, social wellbeing and improve the quality of life by providing equine assisted therapy and learning to people in need due to: a) by ill health (both physical and mental) b) by disabilities c) by social exclusion 4.2 To facilitate and advance the development of health and social wellbeing in order to improve the quality of life of persons who are: (i) Serving or who have served in the Armed Forces and who have been injured or wounded and are suffering mental or physical illness or disability, including post-traumatic stress disorder 4.3 To provide opportunities to children and young people who are struggling with emotional wellbeing to help develop coping skills and confidence through equine assisted therapy. 4.4 The advancement of education and training in relation to animal welfare through visits, volunteering and work experience 4.5 The advancement

of Scottish Culture and Heritage by promoting the Clydesdale horse which is a native breed of Scotland. The Clydesdale is currently listed as vulnerable and is considered a rare breed.

Geography

- **Main operating location:** East Ayrshire
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£0	£0	-	0
2024-09-30	£12,660	£8,810	-	0
2023-09-30	£12,900	£4,006	-	0

The Calm Clydesdale Therapeutic Centre

Scotland - Charity number SC052034

Accounts

THE CALM CLYDESDALE THERAPEUTIC CENTRE
TRUSTEES' REPORT
AND
STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

SCOTTISH CHARITY NO. SC052034


THE CALM CLYDESDALE THERAPEUTIC CENTRE

CHARITY INFORMATION

Trustees Listed on Trustees Report

Charity Number SC052034

Principal Address Corselet Bungalow
Ochiltree
Ayrshire
KA18 2QJ

Independent Examiner 
JRD LLP
Chartered Accountants
11 Portland Road
Kilmarnock
KA1 2BT

THE CALM CLYDESDALE THERAPEUTIC CENTRE

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THE CALM CLYDESDALE THERAPEUTIC CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

The Trustees present their report and independently examined accounts for the year ended 30 September 2024.

Legal and Administrative Information

Constitution

A copy of the constitution, which deals with the appointment and termination of Trustees among other matters, is available from the Trustees at the registered address.


Trustees

The SCIO is governed by a Board of independent volunteer Trustees many of whom previously served as Trustees of the unincorporated charity. The following Trustees served during the year, unless otherwise noted:



There were no transactions during the year between the organisation and a related party of any Trustee.

Independent Examiner

 of JRD LLP stands for reappointment as Independent Examiner of the accounts at the charity's forthcoming AGM.

Structure, Governance and Management

Recruitment and Appointment of Trustees

Trustees can be appointed at any time during the year in accordance with the constitution.

The AGM took place on 16th of June 2025 whereby the trustees were provided the information in this document and were satisfied by the current direction of the Calm Clydesdale. Appointment for the following year was approved. No conflicts on the reappointments for the following year.

Induction and Training of Trustees

An induction and training policy was established in recent years is currently under review due to potential new Trustees coming on board.

Organisational Structure

We meet five times per year covering an agenda which ensures the trustees have regular information on accounts, activities and are part of any development and changes to the charity. A yearly AGM is convened to pull together our annual information prior to submitting to our accountant and to OSCAR. We have no paid staff within the charity. Our chair is responsible for the day-to-day activities of the charity. We are part of HETI federation, horses in education and therapy international. It supports high standards and training of horses involved in activities. HETI members adhere to the most stringent standards of safety and competency in the field of therapeutic riding. Our chair is a member of the Clydesdale Horse Society which promotes and preserves the Clydesdale which is a vulnerable risk breed under the Rare Breed Survival Trust.

We work closely with the Local Authority of South Ayrshire who we have an ongoing contract to deliver services to children, young people and their families within the local area. As a contracted service we are required to adhere the Child Protection Regulation, Disclosure Scotland act 2023, As part of OSCAR we are regulated under their Charities and trustees Investment Scotland Act 2005 and the updated Act 2023. The charity is also registered at Companies House therefore we follow the companies Act 2006.

We work with the Local Authority of South Ayrshire after securing a contract with them In June of 2024. After a very successful year of outcomes, they have requested an ongoing three-year contract to continue our work to deliver services to them. We have agreed to work till March 2026 with a review to consider a continued relationship. We also provide service to Beautiful Inside and Out a local charity who support children and young people with bereavement. They have utilized our therapeutic expertise for various families. We have supported Looked after a young people from a private care home.

THE CALM CLYDESDALE THERAPEUTIC CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

We have had requests from Education, Barnardo's, ASN workers and adoption support groups. The Calm Clydesdale provides support to young people and their families. This is in the form of equine therapy, offering individuals the opportunity to spend time with our Clydesdales away from their home within nature.

Financial Review

Reserves Policy

The total unrestricted funds at 30 September were £84 (2023: £8,894).

Review of Financial Year

The receipts and payments account at page 2 of the accounts shows a deficit of £8,810 (2023 – surplus £8,894). An analysis of restricted and unrestricted funds is shown on page 4 of the accounts.

A contract has been secured with SAHSCP from March 2024 which has secured a regular fixed monthly payment of £175 per week bring in an annual income of £8,400 to the charity.

A relationship has been fostered with a local charity, Beautiful Inside and Out, who financially support a client to receive therapeutic support. This brings in an addition £200 per month.

We have had no further funding despite two applications being submitted and both refused. No feedback was provided to the reason why other than over subscription in funding. We have since contacted the funding officer from South Ayrshire Council and we are now signed up to any funding options through an alert system. This has resulted in several funds that we are applicable to apply too although the closing dates are often very tight which means we must be checking email on a regular basis. The focus will be on funds that support us with our current client group, ie mental health, young people, trauma, relationships, marginalised groups and female led business. SAHSCP have been contacted to scope areas of work that are required to potentially provide letters of support alongside the funding application. We do not want to expand to a different demographic given we do not have additional staff to support this, and we are keen to stick to our charitable purpose. Financial records are attached to provide a more details breakdown of how the funds have been used over the course of a year. Insurance has been secured for another year at the preexisting cost of last year.

Objectives and Activities

Day to day:

This is essentially feeding and maintaining the horses to ensure they are cared for to allow them to be in the best possible health. A healthy horse that has its needs met, equals a happy, calm horse which is essential when working with children and families. Their care must be at a high standard in terms of nutrition but also in respect of their environment and living conditions. This supports the horses and creates a safe calm and clean environment for those accessing the charity. We use our funds to cover the costs that comes with running a yard of 8 horses. Costs are for feeding, bedding and supplements/vitamins. We have additional equipment for children which includes hats and jackets although most young people prefer to use their own. In winter we spend approximately 3 hours per day, cleaning stables, feeding and looking after the horses, this reduces to an hour and a half in summer when most horses live outside. The cost to maintaining the horses comes at no cost to the charity, with all labour being provided.

Who we support:

The young people and families who attend are predominately neurodivergent and struggling in mainstream school or in society in general. They find it difficult to integrate and uncomfortable with people. The horses provide a safe way to learn, calm, socialize and build family dynamics. The referrals are related to PTSD, anxiety, social isolation, school refusal and neurodivergence. We have a similar target group accessing the service and that is one where young people and children are struggling with their mental health and wellbeing to the extent it is impacting their lives and their ability to thrive. We address lots of low self-confidence and poor self-esteem. Children are often struggling at school and are not able to sustain this on a full-time basis. We use the horses to help them to connect to something and then we begin to use the horses to help them understand thoughts, feelings, impact of emotions and behaviour. Our horses are a family herd of Clydesdales which allows us to use different ages of horses to teach life lessons. All things in their life can be related and translated through the horses which makes it easier to address. The horses are safe and don't expect anything in return which allows the child to relax and begin the process of connection and healing.

THE CALM CLYDESDALE THERAPEUTIC CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

My background is social work with a specialist in trauma allows me to interweave my knowledge with that of the horses. All the horses have been born and bred with me which enables me to use their stories to match the child. With parents we teach them how to understand their child and they build their relationships with each other through connecting and caring for the horses. Many of the children are neurodivergent which means they have ADHD, autism, dyspraxia, dyslexia to name a few. They tend to find being with people difficult but find the horses safe.

Horses are flight animals, and their natural behaviours can be like children, to run when triggered. We can use this to help the child understand their own behaviours and incorporate strategies to help them calm and relax. The horses can offer a calming presence that the children feel safe to connect too. None of the horses are ridden and all the work that takes place is on the ground. We don't force the horse to work but allow the horses and person to connect naturally. This ensures the horses are not forced to work and will naturally connect when ready. It also allows the person to become aware of themselves as the horses don't tend to connect when they sense anxiety in the person. It offers the first opportunity to become self-aware and to regulate emotions.

We are currently working with 4 young people and one family of 4 on a weekly basis. We tend to work over a 2-hour session and families generally as with us for 6 months or more. Some people access the service over a shorter period and move on when they are ready. We do not provide timescales on those attending unless it's a group as this allows the families to access support for as long as they need. Our hope is with funding we can continue all year round which will increase our capacity and support requests from the public.

We believe we can support 24 individuals with additional funding ensuring all requested are supported. We collate information on a quarterly basis and feedback to the local authority, providing assessment on each child and family and their time in the charity. This will allow us to hold information and data over the year to assess the effectiveness of the support and address areas of improvement or expand on the areas where are working well.

Achievements and Performance

We completed a 5-week groupwork provision, supporting 3 people from the disabilities team within social service. They were identified as benefiting from the charities support. Below is a snapshot of the outcomes.

Please indicate the main issues that the young person experiences which led to your referral to the Calm Clydesdale group:

1 A mixture of mental health low confidence

2 Mental health issues

3 Low self-confidence

Prior to the group the young people were scored as 1, 2, 3 (0 to 10 scale. 0 not managing)

After the group they scored as 8,7,6 All would attend again.

Their workers and parents noted a difference in how they were presenting. Viewed the group as having a positive impact.

" Really enjoyed the sessions and has found the therapeutic nature of the sessions to really support with the reasons for referral.

In total from the beginning of this year we have provided **60 individual sessions.**

Below is feedback from a parent whose child has been attending weekly since June 2024. She also receives TRE support (6 sessions to date) via The Calm Chameleon.

"Thank you so much for everything you do for us and all the advice you help me with too, having you understand us with all the crazy brains and the first person we have ever had to actually continue to help so far and not leaving us. I 100% know that right now we couldn't be without you and if you had to stop, we would crumble. You honestly don't realise the positive impact you have on all of us, you are literally our main support beam in our family right now and without you it would all come crashing down. Honestly you don't realise how amazing you are, and we hope never to lose you. "

THE CALM CLYDESDALE THERAPEUTIC CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

Future Plans

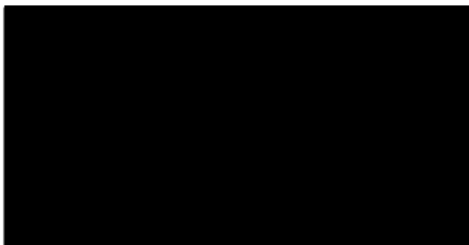
We have had some discussion with the SAHSCP regarding a three-year contract from 2025 although this has not been confirmed. We have a few clients on the waiting list that are looking to access the Calm Clydesdale, and we also can discuss reducing the age of referrals to children and young people accessing the service. This will be open to discussion. Regarding the funding we receive will determine the next steps regarding groups although I am keen to continue with the same demographic. We are keen to subsidise charities and the public to enable them to access the supports which will be affordable. Over spring/summer 2024 we received 24 requests that were not taken up from the public for therapeutic supports due to a cost being involved. The grant will allow us to meet these requests in 2025.

We have recently secured our own land. 26.6 acres in East Ayrshire on an old farm. There is no building apart from two stables however there is electricity, water, septic tank and planning permission for a home. This will provide us our first opportunity to grow the charity and branch out in the way we had always envisioned. We are keen to make connections with the two local primary schools and hopefully foster a relationship where we can support pupils. This could be in the form of groupwork and individuals. We are excited to grow our ideas and serve this local isolated deprived community.

Trustees Responsibilities

The Trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 27 June 2025 and signed on their behalf by:



THE CALM CLYDESDALE THERAPEUTIC CENTRE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE CALM CLYDESDALE THERAPEUTIC CENTRE

I report on the accounts of the charity for the year ended 30 September, 2024 which are set out on pages 2 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

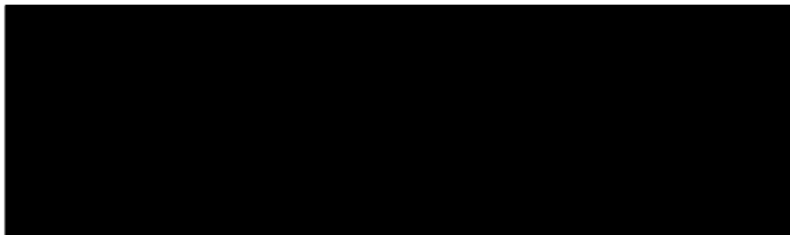
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Chartered Accountant (ICAS)

JRD LLP
Chartered Accountants
11 Portland Road
Kilmarnock
KA1 2BT

27 June 2025

THE CALM CLYDESDALE THERAPEUTIC CENTRE

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30 SEPTEMBER 2024

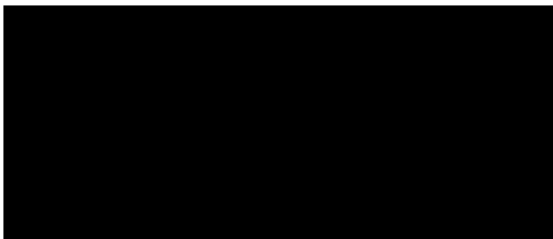
	Notes	2024		2023	
		£	£	£	£
<u>Receipts</u>	3				
Donations		200		-	
Sessions	6	3,150		1,050	
Grants Received		500		11,850	
Bank Interest		-		-	
			<u>3,850</u>	<u>-</u>	12,900
<u>Payments</u>					
Donations		-		-	
Insurance		1,007		1,007	
Horse Feed/Bedding		8,986		1,588	
Medical Supplies		1,278		123	
Equipment		406		1,274	
Subscriptions		83		14	
Independent Examiner's Fees		900		-	
			<u>12,660</u>	<u>4,006</u>	
Excess of (Payments)/Receipts for year			<u>(8,810)</u>	<u>8,894</u>	
Cash & Bank Balances brought forward			8,894	-	
Excess of Receipts/(Payments) for year			<u>(8,810)</u>	<u>8,894</u>	
Cash & Bank Balances carried forward			<u>84</u>	<u>8,894</u>	

THE CALM CLYDESDALE THERAPEUTIC CENTRE

STATEMENT OF BALANCES
AS AT 30 SEPTEMBER 2024

	Notes	2024 £	2023 £
Debtors		<u>-</u>	<u>-</u>
		<u>-</u>	<u>-</u>
Bank and Cash Balances			
Bank Current Account		<u>84</u>	<u>8,894</u>
		<u>84</u>	<u>8,894</u>
Liabilities			
Independent Examiner's fees	5	<u>900</u>	<u>900</u>
		<u>900</u>	<u>900</u>
Funds			
Restricted Funds		<u>-</u>	<u>-</u>
Unrestricted Funds		<u>84</u>	<u>8,894</u>
		<u>84</u>	<u>8,894</u>

Approved on behalf of the Trustees on 27 June 2025 by:



**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

1 Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as ammended).

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

The trustees' consider that all funds are unrestricted.

3 Receipts & Payments per Fund

	General Funds £	Total Unrestricted Funds 2024 £	Total Unrestricted Funds 2023 £
Receipts			
Donations	200	200	-
Sessions	3,150	3,150	1,050
Grants Received - The National Lottery	-	-	9,850
Grants Received - The Robertson Trust	500	500	2,000
Bank Interest	-	-	-
	3,850	3,850	12,900
Payments			
Payments relating directly to charitable activities	11,760	11,760	4,006
Governance costs (note 4)	900	900	-
	12,660	12,660	4,006
Net Receipts/(Payments)	(8,810)	(8,810)	8,894
Transfer between funds	-	-	-
Net Movement In Funds	(8,810)	(8,810)	8,894
Total funds brought forward	8,894	8,894	-
Fund Balances Carried Forward	84	84	8,894

4 Grants Received

The grants received are to assist in fulfilling our primary objectives and are deemed to be unrestricted. As described in the Trustees Report, programmes are planned for early 2024.

5 Governance Costs

	£ 2024	£ 2023
Independent Examiner's Fee	900	900

6 Transactions with Trustees and Related Parties

The Trustees did not receive any remuneration and no expenses were reimbursed in the current or previous financial years.

Receipts include £3,150 from The Calm Chameleon Ltd, a company controlled by [REDACTED] a Trustee of this SCIO.