

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	10	2023	To	30	09	2024

Reference and administration details

Charity name	Better Lives (BL)
Other names charity is known by	BL
Registered charity number	SC051988
Charity's principal address	

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Single Tier Model Constitution

Trustee recruitment and appointment

No changes to the current structure for the year 2023-24

Objectives and activities

Charitable purposes

1. The relief of those in need
2. The Advancement of Religion

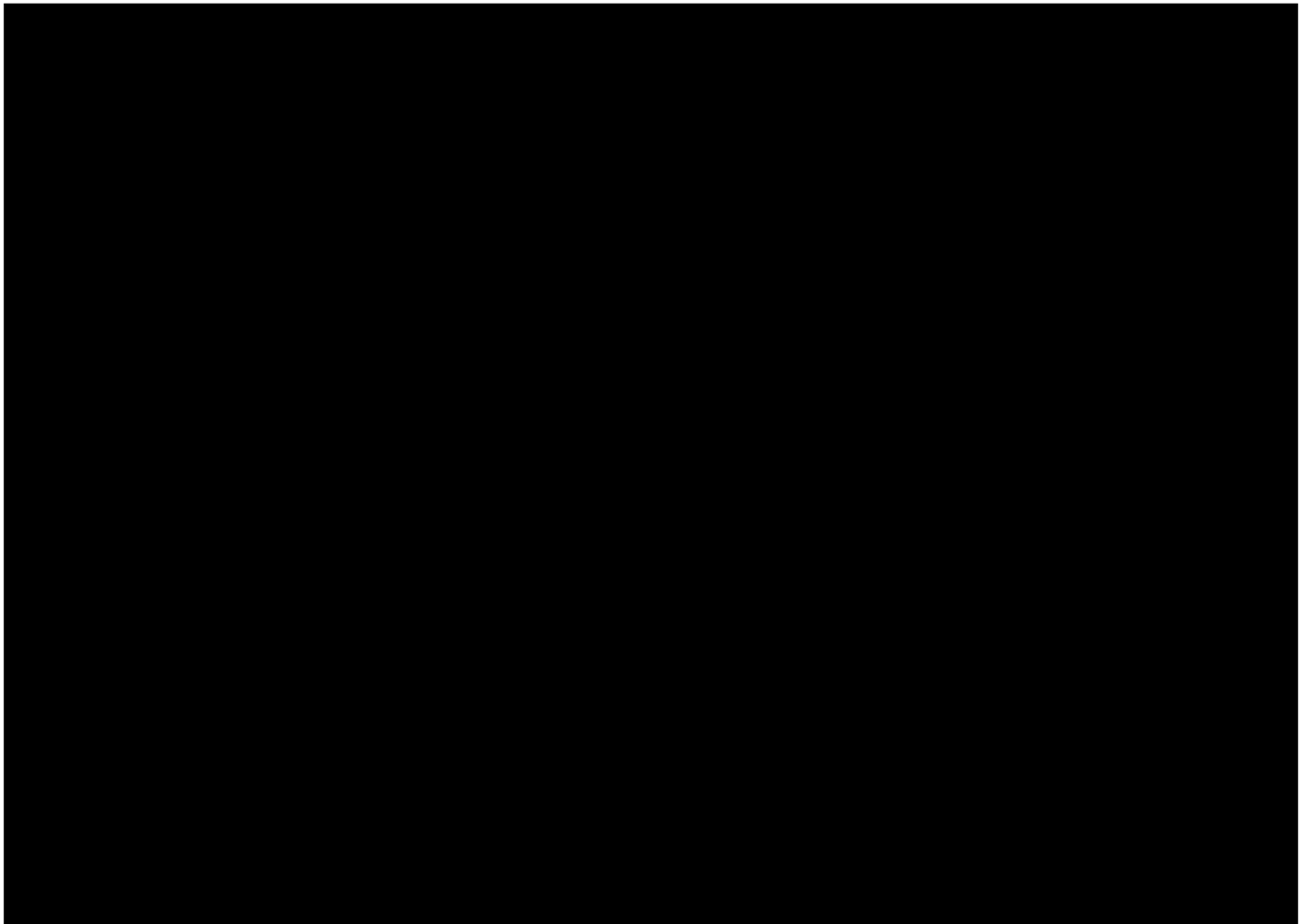
Summary of the main activities in relation to these objects

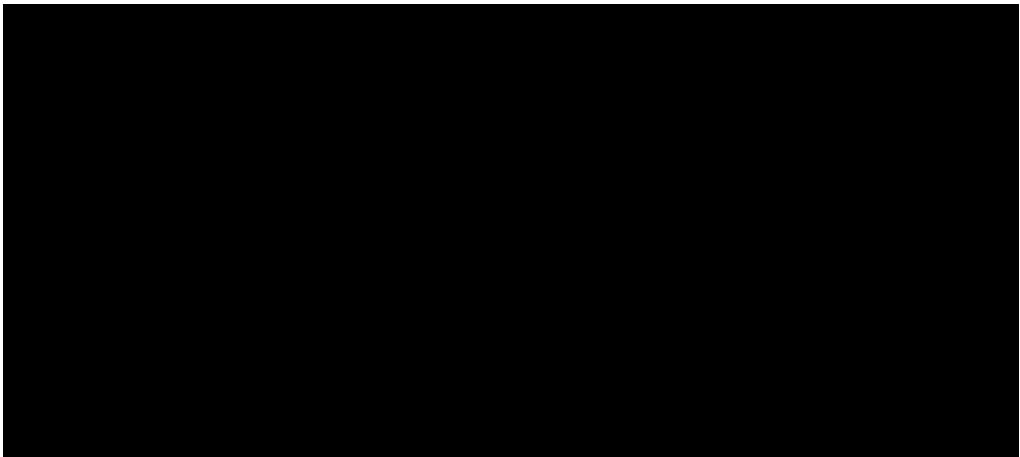
In the year Oct' 2023 till Sept' 2024, Better Lives has raised funds for the people of Gaza who are in crisis and going through genocide. Also helped elderly people in local community with providing information and interpreter/translation facilities

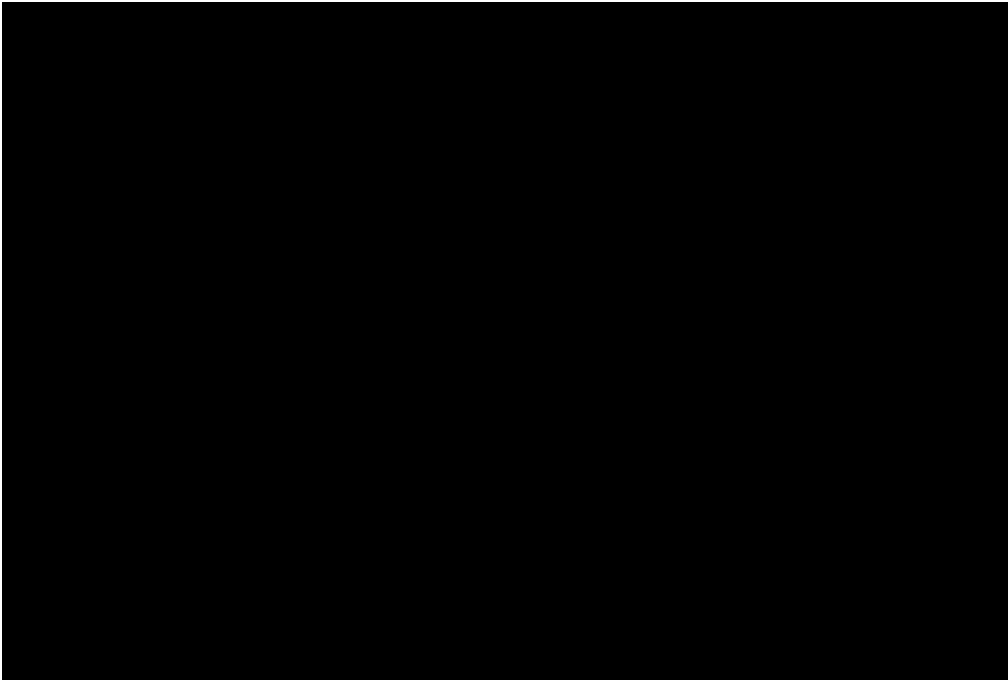
APPENDIX 1

Achievements and performance

1. From the onset of the genocide in Gaza, we had volunteers who were very passionate about helping the people of Gaza during this horrible time by providing food, clothes and medical supplies especially for the children, women and elderly people. We had an overwhelming response from our local community from all race and religions who had donated for the people of Palestine to show their support and demonstrate that they are not alone during this crisis. Below are some of the pictures that we had managed to take when providing help and support to the Palestinian people. Better Lives had partnered with Red Cross Egypt to distribute the aid supplies that were bought and collected from our donors. These donations were delivered by our volunteers from UK, Egypt and further by Red Cross into Gaza for the local people there who were in dire need of these supplies. We received a very positive feedback and appreciation both from the locals in Egypt and Gaza for our efforts and generosity displayed from all our donors and well wishers







2. Better Lives had provided help in our local community to the elderly people especially those who does not speak English to make appointments with GP and Citizens Advice Bureau, help making applications for benefits if they are eligible, bus passes, etc and provide translation/ Interpretation services. Also on some occasions diy and packing/moving facility was provided for elderly who could not afford to get these services. These services provided were very much appreciated by the local community as it gave them peace of mind and support during their time of need
3. Better Lives also collected some money to provide food packages to the needy locally and internationally where possible



Financial review

Brief statement of the charity's policy on reserves

Any reserves maintained will be utilised for the administration and other cost of the charity and any surplus money left would be used for future causes

Details of any deficit

N/A

Donated facilities and services (if any)

N/A

3

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)		
Position (e.g. Chair)	Trustee	
Date	08/07/2025	

Better Lives (BL)

SC051988

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	Oct	2023		30	Sep	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	33,791				33,791	7,410
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	33,791	-	-	-	33,791	7,410
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	33,791	-	-	-	33,791	7,410
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	26,996				26,996	5,780
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	300				300	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	27,296	-	-	-	27,296	5,780
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	27,296	-	-	-	27,296	5,780
Net receipts / (payments)	6,495	-	-	-	6,495	1,630
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	6,495	-	-	-	6,495	1,630

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	1,630				1,630	
	Surplus / (deficit) shown on receipts and payments account	6,495	-			6,495	1,630
						-	
						-	
	Cash and bank balances at end of year	8,125.00	-	-	-	8,125.00	1,630
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

		Date of approval
		30 June 2025

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Donation used for charitable purposes

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants				
			Total	-

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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		Number of trustees	£
C4b Trustee expenses - details			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

C6 Other information	
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Better Lives (BL)

SC051988

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donation	33,791				33,791	7,410
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	33,791	-	-	-	33,791	7,410

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
Total	-	-	-	

3 Gross receipts from other charitable activities

[illegible]

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Ramazan Food Packages					-	5,780
Support to Gaza	26,973				26,973	
Website Charges	23				23	
Accountant Fee	300				300	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	27,296	-	-	-	27,296	5,780

reference error

reference error

Better Lives (BL)

SC051988

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	33,791				33,791	7,410
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	33,791	-	-	-	33,791	7,410
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	33,791	-	-	-	33,791	7,410
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	26,996				26,996	5,780
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	300				300	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	27,296	-	-	-	27,296	5,780
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	27,296	-	-	-	27,296	5,780
Net receipts / (payments)	6,495.00	-	-	-	6,495	1,630
Transfers to / (from) funds						
Surplus / (deficit) for year	6,495	-	-	-	6,495	1,630

Nature and purpose of funds

Donation used for charitable purposes

Better Lives (BL)

SC051988

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted funds from donations in prior period	Restricted funds from donations in current period	Restricted funds from other income in prior period	Restricted funds from other income in current period	Restricted funds from sales of fixed assets in prior period	Restricted funds from sales of fixed assets in current period	Restricted funds from interest and dividends in prior period	Restricted funds from interest and dividends in current period	Restricted funds from other income in prior period	Restricted funds from other income in current period	Total restricted funds	Total restricted funds last period
Receipts												
Donations											-	
Legacies											-	
Grants											-	
Receipts from fundraising activities											-	
Gross trading receipts											-	
Income from investments other than land and buildings											-	
Rents from land & buildings											-	
Gross receipts from other charitable activities											-	
Sub total											-	
Receipts from asset & investment sales												
Proceeds from sale of fixed assets											-	
Proceeds from sale of investments											-	
Sub total											-	
Total receipts											-	
Payments												
Expenses for fundraising activities											-	
Gross trading payments											-	
Investment management costs											-	
Payments relating directly to charitable activities											-	
Grants and donations											-	
Governance costs:											-	
Audit / independent examination											-	
Preparation of annual accounts											-	
Legal costs											-	
Sub total											-	
Payments relating to asset and investment movements												
Purchases of fixed assets											-	
Purchase of investments											-	
Sub total											-	
Total payments											-	
Net receipts / (payments)											-	
Transfers to / (from) funds											-	
Surplus / (deficit) for year											-	
Nature and purpose of funds												

OSCr

Office of the Scottish Charity Regulator

Independent examiner's report on the accounts

v2

Report to the
trustees/members ofCharity name
Better Lives (BL)Registered charity
number

SC051988

On the accounts of the
charity for the period

Period start date

Day Month Year
01 Oct 2023

to

Period end date

Day Month Year
30 Sep 2024

Set out on pages

(remember to include the page
numbers of additional sheets)Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's
statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30/06/2025

Name:

Relevant professional
qualification(s) or body
Address:

AFA MIPA

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

Give here brief details of any items that the examiner wishes to disclose

light material problems.