

APPENDIX 1

OSCR

Scottish Charity Regulator  
Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	06	2024	To	31	05	2025

Reference and administration details

Charity name  
Other names charity is known by  
Registered charity number  
Charity's principal address

SANKALPA SCIO
SANKALPA
SC 051736
Postcode

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name		Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1		Lead Trustee		
2		Trustee		
3		Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

## Structure, governance and management

### Type of governing document

The charity is governed by a Constitution which outlines the organisation's purposes, membership, trustee roles, and procedures for decision-making and meetings. It complies with the requirements of the Charities and Trustees Investment (Scotland) Act 2005.

### Trustee recruitment and appointment

Trustees are recruited and appointed in accordance with the procedures outlined in the charity's governing document. During the year there were no changes to the charity's trustees. The charity is, however, committed to identifying and recruiting additional trustees who would strengthen our governance capabilities and assist with achieving our charitable objectives.

Objectives and activities  
Charitable purposes

## Objectives and activities

### Charitable purposes

### Summary of the main activities in relation to these objects

During the year the charity facilitated a variety of activities aligned with its objectives, which promoted wellbeing and personal development. Approaching 100 meditation sessions were conducted with Heartfulness UK, on a by donation basis. The charity also supported and hosted workshops and seminars for a range of local voluntary sector organisations and charities. Additionally, the charity provided space for activities by the Brahma Kumaris, Theosophical Society talks and Reiki therapy sessions, Yoga, Drumming and Qi Gong.

## APPENDIX 1

### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

Sankalpa SCIO faced ongoing challenges, particularly relating to the high heating costs. Despite this, we are delighted that with the support of our volunteers and donors, we were able to put on a more diverse range of workshops and group sessions for the local community. In most cases this has involved external voluntary groups and local charities using the facilities, on a “by donation” basis to offer Wellbeing and other supportive sessions. The Trustees are particularly pleased to report that we have been able to support new and emerging local voluntary groups covering drumming sessions, yoga, Chi Gong, meditation, dance classes and women’s groups. Feedback has been positive and service users have reported that the facilities are welcoming and accessible.

The biggest constraints faced by the charity are to do with the cost of heating the premises and the availability of volunteers. Our Trustees would like to acknowledge the invaluable support and donations received (both cash and “in kind” donations), which have enabled us to support our diverse local community.

### Financial review

#### Brief statement of the charity’s policy on reserves

The charity aims to maintain reserves sufficient to cover a

#### Details of any deficit

N/A

#### Donated facilities and services (if any)

The Trustees would like to acknowledge the generosity of Enterprise Mentoring (Property) Ltd which has continued to provide the charity’s premises at zero rent. We are also grateful for other contributions assisting with the cost of utilities and other running costs. Without this support Sankalpa SCIO would not have been in a position to continue with its valuable community orientated work.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)		
Position (e.g. Chair)		
Date		

Enter charity name below

Enter SC No. below

Sankalpa SCIO

SC 051736



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	06	2024		31	05	2025

## Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	5890				5890 -	4709
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	5890 -	-	-	-	5890 -	4709 -
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	-
<b>A3 Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4220				4220 -	3628
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	4220 -	-	-	-	4220 -	-
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	1670 -	-	-	-	1670 -	1081 -

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	4735				4735 -	3654
	Surplus / (deficit) shown on receipts and payments account	1670				1670 -	1081
						-	
						-	
	Cash and bank balances at end of year	6405 -	-	-	-	6405 -	4735 -
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees  
on behalf of all the trustees

Signature\*

Print Name

Date of  
approval

			24.02.2026

\* Please note - OSCR will accept digital or typed signatures

## Section C Notes to the Accounts

**C1 Nature and purpose of funds** (may be stated on analysis of funds worksheets)

The charity holds unrestricted funds, which are used to support the general charitable purposes, including operational costs and programme delivery.

**C2 Grants**

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

**C3a Trustee remuneration**

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

X

**C3b Trustee remuneration - details**

Authority under which paid	£

**C4a Trustee expenses**

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

X

**C4b Trustee expenses - details**

	Number of trustees	£

**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

**C6 Other information**

The Trustees would like to acknowledge the generosity of Enterprise Mentoring (Property) Ltd which has continued to provide the charity's premises at zero rent. We are also grateful for other contributions assisting with the cost of utilities and other running costs. Without this support Sankalpa SCIO would not have been in a position to continue with its valuable community orientated work.

## Additional analysis (1)

### Analysis of receipts and payments

#### 1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	5890				5890 -	4709
					-	
					-	
					-	
<b>Total</b>	5890 -	-	-	-	5890 -	4709 -

- - - - -

#### 2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
<b>Total</b>	-	-	-	-

- - - - -

#### 3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	-	-	-	-	-	-

- - - - -

#### 4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Expenses - Charitable Activities	4220				4220 -	3628
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	4220 -	-	-	-	4220 -	3628 -

- - - - -



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**Additional analysis (2)****5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations	5890				5890 -	4709
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	5890 -	-	-	-	5890 -	4709 -
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	5890 -	-	-	-	5890 -	4709 -
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4220				4220 -	3628
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
<b>Sub total</b>	4220 -	-	-	-	4220 -	3628 -
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	1670 -	-	-	-	1670 -	1081 -

**Nature and purpose of funds**

The charity holds unrestricted funds, which are used to support the general charitable purposes, including operational costs and programme delivery.

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**Additional analysis (3)****6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations	5890				5890 -	4709
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	5890 -	-	-	-	5890 -	4709 -
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	5890 -	-	-	-	5890 -	4709 -
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4220				4220 -	3628
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
<b>Sub total</b>	4220 -	-	-	-	4220 -	3628 -
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	1670 -	-	-	-	1670 -	1081 -

**Nature and purpose of funds**

The charity holds unrestricted funds, which are used to support the general charitable purposes, including operational costs and programme delivery.

# APPENDIX 3



		Independent examiner's report on the accounts <span style="float: right;">v2</span>					
<b>Report to the trustees/members of</b>  <b>Registered charity number</b>  <b>On the accounts of the charity for the period</b>  <b>Set out on pages</b>	Charity name	Sankalpa SCIO					
	Registered charity number	SC 051736					
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	06	2024	to	31	05	2025
	1-5					(remember to include the page numbers of additional sheets)	
<b>Respective responsibilities of trustees and examiner</b>  <b>Basis of independent examiner's statement</b>	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p> <p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>						
<b>Independent examiner's statement</b>	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> <li>which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> <li>to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> </li> </ol> <p>have not been met, or</p> <ol style="list-style-type: none"> <li>to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol>						
					<b>Date:</b>	27/02/2026	
<b>Relevant professional qualification(s) or body (if any):</b>  <b>Address</b>	<div style="background-color: black; height: 30px; width: 100%;"></div> <div style="background-color: black; height: 30px; width: 100%;"></div>						

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\*OSCR will accept digital or typed signatures.

**APPENDIX 3**

**Disclosure section**

Only complete if the examiner needs to highlight material problems.

Give here brief details of  
any items that the  
examiner wishes to  
disclose

N/A