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| Numbers Sheet Name | Numbers Table Name | Excel Worksheet Name |
|-----------------------|--------------------|--------------------------------------|
| R&P Accounts | | |
| | Table 1 | R&P Accounts |
| R&P Accounts | | |
| | Table 1 | R&P Accounts |
| Statement of balances | | |
| | Table 1 | Statement of balances |
| Notes | | |
| | Table 1 | Notes |
| Additional notes (1) | | |
| | Table 1 | Additional notes (1) |
| Additional notes (2) | | |
| | Table 1 | Additional notes (2) |
| Additional notes (3) | | |
| | Table 1 | Additional notes (3) |

APPENDIX 2

| | | | | | | | | |
|---|--------------------------------|-------------------|----------------------------|---------------------------|----------------------------|-------------------------|--------------------|--|
|  | Enter charity name below | | | | | | Enter SC No. below | |
| | TLC Inverness | | | | | | SC051729 | |
| | Receipts and payments accounts | | | | | | | |
| | For the period from | Period start date | | | to | Period end date | | |
| | Day | Month | Year | | Day | Month | Year | |
| | 01 | July | 2024 | | 30 | June | 2025 | |
| Section A Statement of receipts and payments | | | | | | | | |
| | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total funds current period | Total funds last period | | |
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | | |
| A1 Receipts | | | | | | | | |
| Donations | 3,132 | | | | 3,132 | 2,160 | | |
| Legacies | | | | | - 0 | | | |
| Grants | 5,000 | 6,750 | | | 11,750 | 10,500 | | |
| Receipts from fundraising activities | | | | | - 0 | | | |
| Gross trading receipts | | | | | - 0 | | | |
| Income from investments other than land and buildings | | | | | - 0 | | | |
| Rents from land & buildings | | | | | - 0 | | | |
| Gross receipts from other charitable activities | 342 | | | | 342 | | | |
| | | | | | - 0 | | | |
| A1 Sub total | 8,473 | 6,750 | - 0 | - 0 | 15,223 | 12,660 | | |
| A2 Receipts from asset & investment sales | | | | | | | | |
| Proceeds from sale of fixed assets | | | | | - 0 | | | |
| Proceeds from sale of investments | | | | | - 0 | | | |
| A2 Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 | | |
| Total receipts | 8,473 | 6,750 | - 0 | - 0 | 15,223 | 12,660 | | |
| A3 Payments | | | | | | | | |
| Expenses for fundraising activities | 992 | | | | 992 | 1,107 | | |
| Gross trading payments | | | | | - 0 | | | |
| Investment management costs | | | | | - 0 | | | |
| Payments relating directly to charitable activities | 7,231 | 2,760 | | | 9,991 | 10,587 | | |
| Grants and donations | | | | | - 0 | | | |
| Governance costs: | | | | | - 0 | | | |
| Audit / independent examination | | | | | - 0 | | | |
| Preparation of annual accounts | | | | | - 0 | | | |
| Legal costs | | | | | - 0 | | | |
| Other | | | | | - 0 | | | |
| | | | | | - 0 | | | |
| A3 Sub total | 8,223 | 2,760 | - 0 | - 0 | 10,984 | 11,694 | | |
| A4 Payments relating to asset and investment movements | | | | | | | | |
| Purchases of fixed assets | | | | | - 0 | | | |
| Purchase of investments | | | | | - 0 | | | |
| A4 Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 | | |
| Total payments | 8,223 | 2,760 | - 0 | - 0 | 10,984 | 11,694 | | |
| Net receipts / (payments) | 250 | 3,990 | - | - | 4,240 | 966 | | |
| A5 Transfers to / (from) funds | | | | | - | | | |
| Surplus / (deficit) for year | 250 | 3,990 | - | - | 4,240 | 966 | | |

APPENDIX 2

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|---|--|------------------------------------|----------------------------------|--|---|--|-----------------------------------|
| | | | | | | - 0 | 0 |
| Section B Statement of balances | | | | | | | |
| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
| B1 Cash funds | Cash and bank balances at start of year | 2,326 | 760 | | | 3,086 | 2,120 |
| | Surplus / (deficit) shown on receipts and payments account | - | - | | | - | 966 |
| | | | | | | - | |
| | | | | | | - | |
| | Cash and bank balances at end of year | 2,326 | 760 | - | - | 3,086 | 3,086 |
| | (Agree balances with receipts and payments account(s)) | - | - | - | - | - | 966 |
| | Details | | | Fund to which asset belongs | | Market valuation to nearest £ | Last year to nearest £ |
| B2 Investments | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | Total | | - | - |
| | Details | | Fund to which asset belongs | | Cost (if available) to nearest £ | Current value (if available) to nearest £ | Last year to nearest £ |
| B3 Other assets | | | | | | | |
| | | | | | | | |
| | | | | | | | |
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| | | | | | | | |
| | | | | | | | |
| | | | Total | | - | - | - |
| | Details | | | Fund to which liability relates | | Amount due to nearest £ | Last year to nearest £ |
| B4 Liabilities | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | Total | | - 0 | - 0 |
| | Details | | | Fund to which liability relates | | Amount due (estimate) to nearest £ | Last year to nearest £ |
| B5 Contingent liabilities | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | Total | | - | - |
| Signed by one or two trustees on behalf of all the trustees | Signature | | Print Name | | | | Date of approval |
| | | | | | | | 02/02/2026 |
| | | | | | | | |
| | | | | | | | |

| | | | |
|--|--|---|--|
| | | - 0 0 | |
| Section C Notes to the Accounts | | | |
| C1 Nature and purpose of funds (may be stated on analysis of funds worksheets) | | <p>Unrestricted Funds - The unrestricted balances plus the monies raised this year are to be used at the discretion of the trustees in the furtherance of the objectives of the charity. The trustees maintain this unrestricted balance for the day to day running of the charity.</p> <p>Community Engagement - All monies given were in recognition of the groups run by TLC Inverness that benefit the Merkinch area. They could be used in an unrestricted manner, provided they were used to enhance the lives and well being of those in the Merkinch area who attended the TLC Inverness groups</p> <p>Trinity Life - TLC Inverness operate in partnership with Trinity Life, and make use of their halls in delivery of their services. As Trinity Life were looking to re-varnish the floors in the halls, TLC Inverness was able to secure funding to support this.</p> <p>Teen Time - Robertson Trust have provided funding to be used specifically for developing Teen Time project</p> <p>Children's Work - Cash for Kids have provided funding to TLC Inverness for use in any expenditure that is spend directly on Kids. Through this TLC Inverness will be able to support the feeding of children through the Trinity Life Kids Club, Superheroes.</p> | |
| | Type of activity or project supported | Individual / institution | Number of grants made |
| C2 Grants | Community Engagement | Merkinch Community Improvement Fund | 1 |
| | Trinity Life | Highland Council Ward Discretionary Fund | 1 |
| | Trinity Life | Margaret MacDonald Trust | 1 |
| | Teen Time | Robertson Trust | 1 |
| | Children's Activities | Cash for Kids | |
| | | | Total |
| | | | 11,750 |
| C3a Trustee remuneration | If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b) | | X |
| | Authority under which paid | | £ |
| C3b Trustee remuneration - details | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| C4a Trustee expenses | If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b) | | X |
| | | Number of trustees | £ |
| C4b Trustee expenses - details | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | Nature of relationship | Nature of transaction | Transaction amount (£) |
| C5 Transactions with trustees and connected persons | TLC Inverness has a partnership relationship with Trinity Life (part of Apostolic Church UK) in delivery of Community Services. | Contribution to Hall Floor Repairs (to support TLC Inverness Groups) | 2,000 |
| | Kraft Kar is a sole trader business operated by spouse of Trustee (Chair) | Procurement of crafting supplies to support Christmas Party for Superheroes kids club (part of Community Engagement Grant) | 229 |
| | | | |
| | | | |
| | | | |
| | | | Balance outstanding at period end (£) |
| | | | 0 |
| | | | 0 |
| | | | |
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APPENDIX 2

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| C6 Other information | | | | | | | |
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APPENDIX 2

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|--|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| | | | | | - 0 | 0 |
| Additional analysis (1) | | | | | | |
| Analysis of receipts and payments | | | | | | |
| | | | | | | |
| 1 Donations | | | | | | |
| | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total current period | Total last period |
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| A Moodie | 125 | | | | 125 | 1,000 |
| Anonymous Small Donations | 3,007 | | | | 3,007 | |
| Trinity Life | | | | | - 0 | 1,160 |
| | | | | | - 0 | |
| Total | 3,132 | - 0 | - 0 | - 0 | 3,132 | 2,160 |
| | | | - | - | | |
| 2 Grants | | | | | | |
| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | | | Total current period to nearest £ | Total last period to nearest £ |
| Highland Third Party Sector Interface (Brew & Blether | | | | | | 10,000 |
| Cairngorm Windows (Baby bliss) | | | | | | 500 |
| Merkinch Community Improvement Fund | 5,000 | | | | 5,000 | |
| Ward Discretionary Fund (Flooring) | | 1,000 | | | 1,000 | |
| Margaret MacDonald Trust (Flooring) | | 1,000 | | | 1,000 | |
| Robertson Trust (Teen Time) | | 2,500 | | | 2,500 | |
| Cash for Kids (Children's Work) | | 2,250 | | | 2,250 | |
| Total | 5,000 | 6,750 | | | 11,750 | 10,500 |
| | reference error | | | | reference | |
| 3 Gross receipts from other charitable activities | | | | | | |
| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
| Refund from Curry's | 100 | | | | 100 | |
| Trinity Life - Share of Printing Costs | 242 | | | | 242 | |
| | | | | | - 0 | |
| Total | 342 | - 0 | - 0 | - 0 | 342 | - 0 |
| | reference error | - 0 | - 0 | - 0 | reference error | |
| 4 Payments relating directly to charitable activities | | | | | | |
| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
| Wix (Website & Domain) | | | | | | 216 |
| Ikea High Chairs (for Baby Bliss) | | | | | | 172 |
| TV, Speaker & Stand (Portable Unit) | | | | | | 726 |
| Round Tables (for Brew & Blether) | | | | | | 1,810 |
| Soup Kettle, Buffet Set, Cooking Fuel (for Brew & Blether) | | | | | | 196 |
| Coffee Machine & Commercial Boiler (Brew & Blether) | | | | | | 408 |
| Staffing (Brew & Blether) | | | | | | 5,000 |
| Commercial Dishwasher (Brew & Blether) | | | | | | 1,600 |
| Funding Specialist | 820 | | | | 820 | 891 |
| Kids Tables & Chairs (for Trinity Tots) | 437 | 500 | | | 937 | |
| 1st Birthday Celebrations (for Brew & Blether) | 281 | | | | 281 | |
| Tea & Coffee Serving Pots (for Brew & Blether) | 122 | 260 | | | 382 | |
| Hall Hire (for Baby Bliss) | 850 | | | | 850 | 325 |
| Hall Hire (for Brew & Blether) | 1,225 | | | | 1,225 | 350 |
| Hall Hire (for Trinity Tots) | 525 | | | | 525 | |
| Serving Trolley (for all group use) | 106 | | | | 106 | |
| 3 piece suite in Snug (for all group use) | 400 | | | | 400 | |
| Superheroes Christmas Party (Community Engagement) | 289 | | | | 289 | |
| TLC Inverness email (2yr) | 173 | | | | 173 | |
| Printer Rental | 641 | | | | 641 | |
| Printer Use & Paper | 470 | | | | 470 | |
| Safety Gate (for Trinity Tots) | 30 | | | | 30 | |
| Kitchen Appliances (Community Engagement) | 25 | | | | 25 | |
| Hospitality (Community Engagement) | 122 | | | | 122 | |
| TV & Sound bar (Community Engagement) | 1,648 | | | | 1,648 | |
| Flooring Contribution to Trinity Life | | 2,000 | | | 2,000 | |
| Graduation Gown (for Trinity Tots) | 31 | | | | 31 | |
| Kids Games (for Trinity Tots) | 30 | | | | 30 | |
| | | | | | | |
| Total | 8,223 | 2,760 | - 0 | - 0 | 10,984 | 11,693 |
| | reference error | reference error | - 0 | - 0 | reference error | reference error |

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APPENDIX 2

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| | | | | | 0 | |
| Additional analysis (2) | | | | | | |
| 5 Breakdown of unrestricted funds | | | | | | |
| | General Use | Unrestricted fund 2 - enter name of fund below | Unrestricted fund 3 - enter name of fund below | Unrestricted fund 4 - enter name of fund below | | |
| | | | | | Total unrestricted funds | Total unrestricted funds last period |
| Receipts | | | | | | |
| Donations | 3,132 | | | | 3,132 | 2,160 |
| Legacies | | | | | - 0 | |
| Grants | 5,000 | | | | 5,000 | |
| Receipts from fundraising activities | | | | | - 0 | |
| Gross trading receipts | | | | | - 0 | |
| Income from investments other than land and buildings | | | | | - 0 | |
| Rents from land & buildings | | | | | - 0 | |
| Gross receipts from other charitable activities | 342 | | | | 342 | |
| Sub total | 8,473 | - 0 | - 0 | - 0 | 8,473 | 2,160 |
| | | | | | cross ref error | |
| Receipts from asset & investment sales | | | | | | |
| Proceeds from sale of fixed assets | | | | | - 0 | |
| Proceeds from sale of investments | | | | | - 0 | |
| Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
| Total receipts | 8,473 | - 0 | - 0 | - 0 | 8,473 | 2,160 |
| | | | | | cross ref error | |
| Payments | | | | | | |
| Expenses for fundraising activities | 992 | | | | 992 | 1,107 |
| Gross trading payments | | | | | - 0 | |
| Investment management costs | | | | | - 0 | |
| Payments relating directly to charitable activities | 7,231 | | | | 7,231 | 847 |
| Grants and donations | | | | | - 0 | |
| Governance costs: | | | | | - 0 | |
| Audit / independent examination | | | | | - 0 | |
| Preparation of annual accounts | | | | | - 0 | |
| Legal costs | | | | | - 0 | |
| | | | | | - 0 | |
| | | | | | - 0 | |
| Sub total | 8,223 | - 0 | - 0 | - 0 | 8,223 | 1,954 |
| | | | | | cross ref error | |
| Payments relating to asset and investment movements | | | | | | |
| Purchases of fixed assets | | | | | - 0 | |
| Purchase of investments | | | | | - 0 | |
| Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
| | | | | | - | |
| Total payments | 8,223 | - 0 | - 0 | - 0 | 8,223 | 1,954 |
| | | | | | cross ref error | |
| Net receipts / (payments) | 250 | - | - | - | 250 | 206 |
| Transfers to / (from) funds | | | | | - | |
| | | | | | | |
| Surplus / (deficit) for year | 250 | - | - | - | 250 | 206 |
| | | | | | cross ref error | |
| Nature and purpose of funds | <p>Expenses for Fundraising Activities relate to promotion of charity via Email and payments to Fundraising Specialists</p> <p>Payments relating directly to charitable activities relate to Rent of Hall, Purchase of equipment benefiting all groups, running of various special events within the groups (e.g. Christmas, 1st Birthday, Tots Graduation)</p> | | | | | |

APPENDIX 2

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|--|----------------|--------------|----------|-----------|-----------------|------------------------|------------------------------------|
| | | | | | | - 0 | 0 |
| Additional analysis (3) | | | | | | | |
| 6 Breakdown of restricted funds | | | | | | | |
| | Brew & Blether | Trinity Tots | Flooring | Teen Time | Children's Work | | |
| | | | | | | Total restricted funds | Total restricted funds last period |
| Receipts | | | | | | | |
| Donations | | | | | | - 0 | |
| Legacies | | | | | | - 0 | |
| Grants | | | 2,000 | 2,500 | 2,250 | 6,750 | 10,500 |
| Receipts from fundraising activities | | | | | | - 0 | |
| Gross trading receipts | | | | | | - 0 | |
| Income from investments other than land and buildings | | | | | | - 0 | |
| Rents from land & buildings | | | | | | - 0 | |
| Gross receipts from other charitable activities | | | | | | - 0 | |
| Sub total | - 0 | - 0 | 2,000 | 2,500 | 2,250 | 6,750 | 10,500 |
| Receipts from asset & investment sales | | | | | | | |
| Proceeds from sale of fixed assets | | | | | | - 0 | |
| Proceeds from sale of investments | | | | | | - 0 | |
| Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
| Total receipts | - 0 | - 0 | 2,000 | 2,500 | 2,250 | 6,750 | 10,500 |
| Payments | | | | | | | |
| Expenses for fundraising activities | | | | | | - 0 | |
| Gross trading payments | | | | | | - 0 | |
| Investment management costs | | | | | | - 0 | |
| Payments relating directly to charitable activities | 260 | 500 | 2,000 | | | 2,760 | 9,740 |
| Grants and donations | | | | | | - 0 | |
| Governance costs: | | | | | | - 0 | |
| Audit / independent examination | | | | | | - 0 | |
| Preparation of annual accounts | | | | | | - 0 | |
| Legal costs | | | | | | - 0 | |
| | | | | | | - 0 | |
| Sub total | 260 | 500 | 2,000 | - 0 | - 0 | 2,760 | 9,740 |
| | | | | | | cross ref error | |
| Payments relating to asset and investment movements | | | | | | | |
| Purchases of fixed assets | | | | | | - 0 | |
| Purchase of investments | | | | | | - 0 | |
| Sub total | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
| Total payments | 260 | 500 | 2,000 | - 0 | - 0 | 2,760 | 9,740 |
| | | | | | | cross ref error | |
| Net receipts / (payments) | (260) | (500) | - | 2,500 | 2,250 | 3,990 | 760 |
| Transfers to / (from) funds | | | | | | | |
| | | | | | | - | |
| Surplus / (deficit) for year | (260) | (500) | - | 2,500 | 2,250 | 3,990 | 760 |
| | | | | | | cross ref error | |
| Nature and purpose of funds | | | | | | | |
| Remaining funds utilised for Grants received in 2023/24 for Brew & Blether and Trinity Tots | | | | | | | |
| Grants given for Flooring in Trinity Life (£2000) | | | | | | | |
| Grant given for Teen Time (£2500) given for general use within that project | | | | | | | |
| Grant given for Children's work (£2250) given for any project use involving children, as long as it is spent on children | | | | | | | |

APPENDIX 3

Independent examiner's report on the accounts v2

Report to the trustees/members of

TLC Inverness

Registered charity number

SC051729

On the accounts of the charity for the period

Period start date

| Day | Month | Year |
|-----|-------|------|
| 1 | JULY | 2024 |

to

Period end date

| Day | Month | Year |
|-----|-------|------|
| 30 | JUNE | 2025 |

Set out on pages

1 TO 12

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

18/12/25

Name:

Relevant professional qualification(s) or body (if any):

ICAS

Address:



Trustees' Annual Report for the period

| | | | | | | | |
|------|-------------------|-------|------|----|-----------------|-------|------|
| | Period start date | | | | Period end date | | |
| | Day | Month | Year | | Day | Month | Year |
| From | 1 | JULY | 2024 | To | 30 | JUNE | 2025 |

Office of the Scottish Charity Regulator

Reference and administration details

| | |
|---------------------------------|-------------------|
| Charity name | TLC Inverness |
| Other names charity is known by | |
| Registered charity number | SC051729 |
| Charity's principal address | 9 Braeside Park |
| | Balloch |
| | Inverness |
| | Postcode. IV2 7HL |

Names of the charity trustees on date of approval of Trustees' Annual Report

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1 | | Chair | | |
| 2 | | Treasurer | | |
| 3 | | Secretary | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 14 | | | | |
| 15 | | | | |

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Structure, governance and management

| | |
|-------------------------------------|--|
| Type of governing document | SCIO Constitution |
| Trustee recruitment and appointment | The board may at any time appoint any person to be a charity trustee - by way of a resolution passed by majority vote at a board meeting |

Objectives and activities

| | |
|---|--|
| Charitable purposes | <ul style="list-style-type: none"> - the provision of community based services to enhance the wellbeing of individuals, and their families ,within Inverness and especially within the Merkinch area of Inverness - providing assistance to anyone who is lonely, has suffered bereavement, or has mental health, relationship or other life controlling challenges; - working across the generations to provide a holistic approach to support the whole person, and their families, in the physical, emotional, social and spiritual needs; - partnering with other organisations in the support of the above. |
| Summary of the main activities in relation to these objects | <p>The main activities over the course of the year in the support of these objectives are:</p> <ul style="list-style-type: none"> - Continued delivery of 'Baby Bliss' in relationship with Inverness West Health Visiting Team - Continued delivery of 'Brew & Blether' to provide services for people to meet: building friendships, tackling loneliness, improving mental health and providing warm space - Implementation of 'Trinity Tots' in direct response to need identified by parents of Baby Bliss. Trinity Tots welcomes pre-school children of all ages and includes a safe space for babies in a cozy room off the main hall with a Baby Gate providing protection from toddlers on trikes etc. - Superheroes Brunch Club in partnership with Trinity Life to provide help feeding children that come to this group through the school holidays - On-going development of Teen Time, which remains in our future plans however it requires much more funding for us to run this group effectively. £2,500 was donated by Robertson Trust and this is a positive start to the funding required. |

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

Baby Bliss

This group recently celebrated its 2nd birthday and is regularly attended by 15 families. We are delighted to partner with Community Early Years Practitioners who provide the Baby Massage and Messy Play along with their extensive knowledge and support.

It has been lovely to witness the growth in confidence as mums engage more over the weeks. Tea/Coffee time at the end gets longer and longer as parents make deeper, lasting friendships with one another. Recently we have witnessed mums meeting up for walks and they give us a cheery wave as they walk passed Trinity Life together.

"Baby Bliss is very welcoming, inclusive and helpful. It has helped me mentally, being with other mums and getting support especially needed in the first few months." Magda (Mum)

"I love the transformation of the Snug for Baby Massage. Baby Bliss is an important part of our weekly routine." Anonymous (Mum)

"I feel excited to go to Baby Bliss, happy when I am there and look forward to going back. I am grateful this group exists for me and my baby." Anonymous (Mum)

Brew & Blether

This weekly drop-in for people of any age continues to flourish with new people coming along most weeks. Some people make this group a weekly staple in their diary while others come every second week, a few come monthly or now and again.

It has been lovely to have some young mums come along to enjoy crafting while their baby enjoys attention from granny figures. Witnessing the natural generational support that has emerged from this group has been very encouraging.

True friendships have been formed combatting loneliness as people arrange to meet up through the week outside of Brew & Blether time.

We have started to have extra one off events to help meet our plans as outlined in our application. Local history talks from Highlife Highland Family Historian and one-off Boccia afternoon were enjoyed by all who attended reducing isolation helping to improve quality of life.

"I really benefit from coming to Brew & Blether - It's like having family around you again and that is a good feeling" Evelyn

"Coming to Brew & Blether makes me happy, company is very good and I get a lot of laughs" Isabel

"Coming along has changed so many things in my life. I live alone and would miss it dreadfully if it wasn't on. Without Brew & Blether many people would be lost and alone" Violet

Summary of the main achievements of the charity during the financial period

Trinity Tots

Due to the success of Baby Bliss and following feedback from parents we developed Trinity Tots. A Toddler Learn and Play Group was one of our future plans and we are delighted it is up and running. Trinity Tots welcomes pre-school children of all ages. We have created a safe space for babies in a cozy room off the main hall with a Baby Gate providing protection from toddlers on trikes etc.

Over the last few months this group has grown exponentially and we now have 63 children registered with us. As a result we have had to spread the morning over two halls giving more space to play before snack and song time.

Many of our Toddlers started with us at just 6 weeks old attending Baby Bliss and we are delighted they have continued to connect by attending Trinity Tots. We recently had a Graduation morning as some of our children have moved to two year old nursery.

*"Trinity Tots is the best place you can find for your baby through developmental stage up to pre-school. From the beginning to the end of the session it is amazing and the volunteers give all their heart to supporting babies, toddlers and parents "*Anetta (Mum)

"Very lovely and friendly group. The volunteers are very friendly and caring, I feel part of the family. My girls get to socialise with others their age and Mummies get to socialise too. My Twins Love Trinity Tots!" Monika (Mum)

"The thing I like most about Trinity Tots is the volunteers are very welcoming and kind. Not only running the group but offering a listening ear and support or encouragement when needed. I benefit from coming along as my boy who can be quite clingy is comfortable and will play and I get some personal space for a period of time" Siobhan (Mum)

Superheroes Brunch Club

SuperHeroes is a very successful club running most Tuesdays in the holidays for primary school age children. Run primarily by Trinity Life, TLC Inverness are delighted to partner with this group. Last year over 100 different children attended the holiday club.

Crafting, Games, Puzzles and Snack Time are enjoyed on a station rotation regime as the SuperHeroes keep an eye on the countdown and when it goes to zero it's time to move to the next activity.

All the children decorate a paper bag at their first craft station and this is used for all their crafted items and (mostly) healthy snacks to take home. Many of the children that move up to Secondary School are keen to come back as a helper and we now have 5 teenagers who return regularly. After the summer there will be another 5 who plan to return as helpers. TLC Inverness are exploring the possibility of what's next for these teenagers who are keen to stay connected to what is being done at Trinity Life

This summer we are delighted Safe Strong & Free will be coming to run one of our stations. This will bring some valuable input for the children.

Cash for Kids have donated £2,250 to help feed children through this group.

Summary of the main achievements of the charity during the financial period

Teen Time

Teen Time remains in our future plans however it requires much more funding for us to run this group effectively. £2,500 was donated by Robertson Trust and this is a positive start to the funding required.

We have had some one-off fun afternoons and keep connections open with young folk who would benefit. In preparation we have supported Trinity Life repairing the hall floors and one of the halls will soon be equipped for badminton.

Some of our Teenagers have enjoyed coming along to help at the SuperHeroes Holiday Club. Most of them came along while in Primary School and have now returned to wear a helpers T-Shirt, encouraging the younger children. The P7s are now getting excited to come back, wearing a Blue (previously purple) T-Shirt and helping.

Financial review

Brief statement of the charity's policy on reserves

The charity policy on reserves:

The monies in the accounts are expected to be used for:-

- 1) Rent of hall space for Baby Bliss, Brew & Blether, Trinity Tots and Teen Time (once established).
- 2) Purchase of services to secure funding grants (for equipment & staffing) to further develop and enhance the 4 services of TLC Inverness: Baby Bliss, Brew & Blether, Trinity Tots, Teen Time.
- 3) Purchase of equipment for use in the delivery of TLC Inverness services (where affordable, and where funding not provided)

Details of any deficit

None

Donated facilities and services (if any)

None

APPENDIX 1

Other optional information

None

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-----------------------|-------------------|---------------|
| Signature(s) | <div></div> | |
| Full name(s) | <div></div> | |
| Position (e.g. Chair) | Chair | |
| Date | 27th October 2025 | (Date of AGM) |