

STAND

Scotland · Charity number SC051652

Details

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2022-03-21

Register [View on the OSCR register](#)

Contact

Address c/o Independent Living Advice Hub
257 High Street
Kirkcaldy
Fife
KY1 1JF

Website www.standinlife.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: STAND aims to promote the well-being of people living with dementia in Fife. STAND's work is led by people living with a diagnosis of dementia and their friends and families. STAND offers the following to our members: • Someone to chat to over a cup of tea, share memories or talk about events of the day • Drop in session for members to seek support, companionship and advice • Someone to accompany you to local groups, clubs or events • Advice and support to families and friends of those living with Dementia • Information, facts and support to those living with Dementia Services are offered weekly, fortnightly or monthly.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: To promote the welfare of people with varying stages of dementia, in a way which could be said, either now or later, to be legally charitable.

Geography

- **Main operating location:** Fife
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	-	2
2025-03-31	£134,755	£94,248	-	2
2024-03-31	£98,227	£107,082	-	1
2023-03-31	£215,600	£92,101	-	1

STAND

Scotland - Charity number SC051652

Accounts

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	1	04	24		31	03	25

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

STAND

SC051652

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chairperson		
2			
3	Treasurer		
4			
5	Secretary		
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way period)



Dates acted if not for whole year	
	April 24 – August 24
	April 24 – November 24

Structure, governance and management

Type of governing document

The Charity is a SCIO governed by a constitution embodying its rules and principles.

Trustee recruitment and appointment

The trustees are elected at the Annual General Meeting as laid out in the constitution.

Objectives and activities

Charitable purposes

STAND's purposes are to promote the welfare of people with varying stages of dementia, in a way which could be said, either now or later, to be legally charitable.

In furtherance of this the charity will seek to:

- Ensure that accurate, understandable and appropriate information about the various forms and stages of dementia is readily available to people with dementia and their family and friends.
- Represent the needs and interests of people with dementia and their family and friends and utilise the skills and abilities of STAND members to raise awareness of dementia and how to live positively with it
- Promote the availability of appropriate and accessible training to people with dementia and their family and friends.
- Advance education through raising public awareness of dementia, and to promote the inclusion of people with dementia and their family and friends in wider society and in the community life of the area.
- Provide relief of those in need by reason of ill-health, disability, financial hardship or other disadvantage of those living with a diagnosis of dementia.
- Develop the provision of recreational facilities and the organisation of recreational activities and groups which are relevant to the wants and needs of people with dementia

Summary of the main activities in relation to these objects

We work with people of any age living with mild to moderate dementia and those worried about memory and day-to-day functioning, as well as their carers/supporters. We operate through a model of peer support. Participants engage with us primarily through Meeting Centre Spaces which we are continuing to develop across Fife. We also run the 'Good Life for Dementia Course' for those newly diagnosed and family members. This is co-produced and run by people living well with dementia and their family, for people newly diagnosed with dementia and their family and friends.

STAND also delivers 2 monthly groups for family and friends of people living with dementia. Funding is available for respite for their loved ones, to allow unpaid carers to attend these evening peer support groups.

Through talking to groups in the community including schools, churches, employee groups, our trustees and members spread the word about living well with dementia and challenge the myths and stereotypes.

The Meeting Centre Spaces give people in the early to moderate stage of dementia an opportunity to meet locally, make new friends, support each other and take part in new activities. STAND also provides a Meeting Space for people diagnosed with Young Onset Dementia. The charity will examine ways to optimise support for members who are transitioning from the moderate stage of dementia. Information sessions from agencies such as the Fife Carers Centre are also arranged and training through the Fife Peer Network.

Our members are also involved with strategy groups at local and national levels to inform the strategies and make sure the voices of people living with dementia are heard.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

In our first year as a charity we worked with partner organisations to establish 4 Dementia Friendly Meeting Centre Spaces (DFMCS) at Kennoway, Kinghorn, St Andrews, and Kirkcaldy. During 2023 and 2024 the number of DFMCS expanded to eight across Fife, establishing centres at Cadham in Glenrothes, Dunfermline, Rosyth, and Methilhaven in Levenmouth.

There is one monthly group for people who are living with a diagnosis of younger onset dementia but other DFMCS meet weekly. They are open to people who are in the mild to moderate stages of dementia and their families and friends, and around 90 people attend. They provide information and guidance about how to live well with dementia with an emphasis on peer support, and also offer therapeutic activities, often based around creative arts. A notable achievement, following the success of a concert held in Glenrothes in early 2023 to celebrate the creation of an album of songs, co-written by STAND DFMCS's members and musician Gus Harrower, entitled, "Our Gift to You", has been the writing of further songs which will go into a second album of songs in 2024-5. DFMCS members formed a choir with children from St Marie's Primary School to perform at the concert, and inter-generational work continues between the Kennoway DFMCS and the local primary school. While each DFMCS is unique, subject to funding, artists, poets and musicians facilitate projects at them, while STAND facilitators and volunteers provide countless other opportunities for arts, crafts, musical, exercise and other activities. Sometimes simply a chat and refreshments provide a stimulating, reassuring and mood-lifting experience for members.

STAND members also engaged with many local and national consultations both online and face to face to help improve the lives of people with dementia, including on the National Dementia Strategy. STAND has also been on learning visits to share best practice with DFMCS in other parts of the country, including the Scottish Dementia Arts Festival in Edinburgh in September 2024, which STAND members helped to plan. STAND members continue to build new links and relationships with dementia activists across the UK and internationally to help improve the lives of people with dementia and ensure their voices are heard. STAND also have had exhibition stalls at events such as the Alzheimer Scotland Annual Conference in September.

STAND employed their first staff member, a part-time Administration Worker in December 2022 which has helped significantly with the ongoing work as the charity grows. The charity has recently received some funding for the part-time Administrator role for a further two years, for which we thank the Agnes Hunter Trust.

We are grateful to and hugely reliant on the goodwill and commitment of volunteers who are STAND members and supporters.

STAND is extremely grateful to Ruth McCabe, who left STAND in December 2024 after many years of tireless commitment to the organisation.

Achievements and performance (continued)

Summary of the main achievements of the charity during the financial period

In November 2024 STAND employed a Lead Development Officer [REDACTED] to manage and develop STAND and work with Trustees to consolidate the above achievements and develop sustainability. This is a three-year post with funding from the National Lottery and STAND is very pleased to be awarded these core funds

In 2025 a review began of STAND's main policies with the aim of putting in place policies and procedures to strengthen the organization. These included a new Safeguarding Policy and an updated Disclosure Policy, bringing the charity in line with the new Disclosure Scotland requirements.

STAND also worked with people with lived experience and Trustees to develop a new volunteering strategy and a finance and funding 2-year plan.

A new monthly in person meeting for all the Dementia Friendly Meeting Centre Spaces Facilitators was set up with the purpose of sharing good practice and bringing the Meeting Spaces together under STAND's ethos and values.

A STAND in house induction and training has been delivered for all staff, Trustees, Facilitators and volunteers. This involves six half-day workshops and covers peer working, lived experience engagement and human rights.

In 2025 the development began of a new Dementia Friendly Meeting Centre Space in Cupar. This is funded by the Communities Mental Health and Wellbeing fund through Fife Voluntary Action. This new meeting space was brought together by the six-week course, A Good Life with Dementia, where new members who are living with dementia and caregivers come together to learn, share experiences and form the new group.

STAND continues in all its Dementia Friendly Meeting Centre Spaces to support and deliver meaningful arts and music projects, songwriting, playwriting and horticulture.

At the STAND AGM in November 2024 six Trustees were elected and Office Bearers agreed. A new treasurer was sought as a priority. Further funding bids are ongoing to provide creative and recreational resources for the existing DFMCS's and for additional facilitators, so that each Meeting Space has two Facilitators in place.

Financial review

Brief statement of the charity's policy on reserves

While the majority of our funding comes from grants, our enthusiastic members and friends of STAND also carry out boot sales, sponsored events, ran a fundraising Masquerade Ball and several businesses support us. STAND has also received generous donations from local community groups and from funeral donations through [REDACTED] Funeral Directors. Most of our funding has been for STAND activity such as the creation of Meeting Centre Spaces and while this work continues to grow, funding for existing and new staff posts to help us survive and thrive as an organisation is necessary.

In addition to the funders mentioned above, funding has been received from Fife Voluntary Action, NHS Fife, Age Scotland, About Dementia, Fife Council Community Chest and Luminate, to take forward the work. New funders in financial year 2024/5 are Peoples Postcode Lottery, the Agnes Hunter Trust, the Lottery Community Fund and the RS MacDonald Trust.

In terms of reserves, the trustees have set aside reserves for 6-months running costs.

Details of any deficit

We have no deficit in this year due to the hard work of our members and friends in fundraising for us and the receipt of several grants, as well as business support. Trustees continue to monitor and maintain the financial health of the charity.

Donated facilities and services (if any)

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair) Chair

Date

15/12/25

STAND

SC051652



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	13,407	7,756			21,163	17,250
Legacies					-	
Grants	3,200	110,172			113,372	80,977
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings	220				220	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	16,827	117,928	-	-	134,755	98,227
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	16,827	117,928	-	-	134,755	98,227
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	5,595	88,653			94,248	107,082
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	5,595	88,653	-	-	94,248	107,082
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	5,595	88,653	-	-	94,248	107,082
Net receipts / (payments)	11,232	29,275	-	-	40,507	(8,855)
A5 Transfers to / (from) funds	4,665	(4,665)			-	
Surplus / (deficit) for year	15,897	24,610	-	-	40,507	(8,855)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	26,623	88,021			114,644	123,499
	Surplus / (deficit) shown on receipts and payments account	15,897	24,610			40,507	(8,855)
						-	
						-	
	Cash and bank balances at end of year	42,520	112,631	-	-	155,151	114,644
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Date of
approval

15-12-25

STAND

SC051652

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Donations	13,407	7,756			21,163	17,250
					-	
					-	
					-	
Total	13,407	7,756	-	-	21,163	17,250

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Grants	3,200	110,172	113,372	80,977
			-	
			-	
			-	
Total	3,200	110,172	113,372	80,977

3 Gross receipts from other charitable activities

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
					-	-
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	

4 Payments relating directly to charitable activities

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Wages	813	22,889			23,702	12,390
Music	-	-			-	14,706
Transport	420	9,122			9,542	7,608
Catering	391	5,855			6,246	4,152
Accommodation	-	-			-	4,800
Room hire	-	2,832			2,832	1,678
Administration	325	5,519			5,844	9,451
Therapists	-	17,068			17,068	40,434
Sundry	392	2,038			2,430	794
Travel	54	1,322			1,376	2,334
Trustees meetings	-	185			185	550
NHS Facilitators	-	8,323			8,323	7,525
Conference expenses	-	150			150	
Therapeutic activities	3,200	13,350			16,550	660
Total	5,595	88,653	-	-	94,248	107,082

SC051652

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	13,407				13,407	15,150
Investment income	220				220	
Grants	3,200				3,200	4,529
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	16,827	-	-	-	16,827	19,679
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	16,827	-	-	-	16,827	19,679
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	5,595				5,595	16,721
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	5,595	-	-	-	5,595	16,721
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	5,595	-	-	-	5,595	16,721
Net receipts / (payments)	11,232	-	-	-	11,232	2,958
Transfers to / (from) funds	4,665				4,665	
Surplus / (deficit) for year	15,897	-	-	-	15,897	2,958
Nature and purpose of funds						

STAND

SC051652

Additional analysis (3)**6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations	7,756				7,756	2,100
Legacies					-	
Grants	110,172				110,172	76,448
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	117,928	-	-	-	117,928	78,548
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	117,928	-	-	-	117,928	78,548
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	88,653				88,653	90,361
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	88,653	-	-	-	88,653	90,361
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	88,653	-	-	-	88,653	90,361
Net receipts / (payments)	29,275	-	-	-	29,275	(11,813)
Transfers to / (from) funds	(4,665)				(4,665)	
Surplus / (deficit) for year	24,610	-	-	-	24,610	(11,813)

Nature and purpose of funds

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APPENDIX 3



		Independent examiner's report on the accounts							v2
Report to the trustees/members of	STAND								
Registered charity number	SC051652								
On the accounts of the charity for the period	Period start date	Day	Month	Year	to	Day	Month	Year	Period end date
		01	04	2024		31	03		2025
Set out on pages		(remember to include the page numbers of additional sheets)							
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.								
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.								
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*] - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or attention should be drawn in order to enable a proper nts to be reached.								
Signed:			Date:		08 December 2025				
Name:									
Relevant professional qualification(s) or body (if any):	FCCA								
Address:									

*Please delete the words in the following page.

those matters which have come to your attention on the