

Headway Highland SCIO

Scottish Charity Number SC051531

Annual Report and Financial Statements

For the year ended 31st December 2024

Trustees' Annual Report

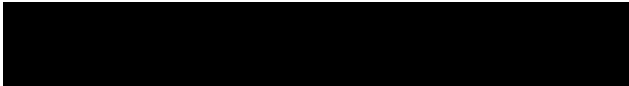
For the year ended 31st December 2024

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31st December 2024.

Reference and Administrative Information

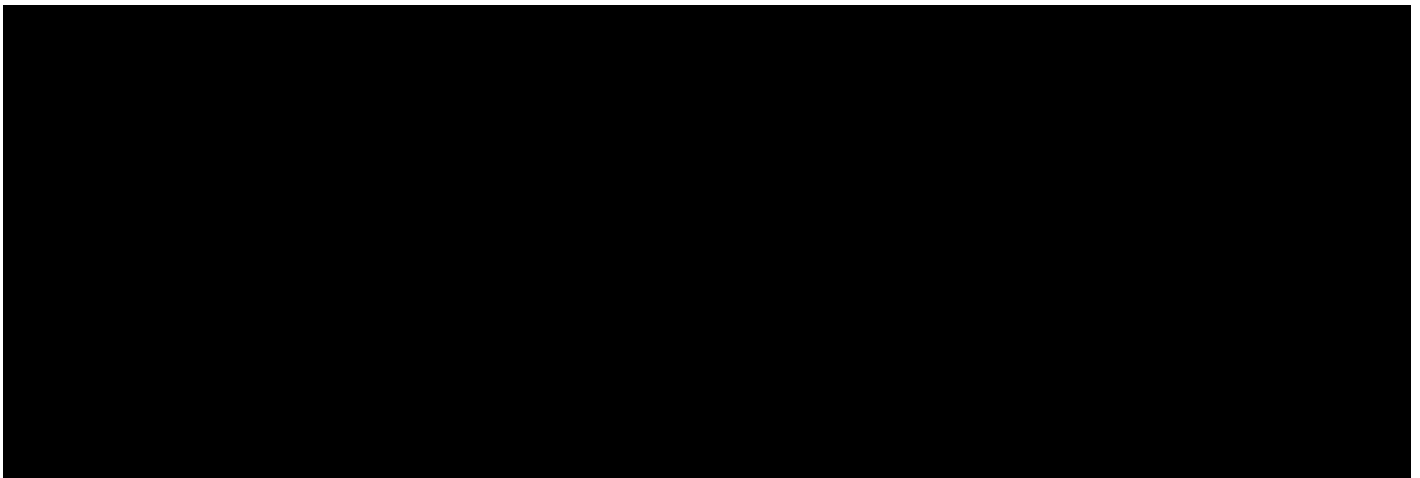
Charity Name

Headway Highland SCIO



Bankers

TSB Bank Plc, Tweed House, 35 South Gyle Crescent, Edinburgh, EH12 9HP



Structure, Governance and Management

Headway Highland SCIO was registered on 24th January 2022 and are governed by their constitution.

The structure of the organisation consists of Members and the Board. The people serving on the board are the charity trustees.

The individuals who signed the initial charity trustee declaration forms shall be deemed to have been appointed by the members as charity trustees with effect from the date of incorporation.

At the first annual general meeting, all the charity trustees shall retire from office and at the third subsequent annual general meeting, one third of the charity trustees, who are subject to retirement by rotation, shall retire from office. Charity trustees will require to stand down for one year before becoming entitled again to stand for office.

The board may, at any time, co-opt any member or non-member of the organisation to be a charity trustee.

Objectives and Activities

The purpose of the charity is the relief of suffering through the promotion of aftercare and general welfare of people who have suffered brain injuries; the provision of support and services to their carers and relatives; and to bring together all those who subscribe to this purpose in the furtherance of relief of suffering and the promotion of education.

Charitable purposes

- 1) The advancement of health.
- 2) The relief of those in need by reason of age, ill health, disability, financial hardship or other disadvantage.

Activities

We encouraged over 100 of our members to take part in a wide range of activities throughout 2024. As well as our indoor peer support groups meetings we have taken part in a wide range of activities; Seagull Trust boat trips, also a boat trip along the Caledonian Canal organised by our charity partner Caley Cruisers Ltd, we cycled on adapted bikes at Highland Cycle Ability, weekly outdoor walks in nature in and around Inverness, weekly visits to our garden project at New Start Highland garden, a family fun day out at Landmark Forest Adventure Park, went ten pin bowling, regular social meet ups at café's and visited Botanical Gardens in Inverness.

Some of our members took part in a Xmas Calendar/Card competition organised by Digby Brown LLC and one of our members was a winner in the competition.

Made applications for brain injury photo ID card for 2 people with an ABI.

30th Anniversary Tea Party

Headway Highland celebrated our 30th Anniversary with a very successful Tea Party for our members and their families, held at New Start Gardens in Inverness.

Mural

Headway Highland involved our members in creating a beautiful, nature inspired painted mural on the side of a portacabin at New Start Gardens during the Summer

Achievements and Performance

Headway Highland are in the process of winding up the Charity SC023551 and transferring all the assets and liabilities to the new SCIO.

Headway Highland had a very successful 30th Anniversary year in 2024 where we provided support to over 100 adults with an acquired brain injury (ABI) and their families/carers throughout the Highland Region.

We provided peer led monthly support groups in Caithness, Alness, Inverness, Nairn, Fort William and Oban. We also held a weekly outdoors walking group and a weekly activities group in Inverness. The support groups and walking group were delivered/facilitated by the Headway Highland charity manager, community worker, Board members and volunteers.

Headway Highland regularly attended NHS Highland ABI out-patient clinics to offer information to patients on the support offered by Headway Highland.

Headway Highland had 34 referrals in 2024. All of our groups welcomed new members in 2024.

Headway Highland in partnership with the charity New Start Highland continued to hold our weekly meetings at the New Start Gardens in the Spring/Summer months.

Headway Highland offered access to a free accredited counselling service and signposted to other organisations and services.

Headway Highland provided a WhatsApp group for our Inverness members at their request. This has proved incredibly beneficial to these members by allowing them to communicate with each other easily on a daily basis and share their thoughts/feelings and continue to support each other. We also communicated to our members via our Facebook page and website.

Partnership Working

Headway Highland developed a new partnership with the Neuropsychology department at Raigmore Hospital. Senior Principal Clinical Psychologist [REDACTED] initiated a discussion with our Inverness members about providing monthly educational sessions on topics of their choosing on acquired brain injury. Our members were delighted to agree to these educational sessions, and they are due to start in January 2025.

Headway Highland works in partnership with the Oxygen Works to signpost people with an ABI to possible oxygen therapy to help alleviate symptoms caused by an ABI.

We also work closely with the NHS Highland Rehabilitation and Trauma Recovery services as they are an important source of referrals to our service.

Looking Forward

Headway Highland have been supporting adults with an ABI and their families/carers for over 30 years. In that time we have built a wide knowledge base and developed a clear understanding of the challenges faced by individuals with an ABI and their family members/carers. The experience and skills we have developed in supporting our members has a hugely positive impact on their health and wellbeing.

Our members continue to highlight the importance of Headway Highland's support to their mental health and reducing isolation and loneliness. Our outdoor walks and garden project continue to be particularly helpful in connecting people and allowing them to talk about their feelings, support others, encourage friendship and have fun! Feedback from our members also continues to highlight the importance of coming together in an encouraging and non-judgemental environment where everyone is treated with warmth, kindness, dignity and respect.

We very much look forward to continuing the hugely needed work that we do to support adults with an ABI and their families/carers in 2025.

Financial review

Total income for the period totalled £101,302 which included £40,000 transfer from Charity SC023551. Expenditure was £59,265 resulting in a surplus of £42,037.

Headway Highland had very successful funding outcomes in 2024, receiving 3 years funding from RS MacDonald Trust, 2-year funding from the National Lottery Community Fund and 2-year funding from the Bank of Scotland Foundation.

Reserves Policy

There is no requirement in the constitution to hold reserves.

Exemptions from Disclosure

There are no exemptions from disclosure.

Funds held as custodian trustee on behalf of others

There are no funds held as custodian trustee on behalf of others.

This report was approved by the Trustees on 26th September 2025.

[REDACTED]

Name of Trustee : [REDACTED]

Date: 26th September 2025

Independent examiner's report to the trustees on the unaudited accounts of Headway Highland.

I report on the accounts of the Charity for the year ended 31st December 2024 which are set out on pages 6 to 9.

Respective responsibilities of trustee and independent examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that in any material respect the requirements:

- * to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- * to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: - 30th September 2025
Finance Manager
Voluntary Action Locharber
An Drochaid, Claggan Road
Fort William
PH33 6PH



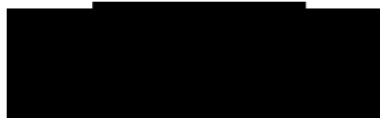
Headway Highland SCIO
Receipts and Payments Accounts
For the year ended 31st December 2024
Scottish Charity Number SC051531

		Year to 2024 Unrestricted £	Year to 2024 Restricted £	Year to 2024 Total £	Year to 2023 Total £
Receipts	Note				
Grants and Donations					
Grants	4	53,747	-	53,747	-
Donations	5	35,420	10,445	45,865	10,010
Bank interest received		-	-	-	-
Fund Raising					
Just Giving / Charitable Giving		988	-	988	-
Christmas Dinner		702	-	702	-
Total Receipts		90,857	10,445	101,302	10,010
Payments					
Charitable Activities					
Meeting Expenses		500	366	866	-
Social Events / Christmas Lunch		4,528	415	4,943	-
Telephone		588	-	588	-
Printing, Postage & Stationery		428	-	428	-
Insurance and Affiliation		1,428	-	1,428	-
Donations		833	-	833	-
Sundry Expenses		812	-	812	-
Salary Costs		43,109	-	43,109	-
Website		68	-	68	-
Travel Expenses		4,373	-	4,373	-
Trustee Expenses		995	-	995	-
Bank Charges		44	-	44	-
Governance Costs					
Independent Examination SCIO	7	100		100	-
Independent Examination HH		680		680	-
Total Payments		58,484	781	59,265	-
Surplus/(Deficit) for the year before transfers		32,373	9,663	42,037	10,010
Transfers between funds	6	-	-	-	-
Surplus/(Deficit) for the year		32,373	9,663	42,037	10,010

Headway Highland SCIO
Receipts and Payments Accounts
For the year ended 31st December 2024
Scottish Charity Number SC051531

	Year to 2024 Unrestricted £	Year to 2024 Restricted £	Year to 2024 Total £	Year to 2023 Total £
Statement of Balances - as at 31st December 2024				
Opening cash at bank and in hand	10,010	-	10,010	-
Add Income	90,857	10,445	101,302	10,010
	100,867	10,445	111,312	10,010
Less Expenditure	58,484	781	59,265	-
Transfers	6 -	-	-	-
Closing cash at bank and in hand	42,383	9,663	52,047	10,010
Bank and Cash Balances				
Treasurers Account	42,383	9,663	52,047	10,010
Outstanding lodgements	-	-	-	-
Outstanding items	-	-	-	-
Petty cash	-	-	-	-
9 & 10	42,383	9,663	52,047	10,010
	-	-	-	-

Signed on behalf of all Trustees:



Date: 26th September 2025

The notes on pages 8 to 9 form part of these financial statements

Headway Highland SCIO
Scottish Charity Number SC051531
Notes to the accounts
For the year ended 31st December 2024

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Headway Highland are in the process of dissolving the current charity SC023551 and transferring all assets and liabilities to the SCIO.

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Related party transactions

None (2023: £NIL).

4 Grants

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
National Lottery Grant	38,747	-	38,747	-
R S MacDonald Grant	15,000	-	15,000	-
	<u>53,747</u>	<u>-</u>	<u>53,747</u>	<u>-</u>

5 Donations

Tfr from Charity SC023551	29,555	10,445	40,000	10,010
Digby Brown	5,015	-	5,015	-
The Oxygen Works	350	-	350	-
Springfield Proper	500	-	500	-
	<u>35,420</u>	<u>10,445</u>	<u>45,865</u>	<u>10,010</u>

6 Transfers between funds

There were no transfers between funds during the year (2023: £NIL).

7 Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
Independent Examination	100	-	100	-
Accounting Services	680	-	680	-
	<u>780</u>	<u>-</u>	<u>780</u>	<u>-</u>

8 Volunteers

The trustees would like to record their thanks to all the volunteers who dedicate a significant amount of time for no remuneration to the charity.

9 Restricted Funds

	At 1st January				At 31st
	2024	Incoming	Outgoing	Transfers	December
					2024
Fort William	5,577	-	(366)	-	5,211
Caithness	4,518	-	(66)	-	4,452
Inverness	349	-	(349)	-	-
Total restricted funds	10,445	-	(781)	-	9,663

Explanation of Funds:

Fort William - represents funds raised for use in the Fort William area.

Caithness - represents funds raised for use in the Caithness area.

Inverness - represents funds raised for use in the Inverness area.

10 Unrestricted Funds

	At 1st January				At 31st
	2024	Incoming	Outgoing	Transfers	December
					2024
Unrestricted Funds	10,010	90,857	(58,484)	-	42,383
Total unrestricted funds	10,010	90,857	(58,484)	-	42,383