

# PCOS Relief

Scotland · Charity number SC051494

## Details

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Known as	PCOS
Status	Active
Legal form	Unincorporated association
Registered	2022-01-12
Register	<a href="#">View on the OSCR register</a>

## Contact

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**Address** Fleming House  
Fort Kinnaird Retail Park  
Unit 30 1st Floor  
EH15 3RD

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of education', 'the advancement of health', 'the promotion of equality and diversity'

**What the charity does:** PCOS Relief is a charitable organisation that has been established to provide support and advice to those who have been diagnosed with any of the four types of Polycystic Ovary Syndrome. PCOS Relief's main objective is to work alongside Qualified Medical Researchers to collect accurate data in the numbers of females who have been diagnosed with PCOS. The charity also works alongside the NHS and the Scottish and UK government to promote the advancements of Education. PCOS Relief provided a platform where ethnic minority communities can come and seek advice in confidence.

**Beneficiaries:** 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

**Objectives:** The associations's objects are: \* The advancement of education \* The advancement of health \* The promotion of equality and diversity

## Geography

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- **Main operating location:** City of Edinburgh
- **Geographical spread:** Scotland and other parts of the UK

## Finances

Period end	Income	Expenditure	Assets	Employees
2026-01-31	£0	£0	-	0
2025-01-31	£26,070	£12,958	-	0
2024-01-31	£14,755	£6,597	-	0
2023-01-31	£0	£5,000	-	0

**PCOS Relief**

Scotland - Charity number SC051494

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# Accounts

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**Report of the trustees and  
Financial Statements for the Year Ended 31 January 2025  
For  
PCOS Relief**

**Contents of the Financial Statements  
For the Year Ended 31 January 2025**

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**Charity Information**  
**For the Year Ended 31 January 2025**

**Scottish Charity Number:**

SC051494

**Trustees:**



**Charity Address;**

Unit 30 1<sup>st</sup> Floor Fleming House, Fort Kinnaird Retail Park, EH15 3RD

**Accountants**

Ahmad & Nabi McMullan Accountants  
95-107 Lancefield Street, Glasgow, G3 8HZ

**Report of the Trustees  
For the Year Ended 31 January 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 January 2025

**Governing Documents**

The is a registered nonprofit charity and the purpose and administration arrangements are set out in the constitution.

**Objectives and Activities**

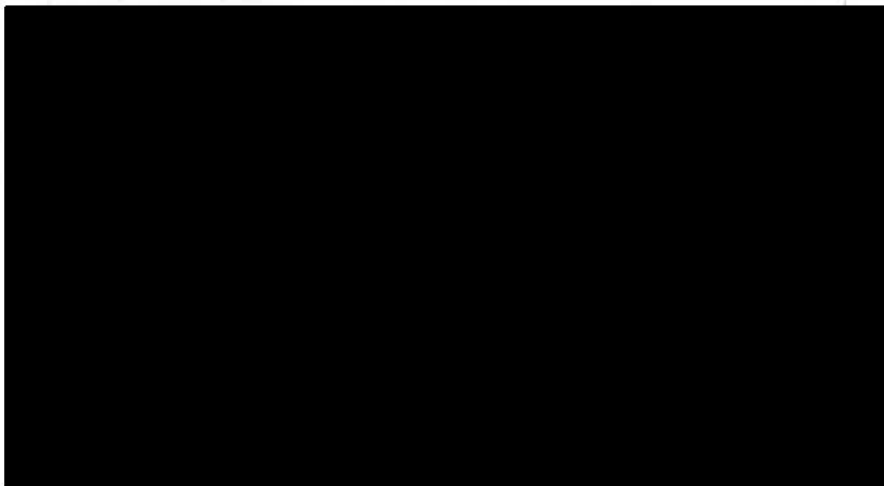
PCOS Relief is a charitable organisation that has been established to provide support and advice to those who have been diagnosed with any of the four types of Polycystic Ovary Syndrome. PCOS Relief's main objective is to work alongside Qualified Medical Researchers to collect accurate data in the numbers of females who have been diagnosed with PCOS. The charity also works alongside the NHS and the Scottish and UK government to promote the advancements of Education. PCOS Relief provided a platform where ethnic minority communities can come and seek advice in confidence.

**Member of the Board of Trustees**

In accordance with charities law, as the charities trustees we certify that:

- So far as we are aware, there are no relevant audit information of which the charities auditors are unaware; and
- As the trustees of the charity, we have taken all reasonable steps that we have ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of this information.

**On Behalf of the Board**



**PCOS Relief**

Year Ended 31 January 2025

**Statement of Financial Activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>2025 Total £</b>	<b>2024 Total £</b>
<b>Income</b>				
Donations	2,094	-	2,094	105
Sponsorships	-	-	-	3,000
Main Grant	-	23,076	23,076	11,000
Other Income	900	-	900	600
Refunds	-	-	-	50
<b>Total Income</b>	<b>2,994</b>	<b>23,076</b>	<b>26,070</b>	<b>14,755</b>
<b>Expenses</b>				
Events and Refreshments	52	924	976	1,224
Social Media post	482	-	482	603
Googling Ranking	-	-	-	700
Microsoft Package	-	-	-	-
IT Equipment	-	-	-	223
Landline	-	-	-	-
Travelling	730	-	730	325
Website	-	-	-	772
Volunteer costs	50	-	50	-
Business Cards	-	-	-	-
Donation Box	-	-	-	-
Professional	120	10,600	10,720	2,750
<b>Total Expenses</b>	<b>1,434</b>	<b>11,524</b>	<b>12,958</b>	<b>6,597</b>
<b>Net Incoming Resources</b>	<b>1,560</b>	<b>11,552</b>	<b>13,112</b>	<b>8,157</b>
<b>Total Funds Brought Forward</b>	<b>4,768</b>	<b>-</b>	<b>4,768</b>	<b>3,389</b>
<b>Total Funds Carried Forward</b>	<b>6,328</b>	<b>11,552</b>	<b>17,880</b>	<b>4,768</b>

**Balance Sheet**  
**As at 31 January 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>		
Cash at bank	25,511	12,399
<b>CREDITORS</b>		
Loan - C Kaur	- 7,631	- 7,631
<b>NET CURRENT ASSETS (LIABILITIES)</b>	<b>17,880</b>	<b>4,768</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>17,880</b>	<b>4,768</b>
<b>RESERVES</b>		
Surplus/(Deficit)	17,880	4,768
	<b>17,880</b>	<b>4,768</b>



## **Report of the Independent Examiner to the Trustees of PCOS Relief**

I report on the financial statements for the year ended 31 January 2025 which are set on pages 2-6.

### **Responsibilities of the trustees and the independent examiner**

The trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The trustees consider that the audit requirements of the regulations 10 (1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under Section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of Independent Examiner's Statement**

My examination is carried out in accordance with Regulations 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items of disclosure in the financial statements and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the financial statements.


### **Independent Examiner's Statement**

In the course of my examination, no matter has come to my attention:

1. Which gives me a reasonable cause that in any material aspect the requirements:
  - to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulations 4 of the 2006 Accounts Regulations, and
  - to prepare financial statements which accord with the accounting records and comply with Regulations 8 of the 2006 Accounts Regulations

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial records to be reached.

  
Ahmad & Nabi McMullan Accountants  
95-107 Lancefield Street  
Glasgow  
G3 8HZ

12<sup>th</sup> September 2025