

HSTAR SCOTLAND

Scotland · Charity number SC051334

Details

Known as	Healed Scars Trauma and Abuse Recovery
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2021-10-11
Register	View on the OSCR register

Contact

Address Viewfield Chambers
Viewfield Place
Stirling
FK8 1NQ

Website www.hstar-scotland.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: HSTAR Scotland is dedicated to supporting women in the Forth Valley who have experienced trauma and abuse. We use a trauma-informed, person-centered approach to provide timely, culturally sensitive mental health support. Our services include counselling, therapy, and wellbeing workshops, all delivered by skilled, bilingual professionals who understand the unique challenges faced by women from diverse backgrounds. By offering accessible, multilingual support and creating a safe, non-judgmental environment, we empower women to explore their emotions, rebuild their lives, and regain independence. We also work with partners—from local authorities to educational institutions—to advocate for improved mental health practices and ensure our support meets both individual and community needs.

Beneficiaries: 'Other defined groups'

Objectives: 4. The purposes of HSTAR Scotland SCIO are: To promote social inclusion, integration, and participation among refugees, people seeking asylum, migrants, and those at risk of exclusion in Scotland. To advance education and lifelong learning, including the provision of language support, skills development, cultural orientation, and vocational training. To deliver and support arts, culture, heritage, and creative activities that foster mutual understanding, community empowerment, and the celebration of diversity. To relieve poverty, need, and social disadvantage through direct support, advocacy, and signposting to appropriate services, in partnership with other organisations. To improve mental and physical health and

wellbeing through peer support, mentoring, access to recreation, and safeguarding activities. To promote equality and human rights in alignment with Scottish law, tackling discrimination and enhancing the participation of marginalized groups in public life. To do all such other lawful things as may be incidental or conducive to the attainment of the above purposes, provided these remain charitable in law.

Geography

- **Main operating location:** Falkirk
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£0	£0	-	4
2024-10-31	£150,361	£150,077	-	4
2023-10-31	£171,049	£123,796	-	5
2022-10-31	£150,886	£109,843	-	6