

Orkney Athletic and Running Club

Scotland · Charity number SC051316

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2021-10-05
Register	View on the OSCR register

Contact

Address	4 Firth Court Kirkwall Orkney KW15 1HN
Website	https://orkneyarc.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of public participation in sport'

What the charity does: OARC welcomes athletes of all ages and abilities from 9years upwards from the local community and provides them with opportunities to participate in running or athletics in Orkney. The Club promotes health within the community and has a focus on high standards of training and providing the chance to compete at a level that will allow athletes to reach their individual potential. OARC strives to be inclusive (by being welcoming, non-elitist members) and respectful. It aims to allow all athletes to reach their individual potential and encourages them to be dedicated and hard-working, with resilience and grit. Our team of volunteer coaches, officials and helpers will demonstrate an ethos of supportive team-work, equality and respect for all whilst ensuring all those participating have fun and enjoy their time at the club.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The club will operate as a non-profit distributing charity whose principal objective is: The advancement of public participation in the sport of athletics

Geography

- **Main operating location:** Orkney Islands
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-11-14	£53,149	£60,848	-	1
2024-11-14	£99,142	£91,738	-	1
2023-11-14	£47,585	£44,098	-	1
2022-11-14	£111,868	£67,045	-	0

Orkney Athletic and Running Club

Scotland - Charity number SC051316

Accounts

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	15	11	2024	To	14	11	2025

Reference and administration details

Charity name	Orkney Athletic and Running Club
Other names charity is known by	
Registered charity number	SC051316
Charity's principal address	C/o Old Schoolhouse Holm Orkney Postcode KW17 2SB

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole period
1			Appointed
2	Robert Dinsey	Secretary Chairperson	up to 29/09/25 w/e/f 29/09/25
3	Craig Moar	Seniors Rep	Stopped being Senior Rep on 10/03/25
4	Kirsty Swan	Treasurer	
5	Mairi Dennison	Membership Secretary	
6	Sarah Finn	Seniors Rep w/e/f 10/03/25	
7	Soo Thornton		
8	Joel Chaney		
9	Chris Webb		
10			
11			
12			
13			
14			

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Kay Gilmour	resigned 10/03/25 - continuing as Officials Co-ordinator
Aly MacPhail	resigned 10/03/25
Carrie Gun	resigned 01/10/25
Liz Foubister - Chairperson	resigned 29/09/25

Structure, governance and management

Type of governing document

The charity is administered in accordance with the terms of the Scottish Charitable Incorporated Organisation constitution.

Trustee recruitment and appointment

The minimum number of trustees permitted is four and the maximum 12. At each AGM, the members may elect any eligible member to be a trustee. The board may also, at any time, elect/appoint any eligible member to be a trustee. At each AGM all charity trustees shall retire from office but shall be eligible for re-election.

Charitable purposes	The advancement of public participation in the sport of athletics
<p>Summary of the main activities in relation to these objects</p>	<p>The Club promotes, encourages and develops athletics and running in Orkney, organises and encourages athletes to attend athletic meetings and events outwith Orkney, co-ordinates athletic meetings and road race series in Orkney and co-operates with other clubs within and outwith the county. The club runs training sessions up to three times a week for Junior members (Primary & Secondary school aged) and a weekly track session for Senior members. Senior members are also able to join in with the junior sessions by arrangement - allowing all members the chance to try a range of track and field events: High Jump, Long Jump, Shot Put, Javelin, sprint/middle distance/endurance track, Hurdles. The Club aims to run 4 home competitions a year which are licensed by scottishathletics and also aims to carry out a minimum of two Club trips to competitions on Mainland Scotland as well as supporting individual athletes to compete at an Elite level throughout Scotland, England and Internationally. For the Senior section the Club aims to operate a schedule of five licensed road / endurance race events. The Club accepts members from age 9 upwards and aims to provide a safe and inclusive environment where all ages of athletes can gain the benefits from social interaction, keeping fit whilst having fun and having the opportunity to progress to a higher level of competition should they wish to do so.</p>

Summary of the main achievements of the charity during the financial period

The Club has had another busy year with the culmination of a number of years hard work and planning coming to fruition in July when Orkney hosted the 2025 International Island Games. It was a hugely successful event overall but the athletics and half marathon events were especially memorable for the Club with a number of club athletes winning medals. A lot of positive feedback was received from visiting teams, athletes and members of the public for the organisation of these events which was led by OARC volunteers.

Both the senior and junior sections continue to thrive through the dedicated support of the volunteer coaching team, club volunteers and club manager.

- Membership numbers in early 2025 were recorded as 146 Juniors and 97 Seniors.
- Primary training was held once a week in four blocks during the year for an average of 60 athletes.
- Secondary training was held weekly across three nights a week throughout the year, only breaking for the Christmas holidays, Island Games and October holidays, for an average of 55 athletes.
- Weekly mid-week track sessions were run for Senior athletes attracting new members throughout the year. Average attendance has been around 15 members.

The Club successfully ran the following events during the year:

- Three open home competitions, one home championship and the International Island Games Athletics
- Three road race / endurance events plus the Island Games Half Marathon
- Two Club away trips to competitions in Inverness and Grangemouth plus Junior Inter County in Shetland
- Christmas end of term fun session
- *(Annual Awards ceremony was postponed)*

Other notable achievements were:

- Ongoing progress with officials training and coach training
- Maintaining all 'behind the scenes' actions required to keep the club operating effectively on a day-to-day basis
- Having OARC athletes recognised and participating at National and International levels
- Full introduction of a new OARC Club kit

Footnote: there have been some situations during 2025 which the club has had to navigate alongside it's governing body (scottishathletics) that have impacted the clubs ability to accept intakes of new junior athletes. The club is hoping to be able to address these waiting lists in the New Year.


Financial review

Brief statement of the charity's policy on reserves	OARC aims to operate with sufficient reserves to cover the essential running costs of the Club for a minimum 6-month period should there be no income / funding secured. This value is deemed to be £20,000 – the Club has a Reserves policy in place which is reviewed at the end of each financial year. The policy for 2025 was reviewed and approved on 23 rd September 2024.
Details of any deficit	N/a
Donated facilities and services (if any)	<p>The club relies heavily on volunteers to be able to operate - all Coaching Staff, Board / Committee / Office Bearers, Officials and Fundraisers are volunteers and the Club is hugely appreciative of the time every individual gives in support of the Club and its athletes.</p> <p>Sponsorship, Funding and donations are also of great importance to the Club and we gratefully acknowledge all financial support and donations of goods during the year.</p>

Declaration


The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SARAH FINN	ROBERT DINSEY
Position (e.g. Chair)	TRUSTEE	CHAIR
Date	16 th March 2026	16 th March 2026

APPENDIX 3



Independent examiner's report on the accounts		v2					
Report to the trustees/members of	Charity name ORKNEY ATHLETIC AND RUNNING CLUB						
Registered charity number	SC051316						
On the accounts of the charity for the period	Period start date			Period end date			
	Day	Month	Year	to	Day	Month	Year
	15	11	2024		14	11	2025
Set out on pages	6-11			(remember to include the page numbers of additional sheets)			
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> 1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:				Date:	23 - 03 - 2026		
Name:	Kathryn Beharie						
Relevant professional qualification(s) or body (if any):							
Address:	c/o VOLUNTARY ACTION ORKNEY						
	6 BRIDGE STREET						
	KIRKWALL						
	KW15 1HR						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

Orkney Athletic and Running Club
Receipts and Payments Accounts
Period ended 14th November 2025

<u>Receipts</u>	Notes	Unrestricted Funds 2025	Restricted Funds 2025	Total 2025	Total 2024
Donations	3	2,642	-	2,642	6,250
Activities for Generating Funds	4	1,015	-	1,015	3,384
Charitable Activities	5	29,856	5,003	34,859	33,882
Grants	6	-	14,633	14,633	55,626
Rental of Premises		-	-	-	-
Bank interest		-	-	-	-
Total Receipts		33,513	19,636	53,149	99,142
Payments					
Cost of Generating Funds		360	-	360	-
Charitable Activities	7	34,926	25,394	60,320	91,618
Governance Costs		168	-	168	120
Other Payments	8	-	-	-	-
Total Payments		35,454	25,394	60,848	91,738
Transfer between funds		-	-	-	-
Surplus/(Deficit) for period		(1,942)	(5,757)	(7,699)	7,404

Orkney Athletic and Running Club
Statement of Balances
Period ended 14th November 2025

	Notes	Unrestricted funds 2025	Restricted funds 2025	Total 2025	Total 2024
<u>Bank & Deposit Balances</u>	2				
Bank and cash balances Brought Forward		60,018	(4,304)	55,714	48,310
Movement in period: - Surplus/(Deficit)		(1,942)	(5,757)	(7,699)	7,404
Bank and cash balances Carried Forward		<u>58,076</u>	<u>(10,061)</u>	<u>48,015</u>	<u>55,714</u>

Approved by the Trustees and signed on their behalf,



Position: TREASURER

Dated: 16/03/2026

Orkney Athletic and Running Club

Notes to the accounts

Period ended 14th November 2025

1. Trustee Remuneration and Related Party Transactions

There were no trustee remunerations during the period. Eight (2024:10) trustees received reimbursed expenses amounting to £3,448 (2024:£6343). One Trustees received funding totalling £50.00 (2024:£100) towards the cost of travel and entering competitions. The children of two trustees received funding from the charity towards the cost of travelling and entering competitions. This funding amounted to £200 (2024:£750) and was distributed in line with the governing document and policies of the charity.

2. Movement in Funds

	As at 15/11/24	Receipts	Payments	Transfers	As at 14/11/25
Unrestricted funds					
General fund	60,018	33,513	35,454	-	58,076
Restricted funds					
	Notes				
Tesco Groundworks	-	1,000	26	-	974
Norsepharm Ltd (Dounby)	-	500	500	-	-
Scottish Athletics	-	525	525	-	-
Pre-payment for kit order/kit stock	1,583	5,003	8,298	-	(1,711)
Garden Square	-	500	500	-	-
EDJ	-	1,000	1,000	-	-
Cooke Scotland	17	-	17	-	-
Starlings	-	300	300	-	-
Lows Orkney Ltd	-	400	400	-	-
OTE Kirkwall	-	500	500	-	-
OIC 005	(840)	840	-	-	-
OIC 006	-	316	316	-	-
OIC 007	-	860	860	-	-
OIC 008	-	237	237	-	-
OIC 009	-	359	359	-	-
Manager Role Fees	(5,064)	6,796	11,056	-	(9,324)
Small Grant Scheme	-	500	500	-	-
	(4,304)	19,636	25,394	-	(10,061)
	55,714	53,149	60,848	0	48,015

Orkney Athletic and Running Club
Notes to the accounts (cont)
Period ended 14th November 2025

Purpose of Funds
Unrestricted funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds

Funding received to contribute to the costs of: -

Tesco Groundworks	Healthy snacks Initiative
Norsepharm Ltd (Dounby)	10k Sponsorship
Scottish Athletics	North District club trip
Pre-payment for kit order/Kit stock	For purchase of new kit for athletes
Garden Square	Home Championship competitions
EDJ	Scottish Schools club trip
Cooke Scotland	Kirkwall Half Marathon
Starlings	Home Competition sponsorship
Lows Orkney Ltd	Funds towards club trips
OTE Kirkwall	Kirkwall Half Marathon sponsorship
OIC	Club Manager, Training & Development
Small Grant Scheme	Jackets for Coaching Team

Orkney Athletic and Running Club
Notes to the accounts (cont)
Period ended 14th November 2025

	Unrestricted funds 2025	Restricted funds 2025	Total 2025	Total 2024
<u>Analysis of Receipts</u>				
3. Donations				
Donations received	1,464	-	1,464	5,268
Gift Aid	1,178	-	1,178	982
	2,642	-	2,642	6,250
4. Activities for Generating Funds				
Lucky Number Squares	1,015	-	1,015	-
Blue Door	-	-	-	2,383
Sean Stanger Joinery & Building	-	-	-	1,000
	1,015	-	1,015	3,383
5. Charitable Activities				
Membership & Coaching fees -ALL	23,143	-	23,143	24,556
Competitions & Road Races	3,361	-	3,361	4,409
Equipment	-	-	-	-
Trips	3,352	-	3,352	3,254
Prepayment for kit order	-	5,003	5,003	1,663
Bank compensation	-	-	-	-
	29,856	5,003	34,859	32,299
Grants received				
6. Tesco Groundworks	-	1,000	1,000	375
Norsepharm Ltd (Dounby)	-	500	500	500
JJ Cairns	-	-	-	100
Scottish Athletics	-	525	525	1,025
Sheila Fleet	-	-	-	500
OIC	-	2,612	2,612	28,330
Cooke Scotland	-	-	-	1,000
Lottery Sportscot	-	-	-	18,084
Garden Square	-	500	500	300
EDJ	-	1,000	1,000	1,000
Lows Orkney Ltd	-	400	400	400
OTE Kirkwall	-	500	500	500
YLAG	-	-	-	559
KGS Enrichment	-	-	-	350
Club Manager	-	6,796	6,796	2,063
Small Grant Scheme	-	500	500	-
Starlings	-	300	300	-
	33,513	19,636	53,149	55,626

Orkney Athletic and Running Club
Notes to the accounts (cont)
Period ended 14th November 2025

<u>Analysis of Payments</u>	Unrestricted funds 2025	Restricted funds 2025	Total 2025	Total 2024
7. Charitable Activities				
Membership & Coaching fees -ALL	13,825	1,772	15,597	6,050
Competitions & Road Races	3,198	1,817	5,015	5,839
Club Together	-	-	-	-
Equipment	2,002	-	2,002	49,579
Trips	6,833	1,925	8,758	21,260
Insurance	1,368	-	1,368	1,201
Trophies/awards/medals/Kit		8,298	8,298	(511)
Website	224	-	224	143
Administration	-	-	-	56
Sundry	5,227	526	5,753	2,123
Purple Tops	-	-	-	494
Island Games	2,249	-	2,249	320
Club Manager	-	11,056	11,056	5,064
	34,926	25,394	60,320	91,618