

Sight Relief (SCIO)

Scotland · Charity number SC051191

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2021-08-11
Register	View on the OSCR register

Contact

Address
Marlin Lodge
357 Ayr Road
Newton Mearns
Glasgow
G77 6RT

Website www.sight-relief.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Sight Relief is a Scottish charity established to provide sight-saving eye care to underprivileged communities in developing countries, with a focus on Pakistan, where 26 million people are blind or visually impaired and the vast majority of cases are curable or preventable. We deliver free eye screening camps in remote and rural areas, dispensing spectacles, facilitating cataract surgery, and training local health workers. We follow a four-phase model: from emergency outreach camps, through community capacity building and formal clinical training, to establishing permanent eye care infrastructure embedded within government health systems. In 2024–25 we launched the Haripur Primary Eye Care Integration Pilot in partnership with the District Health Office and University of St Andrews — a WHO-aligned model training Lady Health Workers and Medical Officers to deliver sustainable, ongoing eye care long after our teams leave.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: 4.1 To provide sight saving eye care to the underprivileged, in particular children and women, with a focus in 3rd world countries. 4.2 To decrease and control preventable blindness by providing eye care screening to those who have no access or means to services 4.3 To provide free or heavily subsidised eye related surgery, medical treatment and/or spectacles 4.4 Raise awareness of general eye care and develop local screening capabilities by providing training, funding, and support to grassroots community projects and local government 4.5 Provide financial or other support, as appropriate, to those severely impacted by

financial challenges

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** Overseas only

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£28,865	£25,078	-	3
2024-08-31	£34,618	£10,049	-	0
2023-08-31	£13,186	£5,120	-	0
2022-08-31	£16,201	£9,851	-	2

Sight Relief (SCIO)

Scotland - Charity number SC051191

Accounts



ANNUAL REPORT 2025

Restoring Vision. Strengthening Systems. Changing Lives.

For the Year Ended 31 August 2025

Scotland | Pakistan | Scottish Charity No. SC051191

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A Year of Transformation

The year ended 31 August 2025 was the most significant in Sight Relief's four-year history, not because of the numbers, but because of what they represent: a shift from outreach to lasting system change.

"We began as a team who drove into the mountains with spectacles and a mission. This year we embedded eye care into government health facilities, trained 200 local health workers, and partnered with Dr Andrew Blaikie from University of St Andrews. The mountains haven't changed, but what happens inside those valleys has."

Our Winter Rendezvous fundraising event raised over £13,000 in a single month, a reflection of the extraordinary generosity of the Scottish community whose support makes everything possible. We received our first institutional grant from the Ulverscroft Foundation. We delivered our third consecutive surgical eye camp in the remote valleys of the Hindu Kush Mountain range of Pakistan. And we launched the Haripur Primary Eye Care Integration Pilot, a WHO-aligned model that we believe can become the blueprint for district-level eye care across Pakistan.

None of this happens without our donors, volunteers, and partners. Thank you for believing in this mission.

Isma Tahir Khan, Saddaqt Khan & Ali Askar Khan — Trustees, Sight Relief

Who We Are

A charity built on a simple belief: nobody should be blind from a curable condition.

Sight Relief is a Scottish charity providing sight-saving eye care to underprivileged communities, with a focus in developing countries. We are registered with the Office of the Scottish Charity Regulator (OSCR) as charity SC051191.

We were founded by a Scottish-Pakistani optometrist and professionals who witnessed first-hand the devastating impact of preventable blindness in remote communities and chose to do something about it.

26 million people in Pakistan are either blind or have impaired vision. Approximately 3 million of those are children. The vast majority of cases are curable or preventable.



We carry out eye screening camps in rural areas, dispensing spectacles, facilitating cataract surgery, and building the sustainable local capacity needed for long-term change.



What Drives Us

"To provide sight saving eye care to the under-privileged, by building capacity to allow them to self-sustain and provide ongoing eyecare to their people, with a focus in developing countries."

Our Three Core Values

 <p>Dedication</p> <p>We are driven by a genuine commitment to our mission to help eliminate curable and preventable blindness. This commitment goes beyond eye camps — it is about transforming health systems for generations.</p>	 <p>Quality</p> <p>We continuously pursue the highest standards in our eye camps with professionalism and honesty. Every patient receives clinical-grade assessment regardless of ability to pay.</p>	 <p>Transparency</p> <p>We strive to provide complete financial transparency on the social and humanitarian benefits to our donors and supporters. Every pound raised is accountable.</p>
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Sustainable Development Goals — Our Alignment

Sight Relief is dedicated to advancing the United Nations Sustainable Development Goals (SDGs), with a particular focus on two goals that sit at the heart of our work:

<p>SDG 3</p> <p>Good Health & Well-being</p> <p>We advance universal eye health by providing free clinical care, training frontline health workers, and integrating eye care into government primary health systems. Our pilot in Haripur directly supports SDG Target 3.8: achieving universal health coverage, including financial risk protection and access to quality essential health services for all.</p>	<p>SDG 11</p> <p>Sustainable Cities & Communities</p> <p>We build lasting infrastructure for eye care in underserved communities — from training Lady Health Workers to establishing permanent referral pathways — ensuring that communities have self-sustaining access to care. We support SDG Target 11.1: by 2030, ensure access for all to adequate, safe and affordable services. We build resilient communities through health system strengthening.</p>
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Beyond these two primary SDGs, our work contributes to SDG 1 (No Poverty — by restoring the sight of working-age adults and enabling economic participation), SDG 4 (Quality Education — by correcting vision in children who would otherwise struggle to learn), SDG 5 (Gender Equality — through our focus on reaching women and girls, who make up approximately 68% of attendees at some facilities), and SDG 17 (Partnerships for the Goals — through our academic and government partnerships).

The Four-Phase Model

Sight Relief follows a structured four-phase approach designed to move communities from emergency outreach to permanent, self-sustaining eye care infrastructure. In 2024–25, we were operating across all four phases simultaneously.

1 Phase	Eye Screening Camps	<ul style="list-style-type: none"> • Vision assessments using Snellen charts, ophthalmoscopy, and refraction • Distribution of corrective glasses, ready readers, and pharmaceutical eye drops • Identification and referral of cataract patients for sight-restoring surgery • Community education and eye health awareness raising
2 Phase	Local Capacity Building	<ul style="list-style-type: none"> • Identification of local volunteers and community health workers • Training in eye screening, patient registration, and traffic management • Building coordinator networks for future camp logistics and communications • Lady Health Worker referral pathway development
3 Phase	Formal Training & Partnerships	<ul style="list-style-type: none"> • Formal training for Lady Health Workers and Medical Officers using Arclight devices • WHO-aligned standardised referral protocols embedded in existing government systems • Technology integration: Arclight ophthalmoscopes, vision testing kits, referral pads • Formal partnerships with District Health Offices and academic institutions
4 Phase	Permanent Eye Care Facility	<ul style="list-style-type: none"> • Community needs assessment and facility site selection with local government • Rural outreach clinics with vision screening, spectacles, and telemedicine • Local workforce development and long-term training of healthcare professionals • Monitoring, evaluation, and data collection for academic publication

In 2024–25, Sight Relief was delivering Phase 1 eye camps across Pakistan, conducting Phase 2 and 3 capacity building through the Haripur pilot with the District Health Office, and advancing Phase 4 planning through partnership with the district health officer for a permanent surgical facility within the current health system.

2024–25 at a Glance



Eye Camps Delivered

Multiple eye camps in Haripur district and remote mountain regions during the year, reaching communities with no access to affordable eye care. Every patient seen, every pair of glasses dispensed — entirely free of charge.



Haripur Pilot Launched

The primary eye care integration pilot launched in April 2025, covering 7 government facilities in Phase 1. Over 2,000 patients screened in the first two months and 1,000+ spectacles dispensed.



200+ Workers Trained

Lady Health Workers, Medical Officers, and optometrists trained in WHO-aligned Arclight-supported primary eye care across Haripur district, building skills that remain in communities permanently.

Our Impact at a Glance *Cumulative Reach and Impact*

20,000+

Patients Screened

500+

Cataract Surgeries

15,000+

Spectacles Dispensed

200+

Health Workers Trained

7+

Gov. Facilities Reached

What We Did in 2024–25

Eye Camps — Rehana & Ghazi (May 2025)

A child receives their first pair of glasses

Eye camps were conducted in Rehana and Ghazi in May 2025. Full clinical teams delivered comprehensive vision testing, free spectacles, and medical treatment to hundreds of patients in Haripur district.

19 cataract surgeries were funded at the Rehana camp, and a further 20 at the Ghazi site all performed at partner surgical facilities in Haripur district.

Patients were pre-identified through community outreach by Lady Health Workers, ensuring that elderly women, children, and the most marginalised patients were prioritised.



Dr Andrew Blaikie & Arclight Training (April 2025)



In April 2025, Dr Andrew Blaikie — one of the world's leading experts in global eye health and the co-creator of the Arclight ophthalmoscope — travelled to Pakistan to visit our team.

He trained our optometrists and Medical Officers in person, advised on the clinical design of the pilot, and met with government health officials. His visit gave our work international academic credibility.

This partnership with the University of St Andrews is not just about training. It opens the door to peer-reviewed publication of our findings — meaning the Haripur model could be adopted across Pakistan and beyond.

"To see what the Sight Relief team has built in such a short time is remarkable. The model is sound, the partnerships are real, and the impact is measurable." — Dr Andrew Blaikie (University of St Andrews) during his visit to Pakistan.

Haripur Primary Eye Care Integration Pilot



Arlight-supported eye examination at a government facility, Haripur district. © Sight Relief 2025

Training session for Medical Officers and Lady Health Workers, Haripur

The most significant development of 2024–25 was the launch of the Haripur Primary Eye Care Integration Pilot, in formal partnership with the District Health Office (DHO) Haripur and the University of St Andrews.

The WHO-aligned model trains Lady Health Workers to identify and refer patients; Medical Officers to conduct Arlight-supported eye assessments; and Sight Relief optometrists to attend each facility regularly for clinical management and cataract identification.

Phase 1 covered 7 government facilities; Phase 2 expanded to 7 further sites. In the first two months alone, over 2,000 patients were screened and 1,000+ spectacles dispensed.





7 Phase 1 Facilities

TDH Sarai Niamat Khan, TDH Ghazi, RHC KTS, BHU Mung, TDH Khanpur, RHC Khangra, and BHU Amazai — all fully operational within the first two months of launch.



68% Female Attendance

At BHU Amazai, approximately 68% of attendees were women — demonstrating that the LHW community referral model is successfully reaching the most marginalised group.



Surgical Pathway Established

100 cataract patients identified and entered into the surgical referral pathway to the partner hub at RHC KTS within the first two months of the pilot.



Cataract surgery at Booni Upper Chitral Rural Health Unit. Each surgery takes approximately 20 minutes and is life changing for the patient. © Sight Relief 2025.

Remote Mountain Eye Camp (June–July 2025)



*The Hindu Kush mountain range — the landscape Sight Relief crosses to reach communities with no access to eye care.
© Sight Relief 2025*

Our third consecutive surgical eye camp took place in late June and early July 2025. A clinical team of over twelve people, including optometrists, dispensing opticians, a visiting surgeon, and support staff, was deployed to isolated mountain villages accessible only by jeep on unpaved mountain tracks.

For one week, the team became the only eye care available to communities of tens of thousands. Over 2500 patients were screened, 1200 spectacles dispensed and 68 cataract surgeries performed in a rural health facility. Everything was provided entirely free of charge: cataract surgeries, spectacles, eye drops, and comprehensive clinical assessments. Accommodation, transport, pharmaceuticals, and clinical consumables were all funded from donations raised in Scotland.

Fundraising & Community Engagement

The 2024–25 year saw some of the most generous moments in Sight Relief's history. Here is a snapshot of what our community gave:

£13,000+

Fundraiser

Our Winter Rendezvous event — auction, pledges, ticket sales, and donations — raised over £13,000 in a single month. Our highest ever. The Scottish community showed up in the most extraordinary way.

£3,000

Ulverscroft Grant

In August 2025 we received our first institutional grant — from the Ulverscroft Foundation. A huge milestone. It means the wider charitable world is recognising what you have known all along.

£500

Rotary Club Donation

The Rotary Club of St Andrews donated £500 in February 2025 — a sign of our growing connections with Scottish civic institutions.

Throughout the year, regular income was received via payroll giving (Toucan Giving / Charities Trust), individual standing orders, and generous one-off donations from individuals across Scotland and beyond.

Who We Serve

Sight Relief prioritises the people who face the greatest barriers to eye care — those for whom geography, poverty, gender, and age have placed care completely out of reach.



Women & Girls

In communities where cultural norms restrict female mobility, our Lady Health Worker referral model ensures women can access care they would never otherwise reach. 68% female attendance at some facilities proves this is working.



Children

Uncorrected vision impairment devastates a child's capacity to learn. A child receiving their first pair of glasses is among the most powerful — and affordable — interventions we can make.



Elderly Individuals

Cataract is the world's leading cause of blindness and disproportionately affects older adults. A 20-minute surgery can restore sight lost for years, giving people back their independence and ability to work.

26 million people in Pakistan are either blind or have impaired vision. Approximately 3 million of those are children. Our beneficiaries live in some of the most remote communities on earth — in mountain valleys accessible only by jeep, hours from the nearest town. Most have never seen an optometrist. Many have lived with correctable vision impairment for years.

Who We Work With

No charity achieves lasting impact alone. Sight Relief's partnerships span government, academia, civic organisations, and the voluntary sector.

<p>District Health Office (DHO) Haripur</p> <p>Formal government partnership for the primary eye care integration pilot. DHO provides facility access, LHW coordination, and institutional endorsement — the critical element that makes the pilot sustainable.</p>	<p>University of St Andrews — Arclight Project</p> <p>Academic and clinical collaboration with Dr Andrew Blaikie. Includes Arclight device procurement, field training, clinical supervision, and pathway to peer-reviewed publication of pilot findings.</p>
<p>Ulverscroft Foundation</p> <p>Institutional grant funder. First grant of £3,000 received August 2025, marking Sight Relief's entry into the institutional funding landscape.</p>	<p>Toucan Giving / Charities Trust</p> <p>Payroll giving and institutional fundraising platform through which regular donor income is received. Key channel for Scottish employer payroll giving schemes.</p>
<p>Sehberg Trust</p> <p>Community collaboration for women and children's eye care</p>	<p>Rotary Club St Andrews</p> <p>UK civic fundraising. Rotary Club St Andrews donated £500 in February 2025.</p>

09 — Governance & Structure

How Sight Relief is governed

Governing Document

Sight Relief operates as a Scottish Charitable Incorporated Organisation (SCIO), registered with OSCR as charity SC051191 on 11 August 2021. The charity is governed by its constitution (deed of trust). No changes were made to the governing document during the year ended 31 August 2025.

Board of Trustees

<p>Isma Tahir Khan — Lead Trustee & Clinical Director</p> <p>Qualified independent prescribing optometrist registered with the College of Optometrists. Responsible for clinical programme delivery, Pakistan team coordination, and day-to-day administration. Serves voluntarily.</p>	<p>Ali Askar Khan — Operations & Community Trustee</p> <p>Deep knowledge of target communities in rural Pakistan. Responsible for logistics, local government partnerships, and fundraising support. Serves voluntarily.</p>
<p>Saddaqt Khan — Finance & Management Trustee</p> <p>Experienced financial and management consultant. Responsible for financial governance, accounting oversight, and institutional relationships. Serves voluntarily.</p>	<p>Meeting Structure</p> <p>Full board meets monthly with formal minutes recorded. Sub-committee meets weekly on operational matters. All significant expenditure requires full board approval. No trustee receives remuneration.</p>

OSCR Compliance — New 2025 Requirements

All trustees confirmed they are not subject to automatic disqualification under the Charities (Regulation and Administration) (Scotland) Act 2023 (in force 31 August 2025). Trustee personal information submitted to OSCR Online in accordance with requirements effective 30 June 2025.

Financial Controls & Overseas Transfers

All funds are held in the charity's Bank of Scotland account. All overseas transfers are made exclusively through regulated banking. A documented money trail log is maintained for every transfer. Financial records are reviewed monthly by the board and annually by the independent examiner. No informal mechanisms are used at any stage.

10 — Financial Statements

For the Year Ended 31 August 2025

Prepared on a receipts and payments basis in accordance with the Charities Accounts (Scotland) Regulations 2006. Independently examined by Omar Nabi FCCA, Ahmad & Nabi McMullan Accountants, Glasgow.

	2024–25 £	2023–24 £
INCOMING RESOURCES		
Donations and fundraising	28,865	34,618
Total Incoming Resources	28,865	34,618
RESOURCES EXPENDED		
Eye care programme delivery — Pakistan	19,455	8,507
Arclight devices & clinical training	2,806	—
Logistics and operational costs	1,545	—
Website, IT & communications	580	150
Fundraising and events costs	198	3
Donor management platform	119	—
Equipment, memberships & miscellaneous	375	1,389
Total Resources Expended	25,078	10,049
NET SURPLUS FOR THE YEAR	3,787	24,569
Funds brought forward at start of year	38,985	14,416
FUNDS CARRIED FORWARD — CASH AT BANK	42,748	38,985

Notes: Eye care programme delivery covers all Pakistan expenditure — cataract surgeries, pharmaceuticals, spectacles, staff costs, camp logistics, pilot coordination, and training materials. All funds transferred via regulated banking. Closing balance £42,748 verified against Bank of Scotland statement 31 August 2025.

Statement of Balances as at 31 August 2025

	2025 £	2024 £
Bank and cash — opening balance (per bank statement)	38,985	14,416
Surplus for the year	3,787	24,569
CLOSING BALANCE	42,748	38,985
Represented by: Cash at Bank of Scotland (verified)	42,748	38,985




Accounting Policies

The accounts are prepared on a receipts and payments basis in accordance with the Charities Accounts (Scotland) Regulations 2006.

- Incoming resources are recognised when received into the Bank of Scotland charity account.
- Resources expended are recognised when paid from the charity account.
- The charity maintains a single unrestricted fund. No restricted funds existed during the year.
- Amounts transferred to Pakistan in PKR are recorded at the GBP amount leaving the charity bank account. Where payments were made in PKR from a Pakistan account pre-funded by the charity, the GBP equivalent at the transfer rate recorded in the money trail log is used.
- The accounts are prepared on a going concern basis.

Looking Ahead to 2025–26

Building on the strongest year in our history, we enter 2025–26 with ambitious plans that reflect our growing capacity, deepening partnerships, and confidence in the model we have developed.

 <p>Mountain Eye Camp 2026</p> <p>Our fourth consecutive camp in remote Pakistan (June 2026), targeting 1,500–2,000 patients, 100–150 cataract surgeries, and 1,000–1,500 spectacles. Locations: Kosht, Terich, and Torkhow valleys.</p>	 <p>Haripur Pilot Scale-Up</p> <p>Expanding the primary eye care pilot to additional 7 facilities, deepening Medical Officer integration, and progressing towards district-wide coverage. Research into an Academic publication.</p>	 <p>Permanent Operating Theatre</p> <p>Establishing a dedicated cataract operating theatre within the government health system, in partnership with the District Health Office making surgery permanently available locally.</p>
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- Develop a District Mobile Vision Access Programme for continuous screening between annual camp cycles.
- Expand the UK volunteer programme to enable Scottish clinical professionals to participate in eye camps.
- Seek further institutional funding from foundations and grant-making bodies to scale the Haripur model to other districts.
- Continue SIDA membership and engagement with the Scottish international development sector.
- Publish academic findings from the Haripur pilot in collaboration with a UK academic institute.

Independent Examiner's Report — To the Trustees of Sight Relief

I report on the accounts of the charity for the year ended 31 August 2025.

Respective Responsibilities: The trustees are responsible for the preparation of the accounts under the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The trustees consider that the audit requirement of Regulation 10(1)(d) does not apply.

Basis of Statement: My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006, including review of accounting records and comparison of accounts with those records.

Examiner's Statement: In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that accounting records have not been kept in accordance with the 2005 Act, or to which attention should be drawn to enable proper understanding of the accounts to be reached.

Omar Nabi FCCA

Ahmad & Nabi McMullan Accountants, Glasgow

Date: 6th of May 2026

Independent Examiner's Report — To the Trustees of Sight Relief

I report on the accounts of the charity for the year ended 31 August 2025.

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Omar Nabi FCCA

Ahmad & Nabi McMullan Accountants, Glasgow

Date: 06/05/2026



Sight Relief (SCIO) | Scottish Charity No. SC051191

info@sight-relief.org | www.sight-relief.org | @media_sightrelief

Trustees: Isma Tahir Khan | Saddaqaat Khan | Ali Askar Khan

Sight Relief (SCIO)

Scotland - Charity number SC051191

Accounts

Sight Relief

Charity No SC051191

Trustees' Annual Report and Financial Statements for the Year Ended

31 August 2024

SIGHT RELIEF

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Charity Information for the Year Ended 31 August 2024


CHARITY NAME: Sight Relief (SCIO)


SCOTTISH CHARITY NUMBER: SC051191

REGISTERED ADDRESS: Marlin Lodge
357 Ayr Road
Newton Mearns
Glasgow
G77 6RT

EMAIL: 

WEBSITE: www.sight-relief.org

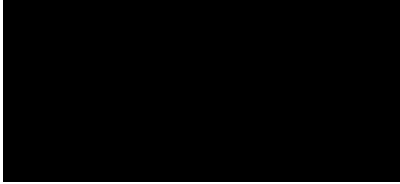
INSTAGRAM:  media_sightrelief

INDEPENDENT EXAMINER: 
Ahmad & Nabi McMullan Accountants
95-107 Lancefield Street
Glasgow
G3 8HZ

Report of the Trustees for the Year Ended 31 August 2024

The trustees present their annual report and financial statements for the Year Ended 31 August 2024 and confirm they comply with the Charities Act 1993, as amended by the charities Act 2006, the trust deed and the Charities SORP 2005.

Board of Trustees



Report of the Trustees for the Year Ended 31 August 2024

Governance and Structure Governing document

Sight Relief operates as a Scottish Charitable Incorporated Organisation (SCIO) sanctioned by the Office of the Scottish Charity Regulator (OSCR). It was officially registered as charity number SC051191 on August 11, 2021, in compliance with the charities and trustee investment (Scotland) Act 2005. The organization is bound by a constitution known as the deed of trust.

Organisational Structure

Board of Trustees:

- The charity is governed by a proactive board of trustees who convene regularly to determine the strategic direction and policies of Sight Relief. The current board comprises individuals with diverse expertise:
- A qualified independent prescribing optometrist registered with the College of Optometrists in the UK. Tasked with overseeing and coordinating eye camps and patient care.
- A senior member with a deep understanding of target areas in rural Pakistan and East Africa. Responsible for identifying target communities and handling on-ground support, logistics, and community engagement.
- An experienced financial and management consultant dedicated to managing the organization's finances, administration, and formal interactions with hospitals and local government.

Trustees' Responsibilities:

- The trustees offer their services voluntarily without receiving any remuneration or financial incentives.
- They convene monthly to make decisions regarding all aspects of the eye camps and services provided by the charity.
- To streamline operations, the trustees have established a sub-committee that assists in overseeing specific areas of the charity's initiatives.

Sub-Committee:

- A sub-committee has been established to aid in the planning and organization of eye camps.
- The sub-committee convenes weekly and presents its recommendations to the full trustee meeting.
- These recommendations guide decisions on camp locations and related activities.

Day-to-Day Management:

- The main trustee is responsible for the administrative tasks that ensure the smooth functioning of the charity.

Objectives and Activities:

The core objectives of the charity, as outlined in the constitution, encompass the following key areas:

- Providing essential eye care services to underprivileged individuals, focusing on children and women in developing countries.
- Combating preventable blindness through screenings for those lacking access to eye care services.
- Offering free or heavily subsidized eye surgeries, medical treatments, and spectacles.
- Promoting awareness of general eye care and building local screening capabilities through training, funding, and backing grassroots projects and local government initiatives.
- Extending financial or other forms of support to individuals significantly impacted by financial hardships.

Mission and Impact of Sight Relief

Mission Statement:

Sight Relief is a dedicated team of Scottish-Pakistani heritage committed to providing sight-saving eye care and building sustainable solutions to combat preventable blindness in underprivileged communities, particularly in rural areas of Pakistan. Our mission goes beyond financial aid, aiming to restore the invaluable gift of sight and empower individuals to lead fulfilling lives.

Impactful Experiences:

During our frequent visits to impoverished rural regions in Pakistan, we witnessed firsthand the profound impact of visual impairment on individuals and communities. We observed how poor eyesight hindered individuals from working, children from accessing education, and the elderly from experiencing the joys of everyday life, including seeing their loved ones. Dense cataracts posed a significant threat to vision, highlighting the critical need for comprehensive eye care services.

Focus on Sustainability:

Recognizing the transformative power of clear vision, we strive to create lasting change by raising awareness of general eye care practices and enhancing local screening capabilities. Through initiatives such as training programs, financial support, and partnerships with grassroots projects and local government bodies, we aim to build a sustainable framework for eye health services in underserved communities.



Community Support:

At Sight Relief, we prioritize supporting individuals facing severe financial challenges by offering tailored assistance and ensuring access to essential eye care services. Our commitment to inclusivity and equity drives us to provide holistic support to those in need, empowering them to overcome barriers to vision health.

Gratitude and Achievements:

The year 2024 marked a successful chapter for Sight Relief, made possible by the unwavering support of our sponsors, donors, and dedicated team members who share a common goal of eradicating preventable blindness. Their collective passion and generosity have fuelled our efforts to ensure that no individual remains blind from treatable conditions.

Key achievements of 2024:

- Conducted 7 large-scale eye camps.
- Screened 4,672 individuals.
- Performed 142 cataract surgeries.
- Dispensed 2,671 pairs of glasses free of charge.
- Expanded the core Pakistan team to 13 members, including new local hires.

Eye Camps

In May 2024, our dedicated volunteers ██████████ embarked on an unforgettable journey in the Hindu Kush mountains. They fully embraced the local culture and engaged hands-on in providing eye care, dispensing glasses and eye drops after completing a one-day training workshop.

Upon their arrival, ██████████ explored the main sites of Islamabad, immersing themselves in the vibrant atmosphere. Their adventure continued in Rawalpindi, where they navigated bustling bazaars and experienced the rich local culture, including a visit to the optical wholesale market to see how affordable glasses can be.

Their next stop took them to a rural village in the foothills of the Himalayas, starting with their first eye camp in Rehana, Haripur. Here, the Sight Relief team screened 604 patients and dispensed over 500 pairs of glasses. The following day, they held another eye camp in Swabi, assisting 391 patients.

██████████ worked wonderfully with the local team, witnessing the entire patient journey firsthand. A 4×4 ride took them to Chitral, where they enjoyed a rest day exploring the local culture. The next day involved a scenic yet bumpy three-hour trip on a single-track road to Bindo Gal Valley, where they treated 220 patients. While ██████████ found the off-roading challenging, she shone at the eye camp and displayed remarkable patience on the return journey.

Volunteering in Upper Chitral is perfect for you if you seek a thrilling off-roading adventure. However, if you prefer smoother travels, consider projects in the Karakoram Mountain range, which offer more accessible roads.

In total, the team tested 1,297 patients, experienced breathtaking scenery, and savored some of the world's finest cuisine. As their trip came to an end, ██████████ ██████████ reflected on their incredible experiences.



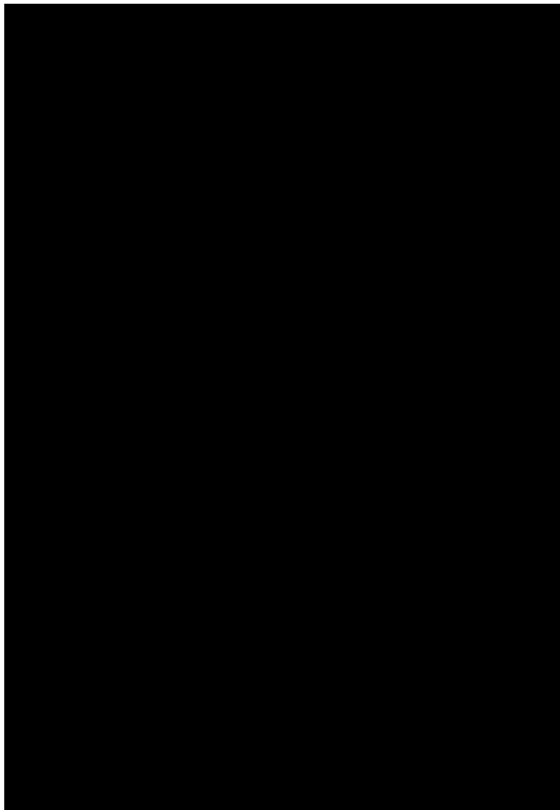


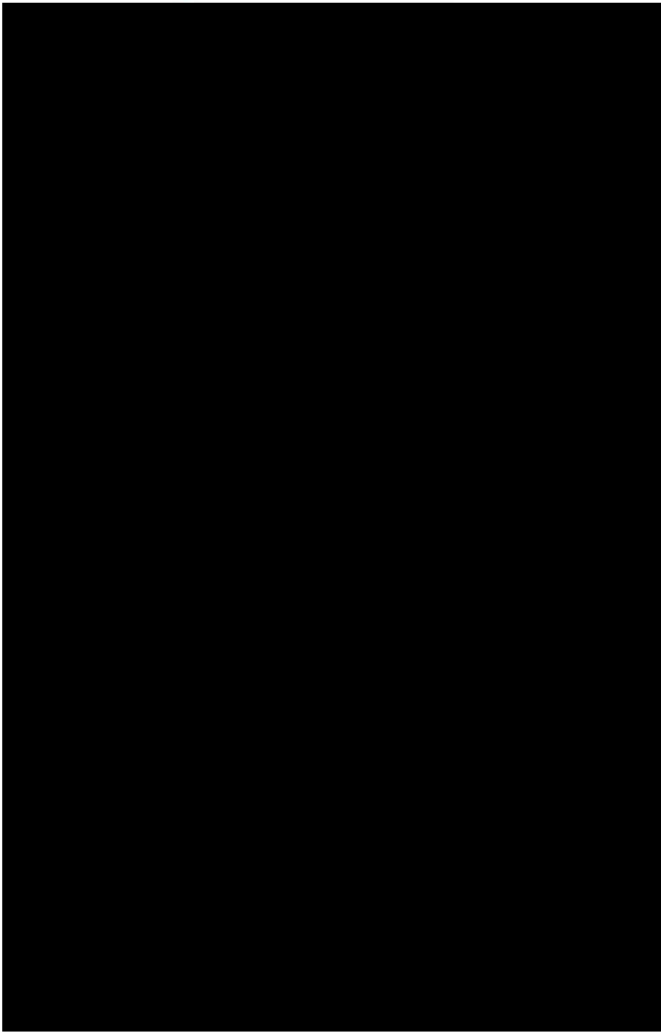
In June 2024, our dedicated Sight Relief team in Pakistan provided vital eye care to 1,535 patients in Upper Chitral. The team consisted of four optometrists, two dispensing opticians, and four support staff for patient registration and vision measurement.

The team worked tirelessly in Mulkhow Valley for two days before moving to the village of Booni for an additional two days of screenings. Their enthusiasm and commitment were truly inspiring, leading them to extend their efforts to Kalash Valley, which was not part of the original plan. Demonstrating initiative, they visited patients right at their doorsteps, conducting exams in homes and dispensing glasses and eye drops directly from their vehicle!

We would like to take this opportunity to express our heartfelt gratitude to our dedicated team for their hard work and compassion.

Due to the peak summer heat, no screenings were conducted in July.





August 2024 Sehberg Trust Screening

In August 2024, our team revisited the Sehberg Trust, where we conducted eye screenings for 233 women and children. This initiative aimed to address the specific needs of these communities, ensuring they received essential eye care and access to glasses.

The event was a great success, highlighting our ongoing commitment to improving vision health for underserved populations. We are grateful for the support of the Sehberg Trust and look forward to continuing our collaboration to make a positive impact in the community

Total donations from 1st September 2023 to 31st August 2024 **£34,617.65**

The total amount **spent from 1st September 2023 to 31st August 2024** was **£10,048.81**

It was used for

- cataract surgery
- anterior eye management
- treatment for wet Age related macular degeneration
- Yag laser capsulotomies
- diabetic retinopathy management
- spectacle glazing
- purchasing ready readers
- cross linking procedure for keratoconus

Plan for future periods

The longer-term strategy is to establish local primary eyecare centres in these rural areas, with locally trained staff, providing a sustainable facility for eye examinations and create employment opportunities. These will also facilitate future outreach activities including eye camps. As we become more established with our pathways and systems, we are looking for opportunities in other countries across the world. Volunteers will be welcome to join us in our campaigns, we are currently working on pathways for this.

1. Partnerships: Collaborate with local eye care professionals, vision clinics, and eyewear companies in Pakistan to create a partnership with Sight Relief in order to provide expertise, resources, and possible sponsorship.
2. Fundraising Events: Organize fundraising events such as charity walks, auctions, gala dinners, or online campaigns to raise funds for sight relief programs.
3. Awareness Campaigns in Scotland: Using social media, local press, and community outreach to raise awareness about the importance of eye health and the impact of vision impairment. Educate the public about preventable eye conditions and the need for early detection and treatment. Collaborating Scotland with Pakistan.
4. Volunteer Opportunities: Sight Relief will be taking volunteers in 2024 to participate in eye camps.

Responsibilities of the Board of Trustees in Relation to the Financial Statement

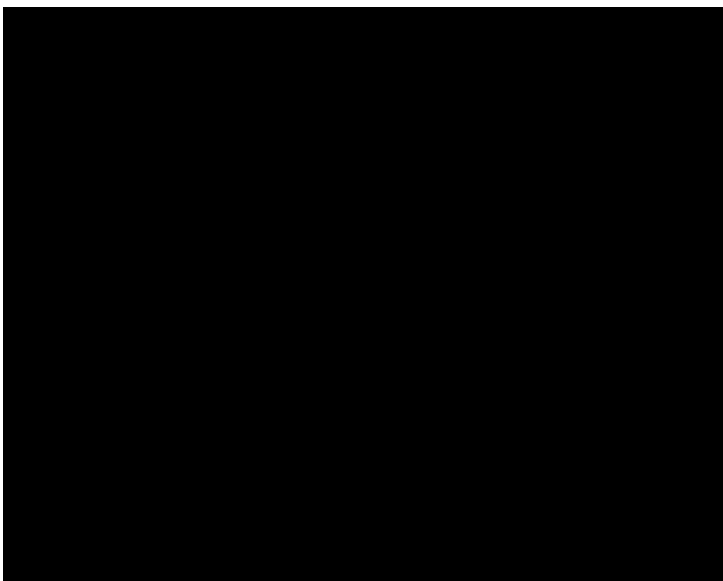
The charity law requires the Board of Trustees to prepare a financial statement, which gives a true and fair view of the state of affairs of the charity at the end of each financial year and of its surplus deficit for the financial year end. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities Statements of Recommended Practice
- Make judgements and estimates that are reasonable and prudent.
- Prepare the financial statements on the going basis unless it is inappropriate to
- presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 3.

Approved by the trustees and signed on its behalf by:



Report of the Independent Examiner

To the trustees of Sight Relief, I report on the accounts of the charity for the Year Ended 31 August 2024.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulation 2006.

The charity trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulations does not apply. It is our responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanation from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In the course of our examination, no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements:

- To keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or

2. To which, in our opinion, attention should be drawn to enable a proper understanding of the financial records to be reached.

A large black rectangular redaction box covering the signature of the independent examiner.

Ahmad & Nabi McMullan Accountants
95-107 Lancefield Street Glasgow G3 8HZ

SIGHT RELIEF

Statement of Receipts and Payments for the Year Ended 31 August 2024

Statement of Financial Activities				
Year ended 31/08/2024				
	Unrestricted	Restricted	2024	2023
	Funds	Funds	Total	Total
	£	£	£	£
Incoming resources				
Donations	34,618	-	34,618	13,186
Total incoming resources	34,618	-	34,618	13,186
Resources expended				
Surgeries	3,173	-	3,173	1,300
Purchase of Optical Items	2,645	-	2,645	655
Events AND Refreshments	-	-	-	3
Telephone	-	-	-	-
Volunteer Costs	2,489	-	2,489	1,109
Food & Poverty Relief	-	-	-	1,268
Paper, Postage and Stationery	62	-	62	110
IT Costs	-	-	-	150
Repairs & Renewals	-	-	-	2
Equipment	23	-	23	272
Advertising	1,079	-	1,079	-
Travelling	191	-	191	10
Professional	386	-	386	240
Bank & Other Charges	-	-	-	-
	10,049	-	10,049	5,120
Net incoming resources	24,569	-	24,569	8,066
Total funds brought forward	14,416	-	14,416	6,350
Total funds carried forward	38,985	-	38,985	14,416

SIGHT RELIEF

Statement of Balances for the year ended 31 August 2024

Statement of Balances			
Year ended 31/08/2024			
		Year	Year
		2024	2023
		£	£
Bank and cash in hand			
Opening balances		14,416	6,350
Surplus / (deficit) for the year		24,569	8,066
Closing balances		38,985	14,416
Represented by:			
Cash in hand and at bank		38,985	14,416