

The Haven At Vanguard

Charity No. SC050974

Unaudited Accounts

31 March 2024

The Haven At Vanguard
Contents

	Pages
Independent Examiner's Report	2
Statement of Financial Activities	3
Summary Income and Expenditure Account	4
Balance Sheet	5
Notes to the Accounts	6 to 9

The Haven At Vanguard
Independent Examiners Report

Independent Examiner's Report to the trustees of The Haven At Vanguard

I report on the financial statements of The Haven At Vanguard for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
- to prepare financial statements which accord with the accounting records, comply with Regulation 8 of the 2006 Accounts Regulations

have not been met: or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Digits Accountancy Co Ltd
112A Cumbernauld Road
Muirhead
Glasgow
G69 9AA
18 September 2024

The Haven At Vanguard
Statement of Financial Activities
for the year ended 31 March 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
	Notes				
Income and endowments					
from:					
Donations and legacies	3	517	-	517	3,384
Charitable activities	4	2,645	-	2,645	1,342
Other	5	-	21,000	21,000	30,000
Total		3,162	21,000	24,162	34,726
Expenditure on:					
Charitable activities	6	1,187	5,067	6,254	2,405
Other	7	1,853	15,885	17,738	3,429
Total		3,040	20,952	23,992	5,834
Net gains on investments		-	-	-	-
Net income	8	122	48	170	28,892
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		122	48	170	28,892
Other gains and losses					
Net movement in funds		122	48	170	28,892
Reconciliation of funds:					
Total funds brought forward		2,463	28,570	31,033	2,141
Total funds carried forward		2,585	28,618	31,203	31,033

The Haven At Vanguard
Summary Income and Expenditure Account
for the year ended 31 March 2024

	2024	2023
	£	£
Income	24,162	34,726
Gross income for the year	<u>24,162</u>	<u>34,726</u>
Expenditure	23,992	5,834
Total expenditure for the year	<u>23,992</u>	<u>5,834</u>
Net income before tax for the year	170	28,892
Net income for the year	<u>170</u>	<u>28,892</u>

**The Haven At Vanguard
Balance Sheet**

at 31 March 2024

Charity No.	SC050974	Notes	2024 £	2023 £
Current assets				
	Cash at bank and in hand		31,203	31,033
			<u>31,203</u>	<u>31,033</u>
	Net current assets		31,203	31,033
	Total assets less current liabilities		31,203	31,033
	Net assets excluding pension asset or liability		31,203	31,033
	Total net assets		<u>31,203</u>	<u>31,033</u>
The funds of the charity				
	Restricted funds	10		
	Restricted income funds		28,618	28,570
			<u>28,618</u>	<u>28,570</u>
	Unrestricted funds	10		
	General funds		2,585	2,463
			<u>2,585</u>	<u>2,463</u>
	Reserves	10		
	Total funds		<u>31,203</u>	<u>31,033</u>

The trustees have prepared the accounts in accordance with section 44 of the Charities and Trustee Investment (Scotland) Act.

Approved by the board on 18 September 2024

And signed on its behalf by:



Trustee

18 September 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

The Haven At Vanguard

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

2 Charitable status

The Charity is a Scottish Charitable Incorporated Organisation (SCIO), governed by a constitution.

3 Income from donations and legacies

Unrestricted	Total 2024	Total
£	£	£
517	517	3,384
<u>517</u>	<u>517</u>	<u>3,384</u>

4 Income from charitable activities

Unrestricted	Total 2024	Total
£	£	£
2,353	2,353	1,275
292	292	67
<u>2,645</u>	<u>2,645</u>	<u>1,342</u>

5 Other income

Restricted	Total 2024	Total
£	£	£
21,000	21,000	30,000
<u>21,000</u>	<u>21,000</u>	<u>30,000</u>

The Haven At Vanguard
Notes to the Accounts

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total
	£	£	£	£
<i>Expenditure on charitable activities</i>				
	1,187	5,067	6,254	2,405
<i>Governance costs</i>				
	<u>1,187</u>	<u>5,067</u>	<u>6,254</u>	<u>2,405</u>

7 Other expenditure

	Unrestricted	Restricted	Total 2024	Total
	£	£	£	£
Employee costs	140	-	140	1,200
Motor and travel costs	0	1,146	1,146	629
Premises costs	1	10,469	10,470	-
General administrative costs	1,382	4,270	5,652	1,599
Legal and professional costs	330	-	330	-
	<u>1,853</u>	<u>15,885</u>	<u>17,738</u>	<u>3,429</u>

8 Net income before transfers

	2024
	£
This is stated after charging: ex gratia payment details	

9 Staff costs

No employee received emoluments in excess of £60,000.

10 Movement in funds

	At 1 April 2023	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2024
	£	£	£	£	£
Restricted funds:					
Restricted income funds:					
	28,570	21,000	(20,952)	-	28,618
<i>Total</i>	<u>28,570</u>	<u>21,000</u>	<u>(20,952)</u>	<u>-</u>	<u>28,618</u>
Unrestricted funds:					
General funds	2,463	3,162	(3,040)	-	2,585
Total funds	<u>31,033</u>	<u>24,162</u>	<u>(23,992)</u>	<u>-</u>	<u>31,203</u>

The Haven At Vanguard
Notes to the Accounts

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Net current assets	31,203	31,203
	<u>31,203</u>	<u>31,203</u>

12 Reconciliation of net debt

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash and cash equivalents	31,033	170	31,203
	<u>31,033</u>	<u>170</u>	<u>31,203</u>
Net Debt	<u>31,033</u>	<u>170</u>	<u>31,203</u>

TRUSTEES ANNUAL REPORT | 20²³₂₄



== THE HAVEN AT ==
VANGUARD
HORSES HELPING HEROES



THE HAVEN AT VANGUARD | BANK FARM | STRATHAVEN | ML10 6RH

The Haven at Vanguard is a Scottish Charitable Incorporated Organisation. Registered Number SC050974



== THE HAVEN AT ==
VANGUARD
HORSES HELPING HEROES



TRUSTEES
ANNUAL
REPORT

| **20²³₂₄**

TABLE OF CONTENTS

- 02.** Our Purpose
- 03.** Foreword and Our Promise
- 04.** Strategic Aims
- 05.** Key Achievements
- 06.** Fundraising and Grants
- 07.** Our Approaches and Methods
- 08.** Partnerships and Collaborations
- 10.** Challenges and Future Plans
- 12.** Financial Review
- 12.** Our Trustees
- 12.** Declaration



OUR PURPOSE AT THE HAVEN AT VANGUARD:

is to advance health, provide relief to those in need and advance education through the provision of equine facilitated learning.



“

At the heart of our work is the commitment to building confidence, resilience and to improve mental health and wellbeing, we achieve this through individual person and family centred activities. We see daily the positive impact that the combination of horses, nature and people who care. This is what drives us, our promise and pledge.

Andy and Vicky Founders and Trustees

”

**Greetings from The Haven at Vanguard, a rural oasis near Strathaven,
where the sky is the limit and possibilities are endless.**

It is more than just a place, it's a community, a family, and a source of support for all who need it. The team at The Haven at Vanguard are dedicated to providing a warm, welcoming, and supportive environment, where people can relax, reflect, and connect with nature and the horses who live here. For many, a visit to The Haven at Vanguard can be life-changing.





Continue to build and sustain
The Haven at Vanguard
presence in the charitable sector



Increase year on year the number of
people we work with and increase the
impact of our activities and
programmes on their goals



Increasing and building on activities
offered post covid 19 and during the
current cost of living crisis



Increasing our fundraising activity and
funding applications to develop the
environments needed to provide our
high quality person centred equine
facilitated learning programmes



Continue to build on the governance
of the charity to allow for future
developments



KEY ACHIEVEMENTS in 2023 -2024

DESIGNED,
DELIVERED
AND
EVALUATED

6 EVENTS



THE HAVEN AT
VANGUARD
HORSES HELPING HEROES ★ ★ ★

121

INDIVIDUAL PEOPLE
HAVE ATTENDED AND
BENEFITTED FROM OUR 6
EVENTS HELD DURING
THE 2023-2024 YEAR.

THERE
HAS BEEN
BETWEEN

100-
200

FAMILY MEMBERS,
FRIENDS AND
SUPPORTERS
WHO HAVE ALSO
BENEFITTED
INDIRECTLY

BUILD PARTNERSHIPS AND COLLABORATIONS WITH OTHER CHARITIES AND
KEY STAKEHOLDERS IN SUPPORT OF OUR BESPOKE ACTIVITIES AND COURSES.

these are

- Tom Gold – The Treeline
- ACVC Hub
- Parachute Regiment Association
Glasgow and West
- Cyrenians
- Standeasy Productions
- Veterans Tribe Scotland
- Earl of Loudoun Regiment of Foote
- Darren Adams – Wim Hoff
Method

find us...



@The Haven at Vanguard

www.thehavenatvanguard.co.uk



NATIONAL
LOTTERY
GRANT



VASLAN
GRANT



PARACHUTE
REGIMENT

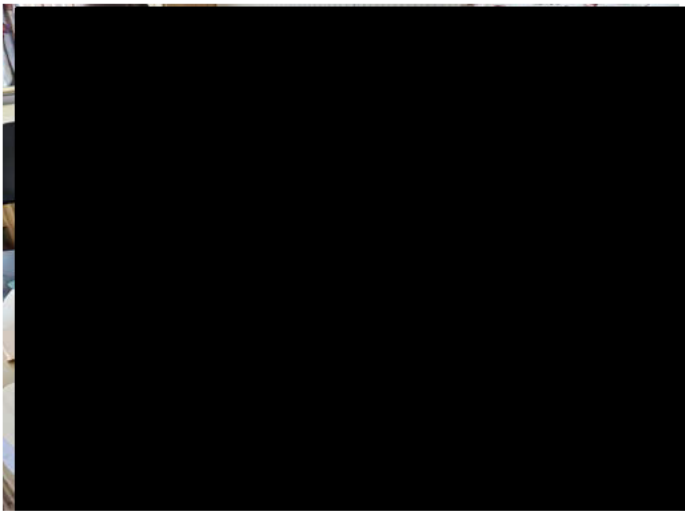


JOINT AND
PARTNERSHIP
FUNDING



GIFTS IN
KIND AND
GOOD WILL

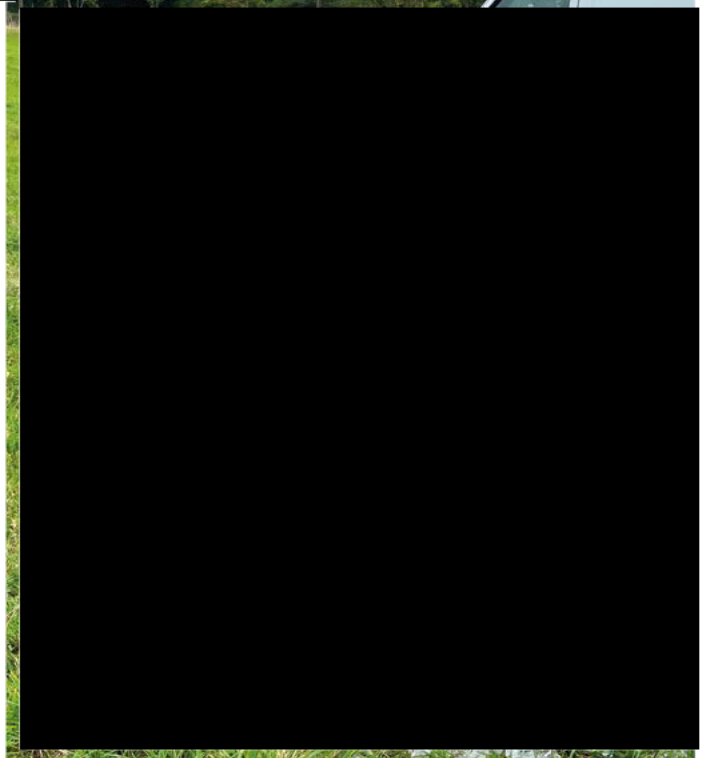
We continue to use interaction with horses as the main thrust of our activities which allows our participants and visitors to tap into the uniquely powerful instincts and feelings of the horse.



◀ Equine Facilitated Learning type activities in addition to the crafts allow the visitors to engage both mind and body in one visit.

We have also used cold water therapy and breathwork classes to give visitors the all important tools with which to cope with day to day living when they are not present.

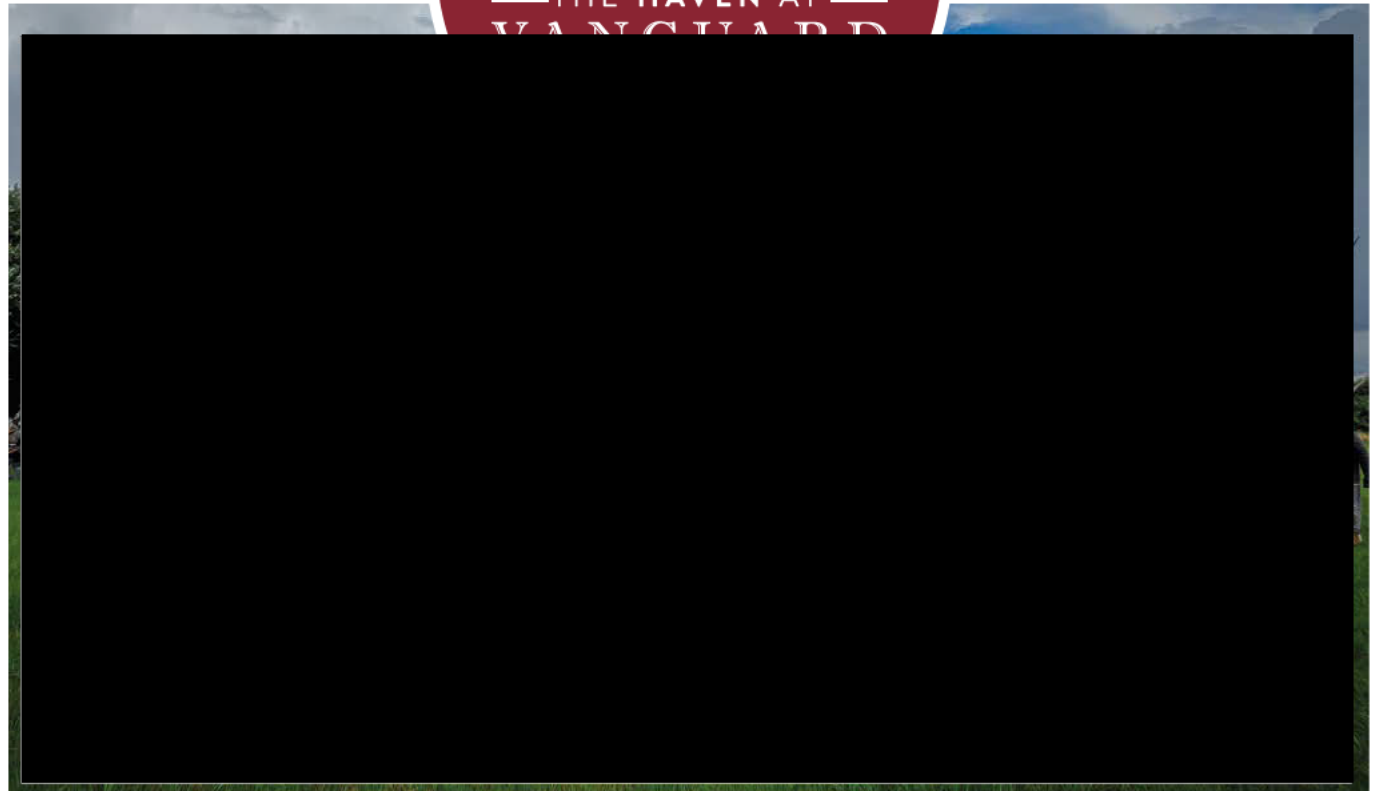
Our feedback reflects that this mixture remains to be both popular an beneficial.



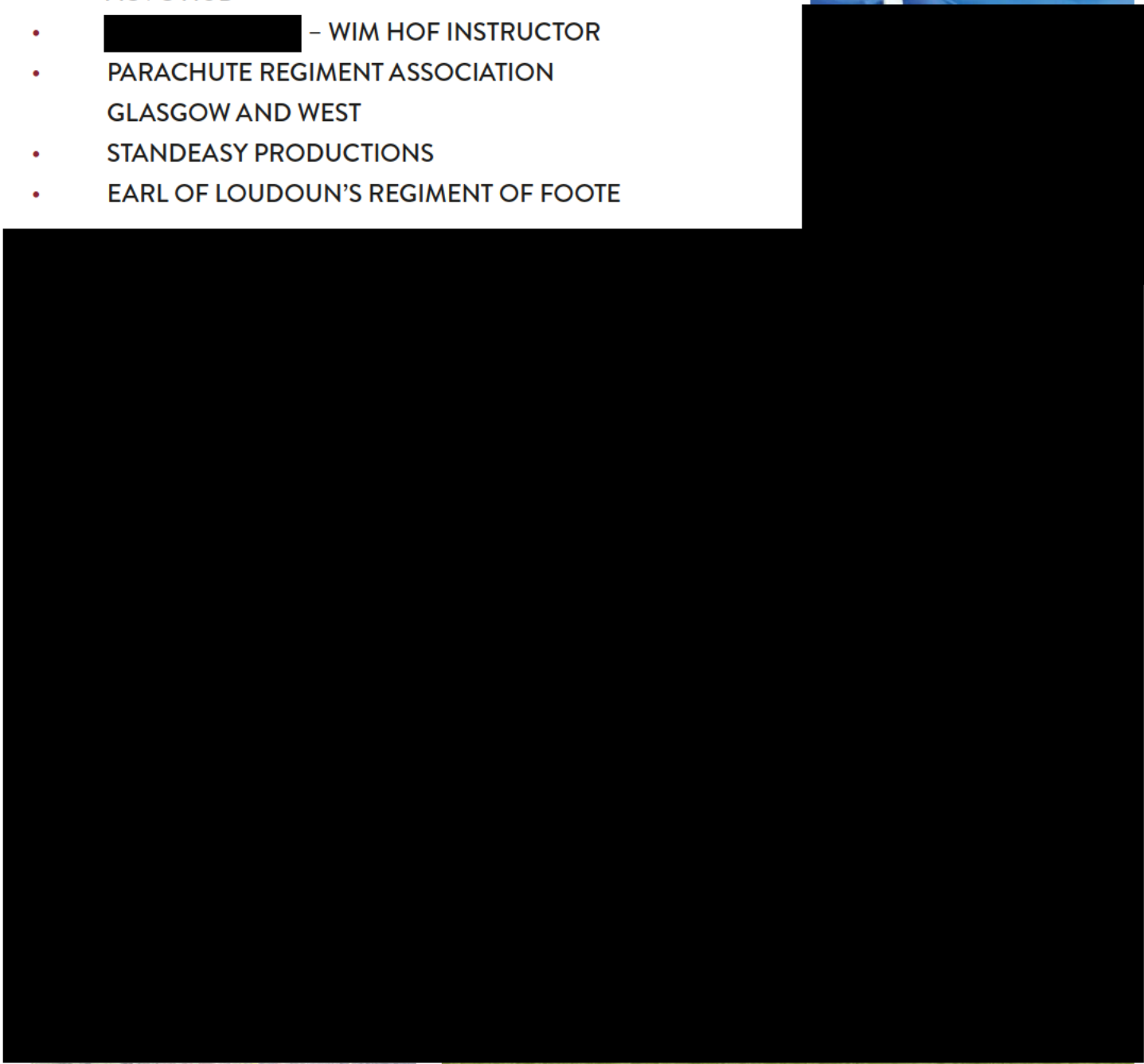
PARTNERSHIPS and COLLABORATIONS

WE ARE ALL TOO AWARE THAT EVEN WITH THE BEST OF INTENTIONS WE CAN HAVE A WIDER AND GREATER IMPACT WORKING WITH OTHERS.

We aim to build relationships and collaborate to ensure we are truly effective. We have chosen key charities that share our values and can positively enhance our approaches for those that we serve, It is hoped that by employing this approach from the very outset that we reach those who need our help the most and develop the most effective and efficient means by which to achieve it.



WITH GRATITUDE TO OUR KEY PARTNERS THEY ARE:

- [REDACTED] – THE TREELINE
 - CYRENIANS
 - ACVC HUB
 - [REDACTED] – WIM HOF INSTRUCTOR
 - PARACHUTE REGIMENT ASSOCIATION
GLASGOW AND WEST
 - STANDEASY PRODUCTIONS
 - EARL OF LOUDOUN'S REGIMENT OF FOOTE
- 

CHALLENGES and PLANS for the FUTURE

TRUSTEES
ANNUAL
REPORT | 20²³₂₄

THE HAVEN AT VANGUARD | BANK FARM | STRATHAVEN | ML10 6RH

CHALLENGES and PLANS for the FUTURE

Building on and
advancing our
strategic aims to support
more people and their
goals year on year

Trustee
recruitment and
retention including skills
inventory to effectively
steer and govern the
charity

Building and
maintaining the farm
facilities for the delivery
of the individual equine
based learning
and support



== THE HAVEN AT ==
VANGUARD
HORSES HELPING HEROES



Building an eco
sustainable approach
and achieving a
net zero

Capturing the
impact of our work in
a public, participants
and community
economy

Increasing our
fundraising and grant
success rate to ensure
short, medium and longer
term charity
sustainability

Raising awareness of
equine's and their needs
and in protecting and caring
for them demonstrating their
unique ability to improve the
health and wellbeing
of humans.

FINANCIAL REVIEW

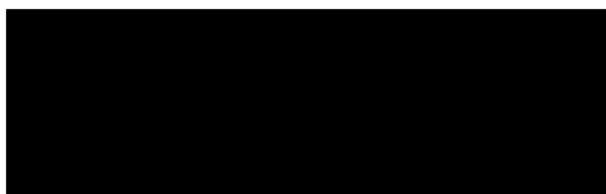
The Charity accounts have been independently reviewed by Digits Accountancy Co.Ltd, Muirhead, Glasgow and submitted to OSCR for their consideration.

The accounts again were reviewed on a receipts and payments basis and a report provided.

The Charity's Bank account continues to be held by Barclays, Argyle Street, Glasgow

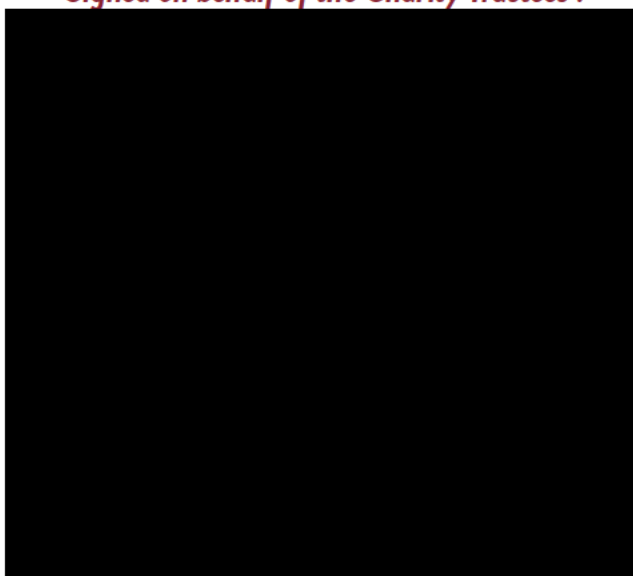


OUR TRUSTEES



DECLARATION

Signed on behalf of the Charity Trustees :





—THE HAVEN AT—
VANGUARD
HORSES HELPING HEROES





find us...



@The Haven at Vanguard

Info@thehavenatvanguard.co.uk

www.thehavenatvanguard.co.uk



THE HAVEN AT VANGUARD | BANK FARM | STRATHAVEN | ML10 6RH
