



LIVING HOPE (SKYE and LOCHALSH)

ANNUAL REPORT

1st June 2023 to 31st May 2024

Living Hope (Skye and Lochalsh)

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Living Hope (Skye and Lochalsh)

Reference and Administrative Information

Charity Name: LIVING HOPE (Skye and Lochalsh)

Scottish Charity Registration Number: SC050950 – Registered 5th May 2021

Address: Lighthouse, 5 Station Road Kyle of Lochalsh, IV40 8AE

Trustees and Management Committee:

Chairperson - [REDACTED]

Vice-chairperson - [REDACTED]

Secretary - [REDACTED]

Treasurer - [REDACTED]

Independent Examiner:

[REDACTED]

Bankers:

Bank of Scotland

Living Hope (Skye and Lochalsh)

Chairperson's Report

Why was the Charity set up?

LIVING HOPE (Skye and Lochalsh) SCIO, was set up to formalise the recovery work of [REDACTED] which had originally been operating under an Unincorporated Association 'Haven Ministries' and then as Living Hope from 2019. [REDACTED] had been providing one-to-one mentoring and recovery group work for people affected by alcohol and substance use. LIVING HOPE (Skye and Lochalsh) was registered as a Scottish Charitable Incorporated Organisation (SCIO) on 5th May 2021.

Who does LIVING HOPE (Skye and Lochalsh) help?

Primarily, LIVING HOPE (Skye and Lochalsh) offers support to people from Skye and Lochalsh. New referrals or requests for advice generally come from word of mouth, personal contacts, NHS staff, Criminal Justice Social workers, Citizen's Advice Bureau, schools and youth clubs.

Information sharing intervention with young people is preventative in purpose. Support is available for individuals at varying levels of substance use from those in crisis to those well on the road to full recovery. There is also support for family members struggling with supporting someone with related issues.

The Lighthouse Café provides a venue for people who are being directly supported by Living Hope to drop-in and meet in a comfortable place as well as reducing social isolation for all members of the community providing reasonably priced, or free, food through the 'Pay it forward' scheme, in a relaxed environment. Currently other local charities, the Mental Health Association and Young Carers, use the building on a weekly basis as they have for many years.

WHAT was done: outputs, outcomes and impact

- This year, 2023-24, the Living Hope project has continued to be managed by [REDACTED] with volunteers and some staff working in the Café. We also a fund raiser for a few months.
- [REDACTED] has continued to run "Road to Recovery" meetings each week in "The Lighthouse" using a twelve step based programme. Many of original members have now moved forward with their lives and are successfully holding down regular work.
- [REDACTED] has continued to maintain contacts and network with other national Recovery organisations and has been able to encourage links for local group members through visits to other projects and online meetings, with positive outcomes.

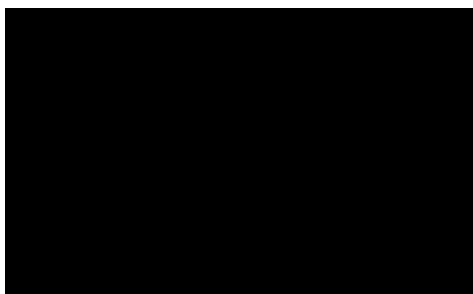
- Outreach work has continued with people currently supported by home visits, phone calls, meetings and drop-ins.
- [REDACTED] continues to support local people by being present at local court appearances and through prison visits and rehab visits.
- [REDACTED] has received more invitations to share in the local high school, both from the perspective of third sector awareness and to give drugs awareness presentations.
- “The Lighthouse” building in Kyle of Lochalsh, has so far proved successful in furthering the work of the charity, as a venue for meetings, as well as giving benefit to the wider public. The Café has been open 3 days per week attracting a number of regular users who benefit from the regular social interaction. It has also provided finances to pay for at least one member of staff, improving employability.
- Some regular users have gained a sense of ownership of the place, which has involved them in offering to help maintain the building. The building itself has thereby been of help in building a mutually supportive group.
- The cafe drop-in during the week has continued to be useful to [REDACTED] as a neutral venue in which to meet people who are on the first step of seeking support with substance misuse. Sometimes they have entered to make use of the free food ‘pay it forward’ scheme and in doing so have engaged with support.
- Christian worship and fellowship meetings have continued two Sunday afternoons per month. Providing an opportunity for outside speakers to visit and share their recovery stories, which have encouraged the attendees.
- Other local charities, Skye & Lochalsh Mental Health Association, Young Carers and Lochalsh Youth Trust have continued to benefit from using the Lighthouse building.
- Community support such as Alzheimer’s Scotland and the local Housing Associations have hosted drop ins in the Café.

Moving Forward:

The board of “Living Hope (Skye and Lochalsh)” recognise the benefits of the “Lighthouse” building to the charity and this will continue as long as funds allow.

[REDACTED] received more invitations this year to speak to other groups around the country and these interconnections and relationships are helpful and strengthening both to these groups and to Living Hope group members.

Report approved by the Trustees on 13th November 2024 and signed on their behalf by



Living Hope (Skye and Lochalsh)

Financial Review

This Financial Review covers the period from 1 June 2023 to 31 May 2024

The Accounts are prepared on a Receipts and Payments basis.

The principal source of the income of Living Hope is regular and occasional donations from supporters of the charity. There is also income from independent organisations who use the charity's premises.

It is the policy of the charity to endeavour to maintain reserves of at least 6 month's expenditure.

Approved by the trustees on13/11/2024..... and signed on their behalf by:

A black rectangular box redacting the signature of the Chairperson.

(Chairperson)

Living Hope (Skye and Lochalsh)

Independent Examiner's Report

I report on the accounts of the charity for the financial year ended 31 May 2024 as set out on pages 7 to 9

Respective responsibilities of Trustees and Examiner

The charity trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

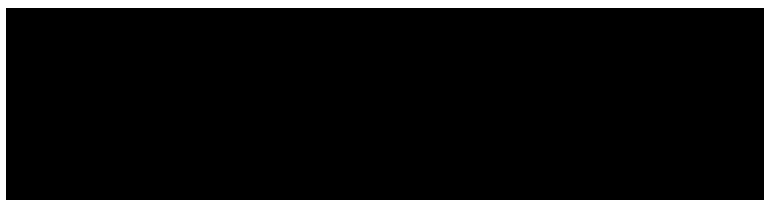
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met.

2. or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date 12/ 06 /24

Living Hope (Skye and Lochalsh)

Statement of Receipts and Payments

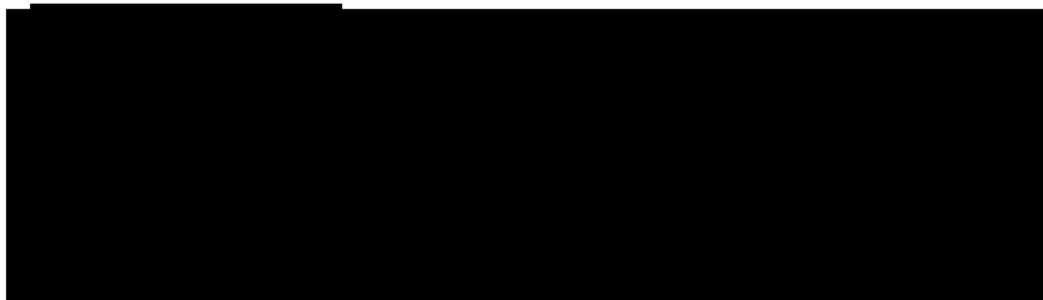
Receipts	Note	Unrestricted Funds £	Restricted Funds £	Total Funds £	Last Year
Individual Donations		44461.98		44461.98	22267.74
Other Income		28354.30		28354.30	31508.95
User Groups		3078.00		3078.00	2669.00
Grants		10000.00		10000.00	0.00
TOTAL RECEIPTS		85894.28		85894.28	56445.69
Payments					
Staff Costs		51147.14		51147.14	13111.86
Shop Supplies		6463.17		6463.17	0.00
Hall rent		10500.00		10500.00	10500.00
Hall Clean & Upkeep		233.40		233.40	1501.00
Wifi		312.00		312.00	312.00
Electricity		6565.33		6565.33	5413.43
CCLI		332.28		332.28	292.58
Business Stream (Water)		903.94		903.94	1115.99
Insurance		939.49		939.49	830.80
Capital Expenditure	Note 1	866.36		866.36	129.40
Gifts & Donations		2265.00		2265.00	1983.41
Miscellaneous		1321.12		1321.12	0.00
Activities		0.00		0.00	792.50
TOTAL PAYMENTS		81849.23		81849.23	35982.97
NET RECEIPTS/(-PAYMENTS)		4045.05		4045.05	6901.71

Living Hope (Skye and Lochalsh)

Statement of Balances As at 31 May 2024

	Current Year £	Last year
Bank Balance b/fwd @ 1 June 2023 (Note 1)	13674.86	11586.06
Surplus/(Deficit) per Receipts & Payments A/C	4045.05	6901.71
Bank Balance c'fwd @ 31 May 2024		
Main a/c 10150.31		
Shop a/c 7569.60	17719.91	18487.77

Approved by the trustees on 13/11/24 and signed on their behalf by:



Notes to the Accounts

Note 1 Dishwasher