



Fire & Peace Recovery

SCIO Scottish Charity No - SC050662

Report of the Trustees and Financial Statements

For the year ended 31<sup>st</sup> March 2025

**Fire & Peace Recovery**

**Contents of the Financial Statements**

**for the year of 31<sup>st</sup> March 2025**

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## **Fire & Peace Recovery**

### **Trustees' Annual Report**

**For the year ended 31 March 2025**

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 March 2025.

#### **Reference and Administration Information**

##### **Charity Name**

Fire & Peace Recovery

##### **Charity Number**

SC050662

##### **Address**

[REDACTED]

##### **Current Trustees**

[REDACTED].

#### **Structure, Governance and Management**

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 11 January 2021. The charity was previously an unincorporated association but changed its legal form to a SCIO. It has a single tier structure and as such the trustees are the members of the charity.

##### **Appointment of trustees**

The management committee, which normally meets quarterly, are the charity's trustees. The Board is also able to co-opt up to two additional members to fill skills gaps. The trustee Board elects a Chair, Vice Chair, Treasurer and any other officers it wishes. Membership of the management committee is open to those who are aware of our ethos and vision and have the relevant skill set to add valuable input to our organisation.

Trustees are elected at the annual general meeting which is held in December. There must be a minimum of three and a maximum of twelve trustees.

#### **Objectives and Activities**

##### **Charitable Purposes**

Fire & Peace Recovery provides resources and support to individuals and young people experiencing substance dependency, trauma, anxiety, depression, and other mental health challenges. Our work is rooted in nature-based experiences, where beneficiaries take part in outdoor day sessions and wild camping overnights across Scotland. These trips offer respite in nature, the opportunity for emotional regulation, and access to a compassionate team who guide participants using our unique approach centred on connection, safety, and lived experience.

Our aim is to strengthen the internal connection people already hold, which is often weakened through trauma, pressure, and prolonged recovery struggles. We support participants to build coping mechanisms, develop emotional awareness, and access a supportive network invested in helping them maintain stability and plan for a positive future. Fire & Peace Recovery also delivers day trips, school-based sessions, and 1-2-1 mentoring for young people affected by emotional and mental health challenges, providing them with safe access to natural environments, opportunities to form supportive friendships, and experiences often unavailable to them in daily life.

Fire & Peace Recovery currently operates with one full-time Director, a part-time Youth Assistant, and is actively recruiting a Charity Officer to support programme delivery and organisational growth. We are supported by a growing network of dedicated volunteers with a wide range of wellbeing and healing skillsets who help us deliver safe, meaningful, and transformative experiences.

## **Activities**

Throughout all day and overnight trips, beneficiaries gain practical bushcraft and outdoor skills such as fire-craft, shelter building, and outdoor cooking. They also take part in nature-based learning including mindfulness practices, grounding exercises, and connection work that can be used in everyday life to manage anxiety, stress, and emotional overwhelm. Our sessions create space for peer connection, group sharing, and reflective discussion supported by experienced facilitators.

These activities foster responsibility, awareness, teamwork, and confidence. They are designed to help individuals see their potential, increase resilience, and develop a deeper sense of self-worth. Through our unique approach, participants learn how to strengthen their inner connection and rediscover a sense of stability and belonging.

## **Achievements and Performance**

Despite experiencing long-term illness within the team during this reporting period, Fire & Peace Recovery continued to deliver a strong programme of support. Between 1 April 2024 and 31 March 2025, we delivered 37 day trips/sessions across our youth and adult movements, and 5 overnight trips in the Scottish wilderness. These activities provided ongoing support to beneficiaries during a challenging year, ensuring that they continued to access stability, connection, and nature-based healing.

We continue to maintain a well-established referral and partnership network across Scotland. Our key partners include Street Connect, Street Soccer, Phoenix Futures Fife, Restoration Fife, Glasgow City Health and Social Care Partnership, Scottish Violence Reduction Unit, Police Scotland, Women Empowerment, University of Strathclyde, Scottish Recovery Consortium, Drumchapel High School, G15 Youth Work, and North Lanarkshire Council asylum seeker support teams. These organisations play a vital role in connecting those most in need with Fire & Peace and provide valuable feedback that helps us shape and improve our work.

Our Youth Movement continues to develop through partnerships with Drumchapel High School, G15 Youth Work, North Lanarkshire asylum seeker support, and other community groups. We are expanding this movement through new volunteers who bring diverse wellbeing and healing skillsets, allowing us to strengthen our programmes and prepare for a refreshed approach in 2026. Although our small team faced challenges this year, we maintained delivery across multiple partner organisations and continued to support beneficiaries through more than 30 active projects. Recruitment of our new Charity Officer and continued growth of our volunteer network will further support the sustainability and future development of Fire & Peace Recovery in the year ahead.

## **Plans for Future Period**

Fire & Peace Recovery is entering a new phase of growth, guided by our evolving vision of strengthening connection, deepening healing, and expanding our nature-based approaches. We continue to secure multi-year funding to sustain and develop our programmes, with a particular focus on enhancing our Youth Movement and preparing new strands of work for 2026.

Our future direction moves beyond traditional models of recovery and towards a deeper, more holistic understanding of healing. We recognise that people are never disconnected from themselves or nature; instead, the connection weakens through trauma, pressure, and life challenges. Our work in the coming years will focus on helping individuals and young people identify what weakened that connection, and learn how to strengthen it through practical outdoor skills, emotional learning, and supported experiences in nature.

We are expanding our volunteer team to bring in wider knowledge, wellbeing practices, and healing skillsets, allowing us to deliver a more diverse range of approaches. The recruitment of a new Charity Officer will support strategic development, partnership growth, and the delivery of our new frameworks.

As we move into 2026, Fire & Peace Recovery will introduce a refreshed programme structure designed to deepen emotional resilience, support community connection, and give beneficiaries access to unique experiences centred around nature, fire, and reflective outdoor practice. Our aim is to grow our movements, strengthen our partnerships, and continue offering accessible, transformative experiences across Scotland.

## **Financial Review**

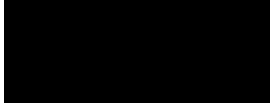
The charity's main sources of funding are grants and donations.

At the end of 31 March 2025, the charity received a total of £54,537 (31.03.2024 - £71,953) from grants and donations. Allocated as - Donations - £14,033 (31.03.2024 - £28,175) and Grants - £36,477 (31.03.2024 - £38,940).

## **Reserves policy**

The trustees' policy is to keep 3 months' worth of normal running costs in order to meet commitments and to cover any unexpected expenditure. The trustees believe that this is still in an acceptable range but will continue to monitor the position.

ON BEHALF OF THE BOARD

A black rectangular box used to redact the signature of the person acting on behalf of the board.

30<sup>th</sup> December 2025

**Fire & Peace Recovery**  
**Statement of receipts and payments**  
**For year ended 31 March 2025**

|                                       | <b>Unrestricted<br/>Funds</b> | <b>Restricted<br/>Funds</b> | <b>Year<br/>ending<br/>31/03/2025</b> | <b>Year<br/>ending<br/>31/03/2024</b> |
|---------------------------------------|-------------------------------|-----------------------------|---------------------------------------|---------------------------------------|
| <b>Receipts</b>                       |                               |                             |                                       |                                       |
| Donations                             | 14,033                        | 0                           | 14,033                                | 28,175                                |
| Grants                                | 10,750                        | 25,727                      | 36,477                                | 38,940                                |
| Fundraising                           | 0                             | 0                           | 0                                     | 0                                     |
| Bank Interest                         | 0                             | 0                           | 0                                     | 0                                     |
| Receipts from charitable activities   | 4,027                         | 0                           | 4,027                                 | 4,838                                 |
| <b>Total Receipts</b>                 | <b>28,810</b>                 | <b>25,727</b>               | <b>54,537</b>                         | <b>71,953</b>                         |
| <b>Payments</b>                       |                               |                             |                                       |                                       |
| Cost of charitable activities         | 30,023                        | 30,017                      | 56,481                                | 53,438                                |
| Governance costs                      | 1,354                         | 0                           | 1,354                                 | 2,002                                 |
| Purchase of equipment                 | 2,205                         | 0                           | 2,205                                 | 0                                     |
| <b>Total Payments</b>                 | <b>30,023</b>                 | <b>30,017</b>               | <b>60,040</b>                         | <b>55,440</b>                         |
| Surplus/(deficit) for the year        | (1,213)                       | (4,290)                     | (5,503)                               | 16,513                                |
| Transfer between funds                | 0                             | 0                           | 0                                     | 0                                     |
| <b>Surplus/(deficit) for the year</b> | <b>(1,213)</b>                | <b>(4,290)</b>              | <b>(5,503)</b>                        | <b>16,513</b>                         |

**Fire & Peace Recovery****Statement of Balances****As at 31 March 2025**

|                                  | <b>Unrestricted<br/>Funds</b> | <b>Restricted<br/>Funds</b> | <b>Total<br/>2024</b> |
|----------------------------------|-------------------------------|-----------------------------|-----------------------|
| Opening cash at bank and in hand | 14,776                        | 4,290                       | 19,066                |
| Surplus/(deficit) for year       | (1,213)                       | (4,290)                     | (5,503)               |
| Closing cash at bank and in hand | <u>13,563</u>                 | <u>0</u>                    | <u>13,563</u>         |
| <b>Bank and Cash Balances</b>    |                               |                             |                       |
| Bank Account                     | 13,563                        |                             |                       |
| Cash Account                     | <u>0</u>                      |                             |                       |
|                                  | <u>13,563</u>                 |                             |                       |

**1. Basis of accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**2. Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the club. Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

**3. Related party transactions**

The Club's insurance policy includes Trustee Indemnity Insurance for all its trustees.



## **Independent Examiner's Report to the Trustees of**

### **Fire & Peace Recovery**

I report on the financial statements for the year ended 31st March 2025, which are set out on pages 1 to 6.

#### **Respective responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

#### **Basis of the Independent Examiner's report**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

#### **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations
- to prepare accounts which accord with the accounting records, comply with Regulation 8 of the Accounts Regulations

have not been met, or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

