

# Kanzen for Life Limited

Scotland · Charity number SC050587

## Details

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Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2020-11-19
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	Unit 2 119 Clepington Road Dundee DD3 7NU
Website	<a href="http://www.kanzenforlife.com">www.kanzenforlife.com</a>

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of education', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** Kanzen for Life is a charity committed to building better lives by using physical activity to inspire and promote wellbeing and education. It empowers individuals and communities to tackle social issues and build better futures together. Kanzen for Life transforms lives every week through physical classes, leadership programmes, education initiatives, and community projects, inspiring thousands. We deliver transformative programmes for children, adults, and families, tailored to inspire personal growth, boost confidence, and foster resilience. Through engaging workshops, mentorship opportunities, and vibrant community events, we harness the power of knowledge to unlock true potential and create lasting impact. We value the importance of local partnerships and work closely with schools, charities, and community organisations to create sustainable opportunities that make a genuine difference. Our focus is on ensuring these opportunities are accessible to everyone.

**Beneficiaries:** 'No specific group, or for the benefit of the community'

**Objectives:** Objects 4 The company's objects are: (a) The advancement of education, and public participation in sport for those of all ages and from all backgrounds, through participation in sports, games, or any other physical activities which promote health and wellbeing via physical or mental skill or exertion. (b) The advancement of education by provision of learning opportunities and personal achievement for all participants, along with the continued professional development of staff and volunteers, and from liaison and engagement with the relevant education authorities where appropriate.

## Geography

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- **Main operating location:** Dundee City
- **Geographical spread:** More than one local authority area in Scotland

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-12-31	£0	£0	-	12
2024-12-31	£490,215	£427,635	-	12
2023-12-31	£357,456	£361,201	-	7
2022-12-31	£317,308	£340,798	-	9
2021-12-31	£282,868	£259,011	-	7