

# Kinlochleven Men's Shed

Scotland · Charity number SC050122

## Details

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Status	Not Submitted
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2020-04-29
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	Kinlochleven Men's Shed Brachot Onich Fort William PH33 6SD
Website	<a href="http://www.kinlochlevenmensshed.org.uk">www.kinlochlevenmensshed.org.uk</a>

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** Provide support services to men in the community who are suffering from loneliness, isolation and mental health issues.. Support is delivered by providing a facility for men to meet, participate in projects, general activities and social gathering.

**Beneficiaries:** 'Other defined groups'

**Objectives:** 4 The purpose of the organisation is to provide recreational facilities and advance the social needs, health and wellbeing of men of all ages and backgrounds living in South Lochaber. By: a) Creating, developing and maintaining a facility, namely a Men's Shed. b) Offering opportunities for men in the Kinlochleven area to meet and undertake creative, physical, purposeful and recreational activities of their choice. c) Reducing isolation of men in the area thus contributing to their physical and mental wellbeing. d) Developing the capacity of men in the Kinlochleven area to share their skills and knowledge with others in the community.

## Geography

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- **Main operating location:** Highland
- **Geographical spread:** A specific local point, community or neighbourhood

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-06-30	£3,008	£1,393	-	0
2024-07-31	£2,891	£4,052	-	0
2023-07-31	£8,417	£5,170	-	0
2022-07-31	£1,355	£1,247	-	0
2021-07-31	£7,660	£4,389	-	0

**Kinlochleven Men's Shed**

Scotland - Charity number SC050122

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# Accounts

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**Kinlochleven Men's Shed**

**(A Scottish Charitable Incorporated Organisation)**

**Charity number SC050122**

Trustees' Annual Report

&

Financial Statements

1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024

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#### Trustees' Annual Report for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> July 2024

The Trustees present their annual report and financial statements for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024, together with the Independent Examiner's report.

#### Reference and Administration Details

Charity Name: Kinlochleven Men's Shed

Charity Number: SC050122

Registered Address

& Principal Office: Kinlochleven Men's Shed, Riverside Road, Kinlochleven, PH50 4PH

#### Trustees

The following served as Trustees during the period and up to the date of this report:

The following were co-opted to the board during the financial year to assist with vacant administrative functions: [REDACTED] (Secretary/Finance) and [REDACTED] (Health and Safety Officer). The office of Chairman was rotated amongst the Trustees during the period.

#### Structure, Governance and Management

The Charity is governed by its constitution which was adopted in April 2020 and is registered with the Office of the Scottish Charity Regulator as a SCIO. The management and administration of the charity is the responsibility of the Trustees.

#### Policy on appointment of new Trustees.

A person will not be eligible for election or appointment to the board unless he is a member of the organisation.

A person will not be eligible for election or appointment to the board if he is disqualified from being a Charity Trustee under the Charities and Trustee Investment (Scotland) Act 2005; or if he is an employee of the organisation.

The minimum number of Charity Trustees is 3 and a maximum of 5.

**Trustees' Annual Report for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024 (continued)**

Objectives and Activities

The purpose of the organisation is to provide recreational facilities and advance the social needs, health and wellbeing of men of all ages and backgrounds living in South Lochaber by:

- a) Creating, developing and maintaining a facility, namely a Men's Shed.
- b) Offering opportunities for men in the Kinlochleven area to meet and undertake creative, physical, purposeful and recreational activities of their choice.
- c) Reducing isolation of men in the area thus contributing to their physical and mental wellbeing.
- d) Developing the capacity of men in the Kinlochleven area to share their skills and knowledge with others in the community.

Achievements and Performance

Shed activities for this financial period concentrated on completing renovation of the main building and the fulfilment of the set objectives for 2023/2024. All but one was completed.

A review of those activities are as follows:

Renovation of the building is almost complete with members enjoying the benefits of the new 'Tea Room' and external toilet facilities. An additional storage shed was obtained and erected at the rear of the site. Materials and timber can be stored outside the main workshop allowing more space for member activities within the main shed.

A key aim of the Men's Shed is to work closely with local organisations to meet the increasing needs of our community. We believe that the circular use of resources can benefit locals and tourists alike, improving the community both visually and individually. The Kinlochleven Community Benefits Trust, donated funds to purchase new timber and materials to construct five bench seats, for positioning in the two playparks and the bowls club within the village.

We also responded to a request from the local High School to help pupils who were studying for a 'John Muir Trust award'. The shed made twenty-six wooden structures to house birds, bats, insects, and butterflies. In addition, they needed bird and squirrel feeders. The finished items were dismantled into flat packs and delivered to the school along with assembly instructions. The pupils then assembled their chosen item, which was positioned in the community.

We continue to cross communicate with other organisations within South Lochaber to share ideas and obtain support. ██████████ represented the shed at the regional 'Scottish Men's Shed' meeting at Inverness. Other shed members have made ad-hoc visits to the Fort William Men's Shed who provided help, advice, and equipment during the year.

Our objective to create a Repair Café was researched but the Trustees made the decision not to progress with the project this year due to a lack of expertise within the membership and inadequate facilities. The project will however continue to be a longer term objective.

**Trustees' Annual Report for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024 (continued)**

Membership

During the pandemic we lost contact with approximately 50% of our membership base, prompting a review of our membership records. A 'Member' is now defined as any man completing a membership application form after 1<sup>st</sup> January 2022. Members are then categorised as 'Active' or 'Non-active', which means, 'no participation in shed activities in any financial year'.

Increased shed activities within the community is attracting more interest in membership. Three new members joined during the period with an overall activity rate of 80%. As a result of the increased activity the shed facility is now open three days per week with an average of eight members attending each session.

IT Communications and PR

A dedicated Shed website was launched in June 2023; this has received good feedback.

A more professional looking newsletter - 'Shedding Light' - was launched in December 2023. This will continue as a bi-annual production.

Funding

Generating income is the life blood of the organisation and we are pleased to report our funding objectives have been achieved. Our policy is to only seek support from funders if we have a specific project to complete. Overhead costs are to be covered by local donations. However, we are currently experiencing extraordinary inflationary increases in overhead costs, requiring additional support. The sale of products made in the shed for the community provided additional income. It is our intention to expand the sale of works activity in the coming year.

Our People

The Trustees would take this opportunity to express our gratitude to all organisations and individuals who have supported the shed throughout the year. We are especially grateful to: The Scottish Men's Shed Association, Age Scotland, Kinlochleven Community Benefits Fund. Thanks also to members of the Kinlochleven Cooperative Community Fund, who have faithfully provided continuous support grants since start up, without them we would not have survived.

Several individuals and businesses have supported us with financial donations, materials, and discounts on goods supplied. Finally, our thanks go to the dedicated members of the shed who have worked so hard to complete our goals during the year.

Finance

Total income for the year was £2,891 and expenditure was £4,052, resulting in a deficit of £1,161.

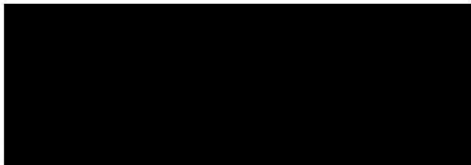
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Trustees' Annual Report for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024 (continued)

Objectives 2024/2025

- 1 Maintain a sustainable fund-raising plan to generate ongoing revenue.
- 2 Increase production of saleable items, benches/bird boxes etc.
- 3 Expand the active membership base.
- 4 Receive teaching input on Men's Health.
- 5 Explore opportunities to develop a repair café.

Approved by the Trustees on 14<sup>th</sup> March 2025 and signed on their behalf by:



**Kinlochleven Men's Shed**  
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**Independent Examiner's report**

Independent examiner's report to the trustees/members of Kinlochleven Men's Shed (SCIO SC050122) on the accounts of the charity for the period from 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024 set out on pages 6 to 8.

Respective responsibilities of trustees and examiner

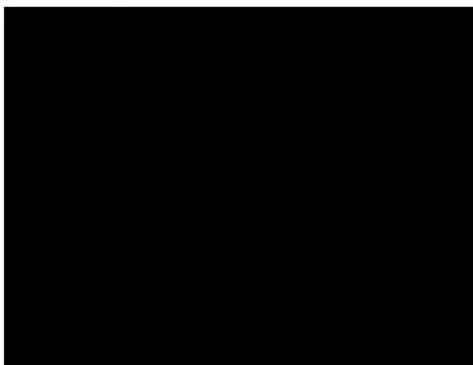
The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention (i) which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: <sup>12</sup> March 2025

**Kinlochleven Men's Shed**  
**Scottish Charitable Incorporated Organisation**  
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**Receipts and Payments Account for the period 1<sup>st</sup> July 2023 to 30<sup>th</sup> June 2024**

	<i>Notes</i>	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total Funds* £
<b>Receipts</b>					
Grants	1	2,338	-	2,338	8,237
Donations / sale of work	2	500	-	500	155
Interest received		53	-	53	25
<b>Total</b>		<b>2,891</b>	<b>-</b>	<b>2,891</b>	<b>8,417</b>
<b>Payments</b>					
Related directly to charitable activities	3	4,052	-	4,052	5,170
Purchase of assets		-	-	-	-
<b>Total</b>		<b>4,052</b>	<b>-</b>	<b>4,052</b>	<b>5,170</b>
<b>(Deficit) / Surplus for the period</b>		<b>(1,161)</b>	<b>-</b>	<b>(1,161)</b>	<b>3,247</b>

**Kinlochleven Men's Shed**  
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**Statement of balances, 30th June 2024**

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
<b>Cash and bank</b>				
At 1 <sup>st</sup> July 2023		6,126	500	6,626
Deficit for the period		(1,161)	-	(1,161)
At 30 <sup>th</sup> June 2024		<b>4,965</b>	<b>500</b>	<b>5,465</b>
<b>Fixed assets</b>				
At 1 <sup>st</sup> July 2023		2,700	-	2,700
Purchased in the period	4	-	-	-
At 30 <sup>th</sup> June 2024		<b>2,700</b>	<b>-</b>	<b>2,700</b>
<b>Total reserves</b>				
At 1 <sup>st</sup> July 2023		8,826	500	9,326
Movement in the period		(1,161)	-	(1,161)
At 30 <sup>th</sup> June 2024		<b>7,665</b>	<b>500</b>	<b>8,165</b>

The financial statements were approved by the Trustees on <sup>12</sup> March 2025 and signed on their behalf by



Trustee

**Kinlochleven Men's Shed**  
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**Notes to the financial statements**

**1. Grants received**

Grants were received from Kinlochleven Community Benefits Fund and Cooperative Benefits Trust. Government energy bill relief of £295 is included within grants received.

A restricted grant of £500 from Brightside Productions, received in a previous period for use towards training, has yet to be spent.

**2. Donations & sale of work**

Funds were received from the sale of community benches.

**3. Expenditure directly related to charitable activities**

Expenditure in the period comprised:

	£
Insurance	607
Utilities	359
Tools	808
Health & safety	6
Travel	7
Renovations	1,131
Materials	626
Computer & stationery	508
<b>Total</b>	<b>4,052</b>

**4. Fixed assets**

Fixed assets represent the purchase of a shed, tools and equipment (all in previous periods).