

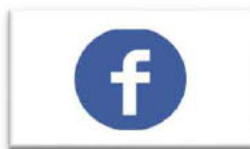


**SCOTIA
MEDICAL
GROUP**

Accounts for the year ended
30 April 2024

Scotia Medical Group (SCIO)
SC050096

7 Braco Place
Elgin
Scotland
IV30 1PQ



www.scotiamedicalgroup.org.uk

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Board of Trustees & Management

Trustees

- > [REDACTED] Chairman)
- > [REDACTED] Vice Chairman)
- > [REDACTED] (Secretary)
- > [REDACTED] (Treasurer) - Resigned August 2024
- > [REDACTED] - Resigned June 2024
- > [REDACTED]
- > [REDACTED]

Bankers

Royal Bank of Scotland
36 St Andrew Square,
Edinburgh,
EH2 2YB

Independent examiner

[REDACTED] as associate in the firm of:
Ritsons, Chartered Accountants
103 High Street
Elgin
IV30 1EB

Overview

The trustees have the pleasure of submitting their report and accounts for the year ended 30 April 2024. The accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

It's incredible to think this is our fourth year of operations and what a year it's been. We hope you enjoy reading a short insight into the growth of Scotia Medical Group.

Objectives and activities

Scotia Medical Group has been set up with a primary focus on saving lives through free first aid training to community groups. This will provide a network of trained people who have the confidence, training and skills to save someone's life.

Our organisation will also have a team of volunteers who will offer free first aid training to members of the public. We will offer the basic training needed to recognise a life-threatening condition and the skills needed to attempt to save someone's life. This will be offered through various accredited courses such as: emergency first aid and first aid at work with the intention to deliver more advanced courses in the future.

The income generated from our first aid services at events will be used to provide free accredited first aid training to local community groups.



For our first aid trainers to have operational experience, ability and confidence to teach first aid skills, all our volunteers will so deliver first aid services as events. This area of business provides a service to meet legal and licensing regulations placed on event organisers, provides volunteers with the opportunity to put training in practice, and gain confidence in using their first aid skills. Ultimately, lives will also be saved by having trained and equipped people ready to respond at a moment's notice. We anticipate this area of the business to grow in terms of income generated and being an attractive volunteering opportunity.

Our third aim of Scotia Medical Group will be to provide assistance which will benefit communities at times of emergency where our assets could be used to promote the saving and preservation of life. This will be in partnership with other organisations and statutory agencies.

Structure, Governance and Management

Our Constitution

Scotia Medical Group is governed by our single tier constitution. This document sets out guidance for our trustee's and members on all issues. The document states how we elect our trustee's, with a code of practice and how the charity proceeds with new recruitment and election of trustee's along with any grievances that arrive i.e., a vote of no confidence.

The constitution is regularly reviewed.

Trustee recruitment and appointment



Our board remains strong and after a unanimous vote; to make our board more resilient, we introduced the office bearer role of Vice Chairman. Again, following our constitution and after a vote to the board we were delighted that long standing board member [REDACTED] was voted into the role.

Chairman's Report

The good

Wow! It's remarkable to think we're writing our fourth set of accounts already. This year has seen us introduce awards to our hard-working volunteers, to recognise their incredible achievements both personally and professionally. Volunteers nominated peers to a panel who then had the hard work of selecting a winner in each category to be presented their award at the AGM.



We were delighted to deliver some of our biggest events to date such as MacMoray Music Festival and Party at the Palace. This generated us some much-needed income. We are developing a recruitment pathway for our own Paramedic's and Nurses bolstered by our Clinical Governance Team and Medical Director. This quickly led to the purchase of a response car to aid our effectiveness at events.

As the pressure on the NHS grows, we are delighted to continue to bolster our services and with our partnership at Fleming Hospital. We're able to offer more training to our volunteers and support their growth and development through a free, safe and supportive venue to enable our volunteer trainers to teach both our own volunteers and offer courses to the public.



The bad

As we continued to grow, we struggled with the upkeep of the charity. Being volunteer led wasn't easy. A small core team of volunteers were keeping the charity afloat, but this often blurred the lines between strategic and operational decisions. Standing by our values we began to share the workload by recruiting more volunteers to management positions and catch up on areas for development.

Purchasing a fleet of second-hand vehicles meant there was a lot of maintenance to do. This came with challenges as we had no mechanical expertise for the specialist vehicles, nor did we appreciate the cost of such upkeep. Thankfully, with careful financial control and recruitment of a volunteer with mechanical knowledge we were able to commence work on the vehicles to make them operational ready.

What lies ahead?

Thankfully with the normality after COVID 19, events and fundraising have begun to regain momentum, I'm hopeful this will see us continue to grow. However, we are acutely aware that the growing pressure on the NHS and the impact of events could place on the NHS.

As we continue to grow and strive for perfection, I hope that the charity can divert the pressure from the NHS and support where necessary. I'm pleased to see an increase in volunteers joining the organisation and developing their skills. I'm equally pleased to see members of the public learning lifesaving skills through various engagements.



As we progress into our fifth year, I'm excited to see what develops we take to improve our brand. With plans in place to increase our fundraising events and further develop our financial stability, I'm filled with positivity that we get to write our 5th report. I'm eager to see the development of our volunteers, in relation to Martyn's Law, with the introduction of the minimum standard of clinical skill at FREC 3.

We continue to remain grateful for the support we receive from the public and from businesses in all forms and I look forward to writing the report on the accounts next year and sharing another year of Scotia Medical Group's journey.

Treasurer's Review

This year was the fourth year of Scotia Medical Group and the charity has continued to grow, with many new events and many of the previous ones returning. This shows the high level of confidence that event organisers hold in Scotia's skills and performance.

The Trustees continually assess the finances and due to cash flow challenges in growing the equipment base, received an anonymous, interest-free, loan to tide them through the year and this was repaid in the next financial year.

Reserves Policy

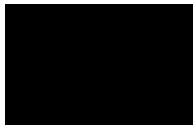
We have struggled to meet the reserves policy with the introduction of the fleet and the lack of financial knowledge this entailed. However, this is currently in discussion with the intention that we will have one in place during the next financial year.

Looking Forward

Moving forward we're extremely excited to build both our training and event portfolio. We hope to increase our clinical capacity and response and look forward to implementing a group of volunteers in Aberdeen. Year 5 only encourages us to be bigger and better.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



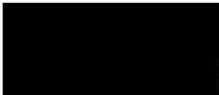

Trustee – Chairman

30/01/2025

Scotia Medical Group

Independent Examiner's Report to the trustees of Scotia Medical Group

I report on the accounts of the charity for the year ended 30 April 2024, which are set out on pages 9 to 11.

Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.		
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.		
Independent examiner's qualified statement	<p>In the course of my examination, no matter has come to my attention, other than that disclosed below.</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. <p>The matter that has come to my attention is that, in the course of my examination of the accounting records of the charity, it was noted that supporting documentation had not been retained for some of the expenses incurred within the year. The total expenditure which could not be verified was £15,077. The charity trustees are aware of the importance of maintaining full records of accounting transactions going forward.</p>		
Signed:	 1:39 GMT)	Date:	30/01/2025
Name:	 , CA as associate in the firm of:		
	Ritsons, Chartered Accountants		
Address:	103 High Street		
	Elgin		
	IV30 1EB		

Scotia Medical Group

Receipts and payments accounts for the year ended 30 April 2024

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
Receipts				
Donations	2,374	-	2,374	16,696
Fundraising	2,330	-	2,330	821
First aid training	420	-	420	-
Events	55,513	-	55,513	39,768
Sub total	60,637	-	60,637	57,285
Loans received				
Short-term loan	10,000	-	10,000	-
Sub total	10,000	-	10,000	-
Total receipts	70,637	-	70,637	57,285
Payments				
Payments relating directly to charitable activities:				
Protective clothing and materials	6,029	-	6,029	2,406
Event first aid supplies	12,128	-	12,128	12,901
Expenses	13,997	-	13,977	10,932
Ambulance and crew	-	-	-	6,768
Communications	3,430	-	3,430	-
Vehicle costs	2,221	-	2,221	-
Insurance – general	2,066	-	2,066	1,857
Insurance – motor	4,079	-	4,079	1,135
Storage	1,482	-	1,482	-
Miscellaneous expenses	168	-	168	195
Stationery	180	-	180	465
Advertising and promotion	-	-	-	1,532
Volunteer training	916	41	957	378
Sub total	46,696	41	46,737	38,569
Governance costs				
Independent examiner's fee	1,535	-	1,535	635
Sub total	1,535	-	1,535	635
Cost of fundraising				
Fundraising expenses	227	-	227	-
Sub total	227	-	227	-
Payments relating to purchase of equipment				
General equipment	4,173	550	4,723	7,069
Vehicles	14,025	-	14,025	9,996
Sub total	18,198	550	18,748	17,065
Total payments	66,656	591	67,247	56,269
Surplus / (deficit) for year	3,981	(591)	3,390	1,016



Scotia Medical Group

Statement of balances as at 30 April 2024

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
Cash funds				
Bank and cash balances at start of year	440	591	1,031	15
Surplus / (deficit) for year	3,981	(591)	3,390	1,016
Bank and cash balances at end of year	4,421	-	4,421	1,031

	Fund to which asset belongs	2024 Total	2023 Total
Equipment			
General	unrestricted	17,674	13,501
General	restricted	550	-
Vehicles	unrestricted	24,021	9,996
Computer	unrestricted	1,107	1,107
Office	unrestricted	1,665	1,665
Total		45,017	26,269

Approved by the trustees and signed on their behalf by:

Signature	Print Name	Date of approval
		30/01/2025

Scotia Medical Group

For the year ended 30 April 2024

Notes

1 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

2 Related party transactions

The trustees did not receive any remuneration nor were they reimbursed for any expenses.

3 Restricted funds

	<u>Opening</u>	<u>Receipts</u>	<u>Expenses</u>	<u>Transfer</u>	<u>2024</u> <u>Closing</u>
National Lottery	591	-	(591)	-	-
The Hospital Saturday Fund	-	-	-	-	-
	591	-	(591)	-	-

	<u>Opening</u>	<u>Receipts</u>	<u>Expenses</u>	<u>Transfer</u>	<u>2023</u> <u>Closing</u>
National Lottery	591	-	-	-	591
The Hospital Saturday Fund	-	10,000	(9,996)	(4)	-
	591	10,000	(9,996)	(4)	591

National Lottery - for equipment, training and branding.

The Hospital Saturday Fund - for the purchase of an ambulance.






Scotia Medical Group accounts 2024

Final Audit Report

2025-01-30

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