



Dumfries Get Together Trustees' Annual Report

April 2024 to March 2025

Charity contact information



Dumfries Get Together

Scottish Charity Number: SC050092

3 Makbrar Wynd

Dumfries

DG1 4XD

07817738632

get.together@live.co.uk

www.meetup.com/dumfriesgettogether

Charity Trustees

1. [REDACTED] Founder and Chairperson
2. [REDACTED] - Funding Organiser and Safeguarding Officer
3. [REDACTED] Assistant Funding Organiser
4. [REDACTED] - Treasurer
5. [REDACTED] Assistant Treasurer
6. [REDACTED] Secretary
7. [REDACTED] - Membership Secretary

Objectives and activities

The group encourages social inclusion by organising friendly gatherings, adventures and activities for women, who are interested in meeting new people, increasing social skills, building new friendships and having fun by taking part in a range of activities. All adult women are welcome to join the group.

The activities we provide include: outdoor activities, sports, social events, excursions and indoor interest events.

Structure, governance and management

Type of governing document

The type of governing document we have is a "Constitution".

Trustee recruitment and appointment

Our AGM was held on 23 May 2024. The existing committee members/trustees were re-elected.

Achievements and performance

At the end of March 2025 we had 266 fully paid up members, an increase of 65 compared with the end of March 2024.

We now have about 20 events a week. The type of activities we offer include:

- Walks of varying difficulty
- Fitness classes
- Positive lifestyle changes
- Badminton
- Film club
- Arts and crafts groups
- Book clubs
- Ukulele classes
- Day trips and short breaks
- Coffee, drinks and meals out
- Theatre trips
- Computer sessions

Some Highlights of the Year

Although we have many recurring events and outings to the cinema, theatre etc we also try to vary what we offer so that all of our members' interests are catered for. Here are some of the events we have organised.

On 29 April 2024 we invited [REDACTED] to come along and share some stories of his experience of 34 years working in the local prison, HMP Dumfries. It was an opportunity to hear first hand what prison life is like, the type of prisoners it houses and to ask questions about his experiences.

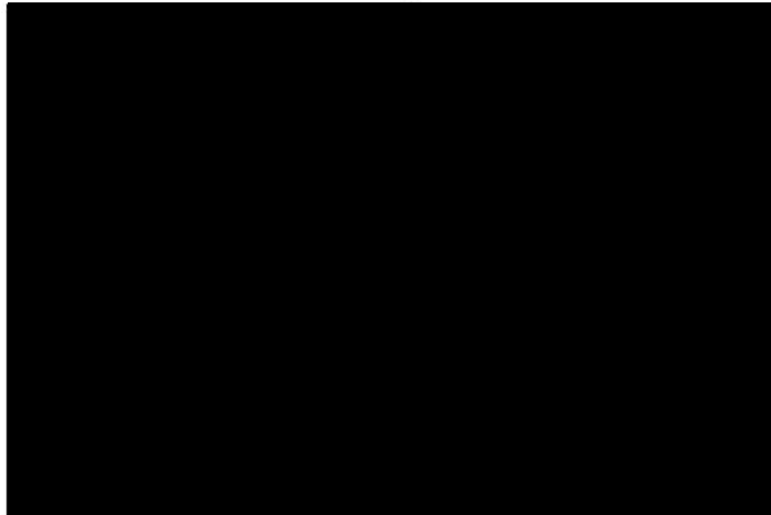


HMP Dumfries

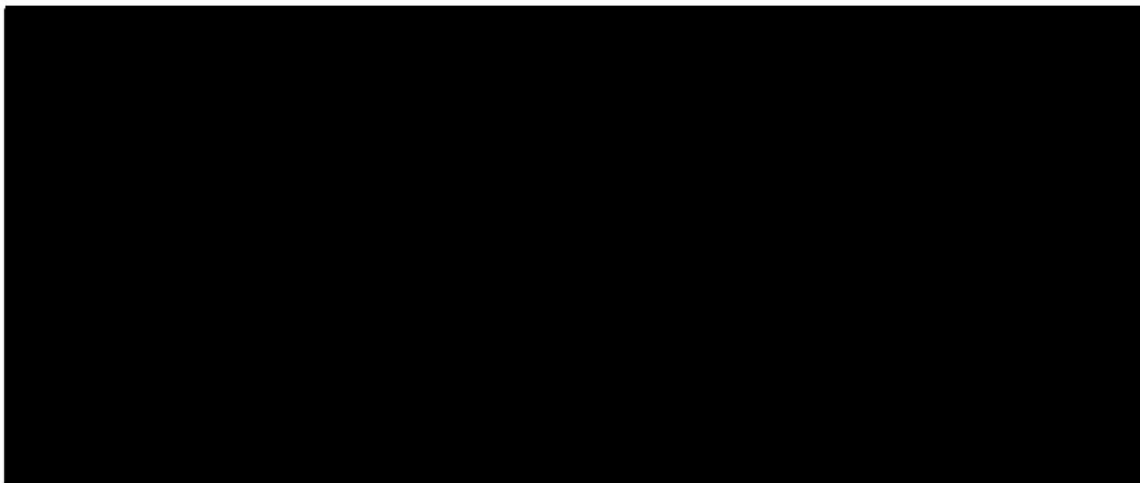
Our AGM in May was well attended. After the business part of the meeting was concluded we listened to a talk by a local clinical hypnotherapist, [REDACTED]. He explained how elements of meditation, mindfulness and hypnotherapy can be incorporated into our daily lives. The presentation included practical tools and techniques and a guided group relaxation session.

A small number of members successfully finished the Couch to 5K programme, designed by the NHS and BBC, which we did in **May and June**.

'Great start to the c25k this morning. Lovely fresh morning. Perfect for a run alongside the river with running buddies'



On 29th **July** we celebrated the enrolment of our 200th member. The afternoon was a great success with entertainment and a buffet supplied by members.



The celebration buffet

Our 200th member



We were privileged in **September** to be taken on a guided walk around Kirkconnel Flow near New Abbey by [REDACTED]

[REDACTED] the Nature Reserve Manager.

Kirkconnel Flow is an example of an ancient lowland raised bog, one of the most threatened habitats in the world. The tour was very interesting and informative. Members especially enjoyed jumping up and down on the bog in unison to experience the ground moving.



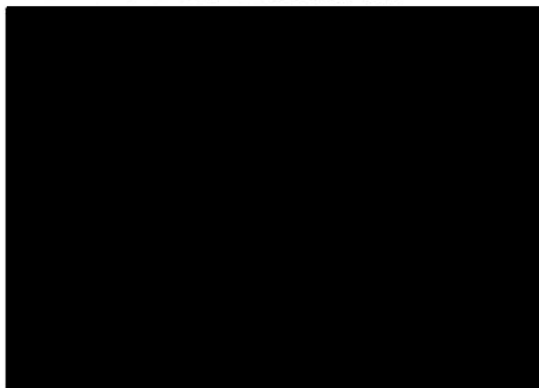
The 14th of **October** saw the first meeting of our new creative writing group. This provides a forum for writers to exchange ideas, ask questions, or simply to sit and write.

We supported our local Musical Theatre Company on 16 **November** who were performing 'Little Women the Broadway Musical' at the Bridgend Theatre in Dumfries.

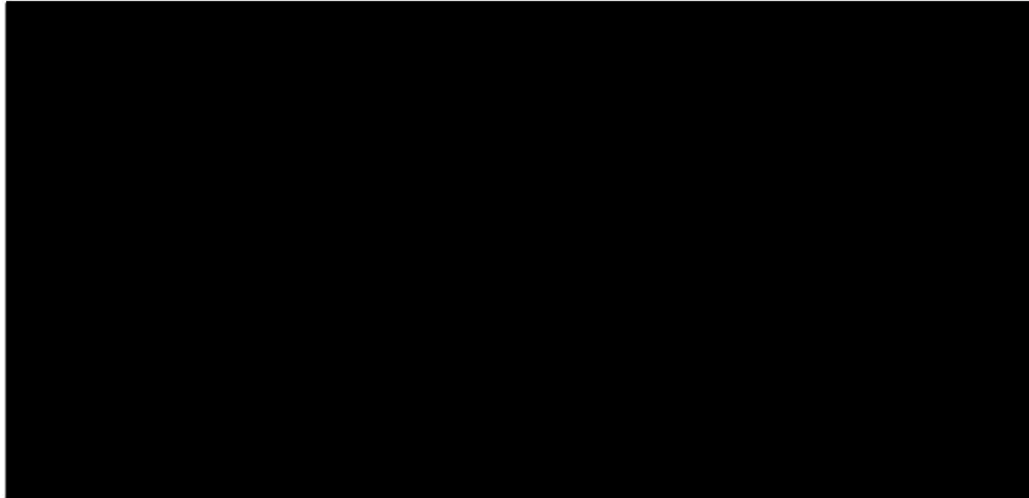
Our Christmas celebrations started on 12 **December** with shopping trip to Edinburgh and lunch at the Dome. Sixty three members attended the Christmas Lunch at the Edenbank Hotel on the 14th, a record number.

'Lovely lunch yesterday at Edenbank. Thank you [REDACTED] and all [REDACTED] helpers for making it such a wonderful day. Everything ran smoothly and I met some new people. Thanks also for the Xmas card and pen and notebook which I'm sure will be very useful to keep up to date with all the events in the coming year. Merry Xmas everyone!'

As it wasn't possible for everyone to go to the Christmas lunch we also organised an evening of music, mince pies and mulled wine on the 19th, at which the ukelele group performed some Christmas favourites. In addition there was a Christmas party night at the Crichton Golf Club on the 21st December.



We celebrated **January** 2025 in style with a bucket drumming workshop. [REDACTED] shared her love for rhythm and music. Twenty Nine members attended and we learned to internalize beats, maintain steady tempos, and synchronize movements. As well as that we had lots of laughter and the bonus of a bit of exercise. It was a great start to the New Year.



Not all our members are living in the Dumfries area and with this in mind, on 22 **February** we booked a table for 26 of us for lunch at Hugo's Restaurant in Moffat. It was a great success and an event that will be repeated.

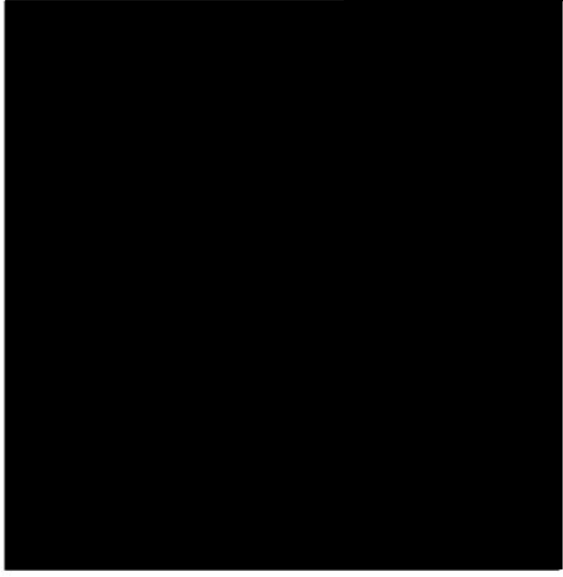
'A really brilliant day great company can't wait for the next one'

Finally, on 21 **March** [REDACTED] [REDACTED] [REDACTED] Vajrasattva Kadampa Meditation Centre Dumfries, gave 19 of us a short talk on the benefits of meditation followed by a guided simple meditation that we could use in our daily lives. [REDACTED] was very approachable and her teachings clear and easily understood.

Funding

Although we have kept our subscription to £20/year, our increased membership have enabled us to purchase various items for the good of the group. These include some vacuum flasks for tea and coffee making; equipment for Kindar ie tables, a vacuum cleaner, storage boxes, a fridge, kettles; standard lamps for extra lighting for arts and crafts events, and ukulele classes; Dumfries Get Together branded bags, T shirts and notebooks.

We received £300 from Scottish Partnership. This was used to help fund a 'Bringing Back Memories' afternoon on 6 October. We were entertained with music and dancing from the swinging sixties to the noughties featuring [REDACTED] at the Masonic Hall in Dumfries.



Future plans

Our members have always contributed to the organising and running of the group, but we would like to organise regular meetings to support those who head up the various recurring events.

We were unable to find anyone to deliver safeguarding training in 2023/4 but we hope to arrange this in the coming year.

The search for a permanent, more accessible rented meeting room is ongoing.

Declaration

Signed on behalf of the charity trustees:

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Print name

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Designation

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Date

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Dumfries Get Together

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Statement of Receipts and Payments for the period ending 31 March 2025

		2024/25			Restated 2023/24
		Unrestricted funds	Restricted funds	Total	Total
		£	£	£	£
RECEIPTS	Note				
<u>Donations/Grants</u>					
Miscellaneous Income/Donations		2,178	-	2,178	1,105
Scottish Partnership	2	-	300	300	300
Foundation Scotland	2	-	-	-	4,250
<u>Receipts for charitable activities</u>					
Membership Subscriptions		5,295	-	5,295	4,235
Payments for activities/events	4	57,050	-	57,050	45,821
		64,523	300	64,823	55,711
Totals					
		2024/25			Restated 2023/24
		Unrestricted funds	Restricted funds	Total	Total
		£	£	£	£
PAYMENTS	Note				
Payments from Lottery Funding	2	-	799	799	1,083
Admin/Governance costs		829	-	829	572
Memberships to Outside Bodies		488	-	488	380
Miscellaneous Expenses		3,688	-	3,688	2,436
Payments from Scottish Partnership	2	-	300	300	300
Payment from Local Giving Grant	2	-	-	-	676
<u>Payments for charitable activities</u>					
Activities/Events		58,772	-	58,772	39,052
Totals		63,777	1,099	64,876	44,499
Surplus/(Deficit)		746	- 799	- 53	11,212

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Dumfries Get Together

Statement of Balances for the period ending 31 March 2025

		2024/25		Restated
				2023/24
	Note	Unrestricted funds	Restricted funds	Total
		£	£	£
Opening cash at bank and in hand		31,625		31,625
Surplus/(Deficit) for the period		746	- 799	53
Closing cash and bank balances		32,371	- 799	31,572

Bank balances

Bank of Scotland	4	29,398	2,175	31,573	31,625
		29,398	2,175	31,573	31,625

Other assets

4 Laptops	D&G Third Sector Grant yr 22/23
2 Printers	D&G Third Sector Grant yr 22/23
2 Sewing Machines	Purchased with Local Giving Grant 23/34
Folding Tables	Purchased with group funds 24/25
Fridge	Purchased with group funds 24/25
Hoover	Purchased with group funds 24/25

Liabilities

The charity has no liabilities and no contingent liabilities.

Approved by the trustees on 29 May 2025 and signed on their behalf by:

[Redacted Signature]

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Dumfries Get Together

Notes to the accounts for the period ending 31 March 2025

1. Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those which may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for a specific purpose.

Dumfries Get Together received the following:

Scottish Partnership £300 grant for 'Absent Friends' to meet and share stories and memories of loved ones

£798.60 payment for rent paid from Lottery grant received in 2019 -

This was received in 2019 for help with renting accommodation and as of 31/3/25 has a remaining balance of £2175

3. Related party transactions

No remuneration was paid to trustees during the period.

2 trustees received expenses. These were in relation to refunding the cost of printing expenses (ink/paper) and telephone calls made on behalf of the charity

4 Bank Balance

The bank balance of £31572.69 includes amounts circa £14060 which relates to amounts paid in advance by Members and Grant Givers for activities in the next accounting period for which payment is yet to be made.

It also includes £2175 remaining in Lottery Funding for future rents.

APPENDIX 3



Independent examiner's report on the accounts

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Report to the trustees/members of

Charity name
DUMFRIES GET TOGETHER

Registered charity number

SC050092

On the accounts of the charity for the period

Period start date				Period end date		
Day	Month	Year	to	Day	Month	Year
01	04	2024		31	03	2025

Set out on pages

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper view to be reached.

Signed:

Date: 24 May 2025

Name:

Relevant professional qualification(s) or body (if any):

Address: