

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period

| Period start date | | | | Period end date | | |
|-------------------|-----|-------|------|-----------------|-----|------------|
| From | Day | Month | Year | To | Day | Month Year |
| | 1 | 04 | 2024 | | 31 | 3 2025 |

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland

Pinc & Steel

SC050068

Names of the charity trustees on date of approval of Trustees' Annual Report

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1 | | | | |
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| 3 | | | | |
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| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |

Structure, governance and management

Type of governing document

SCIO Constitution.

Trustee recruitment and appointment

Objectives and activities

Charitable purposes

The organisation is established for charitable purposes only, and in particular, the objectives are to advance health by the rehabilitation of cancer patients. The area within which the organisation shall operate (in this constitution referred to as the 'Area of Benefit') shall be the United Kingdom. The organisation shall promote (but not promote exclusively) its activities and delivery operations to people within the 'Area of Benefit' who are diagnosed with cancer and with physiotherapy-based rehabilitation and specialised physical activity group programmes. These people will be the organisation's beneficiaries.

Summary of the main activities in relation to these objects

The PINC & STEEL Cancer Rehabilitation Foundation U.K & Ireland raises funds to subsidise the cost of oncology rehabilitation and exercise programs to support this growing need.

Achievements and performance

Summary of the main achievements of the charity during the financial period

The first PINC & STEEL Cancer Rehabilitation Foundation was established in New Zealand in 2006 and has developed a cost-effective model of service delivery to support people affected by cancer nationwide. The U.K. Foundation will use a similar delivery model to ensure a cost effective and efficient service to benefit the maximum amount of people each year.

In FY 2025 - the Foundation funded 11 Next Step programmes and 6 Targeted Programs. A healthy increase in funded classes.

- We introduced a new program in 2022, Our Pinc&Steel Targeted Class. The aim to break down barriers for more people to attend cancer rehab sessions. The classes are for smaller groups and can accommodate people on neo-adjuvant or adjuvant treatments that couldn't tolerate **Next Steps** classes.
- This gives you the option to get funding for participants to run a class for a **minimum of 4** and maximum of 6 participants.
- The classes must have a resistance component and a cardio component to be eligible for funding.
- The classes may be an easier progression for some patients from one-on-one sessions and enable you to connect patients with others facing cancer.
- The class will also suit clinics with less space.

THE PINC & STEEL Targeted Class & Next Steps Programs are specialised oncology exercise group courses (6 weeks and 10-weeks respectively) run to address the multiple health needs of people who are affected by cancer. These programs will run in many communities throughout the UK.

The classes are provided by experienced certified Pinc & Steel Cancer Rehab physiotherapists who will run the courses in each of their respective regions. People affected by cancer can have multiple complex health issues and need individual tailored exercises within the group class environment. The Oncology Physiotherapists delivering this service are highly trained to deal with this.

Each Targeted Class and Next Steps class incorporates elements of yoga, Pilates and cardio training to improve strength, flexibility and cardiovascular fitness. This program provides immediate and tangible change for people affected by cancer.

Financial review

Brief statement of the charity's policy on reserves

Since the charity is still relatively young/new, the Trustees have not established a policy on reserves.

When the charity is firmly established the Trustees intend to review necessary reserves then agree an appropriate reserves policy.

Details of any deficit

n/a

Donated facilities and services (if any)

n/a

3

APPENDIX 1**Other optional information**

The trustees are finding that the Foundation is coming to a gradual and natural halt. The trustees are therefore reviewing the future activity of the charity so may decided to cease future activities of the Foundation, distribute any remaining funds in accordance with the objects of the charity then seek OSCR's consent to wind up the charity.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Date

Founder

Trustee

CHAIR/FOUNDER

TRUSTEE

16th May 2025

16th May 2025

4



Enter charity name below

Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland

Enter SC No. below

SC050068

| Receipts and payments accounts | | | | | |
|--------------------------------|-------------------|-----|----|-----------------|----|
| For the period from | Period start date | | to | Period end date | |
| | 1 | Apr | | 2024 | 31 |

Section A Statement of receipts and payments

| | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total funds current period | Total funds last period |
|---|--------------------|------------------|----------------------------|---------------------------|----------------------------|-------------------------|
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| A1 Receipts | | | | | | |
| Donations | 12,485 | | | | 12,485 | 428 |
| Legacies | - | | | | - | - |
| Grants | - | | | | - | - |
| Other income | | | | | - | - |
| Receipts from fundraising activities | - | | | | - | - |
| Gross trading receipts | - | | | | - | - |
| Income from investments other than land and buildings | | | | | - | - |
| Rents from land & buildings | | | | | - | - |
| Gross receipts from other charitable activities | | | | | - | - |
| A1 Sub total | 12,485 | - | - | - | 12,485 | 428 |
| A2 Receipts from asset & investment sales | | | | | | |
| Proceeds from sale of fixed assets | | | | | - | - |
| Proceeds from sale of investments | | | | | - | - |
| A2 Sub total | - | - | - | - | - | - |
| Total receipts | 12,485 | - | - | - | 12,485 | 428 |
| A3 Payments | | | | | | |
| Expenses for fundraising activities | | | | | - | - |
| Gross trading payments | | | | | - | - |
| Investment management costs | | | | | - | - |
| Payments relating directly to charitable activities | 670 | | | | 670 | 2,614 |
| Grants and donations | 11,375 | | | | 11,375 | 5,000 |
| Governance costs: | | | | | | |
| Audit / independent examination | 720 | | | | 720 | 600 |
| Preparation of annual accounts | - | | | | - | - |
| Legal costs | - | | | | - | - |
| | | | | | - | - |
| | | | | | - | - |
| A3 Sub total | 12,765 | - | - | - | 12,765 | 8,214 |
| A4 Payments relating to asset and investment movements | | | | | | |
| Purchases of fixed assets | | | | | - | - |
| Purchase of investments | | | | | - | - |
| A4 Sub total | - | - | - | - | - | - |
| Total payments | 12,765 | - | - | - | 12,765 | 8,214 |
| Net receipts / (payments) | (280) | - | - | - | (280) | (7,786) |
| A5 Transfers to / (from) funds | | | | | | |
| | | | | | - | - |
| Surplus / (deficit) for year | (280) | - | - | - | (280) | (7,786) |

Section B Statement of balances

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| B1 Cash funds | Cash and bank balances at start of year | 13,023 | 10,002 | | | 23,025 | 30,810 |
| | Surplus / (deficit) shown on receipts and payments account | (280) | - | | | (280) | (7,786) |
| | | | | | | - | - |
| | | | | | | - | - |
| | Cash and bank balances at end of year | 12,743 | 10,002 | - | - | 22,745 | 23,025 |
| | (Agree balances with receipts and payments account(s)) | | | | | | |

| | Details | Fund to which asset belongs | Market valuation to nearest £ | Market valuation to nearest £ |
|-----------------------|---------|-----------------------------|----------------------------------|----------------------------------|
| B2 Investments | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | Total | - | - |

| | Details | Fund to which asset belongs | Cost (if available) to nearest £ | Current value (if available) to nearest £ | Current value (if available) to nearest £ |
|------------------------|---------|-----------------------------|-------------------------------------|--|--|
| B3 Other assets | | | | - | - |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | Total | - | - | - |

| | Details | Fund to which liability relates | Amount due to nearest £ | Amount due to nearest £ |
|-----------------------|-------------------------|---------------------------------|----------------------------|----------------------------|
| B4 Liabilities | Independent Examination | | 720 | 720 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | Total | 720 | 720 |

| | Details | Fund to which liability relates | Amount due (estimate) to nearest £ | Amount due (estimate) to nearest £ |
|----------------------------------|---------|---------------------------------|--|--|
| B5 Contingent liabilities | | | - | - |
| | | | | |
| | | | | |
| | | Total | - | - |

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval16/5/2025
16/5/2025

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

See additional notes pages.

C2 Grants

| Type of activity or project supported | Individual / institution | Number of grants made | £ |
|---------------------------------------|--------------------------|-----------------------|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total | | | - |

C3a Trustee remuneration

| | |
|--|---|
| If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b) | X |
|--|---|

C3b Trustee remuneration - details

| Authority under which paid | £ |
|----------------------------|---|
| | |
| | |
| | |
| | |
| | |

C4a Trustee expenses

| | |
|---|---|
| If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b) | X |
|---|---|

C4b Trustee expenses - details

| | Number of trustees | £ |
|--|--------------------|---|
| | | |
| | | |
| | | |
| | | |
| | | |

C5 Transactions with trustees and connected persons

| Nature of relationship | Nature of transaction | Transaction amount (£) | Balance outstanding at period end (£) |
|------------------------|-----------------------|------------------------|---------------------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

C6 Other information

| |
|--|
| |
|--|

7

Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland

SC050068

Additional analysis (1)

Analysis of receipts and payments

1 Donations

| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|--------------|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| Donations | 12,485 | - | - | - | 12,485 | 428 |
| | - | - | - | - | - | - |
| | - | - | - | - | - | - |
| | - | - | - | - | - | - |
| Total | 12,485 | - | - | - | 12,485 | 428 |

2 Grants

| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|--------------|------------------------------------|----------------------------------|--------------------------------------|-----------------------------------|
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| Total | - | - | - | - |

3 Receipts from fundraising activities

| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|--------------|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| Other income | - | | | | - | - |
| | | | | | - | - |
| | | | | | - | - |
| | | | | | - | - |
| | | | | | - | - |
| | | | | | - | - |
| Total | - | - | - | - | - | - |

4 Payments relating directly to charitable activities

| | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|---------------------------|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| Subscriptions | 670 | | | | 670 | 634 |
| Bank charges | - | | | | - | - |
| Advertising and marketing | - | | | | - | - |
| Consulting | - | | | | - | 1,980 |
| | - | | | | - | - |
| | - | | | | - | - |
| | - | | | | - | - |
| | | | | | - | - |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Total | 670 | - | - | - | 670 | 2,614 |

Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland

SC050068

Additional analysis (2)

5 Breakdown of unrestricted funds

| | Unrestricted fund 1 - enter name of fund below | Unrestricted fund 2 - enter name of fund below | Unrestricted fund 3 - enter name of fund below | Unrestricted fund 4 - enter name of fund below | Total unrestricted funds | Total unrestricted funds last period |
|--|---|---|---|---|-----------------------------|--|
| Receipts | | | | | | |
| Donations | 12,485 | | | | 12,485 | 428 |
| Legacies | - | | | | - | - |
| Grants | - | | | | - | - |
| Receipts from fundraising activities | - | | | | - | - |
| Gross trading receipts | - | | | | - | - |
| | - | | | | - | - |
| Income from investments other than land and buildings | - | | | | - | - |
| Rents from land & buildings | - | | | | - | - |
| Gross receipts from other charitable activities | - | | | | - | - |
| Sub total | 12,485 | - | - | - | 12,485 | 428 |
| Receipts from asset & investment sales | | | | | | |
| Proceeds from sale of fixed assets | - | | | | - | |
| Proceeds from sale of investments | - | | | | - | |
| Sub total | - | - | - | - | - | - |
| Total receipts | 12,485 | - | - | - | 12,485 | 428 |
| Payments | | | | | | |
| Expenses for fundraising activities | - | | | | - | - |
| Gross trading payments | - | | | | - | - |
| Investment management costs | - | | | | - | - |
| Payments relating directly to charitable activities | 670 | - | | | 670 | 670 |
| Grants and donations | 11,375 | | | | 11,375 | 11,375 |
| Governance costs: | - | | | | - | - |
| Audit / independent examination | 720 | | | | 720 | 720 |
| Preparation of annual accounts | - | | | | - | - |
| Legal costs | - | | | | - | - |
| | - | | | | - | - |
| Sub total | 12,765 | - | - | - | 12,765 | 12,765 |
| Payments relating to asset and investment movements | | | | | | |
| Purchases of fixed assets | | | | | - | |
| Purchase of investments | | | | | - | |
| Sub total | - | - | - | - | - | - |
| Total payments | 12,765 | - | - | - | 12,765 | 12,765 |
| Net receipts / (payments) | (280) | - | - | - | (280) | (12,337) |
| Transfers to / (from) funds | | | | | | |
| | | | | | - | |
| Surplus / (deficit) for year | (280) | - | - | - | (280) | (12,337) |
| Nature and purpose of funds | | | | | | |
| | | | | | | |

Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland SC050068

Additional analysis (3)

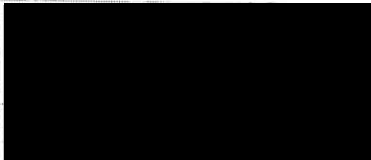
6 Breakdown of restricted funds

| | Restricted - BT36 - BT40 postcode | Restricted fund 2 - enter name of fund below | Restricted fund 3 - enter name of fund below | Restricted fund 4 - enter name of fund below | Total restricted funds | Total restricted funds last period |
|---|---|--|--|--|---------------------------|--|
| Receipts | | | | | | |
| Donations | | | | | - | |
| Legacies | | | | | - | - |
| Grants | | | | | - | - |
| Receipts from fundraising activities | | | | | - | - |
| Gross trading receipts | | | | | - | - |
| Income from investments other than land and buildings | | | | | - | - |
| Rents from land & buildings | | | | | - | - |
| Gross receipts from other charitable activities | | | | | - | - |
| Sub total | - | - | - | - | - | - |
| Receipts from asset & investment sales | | | | | | |
| Proceeds from sale of fixed assets | | | | | - | - |
| Proceeds from sale of investments | | | | | - | - |
| Sub total | - | - | - | - | - | - |
| Total receipts | - | - | - | - | - | - |
| Payments | | | | | | |
| Expenses for fundraising activities | | | | | - | - |
| Gross trading payments | | | | | - | - |
| Investment management costs | | | | | - | - |
| Payments relating directly to charitable activities | | | | | - | - |
| Grants and donations | | | | | - | - |
| Governance costs: | | | | | - | - |
| Audit / independent examination | | | | | - | - |
| Preparation of annual accounts | | | | | - | - |
| Legal costs | | | | | - | - |
| Sub total | - | - | - | - | - | - |
| Payments relating to asset and investment movements | | | | | | |
| Purchases of fixed assets | | | | | - | - |
| Purchase of investments | | | | | - | - |
| Sub total | - | - | - | - | - | - |
| Total payments | - | - | - | - | - | - |
| Net receipts / (payments) | - | - | - | - | - | - |
| Transfers to / (from) funds | | | | | - | |
| Surplus / (deficit) for year | - | - | - | - | - | - |
| Nature and purpose of funds | | | | | | |
| The restricted income is to be used to support people and their families affected by Cancer in the BT36 - BT40 catchment area within Ireland. | | | | | | |

APPENDIX 3

OSCr

Office of the Scottish Charity Regulator

| | | Independent examiner's report on the accounts | | | | | | v2 |
|--|--|---|-------|------|----|-----------------|---------------------------|---|
| Report to the trustees/members of | | Pinc & Steel Cancer Rehabilitation Foundation UK & Ireland | | | | | | |
| Registered charity number | | SC050068 | | | | | | |
| On the accounts of the charity for the period | | Period start date | | | | Period end date | | |
| | | Day | Month | Year | | Day | Month | Year |
| | | 1 | April | 2024 | to | 31 | March | 2025 |
| Set out on pages | | 1-10 | | | | | | (remember to include the page numbers of additional sheets) |
| Respective responsibilities of trustees and examiner | | <p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p> | | | | | | |
| Basis of independent examiner's statement | | <p>My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.</p> | | | | | | |
| Independent examiner's statement | | <p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended), and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations (as amended) <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. | | | | | | |
| Signed: | |  | | | | Date: | 16 th May 2025 | |
| Name: | | | | | | | | |
| Relevant professional qualification(s) or body (if any): | | Chartered Accountant | | | | | | |
| Address: | | Whitelaw Wells | | | | | | |
| | | Chartered Accountants | | | | | | |
| | | 9 Ainslie Place | | | | | | |
| | | Edinburgh EH3 6AT | | | | | | |

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose

I draw the readers attention to Appendix 1 "Other optional information" where the trustees disclose they are currently reviewing the future activity of the charity and may seek OSCR's approval to strike off.