

3 Glens Community Care

Scotland · Charity number SC049964

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2020-02-19
Register	View on the OSCR register

Contact

Address	Medical Centre Fort William Road Fort Augustus PH32 4BH
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: The organisation has been formed to benefit the communities of Fort Augustus, Glenmoriston and Glengarry Community Council areas (the 'Communities') with the following purposes: . To improve the quality of life, health, well-being and independence and to reduce social isolation of people in need by reason of age, ill-health, disability or social circumstances. . To improve recreational facilities and organise recreational activities with the object of improving the conditions of life for the persons for whom these facilities or activities are primarily intended. and to promote similar charitable purposes, objects or institutions in such proportions and manner as the Trustees think fit.

Beneficiaries: 'Older People', 'People with disabilities or health problems'

Objectives: 4 The organisation has been formed to benefit the communities of Fort Augustus, Glenmoriston and Glengarry Community Council areas (the 'Communities') with the following purposes: . To improve the quality of life, health, well-being and independence and to reduce social isolation of people in need by reason of age, ill-health, disability or social circumstances. . To improve recreational facilities and organise recreational activities with the object of improving the conditions of life for the persons for whom these facilities or activities are primarily intended. and to promote similar charitable purposes, objects or institutions in such proportions and manner as the Trustees think fit.

Geography

- **Main operating location:** Highland
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-04-05	£0	£0	-	1
2025-04-05	£19,447	£18,187	-	1
2024-04-05	£21,295	£18,989	-	1
2023-04-05	£32,701	£26,741	-	1
2022-04-05	£16,729	£18,340	-	1
2021-04-05	£32,894	£8,793	-	0

3 Glens Community Care

Scotland - Charity number SC049964

Accounts

3 Glens Community Care

Charity Number SC049964

Annual Report and Financial Statements

For the year ended 5th April 2025

CHAIR'S REPORT – [REDACTED]

Introductions - Board of Trustees

[REDACTED]

I would like to thank the Board of Trustees for their commitment to 3 Glens CC.

Recap - past years

3 Glens Community Care is now in its 4th year of operation.

In December 2020 we achieved our first and main aim of setting up additional care at home services to supplement NHS Care at Home services in our rural area.

Our partnership with Highland Hospice to create **Sunflower Home Care** saw this become a reality. Many people have benefited from this.

Thanks to our very able Development Officer, appointed in January 2022, our **Helping Hands Befriending Service** has been in operation since February 2023. This is also supported by partnership with Highland Hospice.

This last year to the present

[REDACTED] will give a flavour of our work in the past year in her presentation. I will give a quick summary:

In September last year, together with Highland Hospice and Fort Augustus & Glenmoriston Community Company we won the **Highland Third Sector Interface (HTSI) 'Partnership of the Year' Award 2023.**

We carried out a **community survey** in November 2023 to establish what local older people most needed to help them in their advancing years. A Handyperson Service came top of the list.

We launched our **Handyperson Service** last month (April 2024) and it is already receiving regular requests for help. We will focus on promoting and operating this service for the next few months.

Our survey last November also identified that **Community Transport** was much needed. We haven't forgotten this. We intend this to be next in our development. However we are a small Board with one employee working only 2 days per week, so we must take one step at a time to ensure success.

Our Development Officer, [REDACTED], is leaving us in June. She has worked hard to develop 3 Glens CC as a charity that is making a real difference in our local communities. She has achieved a lot in a relatively short time, and we will miss her.

Recruitment and Interviews have taken place between March and May. We are very pleased to announce that we have been successful, and our new Development Officer & Services Coordinator will start shortly. She will work in tandem with Kaye for 2 to 3 weeks to gain some background and enable a smooth handover of services.

Funding

3 Glens CC relies on grant funding.

The **Fort Augustus & Glenmoriston Community Company** and the **Glengarry Trust** have provided us with a 3-year grant package, which will take us to September 2026.

This pays for:

3 Glens contribution to the running costs of Sunflower Home Care

funding the employment of a Development Officer

funding to run the Befriending Service

funding for the set-up of the Handyperson Service

and running costs of 3 Glens.

We are sincerely grateful for their support.

[REDACTED] secured a separate grant for the running costs of the Handyperson Service. This came from Foundation Scotland (who handle small grant applications for the Millennium Wind Farm fund).

Appreciation.

A big THANK YOU to the various businesses in our 3 communities who have our **charity boxes** on their shop and bar counters. And special thanks to members of our communities who fill them up! We collected **£ 450** in 2023. I have emptied 2 of the boxes this year already.

The Community Soup & Sandwich lunch for May raised **£183 and 23 pence – an amazing amount.**

We have also received donations from volunteers marshalling at local stages of recent sporting events.

Thank you to [REDACTED] who set up our website and generously continue to help with our tech issues.

Thanks to [REDACTED] and the **Community Company** who have given us valued support in many ways.

We also appreciate **Ness News** for giving us a news and publicity platform, along with local Facebook groups.

[REDACTED] from **AGE SCOTLAND** is also here today. Thanks for coming [REDACTED].

A selection of CARE information booklets are available on the table.

Many people have been involved in and have contributed to 3 Glens CC. All have played a valuable part in our development and achievements.

Our thanks to everyone. [REDACTED]

3 Glens Community Care
 Receipts and Payments Accounts
 For the year ended 5th April 2025
 Charity Number SC049964

	Note	Year to 2025 Unrestricted £	Year to 2025 Restricted £	Year to 2025 Total £	Year to 2024 Total £
Receipts					
Grants and Donations					
Grants	4	-	18,864	18,864	20,715
Donations	5	583	-	583	580
Bank interest received		-	-	-	-
Charitable Activities					
Other Income		-	-	-	-
Total Receipts		583	18,864	19,447	21,295
Payments					
Charitable Activities					
Carers - Highland Hospice		-	13,245	13,245	3,967
Office Costs		-	834	834	548
Payroll		-	347	347	11,983
Pension		-	860	860	-
Telephone		-	179	179	-
Training		-	-	-	349
Insurance		-	844	844	511
Sound Bath		741	-	741	-
General Expenses		-	217	217	103
Donation for Car Parking		100	-	100	-
Befriending & 3 Glens Expenses		-	695	695	1,428
Governance Costs					
Independent Examination	7	-	125	125	100
Total Payments		841	17,346	18,187	18,989
Surplus/(Deficit) for the year before transfers		(258)	1,518	1,260	2,306
Transfers between funds	6	17,217	(17,217)	-	-
Surplus/(Deficit) for the year		16,959	(15,699)	1,260	2,306

3 Glens Community Care
 Receipts and Payments Accounts
 For the year ended 5th April 2025
 Charity Number SC049964

	Year to 2025 Unrestricted	Year to 2025 Restricted	Year to 2025 Total	Year to 2024 Total
Statement of Balances - as at 5th April 2025				
Opening cash at bank and in hand	1,582	29,171	30,754	30,754
Add Income	583	18,864	19,447	21,295
	2,165	48,035	50,201	49,743
Less Expenditure	841	17,346	18,187	18,989
Transfers	6 17,217	(17,217)	-	-
Closing cash at bank and in hand	18,541	13,473	32,014	30,754
Bank and Cash Balances				
Bank Treasurer's Account	18,541	13,473	32,014	30,754
Outstanding lodgements	-	-	-	-
Outstanding cheques	-	-	-	-
Petty cash	-	-	-	-
8 & 9	18,541	13,473	32,014	30,754

Signed on behalf of all Trustees:



3 Glens Community Care
Charity Number SC049964
Notes to the accounts
For the year ended 5th April 2025

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the Charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Charity received Grants totalling £18,864 - The Glengarry Trust (£6,288) towards costs for a Development Officer, FAGCC (£12,576) towards ongoing costs for a Development Officer and running costs.

3 Related party transactions

No remuneration was paid to the trustees or any connected persons during the year (2024: £NIL).

4 Grants

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
Foundation Scotland	-	-	-	2,400
Glengarry Trust	-	6,288	6,288	5,989
FAGCC	-	12,576	12,576	12,326
	-	18,864	18,864	20,715

5 Donations

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
Donations	583	-	583	580
	583	-	583	580

6 Transfers between funds

£17,217 was transferred from Restricted funds to Unrestricted funds as agreed by Funder (2024: £NIL).

7 Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
Independent Examination	-	125	125	100
	-	125	125	100

8 Unrestricted Funds

	At 6th April 2024				At 5th April 2025
	Incoming	Outgoing	Transfers		
Unrestricted Funds	1,582	583	(841)	17,217	18,541
	<u>1,582</u>	<u>583</u>	<u>(841)</u>	<u>17,217</u>	<u>18,541</u>

9 Restricted Funds

	At 6th April 2024				At 5th April 2025
	Incoming	Outgoing	Transfers		
Arnold Clark Community Fund	120	-	(120)	-	-
Beinneun Wind Farm	17,217	-	-	(17,217)	-
Foundation Scotland	2,400	-	(2,400)	-	-
Glengarry Trust	-	6,288	-	-	6,288
FAGCC	9,434	12,576	(14,825)	-	7,185
	<u>29,171</u>	<u>18,864</u>	<u>(17,346)</u>	<u>(17,217)</u>	<u>13,473</u>

3 Glens Community Care
Charity Number SC049964

Independent examiner's report to the trustees on the unaudited accounts of 3 Glens Community Care.

I report on the accounts of the Charity for the year ended 5th April 2025 which are set out on the previous 4 pages.

Respective responsibilities of trustees and independent examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

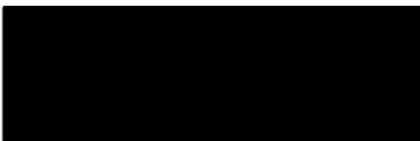
In the course of my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that in any material respect the requirements:

- * to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- * to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: - 17/11/2025
Finance Manager
Voluntary Action Lochaber
An Drochaid, Claggan Road
Fort William
PH13 6PH

