



**YOU'RE NEVER TOO OLD SCIO**  
**TRUSTEES REPORT AND FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**  
**Scottish Charity No. SC049880**

Supported by:



## **1 Trustees' Annual Report**

The trustees of You're Never Too Old (YNTO) SCIO present their report together with the financial statements of the charity for the year ended 31 March 2025.

### **Reference and Administrative Details**

#### **Charity Name**

You're never too old

#### **Address**

International House  
38 Thistle Street  
Edinburgh  
EH2 1NE

#### **Charity No**

SC049880

#### **Current Trustees**



### **Constitution**

The charity is a SCIO, regulated by a constitution and governed by a Board of Trustees. It is a registered charity, number SC049880.

All strategic decisions affecting the charity are undertaken by the Board. The Board must have a minimum of three and maximum of five trustees. During the period covered by the report there were a minimum of three and maximum of five trustees. The trustees of the charity meet as a Board on a regular basis, approximately every six to eight weeks. Day to day management of the charity is delegated to a service development manager.

### **Appointment Trustees**

Prospective trustees are required to submit a CV and covering letter explaining the skills they can bring to the organisation. If they meet the criteria required, they will be interviewed by two of the Board; successful candidates are then put forward for Board approval. New trustees are briefed by the chairperson and the service development manager on the charity's activities and recent financial performance, their legal obligations, the content of governing documents, and the functions of the Board and decision-making processes.

All trustees give their time freely and no member receives remuneration in respect of their trustee role.

## Risk Management

Major risks to the charity are identified and managed on an ongoing basis. The Trustees ensure appropriate mitigants are in place to reduce the chance of a risk arising and the potential damage resulting.

## Objectives and Principal Activities

The objectives and principal activities of the charity all aim to reduce social isolation for older people within the community of Corstorphine in Edinburgh. This isolation may result from one or more of age, ill-health, disability, financial hardship, or various other disadvantages.

We achieve this through:

- Providing weekly sessions involving a range of stimulating activities, gentle exercise, reminiscing activities, music therapy etc. These are held on Monday and Tuesday mornings, and a light lunch is provided.
- Arranging a range of additional events including outings and a Christmas lunch.

For all activities, we provide transport to ensure that all the people that we help can attend. By bringing people together we aim to increase levels of participation and access to community services. Our activities involve people sharing life experiences and memories, doing the things that they want to do and enjoy doing. As a result, we help bring back self-confidence and make sure they feel more valued and respected. We always aim to work in a person-centred way, for example, everyone is given a voice when deciding on activities.

## Business Review

At the end of March 2024, we had 26 people attending and 7 volunteers. We have now reached capacity with 30 people attending, 2 on the waiting list. Referrals coming in from Alzheimer's Scotland, link workers from GP's practices, Health and Social care, Chest Heart and Stroke, along with self-referrals.

It has been a very positive year for YNT0. People's Postcode Lottery team building day in May 2024 chose YNT0 as the most deserving charity to receive the very generous donation of £10,000 which will help us secure the future of our service.



City of Edinburgh Council awarded us funding to purchase various items and activity equipment including floor games which the people we support enjoyed using.



EVOC awarded us further funding to continue music therapy which involved a music therapist from Forth Music coming into the regular weekly sessions. The people we support enjoy the sessions writing their own group song and playing various instruments.

Headley Foundation and Queensberry House Trust have funded all our outings from November 2023. This funding meant that the people we support did not have to contribute any money towards the outings, which was very much appreciated by all.

After a discussion with all the people we support on where they would like to go for their summer outing, as previously requested it was decided to return to Pettycur Bay Hotel in Burntisland for High Tea. Once again this was a great success.



In the Autumn we went to the Queen Charlotte Rooms – Orient Express, for afternoon tea. The people we support were very excited to do something out of the ordinary. Everyone enjoyed the food and were delighted to visit somewhere different.



Christmas entertaining included a party in our lounge, with a buffet and live music for dancing. As a loyal supporter and friend of YNTO [REDACTED] of Edinburgh attended, chatting and dancing with everyone.



We return to the Bruntsfield Hotel for Christmas lunch, everyone is very familiar with the surrounding which is very suitable for their needs. As always, the food and staff were excellent another reason the group wished to go back. We then went onto the Festival Theatre to see the pantomime, Cinderella. Everyone participated by singing, clapping and joining in, resulting in a very successful and joyous outing to end the year.



On the operational side we have been successful in securing a further year's funding for the Deputy Service Development Manager from the Bank of Scotland. Transport funding has come from Peoples

Postcode Lottery, Bank of Scotland and latterly the National Lottery which has now secured funding for 2 years. Funding for our SDM role from the Peoples Postcode Lottery continued until February 2025.

### **Financial Position**

Results for the year ended 31 March 2025 as reviewed by the Trustees are given in the statement of financial activities and balances on page 7.

### **Financial Contributions**

The trustees could not provide our services without financial contributions. Supporters this year:

People Postcode Lottery	Queensberry House Trust
Bank of Scotland Reach Fund	Hedley Foundation
EVOC Mental Health & Wellbeing	City of Edinburgh Council
	The National Lottery

### **Non-Financial Contributions**

The trustees are grateful for the on-going support provided by Blackwood who provide us with the lounge and kitchen area to host the weekly group sessions. Recognition is also given to Robert Aldrige (Lord Provost) who gave time to visit the people we support.

Our services could not be delivered without the support of all our volunteers who provide their time to help older people in their community.

### **Reserves Policy**

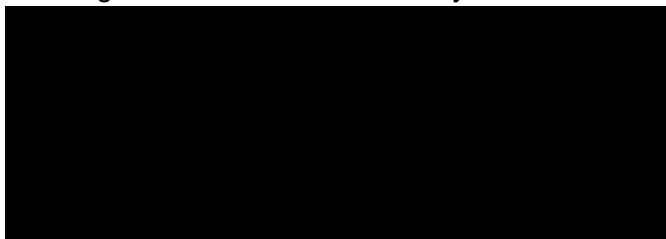
With a sizeable portion of our funding coming from grants, the trustees are aware of the need to accumulate unrestricted funds to help reduce risks and overcome situations arising from any potential anticipated or unanticipated difficulty, including the contingency of dissolution. The charity maintains unrestricted funds at a level equivalent to 3 months of regular operating costs.

### **Plans for the Future**

The trustees intend to continue supporting isolated older people. Due to reduced day services in the area, it is important that our group continues. We continually try to include new activities, getting the people we support views on the group. We aim to run the group with a very person centered approach. EVOC have again provided funding to run the well-received music therapy sessions. We also plan to run 2 outings with the remaining funds from Queensberry House Trust & the Hedley Foundation.

### **Declaration**

The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees.



## **2 Independent examiner's report on the accounts**

I report on the financial statements of the charity for the year ended 31 March 2025 which are set out on pages 7.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

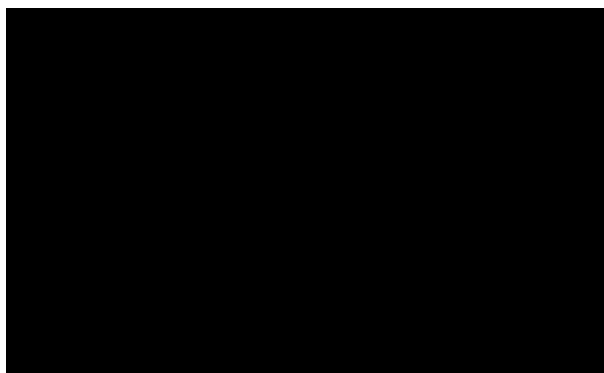
### **Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the financial statements.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare financial statements which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



### 3 Finance Reports

#### Statement of Receipts and Payments for year ended 31 March 2025

	Note	Unrestricted £'s	Restricted £'s	Total 24/25 £'s	Total 23/24 £'s
<b>Income From</b>					
Grants		20,000	21,796	41,796	53,791
Charitable donations		10,940	0	10,940	1,420
Members fees		9,858	0	9,858	5,396
Other		3	0	3	78
<b>Total Income</b>		<b>40,801</b>	<b>21,796</b>	<b>62,597</b>	<b>60,684</b>
<b>Expenditure on</b>					
Transport		39	8,102	8,140	7,016
Charity activities		2,801	8,617	11,418	5,834
Management costs	2	3,360	25,553	28,913	21,124
<b>Total expenditure</b>		<b>6,199</b>	<b>42,272</b>	<b>48,471</b>	<b>33,974</b>
<b>Net movement in fund</b>		<b>34,602</b>	<b>(20,477)</b>	<b>14,125</b>	<b>26,711</b>
<b>Total funds brought forward</b>		<b>6,105</b>	<b>33,529</b>	<b>39,634</b>	<b>12,923</b>
<b>Total Funds carried forward</b>		<b>40,707</b>	<b>13,052</b>	<b>53,759</b>	<b>39,634</b>

#### Statement of Balances as at 31 March 2025

	Note	Unrestricted £'s	Restricted £'s	Total 24/25 £'s	Total 23/24 £'s
<b>Current Assets</b>					
Cash in Bank		40,474	13,052	53,526	39,503
Petty cash		233	0	233	132
<b>Current Assets</b>		<b>40,707</b>	<b>13,052</b>	<b>53,759</b>	<b>39,634</b>
<b>Current Liabilities</b>		<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Net Assets</b>		<b>40,707</b>	<b>13,052</b>	<b>53,759</b>	<b>39,634</b>
<b>The funds of the Charity</b>					
Unrestricted Funds		40,707	0	40,707	6,105
Restricted Funds		0	13,052	13,052	33,529
<b>Total charity funds</b>	3	<b>40,707</b>	<b>13,052</b>	<b>53,759</b>	<b>39,634</b>



## Notes to the Accounts

### 1 Accounting Policies

#### Basis of Preparation of Financial Statements

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

#### Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund. Funds this year have been received from member fees for attending regular sessions/outing contributions and donations given directly or via Edinburgh community lottery.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. Restricted grants have been received this year from Bank of Scotland Reach Fund, City of Edinburgh Council, EVOC Mental Health & Wellbeing as well as grants from prior years being utilised (Peoples Postcode Lottery, Queensberry House Trust and the Hedley Trust)

### 2 Management costs breakdown

	Unrestricted	Restricted	Total	Total
	£'s	£'s	24/25	23/24
	£'s	£'s	£'s	£'s
Salaries	1,332	25,553	26,885	18,809
Professional Services	120	0	120	120
Telephone	353	0	353	225
IT equipment	0	0	0	1,023
Office Sundries	1,393	0	1,393	791
Bank Charges	161	0	161	157
<b>Management costs</b>	<b>3,360</b>	<b>25,553</b>	<b>28,913</b>	<b>21,124</b>

Until Sep23 there was one paid employee. Since then, we have two paid employees with most of the cost funded through restricted grants received. All trustees and volunteers give their time without cost.

Office sundries have seen an increase on prior year mainly due to kitchen equipment replacements and one-off purchases.

### 3 Funds of the charity

	As at 31	Incoming	Funds	Transfer of	As at 31
	March 24	Funds	Expenditure	Funds	March 25
a) Unrestricted funds	6,105	40,801	(6,199)		40,707
b) Restricted funds	33,529	21,796	(42,272)		13,052
<b>Total</b>	<b>39,634</b>	<b>62,597</b>	<b>(48,471)</b>	<b>0</b>	<b>53,759</b>