

# Carluk Men's Shed

Scotland · Charity number SC049768

## Details

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Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2019-11-22
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	1 Kilmory Road Carluk South Lanarkshire ML8 4PB
Website	<a href="https://carlukemensshed.org.uk/">https://carlukemensshed.org.uk/</a>

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended'

**What the charity does:** We are set up to provide a meeting place for men and women to socialise with each other, to reduce social isolation and help with mental and physical well being. to learn new skills and pass on old skills . Our facilities include areas to play games, such as pool and darts, to play music, and to use woodworking skills. Our ladies night is for local ladies to socialise with each other to reduce social isolation. as well as to learn/pass on arts and craft skills. We fundraise by holding open days, for ourselves and for other charities, eg, Macmillan Nurses and Prostate Cancer Scotland. We organise trips out for members. We work in our community eg helping local schools and residents. Up to date information can be found on our on our website.

**Beneficiaries:** 'Older People'

**Objectives:** The objects of The Shed are to advance the health and well-being of its members by providing a safe and happy environment where men can, in the company of other men. a) be a workshop and social centre for members. b) pursue hobbies, pastimes and interests, c) learn new skills, practise and pass on old skills, d) promote their own and other men's health and well-being, e) by their efforts, benefit their families, their friends, The Shed and their community.

## Geography

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- **Main operating location:** South Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

## Finances

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Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	-	0
2025-03-31	£9,933	£10,557	-	0
2024-03-31	£18,565	£28,798	-	0
2023-03-31	£28,135	£11,725	-	0
2022-03-31	£14,508	£7,329	-	0

**Carlisle Men's Shed**

Scotland - Charity number SC049768

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# Accounts

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<b>30/9/2024 Bank Balance Carried Forward 2023-2024 - £23,220.47</b>			
<b>Income 1/10/ 2024 to 28/10/2025 - Date of transaction specified as per bank statement for larger items or listed as (end of year) total for smaller items</b>			
<b>Date/Item description</b>	<b>Amount in £</b>	<b>Total in £</b>	<b>Running total</b>
<b>Donations and Grants In</b>		Total	£32873.50
4.10.24 Scottish Community Alliance	£457.00	£9653.03	
20.12.24 Donation from Sigma Capital	£500.00		
17.1.25 Donation in memory of Tom Collin	£645.00		
17.3.25 CLLD, South Lanarkshire Council and the Scottish government- grant for setting up website etc to raise awareness of CMS	£519.20		
14.4.25 Donation from Carluke Masonic Lodge comedy Night	£700		
Kilt walk total - donations under 'just giving on BS', £726.83, plus £480 cash into bank on 2/6/25	£1206.83		
CMS Members – annual total	£5085		
CMS Ladies Night Members – annual total	£540		
Virgin Money Cashback on BS - annual total	£40.15	£9693.18	£32913.65
Woodworking tools sold - no longer required by woodshed, plus donation(s) for work done by members – Annual total	£240	£9933.18	33153.65
<b>Balance Carried Forward £23220.47</b>		<b>£23220.47</b>	<b>£33153.65</b>

BS – Bank Statement

CMS – Carluke Mens Shed

DD – Direct Debit on Bank Statement

LDVG – Larkhall Volunteer Drivers Group

**Outgoings 1/10/24- to 28/10/25 – larger items itemised**

<b>Date/Item description</b>	<b>Amount Out £</b>	<b>Total out £</b>	<b>Running Total</b>
<b>General Maintenance/Improvement of Facilities/Equipment</b>		£1304.37	£1304.37
14/2/25 Boiler Service – Cash	£90		
17/2/25 Dishwasher	£248.95		
19/5/25 Firepoint Scotland	£76.50		
6/6/25 Defibrillator maintenance	£125.94		
4/11/24 Laptop plus software/antivirus protection etc £537.99 – as shown on BS	£537.99		
11/7/25 New Printer	£224.99		
<b>Refreshments and Cleaning products/Bird food</b>		£318.19	£1622.56
21.7.25 Refreshments for open day	£102.49		
Refreshments and Cleaning products Annual total	£215.19		
<b>Woodshed Equipment/materials for repair and maintenance for all buildings and materials for community jobs undertaken</b>		£3597.67	£5220.23
19/5/25 Concrete – Forth Valley Airdrie	£473.64		
22/5/25 ScrewFix voucher	£200.00		
29/5/25 Sealant	£126.00		
9/7/25 Materials for new shed	£347.31		
17/7/25 Skip hire	£299.00		
24/7/25 Wiring for electrician to update electrics	£149.94		
6/8/215 Materials for new shed	£161.46		
13/8/25 Mark the spark – electrics	£480.00		
8/9/25 Material for new shed £132 including Chemical storage	£132.00		
13/10/25 Bandsaw bought for woodshed NB restricted funding used to buy plants, see restricted funding on page 4, section 2 for details)	£400.00		
<b>Bills paid by direct debit, including utilities and phone</b>			
Monthly Bank charges from VM – started 26/6/25		£39.03	£5259.26
Electric Bills – paid by Direct Debit every 3 months see BS - EDF		£677.28	£5926.54
Gas Bills – Bills by email – see bank statement for monthly direct debit payments – total energy		£439.10	£6375.64

Phone Bill changed supplier from BT at £10 top up pay as you go per month to Lebara Sim card pay £5 DD per month (not paid £10 since took over, just ran down PAYG credit till it ran out) New contract started 10/3/25		£40.00	£6415.64
TV licence – paid by DD every 3 months – start date 16/6/25		£89.76	£6505.40
Wifi Bills – Talk Talk, paid by DD monthly		£381.81	£6887.21
<b>Regular annual bills paid when invoiced - Date paid shown as per BS</b>			
<b>Insurance</b>		£735.74	£7622.95
3/3/25 Indemnity and Public Liability Insurance	£435.17		
8/4/25 Buildings Insurance	£300.47		
3/7/25 Rent paid Annually (NB restricted funding used as per page 4, item 1)		£500.00	£8122.95
7/8/2 5SMSA annual membership		£25.00	£8147.95
<b>Adhoc Outgoing Payments as shown on Bank Statement, larger amounts recorded separately as per date on bank statement, smaller amounts under adhoc payments total for lesser amounts</b>			
19/7/25 Donation given for sky dive in memory of [REDACTED] – fund raising for QEH neurology ward £	£100.00	£1977.21	
23/9/25 Kitchen Hygiene Course for 4 members from High speed Training	£96.00		
17/10/24 Forth boat tours	£272.00		
19/11/24 LDVG for S. 14/1/25 Queensferry trip	£152.00		
4/12/24 LDVG for trip to Ratho	£136.00		
7/8/25 Tickets for Hampden Park visit	£85.86		
28/8/25 Refreshments for members visit to Hampden park	£95.35		
13/10/25 LDVG Trip to Hampden Park	£129.65		
Small items total as per receipts/BS not already recorded under another category	£910.35		
19/2/25 - Website Design and Maintenance for 18 months paid for by grant received from Community Led Local Development, South Lanarkshire Council and the Scottish Government Paid by bank Transfer to Richard Stuart of Digicraft		£432	<b>£10557.16</b>
<b>30/10/25 Total Incoming/Outgoing</b>	<b>£9933.18</b>	<b>£10557.16</b>	<b>-£623.98</b>
<b>30/10/25 Balance Carried forward from 1/10/24</b>	<b>£23220.47</b>		<b>£22596.49</b>
<b>30/10/25 closing Balance</b>			<b>£22596.49</b>

## **Restricted funding Breakdown 1/10/24 to 30/10/25**

1. Balance of £167.04 from original amount of £2000 received from the Robertson Trust Wee Grant on 9/9/2022 covering solicitor's fees, planning permission, yearly rent, building insurance for our leased building at 1 Kilmory Road, Carluke, ML8 4PB

**Total carried forward from last year is £167.04**  
**Total used this year is £167.04 towards rent**  
**Amount carried over to next year £0.00**
  2. Balance of £279.00 from original £1,000 received on 22/8/25 from Greenspace Scotland covering our blue token collection in Tesco, Carluke from 1/4/23 to 30/6/23.

**Carried over from last year £279.00**  
**Total spent this year £81.20 towards, flowers and planters**  
**Amount carried over to next year £197.80**
  3. Balance of £2,400 for the Communities Mental Health and Wellbeing fund, year 3 received on 29/2/24 from Vaslan, evaluation form submitted to Vaslan and spending completed as agreed. Includes Mental Health and Wellbeing Sessions, 1<sup>st</sup> Aid Course

**Carried over from last year £2,400**  
**Total spent this year £2,400**  
**Amount carried forward to next year is £0.00**
  4. Balance of £453.00 from original £700.00 for the Refurbishment of New Premises fund, Year 3 received from Vaslan on 29/2/24. Spending included in main accounts, evaluation form submitted to Vaslan and approved.

**Carried over from last year £453.00**  
**Total spent this year £453.00**  
**Amount carried over to next year £0.00**
- Total restricted funding carried over from last year £3299.04**  
**Total restricted funding used £3101.24**  
**Total restricted funding carried forward to next year is £197.80**

## **Carluk Men's Shed Accounts 1/10/24 to 30/10/25**

1/10/24    Opening Balance    £23220.47

30/10/25    Closing Balance    £22596.49

**Restricted funding** (see page 4)            £197.80

**Unrestricted funding**                            £22398.69

**This is a true record of Carluk Men's shed accounts for 1/10/24 to 30/10/25 inclusive**

Date signed 17/11/25

Signed below by [REDACTED], Treasurer CMS

Date signed 17/11/25

Countersigned below by [REDACTED], CMS Trustee

Date signed 17/11/25

Signed below by Independent Examiner, [REDACTED], Councillor, south Lanarkshire Council, Almada Street, Hamilton, ML3 OAA 07748114580





<p>5</p>	<p><b>Any other competent business (AOCB)</b></p> <p>FN asked [REDACTED] for an update on the Woodshed        Woodshed floor is rotting and needs urgently replaced, one section has been concreted, but the rest needs finished using rhino board offcuts, FOC from one of [REDACTED] clients. A saving of £2000. Hoping to finish for January. The walls are also leaking, so they need to be opened up to find and repair the leak. This likely caused the rot. Will need to buy materials to paint and seal the roof and replace the rotting boards. Needs insulating and made watertight.</p> <p>[REDACTED] – The number of members stand at 62, 6 dropped out over the last year, 4 of them in response to email sent out about AGM Agenda, but numbers are up from the 44 we had last year.</p> <p>Thanks to everyone for the hard work that went into our open day earlier this year from baking to woodwork and other arts and crafts– we have another open day on 6/12/25 and hope to do as well, this time selling soup and a roll instead of doing a BBQ.</p> <p>Thanks to everyone involved in creating and delivering examples of their own/our CMS work for the display in the library over the last 2 weeks to raise our profile in Carluke. Everything needs collecting on Monday so we can price up the items that are going to be for sale at our open day on Saturday.</p> <p><b>Ladies Night</b> – thanks to all involved in creating the arts and crafts that have been/going to be sold at our upcoming open day. Special thanks to [REDACTED] (not a member) for donating a vast amount of equipment and materials for our use. It fills the pantry and needs sorting out, but once it is sorted, [REDACTED] is happy for us to sell any material/equipment we can't use, as long as it helps fund out CMS. Thanks also to [REDACTED] for donation of Tartan material, some of the products made from this will be on sale at our open day on Saturday.</p> <p><b>Many thanks to</b> [REDACTED] for keeping us all refuelled and refreshed with hot drinks and biscuits so our artistic and creative members can use their knitting, sewing, crocheting, pom-pom making [REDACTED] and woodworking skills to create items we can sell to help toward the upkeep of our shed and our CMS community.</p> <p>[REDACTED] – asked to say a few words and to discuss trips out and fund raising. Requesting we arrange a Golf day as suggested in last year's minutes. [REDACTED] has organised the Motherwell FC bucket collection again this year and, also asked Tesco re doing a bag packing session and asked for 7 members to help with this. Advised that these points will be answered as this in [REDACTED] update under AOB, still to be reported below.</p> <p><b>GDPR (Data Protection)</b> We are tightening up on GDPR this year as a priority as not complying can lead to large fines amongst other punishments for</p>	<p>All</p>
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breaking the Law for using or storing personal data without permission. All paperwork with members personal data is locked in the filing cabinet in the committee room, so members personal data such as on membership forms can only be used in accordance with the members wishes and only for use by the committee on CMS business. The information is removed from the files and from any other record when we are informed a member has left CMS. We have also updated the email address used for CMS from a private email as used last year, to [REDACTED] to comply with GDPR. This is to ensure when a committee member leaves the committee that the password to the email/files are changed and they lose access to this private data. Members names are no longer on the noticeboard e.g. for trips out – just let a committee member know if you want to be added to any trip.

**Our website** is up and running now and has current opening times, activities and contact details as well as advertising our open day on Saturday. A few minor updates will be added next week. Asked for volunteers to help with our social media accounts to help with the website/ Face Book page content and keeping this up to date. [REDACTED] is the admin of our current FB page as it is linked to his personal page.

Thanks to all our members for their contributions to our community and shed, whether that is social (nattering and eating biscuits), being creative and artistic, carrying out work to help our local community and schools, or playing pool in the games room. We appreciate your contribution to our community of shedders.

**Trips** - In response to [REDACTED] earlier questions regarding trips next year and fundraising, we have discussed as a Committee that we are happy to arrange trips out for members where there is enough interest, (eg we didn't do Ratho again this year as there wasn't enough interest) but we also need to consider cost, whether costs are refundable or not if members cancel, as well as the time needed to arrange the trips. No response to the request for members to help to organise trips at the meeting, but since then [REDACTED] has volunteered to help with this – thank you [REDACTED] this is much appreciated.

**Suggestions so far include** Glasgow Central Station Tour, Biggar Museum, Aviation Museum at Dumfries – please let anyone on the Committee know of any other suggestions to consider/arrange. Various other trips were suggested by members for last year, that didn't go ahead due to cost/time to arrange the trips and reasons for decline fed back to the members who made the request.

#### **Fundraising Activities**

**Motherwell FC bucket collection** – arranged by [REDACTED] this is in hand, the date given by Motherwell FC is not until March, so necessary paperwork will be completed by the time it is required and volunteers asked for nearer the time.

**Tesco bag packing**- there weren't enough volunteers for this to be worth

arranging with Tesco's. The general feeling is that is physically demanding and none of us are getting any younger.

**Grant applications** - Several grants were applied for last year and we were only funded for the Raising Awareness of CMS grant, which has been fully spent on Office equipment and paying for the Website design and maintenance for 18 months. Other grant applications were declined as we did not meet the criteria for being awarded the grants. Each grant applied for needs to have a fully costed project which matches the criteria set by the awarding body, EG the mental health awareness grant is specifically for counselling/speakers around Mental Health (MH) issues/MH 1<sup>st</sup> aid courses and cannot be used for days out for our members. We did have 2 members signed up for a 2 day MH 1<sup>st</sup> aid course held locally but had to pull out as 1 of the days was today. This can be rearranged, and we can get further funding if others are interested in completing this.

We now have contacts in the NHS who will provide some Health/MH talks so no longer need to apply for more funding for Mental Health and Wellbeing. EG will arrange for talks next year regarding falls prevention in the new year; we have nurses that work in MH and addiction teams that will discuss these topics with us. Please let us know if there are any topics you would like covered and we can arrange for them to visit. ■ they do not have access to your health records, so cannot discuss individual cases with you.

■ suggested another local group that we may want to exchange visits with is Fool On Wishaw. They are a local MH charity offering weekly workshops across Lanarkshire offering free guitar, singing, songwriting and stand-up comedy sessions. This could help with our music room development, so agreed we will agree a date and ■ will liaise with fool On to visit us.

We tried to get 1<sup>st</sup> aid training for our members through St Andrew's as recommended by ■ as this is supplied by volunteers for a donation. But have been unable to get a volunteer on any of the dates we requested. They will update us when a volunteer becomes available, or we can look at an alternative trainer that may charge a fee. This will be looked at again next year.

We applied for a grant for a ramp at the kitchen fire escape door so that members who use a walker or wheelchair can use this exit if needed, but this was declined as other projects met the awarding body's criteria more closely.

In addition to matching the criteria for awarding a grant, we often need to submit our accounts, bank statements and current bank balance. Our bank balance is still relatively healthy as can be seen on the copy of the signed off accounts for this year. We do not have any major projects in progress that need major outgoing costs: unlike when the building needed repaired and prepared for opening up as CMS or solar panels. It takes a lot of time and effort to cost a grant application, to prepare and submit the information, so we have decided

	<p>as a committee to only apply for grants when we strongly match the criteria set, to give us a better chance of being awarded a grant. ■ the raising awareness grant was awarded because it met the criteria.</p> <p><b>Ongoing projects</b> These are being successfully managed without applying for grant funding and includes our woodshed mentioned above. It could easily have cost several £1000's and has cost very little in comparison, due to ■ getting a lot of the materials needed donated. The ladies night project had a lot of materials and equipment donated since starting up earlier this year, so no funding needed for this either at present. This also means we are reducing waste and landfill as well as repurposing/reusing/recycling/upcycling donated materials and getting new (to us) facilities whilst improving our environment. Update since the meeting ■ has had a donation of a greenhouse and this will be replacing our damaged greenhouse next year.</p> <p>■ suggested another local group that we may want to exchange visits with is Fool On Wishaw they offer Weekly workshops across Lanarkshire offering free guitar, singing, songwriting and stand-up comedy sessions</p> <p>There were no further comments/questions from members at this point.</p> <p><b>Time, date and location of next meeting – date to be confirmed, but usually the last Friday in November each year.</b></p>	
6	Vote of thanks to everybody present and meeting closed at 12.42pm	■

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 Date 28/11/25