

Goals of Care Charity

**Trustees' Annual Report 2024
And
Statement of Receipts and Payments**

Charity Number: SC 049682

Goals of Care Charity SC049682
Trustees' Annual Report / Statement of Receipts and Payments
Year ended 31st October 2024

Reference and Administrative Details

Charity Name Goals of Care Charity

Registered Charity Number SC049682

Charity's Principal Address Flat 6, 2 Bells Mills
Edinburgh
EH4 3DG

Trustees

Managing Trustee

Independent Examiner

Bankers

Bank of Scotland plc
PO Box 1000
BX2 1LB

Structure, Governance and management

Goals of Care Charity is governed by a constitution registered with the Office of the Scottish Charities Regulator on 24th October 2019.

Goals of Care charity is governed by a board of Charity Trustees, the initial three being those who signed the trustee declaration forms on incorporation of the charity. Hitherto, Charity Trustees have retired from office in rotation but have been eligible for re-appointment. Charity Trustees are appointed by the board.

The board and charity are led by the chair, who is also its principal executive officer. There are sufficient operational and governance procedures in place with the other trustees to ensure adequate supervision and division of duties.

Charitable Purposes, Activities and Outcomes

Charitable Purposes

The Charity was established

...to promote greater understanding about health-related decision-making to the general public, as well as to clinicians and others in medically-related professions;

...to encourage and inform understanding by members of the public about medical decision-making, in particular for those or those with a family member who are facing critical or life-limiting illness

Activities and Outcomes

Goals of Care Charity has a royalty free licence in the UK to publish *Coping with Crisis*, a booklet written by Professor Robin Taylor specifically to assist patients and families in navigating their way through the tensions and difficult decisions that arise when facing major or critical illness.

The aims of the charity continued to be fulfilled during 2023-2024, although at much reduced scale.

Summary of activities

1. Circulation of *Coping with Crisis* during the 2023-24 financial year.

The challenges of marketing and distributing *Coping with Crisis* continued. . Educational literature that is not primarily produced within the NHS itself usually does not get approved if individuals apply for funding. Interested healthcare professionals have been very happy to receive copies *gratis* which have been provided to relevant persons in order to promote the goals of the charity. However, a few sales were made during 2023-4.

2. Teaching and education among health professionals in the NHS.

Most of [REDACTED] activities in the year to October 2024 were based in NHS Greater Glasgow and Clyde. In both the Royal Inverclyde Hospital, Greenock and the Royal Alexandra Hospital, Paisley [REDACTED] continued to implement Treatment Escalation Planning as an adviser to NHS GGC staff.

Having conversations about treatment choices particularly at end-of-life is an integral part of the TEP programme. The philosophy undergirding TEP work is in keeping with the aims of the Goals of Care Charity although there is no formal link and there are no financial implications to the Trust.

The TEP concept now has nationwide importance and uptake. In October 2023, a National Advisory Group (NAG) was instituted under the Scottish Government Department of Health under the auspices as part of the Future Care Planning initiative.

The NAG is currently chaired by a renal physician in NHS Lanarkshire [REDACTED] [REDACTED] (r) and there are 12 consultants drawn from the majority of NHS regions in Scotland in the Group.

Teaching and education opportunities on the Deteriorating Patient and the TEP themes have continued to be numerous. Where possible (face to face rather than virtual) or necessary, existing copies of CWC have been distributed to staff. This includes all of the final year undergraduate medical students in the University of Edinburgh and the University of Aberdeen.

3. Operations and Finances

During the year ended 31st October 2024, the charity had a net deficit of £226 being the excess of costs of domain names and website hosting over sales of *Coping with Crisis*. It has cash reserves of £2612.

During the year the charity has continued to use Tricord Limited as its warehousing and fulfilment partner for *Coping with Crisis*. We are very grateful for their continued assistance.

Future of the Goals of Care Trust

The majority of the Trust's activities over the last 5 years have been undertaken by [REDACTED], often in the context of his professional role as a consultant physician within the NHS. [REDACTED] is shortly going to retire from medical practice on November 30th 2024. The Trustees are agreed that thereafter, the activities of the GOC Trust will cease.

The Trustees have agreed that all remaining funds in the GOC account will be donated to PATCH, a registered Scottish Charity (SC044231). The PATCH Trustees provided start-up funding to the GOC Trust in 2019.

Trustees' remuneration and expenses

The Trustees received no remuneration in the year. None were reimbursed for any personal expenses incurred.

Statement of Trustees' Responsibilities

The Trustees prepare financial statements which give sufficient detail to enable an appreciation of the transactions of the Charity during the financial year. The Trustees have been responsible for keeping proper accounting records which, on request, reflect the financial position of the Charity at that time. This is done to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The Trustees are also responsible for safeguarding any assets of the Charity and must take reasonable steps for the prevention and/or detection of fraud and other irregularities.

Approved by the Charity Trustees and signed on their behalf

[REDACTED]

Secretary
Date

Independent Examiner's Report to the Trustees of the Goals of Care Charity

I report on the accounts of the charity for the year ended 31st October 2024 which are set out on page 7.

Respective responsibilities of trustee and examiner

The Charity Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

The Charity Trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under the section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

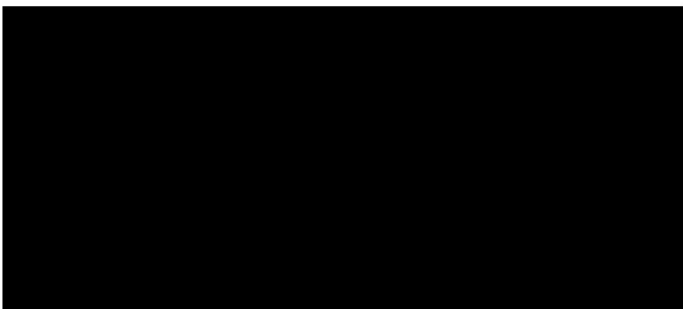
Basis of the independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanation from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements
 - To keep accounting records in accordance with Section 44(1) of the 2005 Act and regulation 4 of the 2006 Accounts Regulations, and
 - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date 11 NOV 2024

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Year ended 31st October 2024

Statement of Receipts and Payments: Goals of Care Charity SC049682
For the year ended 31st October 2024

			2024	2023
	Unrestricted Funds	Restricted funds	Total	Total
Receipts				
Donations			0	
Gross Trading Receipts	60	0	60	553
	60	0	60	553
Payments				
Cost of Fundraising				
Cost of Charitable Activities	286	0	286	0
Gross Trading Payments	286	0	286	0
Surplus (Deficit) in the year	-226	0	-226	553
Funds Reconciliation				
Opening Funds	2838	0	2838	2285
Total Funds Carried forward	2612	0	2612	2838

Approved and authorised by the Board of Trustees and signed on their behalf by

