



Trustees’ Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	Jul	2024	To	30	June	2025

Office of the Scottish Charity Regulator

Reference and administration details

Charity name	Synergy Explorers
Other names charity is known by	
Registered charity number	SC049660
Charity’s principal address	The Melting Pot
	15 Calton Road
	Edinburgh
	Postcode EH8 8DL

Names of the charity trustees on date of approval of Trustees’ Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mary Sharpe	Assistant Treasurer		
2	Darryl Kenneth Mead	Chair, Secretary & Treasurer		
3				
4				
5				
6				
7				
8				
9				
10				

APPENDIX 1

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document	The Constitution of Synergy Explorers. It is based closely on the standard OSCR model constitution for a single-tier SCIO. A copy of the current constitution has been lodged with OSCR.
Trustee recruitment and appointment	The Board is made of Charity Trustees who are recruited with the agreement of the Board at a quorate meeting of the Board. The process is for a Board member to nominate an individual and then to have the Board vote on the nomination. A simple majority of members present is needed for a new Trustee to be recruited. The processes covering the operation of the Board are set out in clauses 14 to 42 of the Constitution. The Charity Trustees are also the Members of the organisation for the purposes of the Charities and Trustee Investment (Scotland) Act 2005.

Objectives and activities

Charitable purposes	To advance science by stimulating debate about the factors that may affect sustainable harmony between intimate partners and to apply the evidence produced by the debate to the moral and ethical questions of the day.
Summary of the main activities in relation to these objects	<p>2024-2025 was the sixth year of operation of Synergy Explorers.</p> <p>Our work revolved around building the operations of the charity:</p> <ul style="list-style-type: none">• Developing our brand through the website at https://synergyexplorers.org.• Delivering an online course for audiences in Scotland and around the world.

Achievements and performance

Summary of the main achievements of the charity during the financial period

- The website traffic to <https://synergyexplorers.org> increased significantly from 78,882 visitors in the fifth year to 125,200 this year. We added 12 additional pages to the website (last year 6).
- A free audio course called “Enlightened Sex – The Practicalities” available through the website had 114 enrollments during 2024-25, a noticeable increase on the 93 in the previous year.
- In the year to 30 June 2025 different contributors had published a total of 35 additional blog posts on the website (previous year it was 40).

Financial review

Brief statement of the charity’s policy on reserves

Synergy Explorers would like to set reserves at £1,000, equal to one year’s basic operating costs. This amount is feasible and proportionate for the third operating year of a charity.

Details of any deficit

The charity did not have a deficit during this year.

Donated facilities and services (if any)

The Charity Trustees donated an estimated total of 500 hours of free labour towards the delivery of the audio course, and the development and maintenance of the website and blogs.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	Darryl Kenneth Mead	Mary Sharpe
Position (e.g. Chair)	Chair, Treasurer and Secretary	Assistant Treasurer
Date	1 March 2026 25/03/2026	1 March 2026 25/03/2026

APPENDIX 3



		Independent examiner's report on the accounts						
Report to the trustees/members of	Charity name	Synergy Explorers						
	Registered charity number	SC049660						
	On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year	
	01	July	2024	to	30	June	2025	
Set out on pages	6 – 9							
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>							
Basis of independent examiner's statement	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.</p>							
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements to: <ul style="list-style-type: none"> keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 							
Signed**:					Date:	25/03/2026		
Name:	David Nicholls FCCA							
Relevant professional qualification(s) or body (if any):	Fellow of the Association of Chartered Certified Accountants							
Address:	Brett Nicholls Associates							
	Herbert House							
	24 Herbert House							
	Glasgow, G20 6NB							

Receipts and payments accounts						
For the period from	Period start date			to	Period end date	
	Day	Month	Year		Day	Month
	01	July	2024		30	June

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	9,142	-	-	-	9,142	4,832
Legacies	-	-	-	-	-	-
Grants	-	-	-	-	-	-
Receipts from fundraising activities	-	-	-	-	-	-
Gross trading receipts	-	-	-	-	-	-
Income from investments other than land and buildings	-	-	-	-	-	-
Rents from land & buildings	-	-	-	-	-	-
Gross receipts from other charitable activities	-	-	-	-	-	-
Refunds	-	-	-	-	-	-
A1 Sub total	9,142	-	-	-	9,142	4,832
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-	-	-	-	-	-
Proceeds from sale of investments	-	-	-	-	-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	9,142	-	-	-	9,142	4,832
A3 Payments						
Expenses for fundraising activities	-	-	-	-	-	-
Gross trading payments	-	-	-	-	-	-
Investment management costs	-	-	-	-	-	-
Payments relating directly to charitable activities	8,513	-	-	-	8,513	7,533
Grants and donations	-	-	-	-	-	-
Governance costs:	-	-	-	-	-	-
Independent examination	480	-	-	-	480	480
Preparation of annual accounts	-	-	-	-	-	-
Trustee Meeting	-	-	-	-	-	-
Fraud	-	-	-	-	-	-
A3 Sub total	8,993	-	-	-	8,993	8,013
A4 Payments relating to asset and investment movements						
Purchases of fixed assets	-	-	-	-	-	-
Purchase of investments	-	-	-	-	-	-
A4 Sub total	-	-	-	-	-	-
Total payments	8,993	-	-	-	8,993	8,013
Net receipts / (payments)	149	-	-	-	149	(3,181)
A5 Transfers to / (from) funds						
	-	-	-	-	-	-
Surplus / (deficit) for year	149	-	-	-	149	(3,181)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds							
	Opening Cash and Bank at start of the year	1,759	-	-		1,759	4,940
	Surplus / (deficit) shown on receipts and payments account	149	-	-	-	149	(3,181)
		-	-	-	-	-	-
		-	-	-	-	-	-
	Cash and bank balances at end of year	1,908	-	-	-	1,908	1,759
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments	N/A		-	-
			-	-
			-	-
			-	-
			-	-
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	N/A		-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Independent Examination Fee	Unrestricted	480	480
			-	-
			-	-
			-	-
			-	-
		Total	480	480

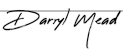

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities	N/A		-	-
			-	-
			-	-
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	Darryl Kenneth Mead	25/03/2026
	Mary Sharpe	25/03/2026

Section C Notes to the Accounts

C1 Nature and purpose of funds
(may be stated on analysis of funds worksheets)

All funds received during the year were free of restrictions.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
--	---

C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
---	--

C4b Trustee expenses - details

	Number of trustees	£
During the year, £100 (2024: £Nil) was incurred in relation to trustee meeting and recruitment activities. These costs were paid directly by the charity and no expenses were reimbursed to trustees.	2	100

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
Trustee	One of the trustees made a donation to the Charity	7,296	-

C6 Other information

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donation via Charities Aid Foundation	9,142	-	-	-	9,142	4,832
	-	-	-	-	-	-
Total	9,142	-	-	-	9,142	4,832
	-	-	-	-	-	reference

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-
	-	-	-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Total	-	-	-	-	-	-
	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Computer consumables and website management	566	-	-	-	566	617
Insurance	602	-	-	-	602	546
Office Space	403	-	-	-	403	371
Advertising and Promotion	4,800	-	-	-	4,800	4,400
Research costs (including Books and Journals)	-	-	-	-	-	34
Bank/Finance Charges	6	-	-	-	6	5
Consultancy fees	1,932	-	-	-	1,932	1,552
Postage	4	-	-	-	4	8
Trustee Expenses	100	-	-	-	100	-
General Expenses	100	-	-	-	100	-
Total	8,513	-	-	-	8,513	7,533
	-	-	-	-	-	-

Document electronically signed



www.fusesign.com

Document Details

Document ID	94d20000-1f13-56a4-5c6d-08de88fa9995
Document Bundle ID	5c0f0000-df35-a243-4477-08de88faa599
Uploaded to FuseSign	2026-03-23 16:53 +00:00
FuseSign subscriber	Brett Nicholls Associates
Initiator email	aryan@bnassociates.co.uk
Signed by	Darryl Mead (darryl@rewardfoundation.org), Mary Sharpe (mary@sharpethinking.com), David Nicholls (david@bnassociates.co.uk)
System finalisation	2026-03-25 10:19 +00:00
Verify URL	https://app.fuse.work/fusesign/verify/94d20000-1f13-56a4-5c6d-08de88fa9995

Document Signers

Signer 1

Name Darryl Mead
Email darryl@rewardfoundation.org
Mobile N/A
IP Address/es 169.155.251.76
Signed on Pages 4, 7
Verification Mode Email Code



Signer 2

Name Mary Sharpe
Email mary@sharpethinking.com
Mobile N/A
IP Address/es 169.155.251.76
Signed on Pages 4, 7
Verification Mode Email Code



Signer 3

Name David Nicholls
Preferred Name David
Email david@bnassociates.co.uk
Mobile N/A
IP Address/es 217.45.241.182
Signed on Pages 5
Verification Mode Email Code



DOCUMENT AUDIT LOG

DATE TIME	USER	TRANSACTION
2026-03-23 16:53 +00:00	ARYAN@BNASSOCIATES.CO.UK	DOCUMENT BUNDLE CREATED BY ARYAN KUMAR (ARYAN@BNASSOCIATES.CO.UK)
2026-03-23 16:53 +00:00	SYSTEM	ACCESS LINK: SENDING EMAIL TO: DARRYL@REWARDFOUNDATION.ORG. (2 DOCUMENTS - 2 SIGNING ACTIONS).
2026-03-23 16:53 +00:00	SYSTEM	ACCESS LINK: SENDING EMAIL TO: MARY@SHARPETHINKING.COM. (2 DOCUMENTS - 1 SIGNING ACTION).
2026-03-25 09:36 +00:00	DARRYL MEAD	VERIFIED FROM OTHER BUNDLE AT 2026-03-25 09:32 +00:00: EMAIL VERIFICATION REQUESTED TO EMAIL DARRYL@REWARDFOUNDATION.ORG (3B5E0000-23C4-8ABB-5D5C-08DE8A517137)
2026-03-25 09:36 +00:00	DARRYL MEAD	VERIFIED FROM OTHER BUNDLE AT 2026-03-25 09:32 +00:00: CODE ENTERED AND VERIFIED (3B5E0000-23C4-8ABB-D241-08DE8A519773)
2026-03-25 09:36 +00:00	DARRYL MEAD	LINK OPENED FROM IP 169.155.251.76
2026-03-25 09:37 +00:00	DARRYL MEAD	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 - ON PAGE 4 (SIGNATUREID: CF6C0000-7C1F-0242-6F42-08DE88FCAB60, SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 09:37 +00:00	DARRYL MEAD	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 - ON PAGE 7 (SIGNATUREID: CF6C0000-7C1F-0242-6F51-08DE88FCAB60, SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 09:37 +00:00	DARRYL MEAD	FORM FIELDS SUBMITTED FOR DOCUMENT: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25
2026-03-25 09:37 +00:00	DARRYL MEAD	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 (SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 09:37 +00:00	DARRYL MEAD	DARRYL MEAD HAS COMPLETED BUNDLE 5C0F0000-DF35-A243-4477-08DE88FAA599
2026-03-25 09:59 +00:00	MARY SHARPE	EMAIL VERIFICATION REQUESTED TO EMAIL MARY@SHARPETHINKING.COM
2026-03-25 10:00 +00:00	MARY SHARPE	CODE ENTERED AND VERIFIED
2026-03-25 10:00 +00:00	MARY SHARPE	LINK OPENED FROM IP 169.155.251.76
2026-03-25 10:01 +00:00	MARY SHARPE	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 - ON PAGE 4 (SIGNATUREID: CF6C0000-7C1F-0242-6F65-08DE88FCAB60, SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 10:01 +00:00	MARY SHARPE	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 - ON PAGE 7 (SIGNATUREID: CF6C0000-7C1F-0242-6F6D-08DE88FCAB60, SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 10:01 +00:00	MARY SHARPE	FORM FIELDS SUBMITTED FOR DOCUMENT: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25
2026-03-25 10:01 +00:00	MARY SHARPE	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 (SIGNATURETYPE: SIGNEDBYNAME)
2026-03-25 10:01 +00:00	MARY SHARPE	MARY SHARPE HAS COMPLETED BUNDLE 5C0F0000-DF35-A243-4477-08DE88FAA599
2026-03-25 10:01 +00:00	SYSTEM	PROGRESSING BUNDLE TO SIGNING GROUP 2
2026-03-25 10:01 +00:00	SYSTEM	ACCESS LINK: SENDING EMAIL TO: DAVID@BNASSOCIATES.CO.UK. (1 DOCUMENT - 1 SIGNING ACTION).
2026-03-25 10:17 +00:00	DAVID NICHOLLS	EMAIL VERIFICATION REQUESTED TO EMAIL DAVID@BNASSOCIATES.CO.UK
2026-03-25 10:18 +00:00	DAVID NICHOLLS	CODE ENTERED AND VERIFIED
2026-03-25 10:18 +00:00	DAVID NICHOLLS	LINK OPENED FROM IP 217.45.241.182
2026-03-25 10:18 +00:00	DAVID NICHOLLS	EMAIL VERIFICATION REQUESTED TO EMAIL DAVID@BNASSOCIATES.CO.UK
2026-03-25 10:18 +00:00	DAVID NICHOLLS	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 - ON PAGE 5 (SIGNATUREID: CF6C0000-7C1F-0242-6F5E-08DE88FCAB60, SIGNATURETYPE: SIGNEDBYCANVAS)
2026-03-25 10:18 +00:00	DAVID NICHOLLS	FORM FIELDS SUBMITTED FOR DOCUMENT: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25
2026-03-25 10:18 +00:00	DAVID NICHOLLS	DOCUMENT SIGNED: SYNERGY EXPLORERS ANNUAL ACCOUNTS 2024-25 (SIGNATURETYPE: SIGNEDBYCANVAS)
2026-03-25 10:18 +00:00	DAVID NICHOLLS	DAVID NICHOLLS HAS COMPLETED BUNDLE 5C0F0000-DF35-A243-4477-08DE88FAA599
2026-03-25 10:19 +00:00	SYSTEM	FINALISING DOCUMENT (94D20000-1F13-56A4-5C6D-08DE88FA9995)

More Information

For more information on electronic signatures and to validate this document was signed by the parties listed above, please visit www.fusesign.com