

ScotQuest Wellbeing for All

Scotland · Charity number SC049557

Details

Status	Not Submitted
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2019-08-21
Register	View on the OSCR register

Contact

Address
3 Ladyland Place
Academy Gate
Kilbirnie
Ayrshire
KA25 7BP

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health'

Beneficiaries: 'People with a particular ethnic or racial origin'

Objectives: To give individuals in the communities in which we serve, the opportunity to grow, develop and realise their full potential which creates health, strong, resilient and empowered communities in which everyone is of equal importance 4.1 The relief of mental ill health by providing an early intervention service to people suffering from anxiety, stress and depression, in particular provision of counselling and support groups 4.2 To relieve the stigmatisation of mental illness by raising awareness of mental illness through distribution of educational material, holding workshops and employing the services of volunteer speakers 4.3 To relieve mental illness in people by providing opportunities and activities to help combat and manage mental illness, namely healthy eating workshops, Reiki, yoga, mindfulness, exercise and art and music therapy

Geography

- **Main operating location:** Renfrewshire
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2020-06-30		£0	£0	-
