

Fed Up Community Cafe

Scotland · Charity number SC049452

Details

Known as	Fed Up Cafe
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2019-07-17
Register	View on the OSCR register

Contact

Address	12 Bridge Street Stranraer DG9 7HY
Website	http://fedup.org.uk/

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of citizenship or community development', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: The Fed Up Cafe was set up as a small charity to help alleviate problems with food poverty, social isolation, loneliness and mental health. We do this by offering free breakfasts and lunches and offer volunteering opportunities to train and gain experience and certification to help break the barriers to employment.

Beneficiaries: 'Children or young people', 'Older People'

Objectives: The Organisation has been formed to benefit the community of Wigtownshire (the 'Community'), with the following purposes (the 'Purposes'): The prevention or relief of poverty, and we will achieve this by. a) the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage. b) promoting and encouraging the training and education of people so that they may develop skills to help the aforementioned persons and c) encouraging such persons to involve themselves in all aspects of society and, in particular, in those decisions affecting themselves their families and their carers, through co-operation with the authorities and other agencies.

Geography

- **Main operating location:** Dumfries And Galloway
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£150,718	£146,604	-	4
2024-03-31	£113,221	£110,741	-	4
2023-03-31	£127,541	£95,008	-	4
2022-03-31	£79,031	£116,043	-	3
2021-03-31	£58,083	£6,402	-	0

Fed Up Community Cafe

Scotland - Charity number SC049452

Accounts

Fed Up Community Cafe SCIO

**Receipts and Payments Accounts
For the Year Ended 31 March 2025**

Charity No: SC049452

Fed Up Community Café SCIO
Reference and Administrative Information

Charity Name: Fed Up Community Cafe SCIO

Charity Registration Number: SC0469452

Contact Address: 12 Bridge Street
Stranraer
DG9 7HY

Trustees



Chairman
Vice-Chairman
Treasurer
Secretary

Independent Examiner



McMillan Bain & Company
27 High Park Avenue
Stranraer
DG9 0DE

Bankers

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

Fed Up Community Cafe SCIO
Trustees' Annual Report
Year ended 31 March 2025

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 March 2025.

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on the 17 July 2019. It has a two tier structure and as such the trustees make up only some of the members of the charity.

Recruitment and Appointment of Trustees

Trustee recruitment and appointment – Currently board members can approach those within the local community of Stranraer and district, who have an interest in the work of the Fed Up Café. We would hope that others within the local community would be able to be approached to join our board.

Objectives and Activities

Charitable Purposes

The prevention or relief of poverty and the advancement of citizenship or community development.

Activities

We recognise that there are many reasons for food poverty, but also that there are many who are still, deprived or in poverty, though they have enough food. So we aim to simply help those in our community who are suffering mainly, but not exclusively, from food poverty. We recognise that there are many others in the community who may not lack finances to buy food, but have other issues which make them vulnerable and needy, such as bereavement, loneliness, bullying, mental health issues and mobility problems to name but a few. The Fed Up Community Cafe aims to both be a safe place where anyone can come for a cuppa, a chat, a snack or a meal, or even just a place to have a quiet chat with a friendly face.

Trustees' Annual Report (cont.)

Year ended 31 March 2025

Achievements and Performance

As we look back on another year, I'm really thankful for all the great help our cafe has received. This past year truly shows how strong our community is when we work together, and I want to say a huge thank you to everyone who has helped us along the way.

Our hard-working staff and dedicated volunteers are the main reason we do so well. Day in and day out, they put in so much effort to make sure our cafe is a friendly, safe, and welcoming place for everyone who walks through our doors. Their continuous hard work means our cafe stays a warm and helpful spot right here in our community, a place where people feel comfortable and cared for.

We are also very grateful to the people and groups who give us money. Your generous help directly allows us to keep our doors open and continue offering important services to those who need them most. To our local community, thank you for welcoming us with open arms and making our cafe a true centre for connecting, sharing, and caring for one another.

A big success this past year, and something we are very proud of, has been our community larder. With the kind donations we receive and the small fees we ask for from the larder, we have proudly given out over 18,000 food and hygiene items. This amazing effort makes sure that important things like food and toiletries get to those who need them most, and it also plays a big part in helping us waste less good food.

Since we first opened our doors, we have been happy to serve over 92,000 meals to people in the community who are having a tough time. This number isn't just a statistic; it's a powerful reminder of the real, positive impact we are making, one meal at a time, helping to ease hunger and provide comfort.

Looking ahead, I'm especially happy to tell you about our new mobile meals service, which we just started. This new idea lets us bring healthy, warm meals right to the homes of people who find it hard to get out and about on their own. This helps us reach and support even more people who are most in need, making sure they don't miss out on a good meal.

Thank you again for always supporting us. Your support means the world to us. Together, we are truly building a stronger, kinder, and more supportive community for everyone.

Trustees' Annual Report (cont.)

Year ended 31 March 2025

Financial Review

The principle source of income is through successful funding applications and donations.

The surplus for the year was £4,115 (PY - £2,480).

Reserves Policy

The Fed Up Cafe received significant funding from outside agencies during this time period. This meant that at the end of the financial year we had financial reserves to be able to uphold our reserves policy.

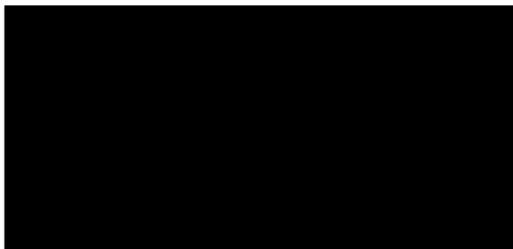
Plans for the Future

Moving forward, we will keep building on the services that have always been at the heart of what we do and what our community relies on. This includes our cafe, which has always been free to use for everyone, our vital community larder, and our promising new mobile meals service.

We are committed to continuing to be a place that not only provides food and comfort but also helps people get back into work. We do this whether that's through offering valuable volunteering opportunities with us, where people can gain new skills and confidence, or by using our employability hub, which offers practical support and guidance to help individuals find jobs. We are excited to keep growing and helping our community in all these important ways, always looking for new opportunities to make a positive difference.

The Trustees declare that they have approved the Trustees Report above.

Signed on behalf of the charity's trustees



Fed Up Community Café SCIO
SC049452

Independent Examiner's Report to the Trustees of the Fed Up Community Cafe SCIO

I report on the accounts of the charity for the year ended 31 March 2025 which are set out on pages 5 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

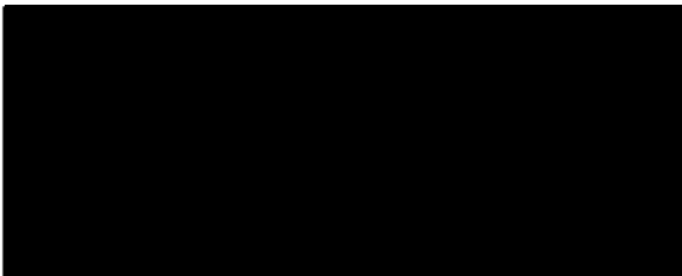
Basis of independent examiner's statement

An examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 13 August 2025

Fed Up Community Cafe SCIO
Receipts and Payments Account
Year ended 31 March 2025

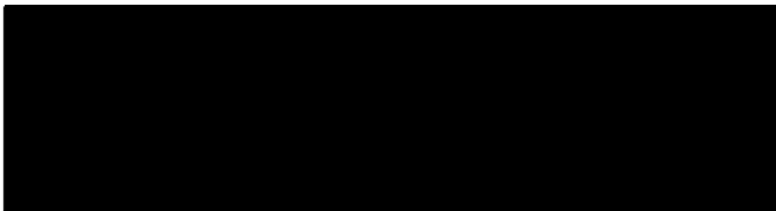
		Unrestricted	Restricted	Total	Total
		Funds	Funds	2025	2024
		2025	2025	2025	2024
		£	£	£	£
<u>Receipts</u>	Note				
Donations	4	14,172	-	14,172	15,924
Grants	5	45,376	70,609	115,985	97,104
Charitable activities	6	17,363	-	17,363	-
Other trading activities	7	-	-	-	-
Other Income		3,199	-	3,199	193
		<u>80,110</u>	<u>70,609</u>	<u>150,718</u>	<u>113,221</u>
Other		-	-	-	-
<u>Total Receipts</u>		<u><u>80,110</u></u>	<u><u>70,609</u></u>	<u><u>150,718</u></u>	<u><u>113,221</u></u>
<u>Payments</u>	8				
Costs of generating funds		15,773	4,855	20,628	13,300
Charitable activities		23,808	75,842	99,650	85,355
Governance costs		5,086	-	5,086	1,015
Other Payments		14,840	6,400	21,240	11,071
<u>Total Payments</u>		<u><u>59,507</u></u>	<u><u>87,097</u></u>	<u><u>146,604</u></u>	<u><u>110,741</u></u>
Excess of Receipts over Payments for the year before transfers		<u><u>20,603</u></u>	<u><u>(16,488)</u></u>	<u><u>4,115</u></u>	<u><u>2,480</u></u>
Transfers				-	-
Excess of Receipts over Payments for the year		<u><u>20,603</u></u>	<u><u>(16,488)</u></u>	<u><u>4,115</u></u>	<u><u>2,480</u></u>

Fed Up Community Cafe SCIO
Statement of Balances
At 31 March 2025

	Unrestricted Funds 2025 Note £	Restricted Funds 2025 £	Total 2025 £	Total 2024 £
<u>Bank & Deposit Balances</u>				
Bank, deposit & cash balances brought forward	51,942	23,376	75,319	72,839
Movement in year:				
Excess of Receipts over Payments for the year	20,603	(16,488)	4,115	2,480
Bank, deposit & cash balances carried forward	72,545	6,888	79,433	75,318
 <u>Investments at market value</u>				
	-	-	-	-
 <u>Assets</u>				
Tangible Fixed Assets	23,425	18,486	41,911	25,679
 <u>Liabilities</u>				
Cost of expenses not yet paid/cashed:				
Employer Pension Contributions	-	287	287	316
	-	287	287	316

The accounts were approved by the trustees on 13 August 2025

For and on behalf of the trustees



Fed Up Community Cafe SCIO

Notes to the Accounts

Year ended 31 March 2025

1. Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes

3. Related party transactions

No trustee received any remuneration or reimbursement of expenses during the year.

There were no donations in kind made during the year from trustees.

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total 2025 £	Total 2024 £
4. Analysis of Donations & Sponsorship				
Café Weekly Donations	7,122	-	7,122	5,769
Scottish Power	5,000	-	5,000	-
D&G Council	1,350	-	1,350	-
Buccleuch	100	-	100	-
Kirkcolm Hub	-	-	-	2,316
M Pollitt	-	-	-	5,000
Foundation Scotland	-	-	-	1,000
Tesco	-	-	-	500
Loreburn Association	-	-	-	100
Lactalis	-	-	-	700
Millenium Centre	-	-	-	259
Furniture Project	-	-	-	180
British Legion	-	-	-	100
Misc Donations	600	-	600	-
	<u>14,172</u>	<u>-</u>	<u>14,172</u>	<u>15,924</u>
5. Analysis of Grants				
D&G Council	5,376	4,855	10,231	-
The Roberstson Trust	-	13,000	13,000	14,300
Lottery	40,000	-	40,000	30,895
The Holywood Trust	-	10,866	10,866	21,009
Foundation Scotland - Kilgallioch	-	31,988	31,988	16,479
Clothworkers	-	6,400	6,400	-
Wheatley Group	-	3,500	3,500	-
Edward Gosling Foundation	-	-	-	5,000
Baily Gifford Foundation	-	-	-	5,000
CCLD	-	-	-	3,921
Stranrear Community Council	-	-	-	500
	<u>45,376</u>	<u>70,609</u>	<u>115,985</u>	<u>97,104</u>
6. Income from Charitable Activities				
Stranraer Skills Station - Meals	12,095	-	12,095	-
Meals on Wheels	5,268	-	5,268	-
	<u>17,363</u>	<u>-</u>	<u>17,363</u>	<u>-</u>
7. Income from Other Trading Activities				
	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

Notes to the Accounts (Cont.)
Year ended 31 March 2025

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total 2025 £	Total 2024 £
8. Analysis of Payments				
Costs of generating funds				
Rent	7,500	-	7,500	7,500
Insurance	265	-	265	265
Heat & Light	5,492	-	5,492	4,559
Telephone	1,006	-	1,006	328
Office Supplies	257	-	257	-
Computer expenses	343	-	343	327
Subscriptions	97	4,855	4,952	-
Advertising	814	-	814	320
	<u>15,773</u>	<u>4,855</u>	<u>20,628</u>	<u>13,300</u>
Charitable activities				
Salaries - Chef	315	15,452	15,767	15,319
Salaries - Project Co-Ordinator	-	22,618	22,618	23,619
Salaries - Volunteer/Community Support	-	22,618	22,618	23,619
Salaries - Trainees/Apprentices	1,607	13,823	15,430	6,328
Salaries - FOH Team Leader	8,883	1,332	10,215	7,168
Salaries - Meals on Wheels	2,083	-	2,083	-
Meals on Wheels Food & Sundries	504	-	504	-
Motor Expenses	1,286	-	1,286	-
Café Food & Sundries	3,999	-	3,999	1,905
Training & Development	-	-	-	2,152
Workwear	395	-	395	62
Selections Boxes fro Xmas	-	-	-	90
Repairs & Renewals	4,287	-	4,287	1,167
Donations:				
- Tesco Vouchers to Volunteers	150	-	150	125
Volunteers Vouchers & Xmas Party	264	-	264	247
Video Tile	-	-	-	3,000
Website	-	-	-	495
Sundry	35	-	35	60
	<u>23,808</u>	<u>75,842</u>	<u>99,650</u>	<u>85,355</u>
Governance costs				
Bank & Card Charges	131	-	131	60
Sleeping Giant Fess	4,000	-	4,000	-
Independent Examiner	955	-	955	955
	<u>5,086</u>	<u>-</u>	<u>5,086</u>	<u>1,015</u>
Other payments				
Equipment, Fixtures & Fittings	3,470	6,400	9,870	11,071
Motor Vehicles	11,100	-	11,100	-
Computer Equipment	270	-	270	-
	<u>14,840</u>	<u>6,400</u>	<u>21,240</u>	<u>11,071</u>